



Chapter 5

Music and Ideas

Music is the manifestation of an idea through sound. We can receive an idea when we contact higher sources of inspiration within us, on the planet, or in space. An idea is relative to the source; the higher the source, the greater the idea.

When you register an idea and visualize a way to manifest it through sound, you create music. It is the idea that creates the melody, rhythm, harmony, and so on.

Many pieces of music do not have an idea behind them. If there is no idea in the succession of sound, there exists no music but only noise. In the same way there can be a combination of words, but with no idea there is no sentence and no meaning.

The origin of music must be an idea. For example, let us say you are inspired by the idea of renunciation.

You visualize the progressive movement and unfoldment of the idea; you feel and sense each phase of it. Then you create its vehicle of manifestation through sound. Thus, the idea creates or evokes mental response, emotional response, and sensory response.

If the composer is really inspired with the idea, feels it, and fuses it with his aspiration and thoughts, you will hear the idea in the music. Not only will you hear the idea, but you will feel that, for example, the music on renunciation is awakening a deep aspiration in you toward renunciation, and you are going through a certain transformation within your vehicles that will enable you to bring the idea of renunciation into actualization.

The expression of the sound or the music will be charged with meaning and feeling. The idea will build its rhythm and melody in the process of expression. Sometimes your technique and knowledge become an obstacle, if they are crystallized and exist for their own interest. Sometimes your technique and knowledge of music assist the birth of the idea, if they have not yet turned into hindrances.

If there is no idea behind the music, you have sound and notes but no music.

If the idea is coming from higher sources, it is charged by a tremendous amount of energy with its own frequency and direction.

The greatest help for the manifestation of the idea is the treasury of your Chalice. The Chalice should contain the needed vehicle of manifestation. It is the treasury of

the Chalice that determines the color or the type of art, as well as the idea that is going to be chosen for manifestation.

True music is the flow of an idea, the flow of energy. Each piece of music radiates the energy of an idea.

Some ideas can only find a response in the etheric plane; the etheric plane sets the rhythm. Some ideas can manifest through emotional substance; emotions give the idea the fire of feeling. Some ideas can also manifest through the mental substance; a mental response is created, and the idea becomes charged with meaning. If the receiver of the idea is of a higher order, the idea also equips itself with a great and inclusive vision.

Each substance with which the idea is equipped radiates a particular form of energy. If the energies are combined in harmony, you have a piece of music that serves as a bridge between you and the originating source of the idea. The composer takes the seeds of ideas from the originating sources and gives them back to the sources as bloomed flowers.

The energy of the idea has many tasks. It creates, harmonizes, purifies, transforms, heals, organizes, makes breakthroughs, and builds communication lines to the originating sources.

If there is no idea, there is no energy; but there is the force of the sound. This force is the flow of illusions, glamors, and changing moods. When glamors, illusions, urges,

and drives are translated into sound, they do not present the coherency of an idea. They are like sentences which do not make sense; they have the power of individual words, but not the power of a sentence. There is hallucination in the musical expressions, and they do not make sense. Hallucination has no coherency of meaning. You cannot translate a meaning out of it, but you feel the disturbance in the originating source.

It is the idea that gives to the succession of notes meaning, significance, and its manifested energy. If there is no idea behind the “music,” the music is like a drunken man whose conversations and behavior translate no coherent meaning and have no destination.

The idea in music is the soul of the music; it makes it alive and purposeful. Music that has no soul has no future, although it may continue to exist as a disturbing factor.

Music can be the translation of past memories or the translation of present interests, urges, drives, or pleasures. It can also be the translation of the future or of a distant vision.

There is also music that bridges the future and past memories, translating the past memories as future visions and the future as the vision of past experiences. Such music carries a great amount of emotion and a power of transformation.

There are also various kinds of music originating from many force fields. Such music can originate from hatred, fear, anger, greed, jealousy, revenge, or lust. It can

use your lower etheric centers to draw substance out of them.

There is music that translates your past pleasures, disappointments, failures, and successes, but without the light of the future.

There is music that can be an expression of vanity, pride, separatism, and ego.

