

Human Nature

Conscious Living & Spiritual Balance

By Torkom Saraydarian

A Few Words From The Publisher...

We begin Chapter one with a simple and yet profound statement by Torkom Saraydarian:

We speak about Nature as if Nature were the oceans, the lands with all their inhabitants, the animal, vegetable, and human kingdoms, the stars, energies, and forces. But we fail to think that nature — the whole of Nature — is a conscious Entity, which has its intelligence, compassion, and direction, has its Plan and its Purpose. (p. 31.)

Later he asks:

People are living in this world as if they are enemies of each other. How can such a world survive? (p. 29.)

We all know this. Yet, we negate it in many of the choices we make every day. Torkom reminds us:

Negation is an opposing attitude, in which your consciousness repels anything that may release your light and lead you toward responsibility.... Often, we even negate the facts, the truth, the beauty. This is the most dangerous action because it creates division in our psyche. In one part of our psyche we welcome facts, truths, and beauty, but in another part of our psyche we reject them.... (p. 279.)

In every page, Torkom prods us and challenges us to take a clear look at our nature, our daily physical, emotional, and mental behaviors. He holds us accountable for the results we see in our life. It is not a mystery that we end up having the life we work to have, by omission or commission.

In his customary way, Torkom puts us on the path of seeing the organic whole of life, the truth, the hope, the glory that awaits us. As the life of humanity becomes more

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HUMAN NATURE

closely intertwined, we see the deep ideological rifts that are tearing humanity apart. We are both uniting with others and, in the meantime, rejecting each other. We are separating into vicious factions of hate and mistrust and, we are forming numerous and powerful organizations that benefit all humanity. On the one hand, we are experiencing sublime connections with all of life and Nature, but on the other hand, we are killing each other by fomenting intense hatred and separatism and polluting the very earth we walk on.

The contents of these pages will guide you step by step to making conscious choices in order to live in the whole of Nature, to become whole. These Teachings will help you discover how your human nature led you to the life you have and how that very same nature, with a few energetic changes, will lead you to the life that you want. These Teachings will guide you to see yourself woven into the nature of life itself and help you find that inner and outer rhythm. You will be able to see through the hopelessness, pain, loss of faith and move into the energy field where you can build the solid foundation of mastery over the turbulent seas of life. You will be able to find your true Core through the steps outlined in the Chapter titled “Core Ritual.”

Torkom clearly defines the path that lies ahead for all of humanity and the methods that future generations will employ in their life. In the future, outmoded personality methods will give way to soul inspired methods and people who are connected to their Core will lead the way.

As we consciously embrace the unity of all life, of all peoples, and the existence of spiritual guidance and spiritual achievement, we human beings will begin to take a more conscious path to living in the whole of Nature and achieve true mastery in rhythm with all of life. All life is the manifested God and we can live in that divine manifestation in conscious awareness.

What are the steps leading us to this path? Know our emotions and feelings; understand how to relate with life; build faith through the flame of the heart and think in terms of long-term benefits for your future; learn to relax and discriminate and make right choices in the process of illumination; learn the core values and discern the transiency of some values; learn to distinguish between destructive ego worship versus the principles of a true human being; learn how to see truth and not deny truth and recognize the forces of hatred and imbalance. And, in a most outstanding Chapter titled “Core Ritual” Torkom

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A FEW WORDS FROM THE PUBLISHER

describes a ritual that will cement in our minds and hearts the values of our Core. These are just some of the topics that will guide you step by step into greater light

The Chapters in this book represent Torkom's unpublished essays, lecture transcriptions, and notes and thoughts on the nature of the human being and the place of the human in the greater Nature. Where the dates were available, the Chapters are placed in date order. Where dates were not available, the material was placed where it fit best in the narrative.

We hope you enjoy this book and read it many times and put into action its insights and wisdom. We live in one world; we are one in the golden chain of life. We can no longer tolerate the divisiveness in our life. We do have a path of conscious living and mastery. Torkom provides this guidance so we too can lift ourselves from hopelessness to hope; from faithlessness to faith; from conflict to the immensity of the flame of the heart.

It has been a true intellectual and spiritual joy to complete this book and present it to the world. As you read this book, stop a few moments and think what a key sentence means and then radiate it to the world. Reading these pages is an immensely important service that we can perform every day and make a difference every day in our personal life and in the life of humanity.

Gita Saraydarian
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