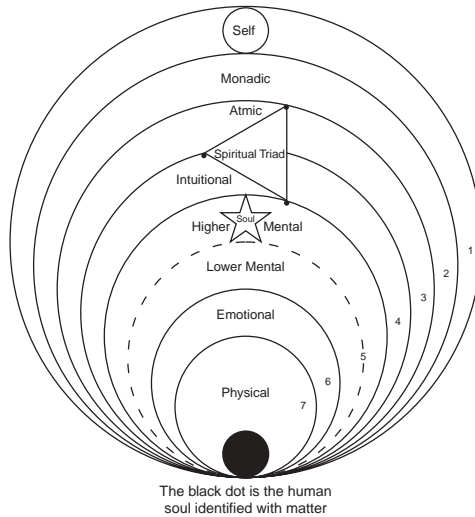


2

Dynamics of the Soul

The following illustration depicts the path of the human soul. Let us say that this diagram is the human being:



- 7 — Physical body and nature
- 6 — Emotional nature
- 5 — Lower and higher mental nature
- 4 — Intuitional nature
- 3 — Atmic nature
- 2 — Monadic nature
- 1 — Divine nature

The human soul starts from the lowest level at the beginning and climbs up. The human soul is identified at first with his body. When you ask somebody, “Who are you?” the answer is, “I am this; I am that.” That person is identified with his body and with everything that he does at this level to support his body. He is a body-conscious soul but is not yet called a “soul.” Millions of people in the world are at this level; they are nothing but bodies.

When the soul progresses, man approaches the level we call emotional consciousness. First he is identified with his physical nature. Then he starts to identify with his emotions. He is now his emotions more than he is his physical body; he is mostly emotional mixed with physical. The person lives in these two levels with all the millions of others who are physical bodies and emotional beings.

When people are in the physical body they are just like cattle and they do not have many problems. But when they enter into the area of emotions, their problems start because on this level they mix with the emotions of others — with family, group, national, and international emotions. All of the problems that are going on in the world are built by emotions.

Often people pretend they are fighting for principles, ideas, visions, and so on, but in reality they are involved with their emotions and they are trying to satisfy their hatred, jealousy, anger, revenge, or fear. It often happens that by involving themselves with negative or positive emotions, they slowly shift their consciousness from the physical to the emotional plane.

If things go well — meaning that the person is going through many emotional troubles — he starts to awaken and think about the cause of his troubles and about the cause of his emotions, and he slowly begins to operate in the lower mental plane. Most of the time our crises, troubles, hindrances, and obstacles force us to awaken and travel from the astral or emotional plane to the lower mental plane to find out the causes of our physical and emotional troubles.

The soul is that which progresses from the physical to the emotional and then from the emotional to the mental plane. While he is in the mental plane — if a person is lucky — he will meet a Teacher, find a Teaching, or find the books, the religion, or philosophy that will tell him that the causes of his physical, emotional, and mental troubles lie within himself. And when he starts to look within, he finds ideas and visions to use for his future development and he progresses to the higher mental plane. When the person succeeds in reaching the higher mind, we say that he or she has become a *soul*.

At Number 7 man is a physical body. At Number 6 he is the emotional body. At number 5 he is the mental body. When these three bodies are really aligned with each other, we say that a man is a *personality*. At this point he has a personality because he is now integrated physically, emotionally, and mentally. Whatever he feels and thinks, he does. His whole nature is integrated and there are no cleavages between his three bodies.

If a person has cleavages, he will want to do something but his mind will say, “Don’t do that,” and his emotions will say, “It’s too difficult or scary.” He wishes to do something,

but his body says, “I don’t want to do this,” and his mind says, “You are stupid; don’t do it.” So he is torn apart. If a person wishes something, he must do it, and he must think, “This is right.” If he wishes something, but his mind opposes him and his body objects, he is not unified. Whenever a person is not unified, he is divided within himself. When the cleavages are removed, the person acts as a single unit; whatever he feels, he does — and without conflicting thoughts. When all three bodies cooperate with each other, we say that the man has a personality. The personality is not the outer dressings, mannerisms, or influences. A personality is a powerful human being because all three stations of the soul act together. A strong human being is a person who wishes, does, and thinks along the same line — and because of this he is successful in life.

