

Spiritual Counseling Consultation Form

For TSG Students

email this completed form to info@tsgfoundation.org

Please note the following:

Spiritual counseling is intended to help the individual with spiritual direction: how to utilize our books and courses, how to learn the spiritual practices of study and meditation, and how to find healthy and balanced spiritual practices. Spiritual counseling helps individuals to find tools with which to improve their spiritual direction in life. Spiritual counseling helps individuals to make choices in their life in order to improve and deepen their spiritual practices.

Spiritual counseling is only beneficial for our students who are ready to take serious and disciplined steps in their spiritual direction.

Spiritual counseling is not psychological, psychiatric, child, family, marriage, or pastoral counseling. It is not intended to give medical or health advice. For all such needs, please see your personal professional health or pastoral practitioners.

Information:

Name: _____

Email: _____

Phone number: _____

If this is an emergency, please call 911 or emergency number in your area; contact your medical, psychiatric professional and/or speak to your local minister. Mental health services available 24/7 call 1-800-662-HELP (4357) for SAMHSA National Helpline.

Topic of Discussion:

Write down clear and specific questions for Gita to answer. If you're not quite sure, write down the topic you would like to discuss, taking into consideration the time allowed for each meeting. If you require a longer meeting time, please let us know.

Appointment*:

Preferred appointment date: _____

Time (max. 30 min): _____

Via: Phone Skype Email In Person

***Suggested \$30 donation for all consultations**