



# OUTREACH

PROVIDING PRACTICAL TOOLS FOR ETHICAL LIVING • FEB 2019

## TSG's New Symbol of Community and Creativity

by Gita Saraydarian

We have adopted the new name, *TSG Foundation Center for Spiritual Development*, to be our full name on our new Center. Our new building will also house the *Torkom Saraydarian Library* and *TSG Spiritual University*.

We chose this new name after deeply thinking about what is our purpose and direction as we move into a new reality for our work.

We updated our logo to reflect the changes TSG has undergone in the last 31 years. The logo is made up of multiple parts inspired by the wisdom contained in the *I-Ching*.

There are six meanings in this logo. Part 1 is made up of two lines that form the bridge. *The Bridge* is a powerful metaphor that connects, builds, allows us to travel and communicate.

Part 2 is the *S* on the left side combined with the three lines just under the bridge. This signifies creative power. *The Creative Power* inspires our work at TSG and flows through everything that we do.

Part 3 is the *G* on the right side combined with the three lines just under the bridge. This signifies community.



*Community* helps us to use the power of the group to reach new levels of consciousness.

Part 4 is the container that is the bottom of the logo and its lines extend up to the bridge. *The Container*, a symbol for our Group Chalice, holds the Creative Power and Community together. This means that we build our group consciousness as the TSG Community through the Creative Power of the universe.

Part 5 is made of two triangles holding the container that are slowly becoming part of the circle. The triangles formed from squares and now forming into circles symbolize the changing rhythm of our work.

Part 6 is the complete circle of the logo. The overall circle is the symbol of unity and oneness.

This is a powerful symbol that synthesizes our work and our mission.

## LETTER FROM THE EDITOR

### Define Discipleship

by JB Maza

Thank you to those who wrote to us about how much they appreciated the *2018 Outreach: Anniversary Edition*. The entire editorial team put so much heart and soul into the pages. It means a great deal to see our work recognized.

This issue of *Outreach* is focused on exploring what it means to be a practicing disciple of the Ageless Wisdom. Torkom defines a disciple as “a man or woman who is dedicated to a great service for humanity, to expand the consciousness of the people, to lead them into the path of creativity, survival, unity and beauty.” (*Psyche and Psychism* p. 1048).

The commonly heard mantra, “New Year, New You,” only applies if we take initiative. As we begin 2019, let us shift our energy from a strictly internal focus to also include the external. To be dedicated to the great service of humanity, we need to think about what it means in our daily life to be a practicing disciple.

Think about this during your daily meditation. Let us know what you discover by sharing on TSG's Facebook page ([facebook.com/tsgfoundation](https://facebook.com/tsgfoundation)).

Together as a community, we can all work toward discovering the disciple in each of us. Let us showcase to the world what indeed a practicing disciple is.

Connect with TSG    [info@tsgfoundation.org](mailto:info@tsgfoundation.org)

## Reflection on Faith

by Joanne Thurmond

Faith is accepting Divinity.  
Uniting with Divinity. Simplicity.  
Steadfastness. Trust.

When I have faith, I have confidence in myself and in possibilities. I believe that goodness will prevail in the world and that my life is adding to that goodness. I believe in the return of Christ and uphold that vision. I have confidence in others, in the help of Hierarchy, and in a wonderful future.

I can increase my faith by proving to myself that I am capable and by remembering no matter what circumstances I have found myself in, I have always had what I need. Knowing that I am a part of life, and nothing, absolutely nothing, can separate me from life increases my faith.

Life is a process of unfoldment, discovery, and detachment. Thinking of the martyrs who have died for their faith, my own faith grows. They are an inspiration. If they can die in order to stand by their conviction of divine truth, then surely, I can give up my ego for the sake of being true to my Real Self! And finally, I remind myself that the Teaching has never misled me, that Hierarchy is here to help, and that humanity is not alone. This strengthens my faith.

The light within the following poem from an unknown author has been the helping hand of my life since I was about five:

“There is always somewhere a mountain, where a wind-lifted bird can fly. There is always a beckoning star, in the darkened dome of the sky.”

Always.

