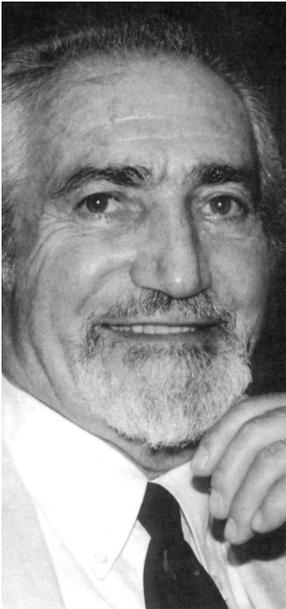


July / August 2004

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## Avatars - Revelations of God

*The following excerpts are taken from the newly released book by Torkom Saraydarian titled **Avatars: Revelations of God**. In this magnificent book, Torkom describes what are Avatars, where do They come from, why do They come, and how we invoke Their help. Avatars was recently released with its companion book **Initiation: The Path of Living Service**. These two subjects provide seminal studies in the Ageless Wisdom. We hope you enjoy the selections in this issue.*

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### Part I: What is an Avatar?

The great mystery which we call God, or the One we do not know, expresses and unveils Himself age after age through great Revelations — and these Revelations are called Avatars. They are not actually human beings. It is the Revelations that we call Avatars. Of course, the Revelations are done through human beings or through some who are greater than human beings. But the Avatar is the one that unveils the great mystery, age after age, deeper and greater mysteries, until one day the whole mystery is unveiled. This lesson gives a great hope to us that Divinity, that unknown factor in the Cosmos, will gradually let us know Who or What He is.

As we know Him, we will become like Him. If we know Him five percent, we are five percent like Him. If ten percent, then ten percent like Him; if fifty percent, then fifty percent. When we know Him as He is, we will be like Him. This gradual and progressive unfoldment is done through steps called "Avataric Revelations."

There is also the One in us, the unknown factor, which tries to reveal itself age after age.

For example, at first the human being was a baby in consciousness. As his knowledge and beingness increased, he became more like the One within him that is his Solar Angel, Spirit, Soul, the unknown factor, the mystery in man, the inner glory. That great something within us is known age after age. And as it reveals itself, man is becoming the unknown factor.

As it is happening in the great Cosmos, it is happening also in man, in the animal kingdom, the vegetable kingdom, and the mineral kingdom because all these kingdoms are the body of that unknown mystery that is revealing Himself to Himself. There is no separation. If we say, for example, man is revealing himself to God and God is revealing Himself to man, it is wrong because we and all the kingdoms are the flowers on the big tree. As the tree is blooming, the flowers are blooming. The whole body is revealing itself to itself. At each step there is a Revelation, a greater Revelation — an Avataric Revelation.



Sonoran Desert-Cave Creek, AZ

Avatars...Cont. from page 1

Avatars are the Revealing Ones, the Coming Ones. It is a Sanskrit word, often translated as "the Coming One," but it is not that He is coming from somewhere and going someplace. In the deeper metaphysics, there is no time and space. He is there, a grand, big Totality. In that Totality, everything is there. It is not the Coming One. It is the Revealing One.

It is just as in the springtime. At first the buds are little and you watch how they are slowly opening and blooming. Each step is a revelation, with greater radiation, greater beauty, greater depth and knowledge. Divinity is revealing Himself to Himself. What are Avatars? They are symbols of these Revelations. I am talking about the esoteric meaning of "Avatars," not the popular explanations.

All of these Revelations are coming. For example, Christ, Buddha, Sanat Kumara are nothing else but the mediums of Revelations — or the bodies of the flowers through which the tree is blooming. They are the spirit of the tree. And this is true not only in our solar system but also for the whole Cosmos. If once it were possible to fly away and away and away to see the whole of creation, we would see that it is like a Lotus that is blooming, a great Lotus in the deep, unlimited space, blooming and radiating in ever more beauty and color and music.

The human being in this Lotus is a little atom. Even our solar system is an atom. On that atom, the human being is an atom. Where is the place of the human being on this atom? Well, you can imagine! As we learn this, our little personal problems melt away. Who are you?

But because man is able to know this mystery, therein is the beauty, the greatness of the human being. You can visualize this great depth of space and the Lotus that is blooming. From the lower place to the highest levels of consciousness and to the mysteries, we can visualize levels of which we know nothing. As it is hidden for us in the human being, what about the Hidden One in the planet? What about the Hidden One in the Cosmos? This is the beauty of the unity of all Nature. "The sons of men are one and I am one with them."

