

### Chapter 3

## *The Aura and Healing*

The human aura is formed of twelve colors. These colors are the emanations of the

- Etheric body ..... gold-violet
- Physical body ..... mostly green
- Emotional body ..... silvery-blue, plus  
those colors  
projected by  
various emotions
- Lower mental body ..... red-yellow, or green
- Higher mental body ..... lemon yellow
- Chalice ..... orange, rose, yellow
- Solar Angel ..... blue-violet

- Intuitional body ..... pure blue
- Atmic (Nirvanic) body ..... red-orange
- Monadic body ..... yellow-orange,  
indigo
- Divine body ..... orange, ruby,  
crimson red
- Self ..... pure white

In the Fourth Initiation, the Chalice is dissipated, but Its place is taken by the Spiritual Triad, which carries the original three colors of the Chalice:

- orange
- rose
- yellow

In ancient times, people used to dress according to their rank, level in society, duty, or responsibility. Their mode of dress was an outer manifestation of their state of consciousness and office. Actually, when the “seeing eye” lost its power and the aura began to lose its splendor, people began to dress themselves to create an identity and try to imitate their lost aura.

In those times there were four fundamental divisions, called *castes*. There were laborers, merchants, priests, and the leaders: warriors, or nobles, each dressing differently. People recognized their rank or caste according to the dress, cloth, or uniform in which they were dressed. This was arranged esoterically, depending upon

the colors in their aura. The robe or dress of each caste was the externalized symbol of the aura they generally had. As clothing is to the outside world, the aura is to the subjective world. A person is recognized in the subjective world according to his aura.

The aura can be divided into four categories. These four categories are not taken from the field in which a person works, but from the kind of aura a person has. It is possible for an advanced man to work as a laborer; this does not mean that he loses his developed aura.

1. **The aura of an average person** has three dominating colors for the physical, etheric, and emotional bodies. His aura extends from one to three feet. The colors are pale green, pale yellow, and silvery-blue mixed with grey. This is the aura of the laborer, in general.

2. **The aura of the merchant** has three additional colors, and the size of this aura extends from three to six feet. This class consists of those who are esoterically considered to be aspirants. An aspirant is a person who sees the possibility of spiritual development and strives toward it. His striving is mostly related to the physical and emotional body. The dominating colors in his aura are blue, green, orange, yellow, violet, and the colors found in the aura of the laborer.

3. **The next class is called the religious caste, or disciples.** Their aura extends from six to nine feet, and in addition to the previous colors we see red-violet, red, and true orange-yellow. Disciples are those who are dedi-

cated to the manifestation of the Divine Plan in any field of human endeavor.

**4. The fourth group is the caste composed of warriors or nobles.** In esoteric terminology, a member of this caste is a leader, or the Master. His aura extends from nine to thirty feet, as a powerful electromagnetic field of great beauty. The predominant colors, in addition to the ones developed by the previous castes, are indigo, gold, and lemon-red. Masters or nobles have twelve colors as a circular rainbow around their densest vehicle, whatever that vehicle is.

The aura is formed by the emanations radiated out of your vehicles. According to their vibration and frequency, certain colors come into existence. The etheric body is not the aura, but part of it. The health aura is the emanation of the dense physical body. The aura is the totality of all twelve components. These twelve components are not active in low levels of consciousness but come into activity as the real inner Self gains more control over Its vehicles.

The aura of an average person is composed of the radiation of his etheric, physical, astral, and lower mental bodies. As we advance, we build higher bodies and add new substances and colors into our aura. We unfold our centers and they bring greater abundance into our aura.

We have seven centers in our etheric and astral bodies, and four centers in our mental body. These cen-

ters add color to the aura as their motions become three or four dimensional, as follows:

1. The head center radiates white-gold as its predominant keynote within the symphony of twelve colors.
2. The center between the brows has ninety-six petals within two large white petals; one-half radiates rose-yellow, and the other half radiates blue-purple.
3. The throat center has sixteen petals, which are purple and blue-violet.
4. The heart center has twelve petals which emanate brilliant orange, vermillion, and gold. As it opens, the gold increases on the petals and mixes with an electrical blue mist.
5. The solar plexus center radiates blue-green through its ten petals. Blue is related to the higher part of the solar plexus; green is related to the lower part.
6. The sacral center has six petals of brilliant orange fire.
7. The base of spine center has four petals, which are crimson red.