There is music that disturbs your head centers, creates confusion and uncontrolled urges and drives, and leads you into hypnotic trance or toward suicide and irresponsibility. Such music makes you lose your striving, your focus, and your sense of responsibility and develop dependency.

People never think that most of our social problems are the result of bad music, music originating from lower sources.

There is music that rings in your ears and body but leads you into confusion, as a friend who speaks and speaks but does not make sense.

Of course, it is possible to take meaningless music and superimpose upon it certain meaningful phrases, sometimes high-sounding phrases, that make you swallow the aberrations of the sound. Many disturbing influences are transmitted to the public as music, packed in high-sounding phrases.

Such a technique not only creates disturbances in the mechanism of the mind but also a great confusion in the thinking. The meaningful phrases and the unmeaningful,

low-grade music influence different parts of your nature and make them fight against each other.

There is also music that is hypnotic. In hypnotic music there are many techniques used: short suggestions, contradictory statements, repetition, confusion, monotony, forceful impact, and so on. Through such music many post-hypnotic suggestions are transmitted or evoked. Sometimes such music is used politically, for self-interest, for business, or directly for crimes.

There is also music that releases or evokes your aggressive urges and drives, charges them with emotion, involves the mind, and forces you to attack, possess, and obsess. Most of the wars, revolutions, social disorders, and crimes do not originate from idealistic flights; they have their origin in bad music, which is either prepared intentionally or is the natural manifestation of the composer. The prevalent music of the youth determines the future of the nation and the world.

No one has contemplated yet on how to create a law about music, or about art in general, as a factor that influences the life of people. Of course, such a law will turn into a mechanism of suppression in the hands of those who lack understanding, the power of evaluation, and are stuck with their past values.

The ancients knew the effect of sound, especially on advanced people, and they built pyramids to insulate the neophyte from all kinds of sound and put his soul in relation with Higher Worlds. But now we are exposed to all kinds of short and long waves, radiations that

carry mixed, polluted, disturbing, and distorting influences to our homes, offices, and sanctuaries.

Man can destroy himself by misusing sound waves. But as the intelligentsia realize the influence of music upon the masses, they will create proper scientific methods and apparatuses to judge the value of music and of art in general. Every art object and every piece of music has various emanations and influences. Like a kind of spectroscope, the apparatuses they will create will be able to measure such emanations. These apparatuses will tell scientists if the music or art object is constructive and goal-fitting or destructive, diffusive, and disturbing.

The first steps will be taken through observation. Children and students will be observed under the influence of music. Their health and emotional and mental waves will be measured and compared. Once this process is established, teachers will teach the basics of the mechanics of art and prepare causes and conditions to put artists in contact with higher sources of inspiration.

A law can only be established on scientific facts or on pure experiences. Without this foundation, a law is nothing but an imposition. Eventually one law is going to be strictly observed: that no one has the right to disturb his neighbor at any time whatsoever. This law will be observed in restaurants, in other public places, at the seashore, and in the mountains. People will not dare to bring their music machines and disturb the peace of any human being.

Of course, similar laws are already formulated, but they are neither enforced nor observed by the majority of citizens. One can even hear the neighbor's television or radio. Consideration for others will be practiced when people respect each other and understand the power of music.

It is not enough for a composer to contact a great idea; it is also important to discover the focus of his consciousness. Wherever your focus of consciousness is, from that focus your idea will be translated and your expression will carry either the energy of your focus or its contamination. You can know the level of the focus of a composer by the effects his music has on the public. If the youth are stimulated in their sexual activities beyond control, if they are inclined to crime, irresponsible actions, drugs, and prostitution after listening to certain music, then you will know from what level or focus that music was originated.

The influence of music must be observed on physical health conditions, on emotional reactions, on family and social relationships, on mental interests and abilities, on striving or failures, on motivations. The effects in all these areas will clearly indicate the condition and level of the source of the music.

Every piece of music carries with it the quality of the composer. An artist who is involved in alcohol, drugs, prostitution, and crimes can contaminate masses of people through his music. If a composer is living in hallucinations, his music will carry out his hallucinations.

Once a young lady invited me to her studio to see the “masterpiece painting” she had created the night before in her inspiration. After looking at the painting I said, “How did you do this?”