Success means to be one, to be unified within. If you want to do something but you have doubt in your mind and emotional and physical doubt, you will never be successful because you are not together. When you come together, you are a personality. The most successful people are those who have integrated these three stations of the soul. Sometimes you study, pass your exams, and do everything possible to become successful, but still you fail because you have cleavages in your nature. If you bridge these cleavages and create an integrated personality, you will be successful because success comes when you are unified within yourself.

Psychoanalytical assistance sometimes helps, but if your personality is not integrated, you can be successful for a short while but fail again because cleavages cannot withstand the pressure of success. Christ once said, “If a house is not uni-

fied, it cannot stand firm.” If your “house” is together, you will be successful.

One can tell on which plane people are by the way they shake hands. They usually shake hands physically or physically-emotionally. If they shake hands in an integrated way, they immediately impress you. When you interview for a job, some people can see immediately whether you are divided within yourself or whether you are integrated. If you are integrated, your looks and manners influence them and give them the impression that you are a unified human being instead of a divided human being. Unity is the dynamic of the soul.

You are going to function as a unit. When you are not a physical unit, you tell your hand to move one way, but it moves in the opposite direction; there is no integration within your nervous system. You want to walk, but one foot moves and the other does not. Again, you are not integrated. If the body is together then you are healthy. If you emotionally love somebody but then in the meantime you hate him, you will say, “There is no success in my love life.” Of course there can be no success because you push the gas while in the meantime you step on the brakes! But if your emotions are together, then they are healthy and you will be successful. If your mind is together, the mind is healthy. A man who was opening a business once said to me, “I have invested \$30,000 to open this business, but I know that I am going to fail.” “Then why are you bothering?” I asked. When the mental, emotional, and physical bodies are together, then the three of them are healthy as a whole and they will contribute to your success.

You are going to be healthy and together physically, emotionally, and mentally. If you wish or desire something, you must do so with all your emotions so that there are no cleavages between your emotions. If you want to go somewhere but you are afraid to do so, then there is a cleavage. If you decide one thing and make a decision that is contradictory to your initial choice, then there is a mental cleavage and the soul does not know which decision to follow. These are the kinds of cleavages that exist within our nature. If we overcome these cleavages, we become a personality.

You cannot become a soul until you become a personality. People think that they are souls, but they are not. They are, in general, their physical urges and drives, their emotions, and their thoughts.

Certain people that you meet may not seem to be striving toward any spiritual attainment with their soul, yet the three levels appear to be coordinated and therefore they fit the rule of being successful. *Spirituality, if defined properly, means progress.* Progressive development, success, and expansion are spiritual because the physical body is spiritual, the emotional body is spiritual, and the mental body is spiritual. You do not need to be religious to be successful. If you are integrated within the three bodies, you can be a holy man — or a monster. If these three are united for selfish reasons, you are a monster; if they are united for a holy purpose, you are a saint.

When you pass from the lower mental plane into the higher mental plane, you advance and start to live in the light of your Guardian Angel — you become a *soul*. A soul is very powerful. When you become a soul, you are power-

ful because the soul is immediately under the influence of the Guardian Angel who supports the human soul as a mother supports her child. The Guardian Angel is not the soul. The real human soul is you. The Guardian Angel is helping your progress, your development toward perfection. At this level, your motivation changes; and when your motivation changes, you become a more successful person.

Let us say that you have become very successful in your company because you are a personality. Then suddenly you awaken into soul values, into divine values, and your mind expands. Now you begin to use all your income for the development of spiritual values. Your direction changes when you enter into the higher mind. Before this level, you can be successful in everything you do. You can even be a successful thief or a very successful gangster. But when you enter into the higher mental plane, you will slowly change your direction and find the right way to grow in harmony with divine ideas, principles, and purpose.

A thief or a gangster may not be looking for spiritual progress, but when a crisis happens in his life, his consciousness may begin to grow. For example, the girlfriend of such a man may die. He says, "Where is love now?" and so he begins to search through books, or he looks for a teacher. Some say she is in heaven; others tell him about hell. Suddenly something cracks and he begins to understand that all his success was in vain because it did not help him keep the one he loved. He goes through a crisis. I have seen many people turn to a spiritual path when they lose their beloved ones.