We have seven similar centers in the astral body. In the mental body, however, we have centers which correspond to the base of spine center, sacral center, solar

plexus, and spleen, which emanate their individual colors into the yellow mental aura.

Thus we see that as a person develops, unfolds, and approaches spiritual perfection, his aura demonstrates a symphony of color, scintillating within twelve predominating colors. A person is thus recognized subjectively by his aura, just as if it were his uniform.

For example, when one enters the emotional plane, he is recognized by the external clarity and beauty of his aura. If his aura is pale or contaminated with various negative emotions, if it is unstable and ugly, he can only remain in the lower levels of the astral plane; no admittance is given to him to enter the higher astral plane so that he can contact higher forces or advanced souls in that plane. Imagine what would happen to a man who attended a wedding ceremony with ragged clothes which smelled heavily of bad odors.

We enter the subjective planes according to the body that we build. For example, if we have a physical body, we can function on the physical plane. With the etheric body we can function on the etheric plane. With the astral body, we can function in the astral plane, and with the mental body, we can function in the mental plane, and so on.

If by chance one enters a higher plane without having the corresponding vehicle, he is electrically evicted; he awakens sharply, or receives a strong shock. An average person only enters the etheric plane, or travels as far as the lowest levels of the astral plane. Aspirants

enter the astral plane and can penetrate into the lower mental plane. Disciples can enter the higher mental plane and can occasionally reach the lower levels of the Intuitional Plane. Initiates of high degree or Masters function in the Intuitional Plane and penetrate into higher planes, according to Their rank.

One who walks in the halls of the Intuitional Plane is dressed like a rainbow. Higher bodies are glorious bodies which radiate joy, blessings, and healing energies. These bodies are built throughout the ages through conscious labor. Their radiations come into being as our virtues control our daily life, our words, and thoughts. Actually, the aura is a flow of virtues. Each virtue has its own color, according to its purity and maturity. As the virtue flows from the Core of our being, the radiation of beauty increases in our aura.

The higher the body you have, the more you are in contact with Higher Worlds, where the Plan is prepared, where the secret purpose of all creation exists. As you go higher, you become more aware of the greater mysteries of the Universe and bring them down and share them with humanity, as far as possible, with pure discrimination and with a sense of timing and dosage.

The greater an artist is, the greater a leader is, the deeper is his penetration into higher planes of existence. God-inspired leaders are those who have access into the sphere of the Plan, into the sphere of the Purpose. They know exactly what to do, where, and when. Great ideologies, arts, and sciences are the results of such penetrations.

Within our mental plane we have a twelve-petaled Lotus which, as it unfolds, releases streams of colorful energy into our aura. This Lotus is divided into three parts.<sup>1</sup> Each section has petals with various colors, starting from the center.

A. There are three *knowledge petals*:

- orange — green — violet
- orange — rose — blue
- orange — yellow — indigo

B. There are three *love petals*:

- rose — orange — green — violet
- rose — orange — rose — blue
- rose — orange — yellow — indigo

C. There are three *sacrifice (will) petals*:

- yellow — rose — orange — green — violet
- yellow — orange — violet — rose — blue
- yellow — orange — rose — blue — indigo

The innermost central petals stay closed until a man enters the steps of the Fourth Initiation. Beginning with the Fourth Initiation, these petals unfold, increasing the color of their corresponding petals. When they are fully opened, they radiate an electrical flame of orange-rose and yellow, with such intensity that it burns away the glorious causal body, or Lotus, and releases the human soul to be a *noble*, a Master with a rainbow of many colors around Him.

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1. See also the Chalice section in *The Subconscious Mind and the Chalice*.

When the Lotus is destroyed, the Inner Guide departs after giving birth to her baby — the human soul. The human soul is born in fire and through fire; he is a fiery being in the subjective, as well as objective, world. The human soul then enters the Spiritual Triad and radiates triadal colors.

Deep in the Core, he is a Spark. We are red Sparks, blue Sparks, or yellow Sparks, according to our Rays. As the human soul advances toward perfection, the color of the Spark predominates over the colors of the Spiritual Triad. We are told that in the Halls of the Hierarchy and in the Grand Lodge of Shamballa, Initiates are seated according to the intensity and purity of the colors of Their Sparks.

As our auric colors become clearer, purer, and more translucent and radiant, we build closer communication lines with the invisible Hierarchy formed of Its proper colors.