She sat on the chair, looked at her painting with pitiful admiration, and said, “Last night, I found a drug formula and mixed a few drugs and took them. I felt myself elevated into heaven, and I took the brush and painted.”

She had done a good job! She had taken the paint and scattered it not only on the canvas but also on the walls and curtains!

“Tell me,” she asked, “do you like it?”

“It will make no difference to you whether I like it or hate it.”

There are millions of pieces of music broadcast from radios, tapes, and televisions, as well as performed live, that are creating in the public such a state of mind, and the public is not even aware of it.

When music is the expression of hallucinations, lust, crime, drugs, and irresponsibility, it will carry to the public the elements of hallucination, lust, crime, drugs, and irresponsibility found in the artist, like a source of contamination. If the music is fused with gonorrhoea, syphilis, anger, resentment, and confusion, people will be infected because their centers and nervous systems will respond to that frequency and begin to manifest the same characteristics and symptoms of the artist.

From whichever center a piece of music originates, the corresponding center of the listener will gradually synchronize its vibrations to the originating center. This is how contamination occurs. Thus, music is responsible for what a man is, what a nation is, and what humanity is.

Even animals have instinctive discrimination. In a certain place, two elephants were chained and nearby a band of musicians began to play acid rock music. These elephants, who used to perform in circuses with certain music, broke their chains, broke down the fences, and began to run away from the music. The incident was reported in a local paper as a funny event. What a great scientific labor is needed to understand the mechanics of such an event!

In the future, thinkers will find out how music can create certain illnesses and diseases in certain parts of the body. They will be able to trace the source of illness to the music the person listened to for years, or throughout his lives.

Our body is built on the principle of sound expressed as notes,¹ as vibration, as frequency. Flowers, bushes, and trees are built on the same principle. The sound waves create either harmony or disturbances in them. For example, because you were hearing certain kinds of music, you developed liver problems or kidney problems or heart problems or skin problems. Or because of the music you heard, you have the best health possible.

1. Notes are the words of sound.

People worry only about nuclear radiation, but they never think that music is a form of radiation. Sound bombards the body, the brain, and the glands and creates certain effects.

The notes in music are chemical elements of sound. A good musician is a good chemist who knows when to use what element and in what proportion. These chemical compounds can change the elements in your body by increasing, decreasing, or totally eliminating them. These chemical changes in your body create changes in your psychology, behavior, relationship, thinking, feeling, talking, and so on.

When you are listening to music, you must know that you are absorbing chemical elements into your system. We do not yet have an apparatus to convince the “blind” about these facts, but steady observation and experiences with music will not leave any doubt in people’s minds about chemical changes.

Sound controls the function of cells and neurons, and the chemical reactions and secretions of the glands. Eventually scientists will prove that both the mentally impaired and the genius are the products of a long bombardment by certain music.

One may ask, if music must be listened to for an ideal condition of the body, emotions, and mind, then how can we help people who live in violent psychological conditions in asylums? The answer is that people in asylums must not listen to music, but they must listen to the music of waterfalls, rivers, forests, and thunder. Also, rhythmic

drums can have a great healing influence on them, if the rhythmic patterns are created by a sensitive composer.

The music of a great composer passes through various changes in those who listen to it and in those who play it. If the performer is closely fused with the consciousness of the composer and does not carry disturbing emotions and thoughts against him, and if he has enough practice and skill, and if he is experienced in the art of listening, then he can transmit the initial currents of the composer with a high level of accuracy. Unfortunately, not too many performers can do this. They can only mechanically reproduce the music without the spirit of the composer.

If the composer plays his own music, then you have all possible shades and colors of thought and emotions that he put in his music. Beyond this, there should be electricity in the music. This electricity is transmitted by the composer into his music at the moment of his contact with sources of inspiration in higher spheres.

Distortion of the original music carries heavy consequences for the performer and for the audience.

Good music, or music that is composed by an artist who is in contact with higher sources of inspiration and is able to transmit it with its purity, has the following general effects:

1. It gives you energy on three levels: physical, emotional, and mental.
2. It creates transformation in your nature.
3. It creates detachment but inclusiveness.