Thinking only of money, cheating people, exploiting people, and manipulating people does not work. So when a person enters into a crisis or into difficulties and problems, he creates a certain pressure within. This pressure eventually explodes and destroys the walls in which he encased himself.

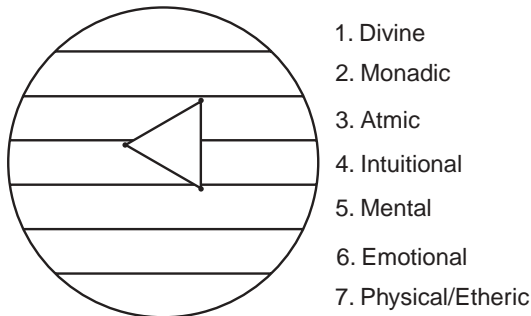
We find an example of this in the *New Testament* (Acts 26) story of Paul, who went to Jerusalem to obtain permission from the high priest to kill Christians. Permission was granted, and while on his way to Damascus to carry out his intent, Christ appeared to him and said, "What are you doing?" Paul was so shocked that he totally changed and entered Damascus preaching about Christ. These sorts of things happen to change our direction from materialistic and crystallized living into open, universal, and sublimated thinking. When this happens, we change direction.

We can change in other ways, for example, through dreams. A fifty-four-year-old millionaire who came to the meetings would always respond, "Business is no good," whenever we needed a few hundred dollars to repair the windows or paint the walls of the center. He had seven million dollars in the bank, but business was "no good." One day I said to him, "You know, you could live seven lives with that seven million dollars. Why are you afraid to help people?" He replied, "I must keep what I have because money is very important." Months later he came to my office horrified. "Somebody came in my dream and killed me. I was dead and they buried me. I am terrified. Do you think I am going to die?" "Of course you are going to die," I said, "but I cannot tell you when. You need to come to your senses; one day you are going to die." It took another year before he suddenly be-

came a spiritual man who started giving money right and left to the cancer society, to hospitals, and to schools.

What is change? Change is progress from the lower mental plane to the higher mental plane. A man who changes becomes a *traveler*. Some brotherhoods refer to their members as “fellow travelers.” They are traveling from the lower mental plane to the higher mental plane to be a soul.

In the following diagram we see a triangle formed that extends from the Mental Permanent Atom found on the highest level of the mental plane to the Intuitional and Atmic Permanent Atoms. This configuration is referred to as the *Spiritual Triad*. When your awareness focuses in the Spiritual Triad, you are truly a Soul, emancipated from the lower planes. And when your awareness penetrates into the Monadic and the Divine Planes, you are a *Self*.



What does it mean to be a Spiritual Triad? Such a person has a very powerful light, a very powerful love, and a very powerful divine will. His will is given to God. He no longer has individual will because his will is God’s Will. At the next stage the person becomes the Self. “Self” means that a person has become a Beloved Son, from the Christian point of view, or a Buddha, from the Buddhist point of view.

People advance through crises. Master D.K. said something very interesting: “If you do not have crises in your life, then create a crisis.” Discipline is actually a process of creating crises for yourself. You say, “For seven days I am not going to eat.” This is discipline, but it is also a crisis. Then you say, “I am never going to drink alcohol again.” This is a crisis for your habit. Your habit will say, “You are killing me; give me the bottle.” You go through the discipline, but you also go through a crisis. If you do not create crises in your life, Life will create crises for you. Life is God. We live and move and have our being in Him. Christ said, “I am Life.” And if you are Life, you are living in Life and Life will take care of you because Life wants to progress. If you do not want to progress, Life will kick you and create crises for you so that you move on.

When you take care of yourself, it means that you are a conscious human being. When you are a conscious human being, Life does not kick you. Life kicks only when you are not conscious and when you are not making spiritual progress. When Christ said, “Be perfect as your Father in heaven is perfect,” He meant that we must go forward, progressively onward, and never stop on the path of development and unfoldment toward perfection.

