

Essential Oils- Descriptions

Lavender Oil (Lavandula Angustifolia)

10ml pure essential oil

A staple for every home, Lavender is one of the best known and most versatile of all essential oils. Calming, soothing and relaxing, Lavender helps to restore balance and restful sleep. It is a natural antiseptic, antibiotic, antidepressant, and insect repellent. Lavender soothes muscular aches and pains, and colic and other tummy troubles. It can also be used to treat burns, inflammation, cuts, wounds, eczema, dermatitis, influenza, hysteria, migraine, nausea, nervous tension, infections, bacterial conditions, sores, ulcers, acne, boils, asthma, rheumatism and arthritis.

'Lavender has a well-established tradition as a folk remedy, and its scent is still familiar to almost everyone. It was used to 'comfort the stomach' but above all as a cosmetic water, an insect repellent, to scent linen and as a reviving yet soothing oil. Generally regarded as the most versatile essence therapeutically.

Eucalyptus Oil (Eucalyptus Globulus)

10ml pure essential oil

'In esoteric books we are advised to use, for example, eucalyptus oil. Eucalyptus oil has some kind of evaporation, or let us say, radioactivity that penetrates into your astral plane, into your aura, and strongly irritates those astral entities who are dwelling in your astral body.

This irritation makes them uncomfortable to stay around you, and sooner or later they leave you alone. We are told that eucalyptus oil even damages their astral centres. Some people get great comfort at night by putting a cup of hot water near their bed and pouring a few drops of eucalyptus oil in it. Gradual evaporation cleans the atmosphere of your room unwanted guests and odours.

It is also good to put eucalyptus oil on objects given to you by others or bought from a second hand store. In ancient times, people used eucalyptus oil on sacred objects to increase their fiery flow. Objects received from lower psychics must be burned or washed with eucalyptus or deodar oil. Eucalyptus oil, however, not effective in removing entities who possess the mental body.'

The powerful medicinal qualities of the ancient Eucalyptus tree have longed been recognised. This penetrating oil cools the body in summer and protects it against winter ailments such as sore throats, coughs, colds and chest infections. It has anti-viral, anti-bacterial, anti-inflammatory and antiseptic properties and is a useful skincare remedy. A must in every medicine box, Eucalyptus is wonderful when used as an inhalant to clear invaders to the body - and the space around it.

Deodar Oil (Cedrus Atlantica) 10ml

10ml pure essential oil

Deodar Oil 'Deodar oil is far more influential than pine oil. The deodar tree is assumed to be the master of the pine family. A great Sage says, 'Deodar oil has been called the balsam of the heart.' The fragrance of deodar increases the fiery quality of the spirit. Deodar oil repels all dark forces approaching the human soul.'

'The balsam of the heart', Deodar (sometimes called Cedarwood) was first used by the ancient Egyptians and to this day is well known to lift the spirits and dispel depression and negativity. With a sharp, woody aroma, it is especially effective at treating oily skin and hair and dandruff as well as bronchitis and mucousy coughs and colds. Essential oils extracted from deodar and from cedar of Lebanon have also been used in Asia as an antiseptic and to treat tuberculosis.

Cassia (Cinnamomum Cassia) 10ml

10ml pure essential oil

With its spicy aroma, Cassia is an uplifting tonic and effective at treating a variety of ailments including influenza, rheumatism, warts, coughs, colds and viral infections.

The properties of cassia and cassia oil are similar to those of cinnamon and comprised largely of cinnamaldehyde.. Cassia is a tonic, carminative and stimulant. It is used to treat nausea and flatulence. It is also used alone or in combination to treat diarrhea.

Useful against cold ailments, including common cold, bronchitis pleurisy, rheumatism, and said to be useful with tropical infections and fevers. As a warming digestive stimulant, it stimulates both digestion and circulation and is therefore indicated for conditions with symptoms of 'cold', poor circulation to the extremities, edema, diarrhea and loss of appetite. Its carminative action gently stimulates digestive secretions and encourages effective peristaltic movements, reducing griping and flatus. Its strong antibacterial quality helps with pyorrhea, gum disease, diarrhea, dysentery, intestinal infections, gut parasites (amoebas, amoebic cysts), adult intestinal toxemia, Candida infections, and urinary infections.