4. It develops the sense of Infinity.
5. It develops the sense of freedom and joy.
6. It creates striving and beauty toward perfection.

When you hear music and feel exhausted or mentally diffused, or if you become forgetful and lazy, change the music. Real music nourishes your nervous system and stimulates your etheric centers. Your digestion improves, your memory becomes sharper, you feel that you are awake, your observation is keen, and you enjoy solving problems.

Good music creates equilibrium in your emotional nature, if the past recordings are totally wiped away. Transformation in your nature takes place. You change the way you think, feel, and act. You feel a drive to be noble, honest, and trustworthy. You keep your word. You do not manipulate your friends or any other person.

Detachment slowly appears in your soul. You no longer exercise attachment or “stickiness” to things and people. Material things lose their power over you. Even so-called love and sex do not control you and your way of thinking. But such a detachment does not make you an isolated being. On the contrary, you detach from forms and objects of desire, but you identify with beauty, wisdom, and the spirit found in any person or form.

You become inclusive and tolerant mentally, but nothing can enslave you or manipulate you.

The sense of Infinity is a very rare sense. Through this sense, the person sees Infinity and lives in Infinity — in the world of endlessness. For such a person, all living forms have Infinity in them. He knows that this Infinity will always be with him, so he relates himself to people or to living forms not in terms of short contacts but in terms of infinite duration. This is why on the long path of Infinity he wants to travel with those who love him, with those in whom he created beauty, with those who are free, with those whom he did not hurt or deceive, with those against whom he did not commit crimes. One does not need to travel with those who hate him, with those whom he hated, with those whom he exploited, with those who deceived and committed every kind of crime. The sense of Infinity develops in a person the eternal presence of all that is.

Real music cultivates in you the sense of beauty, joy, and freedom. People are not yet aware that our senses, especially the higher senses, develop through sound.

The sense of beauty is a very subtle sense, and through it man can not only see rare beauty but also enjoy rare beauty.

The sense of joy is a unique sense. It registers the joy of flowers, trees, mountains, and stars. It registers the joy of hearts and the joy found in higher realms. A person with the sense of joy can register transcendental joy from Nature.

The sense of beauty also sees the ugliness behind an artificially fabricated beauty. No artificial beauty can attract a person who has the sense of beauty because in a small expression the complete ugliness reveals itself to him.

The sense of freedom is a very mysterious sense. It keeps a person from being caught in his urges, drives, glamors, and illusions. Immediately he senses such obstacles around him and does not let people enslave him with their own urges, drives, glamors, and illusions. The sense of freedom warns immediately when any danger to his freedom appears.

High-level music develops these unique senses.

Higher music increases in you the power of striving — striving toward improvement, betterment, and perfection. It mobilizes your higher centers in such a way that they slowly increase their pressure upon your personality and create in it various sublimations and changes. Man sometimes feels that something within him is urging him to climb, to go forward and gain victories over his nature, and to direct his soul toward the stars.

Sometimes great achievements are crowned by tears. People think that such tears are tears of joy, but they mean more than that. As a person strives and climbs new heights, greater Infinity reveals itself before his eyes and he feels humiliated by his achievements. He also remembers how much time he wasted in useless persuasions. But through

such tears, the striving one dares for new victories, even conquering the memories of his past failures.

Real music reveals to you the image of your distant future and gives you a chance to see the condition you are in, or that you were in.

On the physical level, good music

1. coordinates the organs and glands and improves the circulation
2. gives energy
3. purifies the body of decaying elements
4. heals
5. puts the body in contact with the constructive energies in the Universe

On the emotional level, good music

1. colors the emotions
2. expels the negative ones
3. refines the emotions
4. creates aspiration
5. heals the emotional body of the wounds of hatred, anger, fear, greed, and jealousy
6. coordinates the chakras
7. establishes contact with etheric and mental centers

On the mental level, good music

1. brings serenity and peace

2. strengthens the power of creative imagination and visualization
3. establishes receptivity for higher inspiration and impressions
4. stimulates creativity
5. develops the power to synthesize
6. creates the power of detachment
7. organizes the mental centers and relates them to the centers of the astral and etheric bodies and to the glands of the physical body

People have the misconception that certain music belongs to certain nations. It is true that music can be colored by national characteristics, but good music breaks the boundaries of a particular nation and becomes universal. Music that cannot be universal is not real music. There is only one music — world music, universal music. Beauty is not the property of anyone. Beauty belongs to all nations equally.