If you do not do this for yourself, Life will kick you. If the incense says, “I don’t want to give my fragrance,” you burn it and it starts to give fragrance, whether it likes it or not. When you become a soul, you cooperate with God, with Life as a whole.

When I say the word “God,” I am not referring to a man sitting around with a beard but to a Great Creative

Power in all the Universe. You can cooperate with this Power and progress from stage to stage, making a breakthrough into higher dimensions.

The Great Pyramid is symbolic of this progression. There is a succession from the lowest level to the King's Chamber, and then from the King's Chamber you can see the Sun, Sirius, and the Pole Star. The Pole Star symbolizes yourself. Sirius represents the Solar Angel. We can find symbols of this progression in every religion and tradition if we open our eyes and look at them without becoming a fanatic in any one branch.

SEVEN DYNAMICS

On the higher mental plane, you are a soul; you know your value. When you are a soul, you have seven dynamics, energies, or forces that move things. What does the term "dynamics" mean? Dynamics is a force that moves things, or it is the moving forces in any field.

The first dynamic of the soul is direction. We say that a man has direction when all that he thinks, speaks, and does is for survival, for Beauty, Goodness, Righteousness, Joy, Freedom, Sacrificial Service, and Striving. If he is not doing these things, he does not have direction.

Subjectively, to have direction means to be sensitive to the Will of God. If you are sensitive to God's Will, you have direction. If you are insensitive, you do not have direction and you do all sorts of destructive things in life and do many things without having a direction.

Having direction means that you have a goal in your life — a progressive goal. Direction means that you are concentrated and focused in life. In your thoughts, actions, and speech, you go toward the goal, toward that direction.

You can immediately spot a man who has direction. He is a leader. Eventually he is surrounded by fifty people. You know him. He says, “Let us walk this way and reach that mountain, and then descend the mountain to a spring.” He knows the direction. To lead means to have direction. People who do not have direction do not know where to go, and they are confused. They do not have objectives or goals to follow.

Whenever you have real direction, you will sense the oppositions. The moment your soul registers direction, you will immediately find obstacles and hindrances against you.

A twenty-one-year-old girl once came to me and said, “I want to be a disciple.” I said, “Wonderful,” and sat down with her to lay out a plan for her study, meditation, and exercise. She loved it. I asked her to report to me every month so that I could stay in touch with her progress. Three months passed without a word, when she finally appeared.

“I am sick,” she said. “I ache all over.” “What did you do?” I asked. “Well,” she said, “the discipline was too much and my boyfriend wanted to be with me day and night.” Discipleship is not easy. If you want to be a soul, you must sacrifice certain things.

Scientists have discovered that certain fish have a little deposit of magnetically-sensitive metal in their brains that helps them find their direction in the ocean currents. It has also been found in the brain of certain birds; they migrate

through waves of magnetic polarity. Man once had this, but he lost it. Humanity no longer has any direction. Their direction is to kill each other: “My nation, your nation, my property, your property, my religion, your religion.”

Do you have direction? If you have no direction, you are lost. We lost our direction because we numbed it; it is dead. When you become a soul, the sense of direction in your brain begins to regenerate itself, to awaken and organize itself. From that moment on you have direction. Your words have direction; your life has direction; your relationships have direction.

A young man came to me, saying, “I don’t know what to do. I have twelve girlfriends and they are killing me. Every one of them is falling in love with me and I don’t know what to do. I love all of them.” He had no direction; he was confused. And God save them if any one of them gets a sickness and shares it with all the rest. There is no direction. If we had direction, we would not have so many diseases.

Many obstacles present themselves when we want to have direction. The first obstacle is called inertia. Your body says, “I want to sleep; I am tired. I want to eat and fool around.” Because your body has many habits from the past, these habits immediately surface when you try to become a soul. This is why when we begin meditation and decide to become a good person, everything bad happens in our life. From every corner habits arise to prevent our progress because we have spent many, many years planting their seeds in our physical nature and cultivating habits. These habits surface and try to prevent spiritual progress because they think that

progress is detrimental to them. These are the physical obstacles that present themselves when we develop direction.