Skin: Here again, its strong antibacterial quality finds use with skin infections, acne, boils. Caution, dermal irritant; use very highly diluted if at all.

Peppermint Oil (Mentha Piperita) 10ml

10ml pure essential oil

Peppermint herbs grows to 1 m tall and spikes of lilac-pink flowers are produced in mid-summer. Stems are usually purple and leaves can also be purple-tinged, particularly if the crop is suffering from water stress.

Dried peppermint leaf is used in herb teas, either on its own or in mixtures. Peppermint tea is regarded as a stimulant, a cure for flatulence and has antiseptic properties. It is used in treating indigestion, sore throats, colds and toothache, among others. Peppermint, and other herbal teas are being consumed in increasing quantities by the general population purely for enjoyment rather than for their medicinal activity.

We are told that peppermint oil is very useful in cases when the fire of Kundalini is stuck somewhere on the spine, causing different tensions and pain. These tensions and pain can have a physical origin - the origin must be found first, before you put your faith in peppermint. Peppermint oil should be applied, diluted with water, on the spine with massage. If you use it without diluting it, you may burn your body, especially if you perspire. It is recommended that you do not use it at night. Peppermint oil penetrates into the etheric webs and cleans them from congestions to a certain degree.

Very often the etheric body traps many etheric sediments and microbes. Peppermint oil burns them, but it is not always successful in eliminating them if one is lacking psychic energy, or one is polluted with anger, fear, greed or jealousy. Peppermint oil helps clean those accumulations and lets the prana circulate. It also pushes away some mental entities, who are clothed with lower mental matter.'

Pine Oil (Pinus Silvestrus) 10ml

10ml pure essential oil

Also known as Scots Pine, oil is extracted from the pine needle. Expectorant, a powerful antiseptic, kills germs, deodorizing, and stimulating, use to refresh the home, a stimulant of the adrenocortical glands. Useful for Pulmonary diseases and urinary infections...

No wonder so many air fresheners come in pine fragrance - the cleansing, piercing aroma of pure Pine oil makes it an excellent deodoriser for the home – and the body. Its anti-bacterial properties make it particularly good for inhalation to treat a range of ailments including respiratory problems, chest infections, poor circulation and bladder and kidney problems

This is a marvelous conductor of psychic energy. I was told in Asia that this oil must be used to clean our homes, mixing it in water, spraying it in our rooms, or in some polluted areas. Some of my teachers used it around their throats and chests. One day, a teacher told me that if some lung and throat centre and from the small centre below the breasts, polluted by different negative accumulations, put pine oil on a handkerchief and rub it on the throat and chest in the late morning. Excessive use in the late afternoon may cause insomnia and fatigue. Some of the people that were infected by low psychism were sent to cabins in the pine forest where the aroma of the trees was as substantial as water. We used to drink pine needles tea. Put pine needles in boiling water and after ten minutes, drink it.'

Rose Absolute (Rosa Centifolia) 5ml

5ml pure essential oil

'Rose oil or roses, we are told, is a great disinfectant. Ancient kings in Asia surrounded their palaces with rose gardens, not only because of their beauty and fragrance, but because of their uplifting, healthy disinfectant quality. Rose prevents imperil, whether you smell it or use the oil on various places of your body. Roses are pure transmitters of inspiring, soothing energy which we call bliss. Rose oil must be natural and not artificial. It must be prepared in a way that it does not lose its fragrance. Pure rose oil affects the heart centre and strengthens it; it has a close affinity with the electricity of the heart. Pure rose oil is beneficial, in that it protects the astral and mental centres. But do not place it near your nostrils because this causes separation between the etheric and physical bodies. Use it on other parts of your

body or clothing. A mixture with rose oil will not cause damage and can be placed nearer to the face.

Rose, a mid to base note in perfumery. Best known for its antidepressant effects. Helpful for depression, insomnia, migraine headache, nervous tension, stress, sorrow, and disappointments.