Man contacts music consciously when his physical ears register the sound waves and consciously evaluate them. When the mental and etheric-physical ears fuse, unfold, and integrate, man can hear thoughts. Many people converse mentally. It is at this stage that the subtle eye begins to operate and sees the colors of each note and their subtle formation in space. One can enjoy music through his eyes and ears by watching the colors and hearing the notes.

When the physical-etheric and mental ears fuse, unfold, and integrate, man develops the capacity to hear the music of the Subtle Worlds. When the astral and physical-etheric ears fuse, after the fusion of the physical-etheric and mental ears, the person also hears the music of flowers and trees.

In higher psychism, the mental and physical-etheric ears must be developed first. If the astral and physical-etheric ears develop before the mental ears, one falls into lower psychism because he can discriminate neither the sounds nor the origins of the sounds nor their meaning. Discrimination and accuracy come from the mental ears fused with the physical-etheric ears.

When you are ready to listen to good music, first you must have a good machine — a good stereo or tape recorder and good speakers. If the machine is of low quality, it distorts the music. Distorted music can have a bad effect on your etheric, astral, and mental centers as does a vitamin that is rotten or moldy. If you are listening to a recording, it must be in the best condition. If the music is live, the musical instruments must be well-tuned. If the instruments are not in tune, the notes will disturb the centers and create health problems.

Relaxation is very important. People do not listen to music in a relaxed state of body, emotions, and mind. Physical relaxation is the first step because different tensions in your body have different reactions to the music. For example, if you hit a ball against a stone wall, the ball bounces back strongly. But if you hit the ball against a

wool curtain, the ball falls in front of the curtain. Tense areas in the body receive a heavier impact of the music, and relaxed areas receive it without reaction.

To create a uniform impact of music upon your body, the body must be totally relaxed; then the music will penetrate every part of it. The purpose of the music in this case is to create harmony within your body. Harmony will bring health, strength, and vitality and will regenerate your whole system.

Only a relaxed body can absorb music and regenerate itself. When the body is in harmony, the person feels happy. He can control his body and its urges and drives only when the body is in harmony. Only a tamed horse obeys you. It is in relaxation that you can listen to music with your whole body, spreading your consciousness over your whole body. The consciousness thus acts as an agent of reception of the music throughout your body.

The next step is to be emotionally very quiet. Different types of emotions in you create different reactions to music, as different waves reflect the light of the moon differently. The ocean of your emotions must be calmed as much as possible with a feeling of joy. When an agitated emotional body listens to music, it creates over stimulation in certain parts and depletion in other parts, and the person falls into a deeper state of imbalance.

One can notice how people take extreme actions, attitudes, or decisions after listening to music in an emotionally tensed condition. Sometimes it is our sorrow or

suffering that listens to music. Sometimes it is our hatred, jealousy, or revenge that listens to music, and they thus become stronger in our nature.

We have in our emotional body the correspondences of gas formations, smog formations, dust formations, cloud formations, and even force formations, all formed by negative emotions. Each of these formations translates the music through its own interest, and the goal of the music cannot be achieved. The goal of music is, first, to create harmony and rhythm.

Every kind of emotion is a whirlpool of vibrations, and each whirlpool reacts differently to music. Some of them are coils of pain; some of them grief, despair, joy, and so on. When one relaxes and calms his emotions, he pulls his consciousness out of the emotional body and lets the emotions calm down, as a lake does after a storm passes. After listening to the music, the negative whirlpools will lose their intensity and begin to fuse with the whole body of the emotions. Some of them will actually disappear.

If you are not physically and emotionally relaxed while listening to music, certain areas of your body will express signs of discomfort, weakness, or even pain.