Inertia is harder to overcome for certain people. Sometimes emotions are more difficult to control than the body. If the body is well-fed and taken care of, the body will never create obstacles. But the emotions will. For example, your body wants to get up early and run, but your emotions say, "Let's stay in bed and have a little daydream about your boyfriend," and the body obeys. You start dreaming about sex, and the poor body has all of this dumped on it. Your body was ready to get up and exercise, but your wrong emotions, daydreaming, and desires made it stay in bed. The problems are in the lower mind, the emotions, or in the emotional body. Wherever the problem is, find it and correct it. This is self discipline. People think that by doing a few simple things they can become angels. To become an angel is very difficult. It means lots of labor and sacrifice. By your own work you reach this goal.

Willpower does not help when dealing with habits. You need to analyze the situation. First of all you need to know what the problem is because maybe you are trying to hit the wrong nail. Know what it is, analyze it, and shed the light of your soul on it. When you expand your consciousness and grow, you start ridding yourself of all your "teddy bears." No one told you not to carry your teddy bear to school; you suddenly discover that your teddy bear cannot go to school. Then when you are eighty years old and somebody gives you a teddy bear, you give it away because it does not work for you anymore. When you were a child, it was beautiful. Now that you are grown, it is a deception.

The second obstacle is fear. Fear is the result of identification with old values. Whenever you are identified with old values, you are afraid that you will lose your value, your body, your jewels, your house, your property, your money, your prestige, your name, and your position. Because you are identified, you have fear. But when you have direction, these old identifications and values must be sacrificed to take you to higher values. Unless you sacrifice the old values, you cannot reach higher values because the old values limit your progress and impose themselves on you so that you live within them. If you have direction, or progressive development to advance toward perfection, these old values try to hold you back. You need to sacrifice them. Seeing the old values and the new values, you are between two shores in the ocean and you are afraid to open your sails and travel.

Wrong and confused thought is the third obstacle. We have mixed and confused thinking. For example, your father says one thing, your mother says another, your teachers have their opinions, your preacher his own thoughts, and your friends have different ideas. But something within you thinks that none of them is right. You have the answer, but because all these “flies” are buzzing around in your head, you cannot determine what is right and what is wrong. This is why if you follow the advice of others too often, you never reach your goal because each person’s advice leads you in a different direction. You need to overcome this obstacle, which is confused thinking due to immature thoughts, thoughts that are half-built, half-real, half-cracked. You do not need these kinds of thoughts in your mind. Your thoughts

must be clear; they must be the bearers of fact and truth so that you do not have obstacles in your mind.

Wrong thought is when one person does or says something with good motives and the other person translates it with his own illusions and glamors and makes it something monstrous. For example, a man's wife is ten minutes late and he starts getting hysterical. "I know where she is," he thinks. "Already she is kissing that man," and by the time she arrives, he is ready to kill her. It turns out that she had a flat tire, and that was why she was late. But her husband had millions of wrong thoughts in that ten-minute period. Another example is when somebody passes you by without saying "Good morning," and you think he still hates you because two years ago you insulted him. It turns out that he did not see you, but in one minute you have fabricated three hundred wrong thoughts.

Another obstacle is ego. Ego is built by everything that we do for our own sake, for the sake of our own interest. People do not like to do things unless there is an interest in it for them. Millions of people live like this. They are strong personalities; they are great scientists; or they exploit, manipulate, and make people work for them day and night. Their egos puff up. They become billionaires with great power, but they live the most miserable lives because they are working only for their egos.

To have direction means to leave your ego and follow God, to follow the interest of the greatest number of people. If you have self-interest, this is good. But if you are also interested in the well-being of your family, you must resign your self-interest and fuse your interest with the best interest

of your family. Then you must fuse your family interest with the national interest. Any time you stop, you miss the boat. You need to sacrifice the national interest for the interest of all humanity, for Nature, for all the birds and trees, and for the planet. To have direction means to resign from those limitations that prevent you from expanding toward perfection, toward inclusiveness. This is a very difficult lesson for people; they cannot seem to resign from their selfhood.

