


# How to Celebrate The Wisdom of the Zodiac

Once a month before the time of the Full Moon, dedicated students of the Ageless Wisdom Teachings gather together in the TSG Center or online for inspired reading, discussion, and guided meditation using one Chapter from *The Wisdom of the Zodiac* collection of books by Torkom Saraydarian.

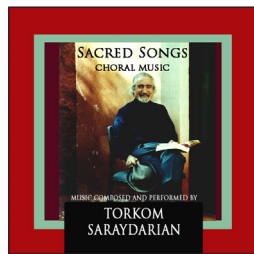
## 5 Day Full Moon Period of Virgo

Wed, Sept 11	Thurs, Sept 12	Fri, Sept 13	Sat, Sept 14	Sun, Sept 15
2 days before full moon	1 day before full moon		1 day after full moon	2 days after full moon

Follow these four steps each day of the full moon period



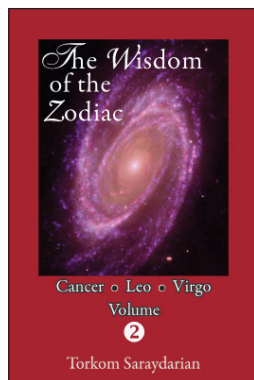
**BREATHE**



Take three deep breaths. Listen to “Om Mani Padme Hum” from *Sacred Songs* to center yourself.



**READ**



Read chapter 41 “Twelve Petals of Love” from Torkom Saraydarian’s *The Wisdom of the Zodiac*.



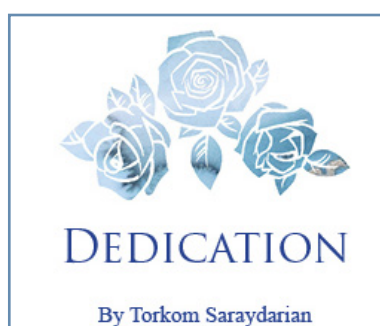
**MEDITATE**



Follow the discussion and guided meditation by Gita Saraydarian.



**RADIATE**



Click here and say the Dedication Mantram to end each session.