Bad music should not, of course, be listened to after such preparations. People listen to bad music when they are in physical and emotional tension, are hateful, full of worries, sexually stimulated, or drunk. In such cases, the bad music disturbs their higher senses and makes

them irresponsible persons, indifferent to their duties and responsibilities and to the needs of other people.

The next step is mental serenity, which is the absence of anxiety, worry, fear, superstitions, illusions, and vanity. Let all such tensions depart from your mind and disappear. If you listen to music with mental tension and such mental formations, you will create disturbances in your mental aura because your anxieties, fears, and worries will absorb the energy of the music and become stronger and more violent.

One must thus listen to music with his whole body, with all his organs, as if his body were a huge ear. He must listen to music simultaneously with his emotional and mental bodies. Then he will experience that through his triple nature the music flows — healing, purifying, strengthening, and harmonizing all the centers, glands, and organs — and that the whole personality enters a state of transformation.

You can even listen to music with your nails, eyelashes, and teeth. When you listen to music according to these suggestions, observe for a few seconds how different parts of your body are registering the music. Especially watch people who listen to music in the ways described.

Music therapy is one of the sciences of the future, but it needs sophisticated apparatuses or clairvoyance and clairaudience or vast experience to apply it for healing and for transformation. Some clairvoyants tell us about the unfoldments and color formations going on in the

etheric centers during a piece of music: how a network of rays is forming between the centers of various bodies; how the heart center is expanding and connecting itself with the Chalice and absorbing prana from space. The time of listening to music is a time of Holy Communion with the Higher Worlds.

The eye is also very sensitive to music, especially the pupil and the iris. It would not be an exaggeration to say that good music heals the eyes and bad music causes strain to the eyes. Bad music is responsible for most eye troubles.

One must closely observe the eyes and changes in vision after listening to music. This can be done with children in schools, thus finding the best music to play for them.

Watch yourself and others listening to music while driving a car. Watch the physical body, the emotional expressions, and the mental behavior. You can watch yourself and ask others to report their experiences. If the music does not make you alert mentally, calm emotionally, and relaxed physically, you will find yourself in danger and perhaps you will awaken in a hospital.

In listening to music you submit yourself to chemical changes. Past chemical formations and present chemical formations may agree or disagree. It is you who will intelligently control the chemistry of your body, emotions, and mind. Certain combinations are destructive and explosive. Certain combinations are healthy and beneficial. Through observation you will eventually learn

to produce a better chemistry in your system. This is very important because it is through the chemistry of your body that you can control the planetary, solar, and zodiacal influences.

During the full moon, when you know what kind of energy is more influential in the sphere of the earth, you will create the chemistry in your nature that is harmonious with the incoming energies. This chemistry can be created with the proper high-level music that not only produces the needed elements in you but also helps to create a new chemistry between you and the Rays of the ruling signs.

Steps for Listening to Music

1. Physical relaxation
2. Emotional quietness
3. Mental serenity
4. Elimination of worries and anxieties
5. Concentration on the music, following its moves and listening with your entire body
6. Visualizing that the music is purifying your etheric, astral, and mental bodies
7. Visualizing how it is coordinating, healing, and tuning all your vehicles
8. Visualizing how you are building communication lines with Higher Beings

Listening must not be longer than ten minutes. At the beginning, even six minutes is too much. When the music ends, sit quietly until your aura settles down.

After six months of experience with music, you can do the following:

1. Continue to listen to music in a relaxed state.
2. Dance or do movements to it.
3. Read, write, or paint with music.
4. Talk or give a lecture while music is playing.
5. Eat with music.
6. Embrace someone while listening to music.
7. Pray or meditate with music.

It is recommended that you do not play music while you sleep. It may stimulate your brain and create associative disturbances. It may also keep you on lower planes and not let you engage in your higher responsibilities.

In the future, a kind of music will be composed that can be used to assist your withdrawal from the body and to raise yourself into higher spheres. Such music will be composed by those who are knowledgeable about astral, mental, and spatial music.

The location where you listen to music is very important. It must fit the music and also your goal in listening to the music. The location must be restful, comfortable, beautiful, and quiet. You can also light candles. You can listen to music near the sound of wa-

terfalls, rivers, oceans, or wind in the trees. Play the music softly.