Direction is being sensitive to the Will of God. But how do we know if it is the Will of God? Anything that is beautiful, that is good, or righteous, anything that is joyful, and anything that is related to freedom is God's Will. If you make a person a slave, you are not following God's Will. You must try to make the person free. If you make people miserable and sorrowful, you are not in the Will of God. But if you make others joyful, you are following the Will of God.

In all the spiritual scriptures of the world, the word "righteousness" is a key word. If you are righteous in your thinking, speech, judgments, and evaluations, you are a friend of God. You are following His Will because God is righteous. One of the names of God is Righteousness. One of His names is Joy. One of His names is Freedom. One of His names is Goodness; God is Good.¹ When somebody said to Jesus, "You are so good," He replied, "There is only one Good — not me, but God." What He said was so powerful, but people did not understand it.

If you are beautiful in your thoughts, mannerisms, and actions, you are in the Will of God. Every religion gives us information about the Will of God, if we study it. Every re-

1. See *One Hundred Names of God* by the Author.

ligion gives us good advice. The five-pointed star of the coming age is Beauty, Goodness, Righteousness, Joy, and Freedom — God's Will.

If you are identified with your physical body, stomach, sex, or possessions, you will never know God's Will. If your sex says, "Do this!" you think it is will; but it is the will of your sex, not God. You have the wills of your stomach and anger, the wills of revenge, hatred, jealousy, and greed. These are not God's Will. Then you come up with fabrications and deceptions; you deceive people, exploit them, and manipulate them. Only from the level of the higher mental plane do you start feeling what is right and what is wrong. The right things are God's Will. The wrong things are Satan's will.

It is simple. For example, you go to a jewelry store and the shopkeeper is not there, but there is a diamond. If you steal the diamond, you are at one level. If you really wish to take it but you do not, you are at another level. If you want to take it and you steal it very intelligently, you are at another level. Immediately you will know in your heart that you are doing something wrong. Whenever you know you are doing something wrong, it is against the Will of God.

A person knows he is doing wrong, but because his soul is a slave at this level, he does wrong. This is called personality. Personality is either a slave to something good or to something bad. When a person is a unified human being as a personality and you tell him, "Every morning at 5:00 you must be in church," he says, "Yes, sir; of course." He is a slave. It is good to go, but still he is a slave because he is not an independent human being. Then somebody else says, "Everybody must come to the office so we can train you to

steal.” He shows up because he is disciplined — but he is still a slave to a will that has wrong direction.

The second dynamic of the soul is magnetism. If you do not have magnetism, you do not have the power of attraction. Magnetism is when you attract the right people, the right emotions, the right ideas, thoughts, and visions. You are now magnetic. Your mind becomes so magnetic that the highest ideas are attracted. Sometimes you think that your thoughts are just a vacuum or are non-existent things, but thoughts are electro-chemical substances. When your mind is a strong magnet, you attract different thoughts and synthesize them into something workable.

If you prepare your lessons, lectures, and theses, you become magnetic. You become especially magnetic to your Guardian Angel’s suggestions. You also become magnetic to the angels. If you talk about angels, people in society laugh at you and say, “What angels? Where are they? We never saw any of them.” But angels are found in every religion, every tradition. Every Great One knows about angels. It is said that Christ commanded thirty-three battalions of angels. It is important to become magnetic to the angels because they heal, make you beautiful, give you courage, give you aspiration and striving, protect you, lead you, and bring the right conditions to your life for you to progress. They are your messengers and your friends.

If you become obnoxious in your thinking, feeling, and activities, however, they will flee from you because you smell very bad to them. Any corruption in your psychology smells rotten. You are going to become aromatic, fragrant.

Fragrance is the result of integrity. The chemical composition of elements in conflict creates a bad odor. Chemical compounds in agreement, in harmony with each other, are fragrant. If a group is integrated, there is a group fragrance. If there is conflict within the group, the group has a bad odor. If a nation is together, it is a fragrant nation. If nations fight against other nations, if religions fight against each other, if so-called spiritual people are fighting against each other, there is a very bad odor. Christ said, "Each of you must be fragrant flowers." This is magnetism.

The third dynamic of the soul is the power to reveal.