The function of the aura is to

1. absorb and emanate psychic energy
2. register impressions coming from various sources in the Cosmos and corresponding planes
3. act as a communication line with the planes of existence of the Great Ones
4. serve as a vehicle to put the human soul in communication with the corresponding plane of existence

5. protect from psychic and subjective attacks
6. if well organized, repel the attack of germs, microbes, and destructive auras

The aura grows as the human soul expresses greater virtue, organizes his centers on each plane, and changes the focus of his consciousness from a lower to a higher plane. The colors in our aura change, mixing with its natural colors the colors of our virtues and of higher contacts, or mixing our auric colors with the colors of our negative emotions, blind urges and drives, with the colors of our impure thoughts, glamors, illusions, and vanities.

In the etheric level, lust causes a lot of change in color. In the emotional plane there are seven factors which create ugly colors and color formations. These are hatred, fear, anger, jealousy, greed, malice, and slander. On the mental plane, pollution of color begins with thoughts of selfishness, separatism, vanity, hypocrisy, and so on.

Thus, sometimes our aura looks like scintillating colors of great beauty; other times it looks like a sheet of cloth, blotted by grey, brown, or dark spots like a deteriorating rag. These colors not only indicate negative emotions but also criminal thoughts and destructive, selfish motives. Anger is another extremely dangerous force which rends the aura. It looks like lightning, surrounded with red and black colors.

People have many rents in their aura. If the etheric body is torn, astral energy pours in and overstimulates the cells, causing great damage to the body. If the astral body

is torn, astral entities can sneak in and obsess or possess your body. If the mental aura is cracked, you are exposed to various kinds of mental disturbances, few of which are curable. If the higher auras are built, they can protect your aura and sometimes patch it.

The corresponding locations of cracks in the body are directly affected.

After being angry, you notice changes in your body, feelings, and thinking. From this you can learn a great lesson.

The condition of the aura directly affects the auras of those who are closest to us. It affects the auras of those with whom we work or relate. Thus, we either bring vitality and joy into the aura of others, or we contaminate them with our aura.

Irritation and depression create cleavages within your entire aura. When cleavages come into being, communion between different parts of the aura is stopped. For example, your emotional aura slowly builds sharp edges; your mental aura develops special border lines. You become a house divided within itself. Such cleavages have a drastic effect on your life. You lose direction; you always change your goals, planes, discussions, and associations and try to manufacture reasons for your conduct.

Depression appears as a great and dark wave in your aura, mixed with murky red. Irritation appears as if your aura is contaminated with scarlet fever, with red and black spots. Fear creates great disturbances in your aura. It ap-

pears as a black-grey cloud, or smoggy fog, which spreads all over your aura and paralyzes the pulsations, or breathing, of the aura. Wherever the cloud is thick, the corresponding organ suffers. It generally attacks the heart and kidneys.

Continuity of consciousness is possible only if the components of your overall aura blend and fuse with each other and rhythmically pulsate. Any black spot in your aura stops the circulation of psychic energy. Wherever psychic energy cannot penetrate, decay and disintegration appear.

Negative emotions and thoughts pass from one plane to another. Physical anger appears in the astral and mental planes. Often you cannot enter the higher planes if there is too much agitation in your aura.

After one leaves the physical plane, invisible helpers often take him to the astral plane and give him a strong dose of peace — if the anger he carries is a kind of selfless indignation. There are many invisible helpers who try to clean your aura before you enter the higher spheres, if that pollution in your aura is due to dedicated service and selfless labor among people contaminated with ugly formations of dark colors.

Higher emotions, aspiration, thoughts of compassion and beauty give wings to your aura. For spatial flights, you need wings. As your aura grows and expands, it takes you to faraway places on earth. If it expands further, you experience flights in the solar system. If our

higher bodies are built, we become able to fly to stars and galaxies.

The Spark, throughout ages, is building vehicles to liberate Itself from the captivity of this planet, in order to enjoy Its divine freedom in space. The Spark is born in space; It will return to the freedom of space.

Every color is an octave; therefore, we have twelve octaves. Each color in an octave has a different sound, effect, and form in the aura. Each note in combination with another note either creates harmony or discord.

The eye is more sensitive than the ear, but there are few who can see the scales of the notes and translate them in terms of emotions, thoughts, and motives. Sight is also different on different levels. You can see etherically, astrally, or mentally. All those sights are clouded by the color of the aura through which they watch the auras of others. In even the best cases, their perception is a combination of colors which do not correspond to reality. That is how those who read auras mislead people.