Ways of listening

It is important that people not only listen to music but also use music as a means of unfoldment and as an expression of consciousness. There are many ways to listen to music:

1. One must learn how to hear the music in a color, visualizing notes as a sequence of colors, colors that are not usual.
2. One can visualize these colors in various geometrical or natural forms of flowers, then petals and colors.
3. One can visualize geometrical forms in harmonious movement with each other.
4. One can visualize fragrance emanating from every note.
5. One can visualize a beautiful dance in harmony with the music.
6. One can visualize a process of purification, healing, and sublimation of all vehicles, through music and of contacting the Inner Core.
7. One can visualize some mysterious ceremonies and rituals for spiritual attainment.
8. One can visualize in intense concentration a transformation process through music.

9. One can visualize through music a beautiful change in others and transformation of their nature.

In doing such visualizations you will discover more advanced uses of the music that will enable you to create, to purify, to heal, and to contact higher sources of guidance and inspiration not only for yourself, but also for those whom you love or for those whom you aspire to transform.

What music does

1. Music has the power to dispel old elements and forms. Combined with thought and visualization, it can be a potent way for creative work. You must choose music that fits your visualization, not music that agitates your emotions and disturbs your visualization.
2. Music also helps you attract purer elements into your nature, destroy the old thoughtforms, and stimulate latent seeds of beauty.
3. Music creates communication with your Solar Angel and with those beings who watch your evolution. Music is so important that dark forces do all that is possible to make people use it as a means for degeneration. It is very important to learn how to listen to music in deep concentration and involvement.

- 4 Music can also help you detach yourself from your bodies and pass on to higher planes of existence. There is special music that helps you withdraw when your vehicles are prepared to let you go.

All universal creativity is carried out by music — inaudible to our average ears.

All forms are embodiments of music. Beauty of form is the result of harmony of sound.

Musical Instruments

1. Wind instruments affect the emotions.
2. Brass instruments affect the etheric body and the emotions.
3. Strings are *kama-manasic* in nature; they affect the higher emotions and lower mind.
4. Piano music affects the abstract mind, the atomic level, and also the lower or concrete mind.
5. Drums affect the etheric centers.
6. The santur affects the emotions and the Intuition.
7. The harp affects the subconsciousness and the Chalice.
8. The voice can act on all levels, according to the level of the singer or the listener.

It is also possible to impose on various instruments your own level, or to misuse them for different ends.

After a long experience in good listening, you can experiment with various things, for example:

1. You can concentrate on flowers and trees and energize them.
2. You can concentrate your mind on your friends to comfort them, to heal them, to uplift them. You are transmitting not the music but your elevated thoughts for healing, comfort, and beauty. Music has the power to amplify your best thoughts.
3. You can think of a certain animal or of animals as a whole and send them your love and compassion.
4. You can send thoughts of peace and understanding to space.
5. You can send thoughts of peace to certain conventions and meetings while listening to music.
6. You can build your continuity of consciousness and attempt to contact your Soul, higher planes, even your Master while listening to music.

The main rule is that you will try always to be in your tower of calmness, peace, and serenity to be effective. Involvement with problems, emotionally and mentally, destroys the effectiveness of your work. This is why these things must not be attempted until you really know how to listen to music.

One falls into glamors if he is focused in astral consciousness.

A man who has reached perfection in three levels and is fused with his Soul is a unique manifestation of music. This is a factual statement and not a mystical dream. All the organs, glands, centers, and systems eventually develop their proper frequencies and integrate and align. They first produce various melodies. Then the symphony emerges. Thus a man becomes a living music in Nature.

Of course, the evolution of man does not stop there. As he advances, he becomes a part of solar music, zodiacal music, galactic music.

If once our ear opens in higher states of consciousness, we will see that the whole Creation is music that is based on three concepts — harmony, unity, and synthesis — and that to act against these principles creates disturbances with painful consequences.

Music is called the language of the gods. It is so beautiful to remember a statement made centuries ago — “God sang, and as He was singing the Archetypes of all manifestation began to appear in space.”

Manifestation is densified music.