To reveal means to understand things, to see things as they are. Things become real for you, secrets are opened, hidden things emerge. You understand the meaning and the motive, the goal of a speech, an action, or an event. You have a revealing beam of light in your soul so that if somebody comes to you who is hiding in a sheepskin, you immediately know that he is a wolf. You have the power to remove the mask. If he says "I love you," you see behind the words to what he really means.

The dynamic of the soul is revelation; it reveals the motives and intentions. It reveals where an event will lead us.

The fourth dynamic of the soul is the power to balance. You start balancing your life. For example, if a man is totally dedicated to his business and does not spend any time with his children and wife, there is no balance. His wife will say, "I married this man to see his face, but he spends all his time making money, money, money and I am alone without anyone and the children do not have a father." This man is

not balanced. Balance means to make money but also to go and spend time with your wife, to take her to a movie or to dinner and have fun together. It is important to associate with your spouse and with your children.

Balance means to create a balance first in your system, taking care of your physical, emotional, and mental needs. If you eat constantly and then sleep, you have no balance. Establish a balance in your emotions, your heart, and mind so that they are in equilibrium. Then create balance in your family by giving them your time. If a girl escapes from home, seeking enjoyment day and night, forgetting her mother and father who are very poor and sick, she has no balance — even if she thinks she is saved because she is religious. She cannot be saved if she has no balance. Because she forgot her mother and father, there is no balance in her life.

The major cause of divorce is a lack of balance. A man comes home from work and says, “Give me a bottle of whiskey,” and he drinks and drinks. His wife waits to talk with him or to be with him, but because there is no balance in his life, they separate and divorce.

You must also have balance in your studies. You must study things that are related to your body. For example, you study about your stomach, about sex, about your body and find out what is right for your body. You can study your emotions, your mind, and your business. Study the spiritual level so that you are balanced between body, emotions, mind, and spirit. A man may not care about spiritual things because he has a good body, a good wife, sound emotions, and a good business. But if you ask him, “What gains a man if he wins the world but loses his soul?” he cannot answer. There

is no balance. Also, be balanced in your spiritual aspirations. Do not sit all day and night meditating while your children are neglected. What kind of spirituality is that?

There is a story that Tagore wrote about a man who left his wife and children to search for God in the mountains. But while he was away, God visited his home and waited for him to return.

To communicate with God means to face and meet your responsibilities. If you are not meeting your responsibilities and you think you are saving your soul, you are really deceiving yourself. There are millions of religious people like this. They say “Hallelujah” and think they are saved.

A girl once came to me and said, “I am going to Europe to preach the Bible.” When she came back from her trip, she reported, “We were so successful; we revived everybody!” I asked her, “Did you visit your father and mother?” “To hell with them,” she said. “What were you teaching in Europe?” I asked. “If you do not respect your parents, I do not care how spiritual you are because you are escaping from your responsibilities.”

The fifth dynamic is the power to actualize. Actualization means to bring into objectification your dreams, visions, goals, and plans. If you really want to be beautiful, then become beautiful. People say, “I am a Fifth Degree Initiate.” The minute somebody says this, I know the person is unbalanced. Show me by the examples in your life that you are somebody. If you are somebody, then I will believe that you are somebody. Show me. Prove it to me. Actualize your dreams and show them factually in your personal life. This is actualization.

If you want to build a school, you need to actualize it. You must bring it into actualization, step by step. The foundation, the walls must really be built. The fifth dynamic of the soul does this. If you want to be a holy, beautiful, joyful, and magnetic person, actualize these qualities. Let us see them. Let us watch you in your conversation, in your eating habits, in what you do.

The sixth dynamic is the power to aspire. To aspire means to strive to be something better than you were. Physically, emotionally, mentally, and spiritually you are going to aspire. Aspiration is a very great power of the soul.

The seventh dynamic of the soul is the power to synthesize. You are going to synthesize in your life all the beauty you have met, all the beautiful ideas you have had, all the beautiful visions you have seen. If you synthesize them in your life, Beauty, Goodness, Freedom, Righteousness, and Joy live in your body, in your person. You are now a synthesized human being.