## Building an Ashramic Group: Discipleship and Leadership

by Tonia Schwartz

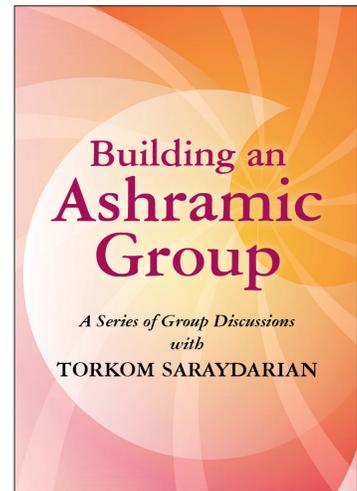
In the new book, *Building an Ashramic Group*, Torkom writes that his first goal is to prepare the group for leadership consciousness so that we are able to exercise discipleship-leadership in our individual, family, and group life.

Discipleship-leadership is continuous striving toward a vision for all of humanity. That vision is a personal challenge to examine every aspect of our personality.

Becoming a practicing disciple is a lot like raising a child. In observing my grandchildren, I am reminded that they need to learn everything from the ground up. They may have natural inclinations and talents but need the opportunity and encouragement to develop and express themselves. In this way, every learning experience becomes a skill to master and does not diminish their value as a person.

Our personality needs retraining from our life experience up to this point and from all our hidden programming. This requires continuous effort, love, and patience. Our inner child needs the same love and patience to rebuild our self-image on the foundation of our spiritual principles.

In working on this book, I was reminded that Torkom was planting seeds for the future. He wanted to present ideas and a vision that would germinate and bear fruit when the conditions were ready.



We have the opportunity to be the flowers of those seeds when we read and study this book.

In every chapter, Torkom presents an expanding view of discipleship. Layer by layer we are able to see and identify with our future potentials. Studying this book is a rare opportunity to really understand what it means to be a practicing disciple in daily life and how essential it is to express that quality in a group.

Torkom created a vision that has stayed with me. TSG is an expression of his vision for a group. When we study this book as a group, we can grow into the vision he has created. *Building an Ashramic Group* is a vision and a blueprint to create a group soul that can function as a transformer of higher energy and radiate that energy to inspire humanity and leaders all over the world.

**Building an Ashramic Group**

available on

[tsgfoundation.org/online-shop](http://tsgfoundation.org/online-shop)

## DISCIPLESHIP WORLDWIDE



*TSG in India:*  
Sai Nandan Reddy



DISCIPLE:

शिष्य  
HINDI

discípulo  
SPANISH



*TSG in Peru:*  
Margarita Lay

Sai Nandan Reddy joined the TSG Community in 2016. He first joined as a student in the 5-year Stepping into the Teaching program. Sai's enthusiasm was apparent when he spoke of opening his own center in India. Sai has achieved his goal! He is the director and founder of the *Initiatic School & Publications* in Hyderabad, India. Learn more about Sai and the Initiatic School at [initiaticschool.org](http://initiaticschool.org).

### Aspire to be a Disciple

by Sai Nandan Reddy

A practicing disciple is joyous as he is investing his valuable time towards working slowly but steadily towards knowing himself and actualizing his divine inner potentials. Being a practicing disciple is not a ten minute or forty minute job, it is a 24x7 job.

#### Discipleship in Action

During the past two years in the months of October and November, we were fortunate enough to purchase and import hundreds of Torkom sir's books from TSG Foundation to India. These books are a treasure for those who are serious enough to strive and transform themselves and inspire others toward leading a spiritual lifestyle. I heavily recommend Torkom sir's literature.

#### Establishment of the Initiatic School & Publications

I was inspired so deeply by the Teaching and its simple presentation by Torkom sir that I wanted it to be available to all who truly want to transform

*continued on page 4...*

Margarita Lay joined the TSG Community when she began the 5-year course at TSG Spiritual University. Margarita has studied the Teaching for over 20 years. She and her husband, Raul, founded a spiritual center called *Centro Nina Pukio* in Lima, Peru in 2004. Their mission is to help all seekers to light their spiritual fire in order to enlighten their way as well as others. Learn more on their Facebook page ([facebook.com/centroninapukio](https://facebook.com/centroninapukio)).