The chemistry of colors in the aura is a very advanced science which has not been written down or given to the public. Every action, emotion, and thought has its own chemistry. The state of our consciousness charges the chemistry of our aura. Just as an expert chemist knows what elements to mix and how to mix them to achieve a certain purpose, an advanced Initiate does the same thing with the chemistry of colors.

In the future, great geniuses will come and they will paint with the knowledge of such esoteric chemistry and

bring transformation into the lives of those who will have the great fortune of coming in contact with their works of art.

Advanced music is a dance of colors in space which has a very great therapeutic effect on the aura. Those auras which are blocked with glamors, illusions, crystallizations of desires, posthypnotic suggestions, fear, anger, crime, jealousy, greed, and so on violently reject pure music and choose those kinds of music which excite or protect these ugly formations. Pure, esoterically-prepared, higher music or paintings can cure such individuals, if they endure the painful process of the harmonization of their aura through purification. Esoterically-prepared music chooses those notes (colors) which will vitalize the higher bodies, devitalize closed formations, and bring the true keynote of the person forward by playing the keynote of his birth, or his rising sign if he is above-average.

The chemistry of colors for each person is different, and each month it is different for every person.

Zodiacal signs hit the chords. Every month there is a different chord, and the esoteric musician who is working to heal a person will use the keynote of the month, in harmony with the keynote of the person's birth or rising sign.

Many different colored waves appear in the aura for a few seconds or days, and then disappear. These colorful waves are produced by our thoughts, emotions, urges and drives. According to their intensity, they create their own

colors. Sometimes the colors are very complex, due to the complexity of feelings and thoughts.

Some of these impermanent waves of color pollute certain parts of the aura for a long time. Some of them bring new vitality to the entire aura. We call these latter the benevolent waves or the nourishers. It is the nourishers which bring vitality and healing to the entire mechanism.

Our aura often reflects the conditions of the aura of those who are close to us. Sometimes the auras of our closest ones either infect or invigorate our aura. Infection of the aura is a fact. The aura is sometimes infected long before physical infection has occurred. Protective measures in the aura are those waves of color which emanate from our love, gratitude, solemnity, lofty thoughts, honesty, nobility, and enthusiasm. Such waves are disinfecting and invigorating.

Some people have rhythmically palpitating waves in their aura, which are protectors. These protectors, like white blood cells, are attracted to polluted locations in the aura and clear them away. Protectors are the forces generated from ideas and thoughts related to Infinity, holism, and the One Self.

There are other kinds of waves in the aura which act as repulsers. Repulsers can be good or bad. Sometimes they repulse moral and spiritual intruders; sometimes they repulse the beneficent currents of higher wisdom or the waves of new direction.

Good repulsers are generated by the standards we have in our higher mind or in moments of intuitive con-

temptation. Bad repulsers are those which are produced by our prejudices and superstitions; these automatically reject any waves that do not synchronize with their color or vibration. Bad repulsers can be defeated through right education and through expansion of consciousness.

Thus, the aura is a very active field of electromagnetic, colorful waves. The most beautiful auras are those which in some way attract rays from space. Sometimes the aura serves as a prism to these rays and glows with new colors. These rays come from great initiates, from angels, devas, and from Those Who live in Their Nirvanic or higher bodies. We call these rays *spatial rivers of beauty*.

These rays are attracted by those who are pure in heart. The electrical sphere of a pure heart radiates the most gorgeous color formations in the aura, like a diamond shining the light of the heart. In certain moments of life, it spreads like a shield all over the human aura. The light of the heart carries a great voltage of healing energy.

Sometimes a person is healed instantaneously from so-called incurable diseases by the light of the heart. The light of the heart is the transmitter of psychic energy, which not only burns away any kind of pollution but also harmonizes and regulates the centers and orchestrates all the colors into a symphony.

The human soul, being a white light, can color the aura through any color by using thought energy. Once the human soul redeems himself from the chains of illusion, glamor, and maya, he is a great alchemist of colors.

Through various combinations of color, he can bring healing to the personality vehicles and expand the consciousness, making the human aura vibrate in the resonance of higher spheres.

One of the colors that the human soul uses is violet. In creating a violet color within the aura, the human soul brings harmony and healing in the aura by attracting certain healing devas, the violet devas. The color violet is closely related to the etheric body. Defects in the etheric body can be healed by the color violet, or by sounding the note which corresponds to the color violet.