Rosemary Oil Tunisian (Rosmarinus Officinalis)

10ml

10ml pure essential oil

'One of the earliest plants to be used for food, medicine and magic. Sprigs of rosemary were burned at shrines in ancient Greece, Fumigation were used in the Middle Ages to drive away evil spirits, and to protect against plague, it has been used for a wide range of complaints including respiratory and circulatory disorders, liver congestion, digestive and nervous complaints, muscular and rheumatic pain, skin and hair problems. It is current in the British Herbal Pharmacopoeia as a specific for 'depressive states with general debility and indications of cardiovascular weakness.'

Energizing, stimulating, great for jet lag, headache, stimulates circulation, very helpful for mental concentration and memory.

Sandalwood (Santalum Album) 10ml

10ml pure essential oil

"Sandalwood oil is a purifier of the atmosphere around you or in your room. It transmits psychic energy from space and expels low-level entities. Some yogis inhale the fragrance of sandalwood through breathing exercises.

"This oil can be applied on the palms of the hands when healing or strengthening action is needed. It destroys negative thoughtforms in your area. "

The deep, distinctive aroma of Sandalwood has a soothing, relaxing effect on the mind, body and spirit and is an excellent aid to meditation. As well as purifying the atmosphere and promoting a sense of well being, Sandalwood is a reputed aphrodisiac. This strengthening and healing oil also has excellent skincare properties and is suitable for all skin types.

Siberian Fir Oil (Abies Sibirica) 10ml

10ml pure essential oil

The oil is extracted from the needles which creates a colourless or pale yellow liquid of pleasing, rich, sweet balsamic scent. It is highly esteemed in Europe for its medicinal virtues and its fragrant scent. It is used mainly for respiratory complaints, fever, muscular and rheumatic pain.'

If you've ever wandered through a forest of fir trees, you'll know how the rich, sweet and refreshing aroma of this oil can cleanse your mind, body and spirit. As a medicine, Siberian Fir is excellent at clearing and healing respiratory problems, fevers, and muscular and rheumatic pain

General Use: Wonderful as an air freshener and it purifies the air. Used mainly for respiratory complaints, fever and for muscle and arthritis pain.

Circulation/Muscle and Joints: Use as a compress or in a rub to help ease pain from arthritis, muscular aches and pains and rheumatism.

Respiratory System: As an antiseptic it may be useful in treating respiratory infections such as bronchitis, coughs, sinusitis.

Immune System: Use in a diffuser, as a rub or compress to help ease symptoms from colds, fever and flu.

Tea Tree (Melaleuca Alternifolia) 10ml

10ml pure essential oil

Native to Australia, the Aborigines have been using Tea Tree oil to prevent and cure health problems for centuries. Its anti-viral, anti-bacterial and anti-fungal properties make Tea Tree one of the most useful medicinal oils. Tea Tree is very powerful at stimulating the body's immune system and can be used to treat a range of infections including ringworm, sunburn, acne, athlete's foot, candida and toothache.

'The name derives from its local usage as a type of herbal tea, prepared from the leaves. Our present knowledge of the properties of tea tree is based on a very long history of use by the aboriginal people of Australia. It has been extensively researched recently by scientific methods with the following results: This oil is unusual in that it is active against all three varieties of infectious organisms - bacteria, fungi and viruses. It is a very powerful immuno-stimulant that increases the body's ability to respond to infectious organisms.'

Wormwood Oil (Artemisia Absinthum) 10ml

10ml pure essential oil

'Wormwood oil is highly recommended by great Initiates. They think that any irritation causes some kind of secretion around the nerves, and the secretion hardens and accumulates on a certain nerve channel, it blocks the transmission of electrical energy into various organs, and causes a multitude of complications in the organs and in the body as a whole. They say wormwood oil dissolves such accumulations, lets the electrical current flow along nerve channels, and restores the health of the glands and organs. It must be used externally.

Wormwood is excellent for protection. It can be put on your solar plexus, and then washed off one hour later to rid yourself of accumulated imperil. Wormwood oil dissolves heavy layers of imperil, especially in the glands. M.M recommends it very highly for light external application. To keep the rotation of the solar plexus normal, a person must do the following: Take hot baths with a small amount of wormwood added.'