Margarita heads the TSG Spanish Translation team, consisting of dedicated volunteers in five countries. You can contact Margarita regarding Spanish translations at [margarita.lay@ninapukio.com](mailto:margarita.lay@ninapukio.com).

### Discipleship In Practice

by Margarita Lay

The main duty that comes with discipleship is to serve. We need to serve the human kingdom so other human beings can climb the mountain of consciousness and have a broader view of real life. Implied in this service is the disciple's responsibility of spreading the Teaching so it becomes available to all who want to be nourished by it.

After completing the five-year training program offered by TSG Spiritual University, I felt the need to help spread Torkom's views and his practical approach to the Teaching. While Torkom's work is monumental, little of it was available in Spanish. Therefore, I offered Gita my expertise and skills. With her approval, an enormous job was started.

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## Money Matters: Shipping Abroad

by Debbie Moshenrose

People often wonder and ask how they can help us in our work.

Some of you may not know that TSG has a great amount of Torkom's books in storage. There is also a great need for this wisdom all over the world. For example, there are groups in India who follow TSG and reach out to us for this wisdom, but the cost of shipping the books to them can prove a huge burden.

One way of helping sincere students is to donate to the *TSG International Brotherhood Fund*. This fund is used exclusively to ship books overseas. Last year, we shipped over 550 books, booklets, and DVDs to India. The cost of shipping these 41 boxes was \$3,580. This is a heavy burden for those striving students in other countries who need books in order to study the Teaching. With shipping rates going up again in 2019, we need your help more than ever.

I am setting a goal of \$10,000 for the *TSG International Brotherhood Fund* to cover the cost of international shipping for our overseas students. With this support, we can send many books to wherever they are needed.

Getting more of Torkom's books from the static state in a warehouse into the hands of those who will use the energy of his work constructively is a service opportunity I embrace. This is what it means for me to be a practicing disciple in the world.

Won't you join me? Go to [www.tsgfoundation.org/donate](http://www.tsgfoundation.org/donate) to donate to *TSG Int'l Brotherhood Fund*.

## Aspire to be a Disciple from page 3...

themselves, their families, and humanity. This inspired me to establish a center for personality and spiritual growth in Hyderabad, India by the name *Initiatic School* in May 2018.

The school's vision is to help individuals develop group consciousness through inner transformation. In this regard, we approach individuals, corporations, schools, and government institutions to introduce them to Meditation and Ageless Wisdom.

We have also incorporated *Initiatic Publications* to make available the Teachings of Torkom sir across India in multiple languages.

I am thankful to masters, my co-students and well-wishers toward helping me purchase a permanent center for *Initiatic School & Publications* this year.

## Discipleship In Practice from page 3...

However, the disciple always finds obstacles in his/her way. Several difficulties in my day-to-day job required all my attention, so, sadly, I had to drop the project for some time.

The Teaching always finds its way through, so once again the opportunity presented itself and a new level of labor was started. I took the responsibility of managing the translation project, and soon a group of enthusiastic volunteers started to magically appear. The tidal wave was big and strong. The TSG Spanish Translation Team was born.

Although separated by distance, our group of volunteers in five different countries are united by one desire: to help spread Torkom's books to Spanish-speaking audiences.



**NEW SPACE:** The new location of Initiatic School is now in a business district with more public access in Hyderabad, India.

I thank Gita ma'am and TSG Foundation for their support toward *Initiatic School & Publications*.

We dedicate long hours of our personal time to translate, edit, typeset, re-edit, convert files and formats, proofread, prepare the material to be ready to print, and then to be converted to e-books.

In a year, we have already completed 10 books. Several others are in process of translation. A new stage of the project has also been started recently with a printing and distribution agreement in Spain. We expect it to flourish and help our project grow.

Progress has been made! The Spanish editions of *Battling Dark Forces* and *Understanding the Secret Doctrine*, both by Torkom Saraydarian, are now available. Email our Spanish printer, Jose Rubio Sanchez, if you would like to order either of these titles, [jrubio@hiperborea.net](mailto:jrubio@hiperborea.net).