

# Stepping Into the Teaching: Year Four Class Content

Reading Text for the 4th Year:

- [\*Higher Psychism\*](#) and [\*Breakthrough to Higher Psychism\*](#) by Torkom Saraydarian
- [\*Challenge for Discipleship\*](#) and [\*Other Worlds\*](#) by Torkom Saraydarian

First Quarter, First Half

- 401-1 *Higher Psychism*, Chapter 1, "Psychism"
- 401-2 *Higher Psychism*, Chapter 2, "Higher Psychism"
- 401-3 *Challenge for Discipleship*, Chapter 49, "Higher Psychism"

First Quarter, Second Half

- 401-4 *Breakthrough to Higher Psychism*, Chapter 1, "Psychic Senses"
- 401-5 *Breakthrough to Higher Psychism*, Chapters 2 & 3, "One Consciousness" & "The Self"
- 401-6 *Breakthrough to Higher Psychism*, Chapters 4 & 5, "The Human Soul" & "The Solar Angel."

Second Quarter, First Half

- 402-1 *Breakthrough to Higher Psychism*, Chapter 6, "Higher Psychics"
- 402-2 *Breakthrough to Higher Psychism*, Chapter 7, "Self-Actualization"
- 402-3 *Higher Psychism*, Chapter 5, "Psychic Development"

Second Quarter, Second Half

- 402-4 *Higher Psychism*, Chapter 4, "Petals of the Chalice"
- 402-5 *Higher Psychism*, Chapter 12, "Opening of the Petals"
- 402-6 *Higher Psychism*, Chapter 13, "Exercises on the Chalice"

Third Quarter, First Half

- 403-1 *Other Worlds*, Chapter 37, "Mediums"
- 403-2 *Other Worlds*, Chapter 38, "Lower & Higher Psychism"
- 403-3 *Other Worlds*, Chapters 41 & 42, "Subtle Emanations and Their Effect on Life" & "Psychic Energy"

Third Quarter, Second Half

- 403-4 *Breakthrough to Higher Psychism*, Chapter 8, "Mediumship & Higher Worlds"
- 403-5 *Breakthrough to Higher Psychism*, Chapters 9 & 10, "Automatic Writing" & "Psychic Powers."
- 403-6 *Other Worlds*, Chapter 30, "Past Experiences & Past Lives" & *Higher Psychism*, Chapter 18, "Past Lives"

Fourth Quarter, First Half

- 404-1 *Higher Psychism*, Chapter 3, "Building the Antahkarana"
- 404-2 *Higher Psychism*, Chapters 7 & 8, "Psychic Trance" & "Psychic Phenomena"
- 404-3 *Higher Psychism*, Chapter 9, "Psychism and Centers"

Fourth Quarter: Second Half

- 404-4 *Higher Psychism*, Chapter 21, "Psychic Phenomena: Higher Inspiration"
- 404-5 *Higher Psychism*, Chapters 22 & 23, "Petals of the Chalice" & "Psychic Phenomena: Questions"
- 404-6 *Higher Psychism*, Chapter 24, "How to Increase Your Psychic Energy" & *Breakthrough to Higher Psychism*, Chapter 11, "Contact with Higher Worlds"