A progressive goal is like seeing something shining on a mountain and then going closer to find out what it is. But as you approach, it becomes something else — it is progressive. Progressiveness is not in the goal but in your clarity of consciousness, in the degree of your understanding and assimilation. If a teenager reads this book and is inspired with a certain vision, that vision becomes a goal to his degree of understanding. A twenty-five-year-old will see it differently. It is a progressive goal because people are drawn to understand it better.

When a person finds his direction, he gets himself in a crisis and then discovers his cleavages. He must receive counseling or go to therapists, psychologists, psychiatrists, or religious teachers to bridge these gaps. There are millions of ways to do this. One good source of help is in the book *The Science of Becoming Oneself*. Many psychiatrists are using this book to heal cleavages. The book *Challenge for Discipleship* is a masterpiece to bridge the cleavages. *The Science of Meditation* and *The Hidden Glory of the Inner Man* were written to help bridge cleavages.

Self analysis is good, if you know how to do it. For example, you want to get up every morning at 5:00 a.m. and do meditation, but your body does not want this. There is a cleavage between what you want and your body. Self analysis is to ask yourself and observe why it is that your body is not awakening, why it lacks energy. Perhaps it is because yesterday you dumped a bottle of whiskey into it, or because you are engaged in excessive sex, or you put some bad microbes and germs into it, or you have bad sleeping habits, or you watched television until three o'clock in the morning and the crimes and violent images you saw are running through your nervous system. Self analysis means to find the reason and correct it in order to bridge the cleavages. You can do the same sort of analysis on your emotions and your mind, but it is not easy. Usually you need somebody to lead you.

When trouble starts in your mental mechanism, it means that you are searching and that you are going to find help. That is why Christ said, "Ask and it will be answered, knock at the door and it will be opened." You are in a des-

perate condition, a crisis, which is a good sign for future unfoldment. Do not be afraid of crises.

There is no happiness when the soul is trapped in the lower levels because these are the worlds of illusion and glamor — nothing but phantasmagoria and fabrication. We need to understand what the mantram, “Lead us, O Lord, from darkness to light, from the unreal to the real, from death to immortality, from chaos to beauty” means. Once you become a soul, many things can happen to your body, to your emotions and mind, but you do not lose your joy. Joy is not happiness. Happiness is physical, emotional, and mental. Joy is found only on the soul level. When you reach this stage, no matter what happens in the lower levels you are above the clouds in an airplane. You can see the agitation of the sea and wind below, but they do not bother you because you are flying above them.

Urgings, striving, and spiritual aspirations are found on every level, and they also push us to move upward. Every time you start striving at something, you get a message from the Guardian Angel, from your physical and spiritual teachers, or from a Great One like Christ, like your Master. Someone kicks you and says, “Get up and get going.” If you take this message seriously and listen, you progress. But if you ignore the message, you lose it. Great Teachers say, “We do not always hint. We may only hint once or twice a year.” If you listen, They increase the hints. If you do not listen, They say, “He is still asleep. Let him remain in bed until pain and suffering awaken him.”

The less you are identified with your personality, the more you identify with your soul. If you are impersonal, it

means that you are not identified with the consciousness of your body, emotions, and lower mind. If you are detached and free from these influences, you have greater freedom to solve the problem. If medical science can find the cause of an illness, it is more likely that it will be able to find a cure. If the cause remains unknown, illness is more difficult to cure. In your psychological system, first try to find the causes of a problem. Sometimes it is difficult to find the cause, but go from the result to the cause until you find the real root of why it is happening.

Sometimes when you find the cause it is a situation over which you think you have no control because of life circumstances. When you discover the cause, you need to equip yourself and prepare yourself to attack the cause in the best way possible. But you first find the cause because until you do so you will not know what you are attacking. Suppose you have an enemy hiding in your house, but you think your enemy is a chair. If you fight against the chair, you are fighting against a false enemy — and the enemy will remain until you find it. When you find it, perhaps it will be a big, strong man, and you see that with your own body you cannot eliminate him. So you prepare yourself by gathering four or five friends to tie him up. But you need to find the enemy first so that you know how to deal with him.