The human soul can also put the aura in contact with green devas, who work on the mental plane, spreading the color green into the aura. A green aura can be used to transmit precious knowledge from higher planes.

Deformity in our physical body comes into being when our mother's aura was deformed during pregnancy by various causes, or if the records of the three permanent atoms contain deformed images or seeds from previous lives. When a person is ready to incarnate, the light of the human soul hits the permanent atoms and creates exactly corresponding images on the screen of the physical existence, like a negative. The permanent atoms project that which is recorded in them from past thoughts, feelings, and actions. Our permanent atoms contain the blueprint of our future bodies. Defects or deformities in our bodies are the result of violations of the laws of Nature, especially the Law of Love.

People think that only the physical body can be deformed. We will be surprised when we reach the Subtle Worlds and see deformed astral and mental bodies around us. Evil people have very deformed subtle bodies. This is why you are deeply afraid of them when you see them in your dreams.

The damage that we do to others, we also do to ourselves. For example, if I stab you with a knife, in that instance I identify with you and your pain. When this happens, the knife is also in my body, in the records. The wound I create in you will be projected in my body the next time I take incarnation. People create deformity in their own nature by trying to deform the mental, emotional, or physical bodies of others. Other agents of deformity are malice, slander, and gossip.

Every time we incarnate, we go to the window of karma to take a look at our account. If we are not too full of debt, karmic law activates our permanent records, and we take an incarnation that pays in the right degree for the violations of any law we have committed.

Sometimes people are born defective because their mothers used drugs or lived in other unwholesome ways. When this happens, people think that the real cause of the deformity is the mother. This may be partly true, but if the incarnating soul had no “tax” problems with the mother or with the law, he would not incarnate through her.

A person “takes a picture” in his mind of whatever he does consciously. This picture, or impression, is al-

ready in his permanent atoms. He may forget about the picture, but it is recorded. If it is a destructive picture, it will create a destructive image, or vehicle, in the next incarnation, or it will be a disturbing factor in his consciousness. To have a good future, we must sow seeds in our consciousness or in our permanent atoms. This is so simple.

Some people think that holy or advanced people must have had bad karma because of the suffering through which they often pass. This is not totally true. For example, it may be that they had debts in the past which they did not pay, but now because they are “wealthy,” they are able to pay those debts.

It is also true that Holy Ones often suffer not because of their own karma but because of the karma of those related to them in some way. Such Holy Ones consciously suffer for us to pay our karma and enable us to find the path of righteousness, or to pay our debts by helping and serving others.

Some Holy Ones suffer because they overload their circuits. They burn their centers and vehicles by using them excessively in service. Many Holy Ones burn their throat centers and other centers in spreading so much psychic energy, depriving themselves by helping others. They do this out of compassion, knowing that the troubles of this life are nothing compared to the blessings they will share in the Subtle Worlds.

No advanced disciple exists unless he has cleaned his past karma. It is therefore most probable that the

Great Ones suffer because of the above-mentioned reasons. Every great service one renders is because of the absence of bad karma.

It is possible to have high-level certificates and knowledge, but if your karma is heavy, you are prevented from entering the field of true service. Discipline, study, and education cannot make you a server, unless you have paid your past karma. If your karma has not been worked out, and if you force yourself into a high position, you become a very destructive and dangerous agent to the masses.

Your karma must be clear before you are led into the field of true service. Every sacrificial service we render to humanity expands in the future into a greater field of service for us.

We can eliminate our karma by the following methods:

- living a life of beauty, goodness, righteousness, joy, and freedom
- walking in the steps of Christ, as all Great Ones do
- increasing our sacrificial service to humanity
- exercising right thinking, right feeling, right speech, and right action
- loving others more than ourselves
- developing virtues and eliminating vices, habits, and hang-ups

- developing discrimination in the hearts of our children, inspiring them toward right, and challenging them to transcend their limitations

If all of our parents had been good examples for us, and if we had been good examples for our children, humanity would now be a part of the “Kingdom of God.” If we had taught our children the Law of Karma and made them understand that whatever they sow, they reap, we would not be living in such dangerous conditions on earth.

Nothing that is developed artificially will exist after death, except the damage that has been done by it. All artificial methods must be eliminated, and one must engage himself in purifying and expanding his consciousness by living a life of Beauty, Goodness, Righteousness, Joy, Freedom, Striving, and Sacrificial Service.