



Foreword

We must start to consider the effect of our speech and eliminate future pain and suffering.

Thus ends this powerful book *Prayer*.

Torkom wrote and lectured about the power of prayer and mantrams throughout his public service. In an earlier collection titled *Prayers, Mantrams, and Invocations*, he gave extensive explanations of “The Great Invocation,” “Affirmation of a Disciple,” “The Gayatri” and many others. He also wrote an entire book on the meaning of The Great Invocation titled *Triangles of Fire*. He understood the meaning of prayer and of blessings and how our entire life can be a life of blessing unto others and a real expression of the God’s Presence in our life.

In this book, we have gathered his unpublished writings and lectures on prayer, on specific mantrams and prayers, and placed them in topic order and, within each topic category, in date order. Here, he discusses the deeper meaning of “Lead Us O Lord...,” the “Lord’s Prayer,” “*Avira Virma Yeti*,” “Psalm 23,” a more detailed explanation of “Affirmation of a Disciple” and a beautiful Native American prayer on Joy given to him

in the mountains of Sedona, Arizona. He explains what prayer is, what blessings are, how we should pray, and why to pray.

In our current life, we see how much people speak and write irreverently and with hatred and malice targeting those whom they do not like or agree with. We see the spread of the disease of speech and we do not consider the harmful effect of our speech on our life.

We also see writings and speeches and prayers by great leaders in all walks of life and feel the uplifting energies behind their words. We see how our leaders rise up and provide the comforting words just when we need them. Our very life, personal and societal, is built by the words we speak and write. Torkom is telling us in these pages to be a prayer for life, to be a blessing for others, to accept and to radiate bliss in all that we do. He tells us that we are born with blessings and we need to remember that we are a blessing to life.

It is a blessing for us at TSG Foundation to continue to bring these healing words and writings to you. We hope this book brings to you and your life a needed healing and abundant blessings.

In service,

Gita Saraydarian
TSG Foundation
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