And not only the sons of men but everything is one. The Whole is one.

Once a Sufi spoke to friends and said, "I am going to meet God today," and everybody went away and

hid to see how their teacher would speak to God. He went to a beautiful tree, kissed it, and started to look at it and sing. It touched him through its beauty; he was in ecstasy — the great mystery.

The Avatars are those great beings who are bringing the Revelations. They are not the Revelations themselves. They are revealing the Great One that is in all of us, in our nature. For example, a great concept of art can reveal itself through a dance. The dancer is revealing the great beauty that is in the mind of the great art.

For instance, when there is a great concept in the mind of an artist, he can create it into a dance. And as the dancers dance and the music plays, a greater depth of consciousness is expressing itself through all the movements and elevating your consciousness to the concept, the idea that gave birth to all these moods, music, colors, dresses. This is an Avataric Revelation. As we go forward, we will learn more about them.

**Question:** Can we scientifically prove we are one with the Universe?

**Answer:** Yes, science says that nothing can be lost or added to creation. Everything is one existence, as is your body. But of course there are gaps and these gaps must be filled. For example, there are gaps in the human being. You do not know what is happening in higher levels. Once you build the Antahkarana, the bridge between the higher and lower, you will learn to know.

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### TSG Mission Statement

*The purpose of TSG Foundation and The Torkom Saraydarian University (operated under the auspices of T.S.G. Publishing Foundation, Inc.) is to be a pathway for self-transformation based on the Core Values and Higher Principles of the Ageless Wisdom. We offer a complete line of spiritual products and services, including intensive spiritual training on site and by correspondence. T.S.G. Publishing Foundation, Inc. is a nonprofit, tax-exempt organization.*

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What is telepathy? It is one step forward toward Unity. All the communications systems of the world are the symbols of Unity. For example, China and America did not communicate for many years, but now you can watch both on television. The world has become so small that we are able to communicate with the world. One day we will have a television that can watch whatever we want and have a telephone that can communicate with ten people at one time. The space ships that are going to the moon, Venus, and Mars are the outer communications factor. Man is proving the Unity of the great existence.

There is a mistaken belief that Avatars belong to religions. It is not true. They are from all fields of knowledge. All experience is as their own. They are the ones who are able to reveal more and more. The financial ones can reveal that part of the mystery. Scientific Avatars are building the same house — one the roof, another the door, another the cellar — but they are building one great mystery.

Muslims believe the Great One is coming and He is the Mahdi. In Damascus there is a great mosque, a masterpiece of beauty. When you enter you lose your mind — it is so beautiful. All the vaults are made of green mosaics. There is a great peace in it because the Great Ones come from the Druse Mountains to worship. The Muslims say that He will come and reveal Himself, but they do not call Him Christ. They call him the Imam Mahdi, the Highest One, the Loving One. The Kalki Avatar is the Buddhist name for Him.

So we always say, "Think about each other achieving greater things." You are conditioning, opening a beautiful blueprint that I can reach. It should not be limiting. For example, I will think about Marie and say, "She will be a great source of power, light, love, and realization — unlimited realization." If I say, "She is going to be a teacher and teach arithmetic," I am limiting her and forcing her to grow where I want her to go. I can say, "She will be a great server." In what way? In what field? That depends on her choice.

In my mind this higher "conditioning" creates a different picture. This "conditioning" is like a vacuum. For example, if you peel a hard-boiled egg and set it on the opening of a bottle from which all air has been removed, the vacuum pulls the egg into the bottle. In the

same way, you have a mental ideal. A vacuum is created when the Master envisions that ideal, and you grow toward it.

In the past we learned that we must obey the Masters and our Soul, but this is no longer a right teaching. The real Soul, the real Master in you never forces Its will. On the contrary, It conditions you so that you bloom as you are. If you are a seed of a lily, They produce the Light with fertilizing powers and energies and you bloom. They do not want a lily to be a rose. No. Stay a lily. They never force. That is why we are in the age of freedom.

Do not force people. Let them grow and condition their own growth. Let them choose. The Soul suggests, never forces. I saw a beautiful picture expressing this concept. A little child was walking on a mountain path when he saw a beautiful flower on the edge of the cliff. He looked down, afraid, but the flower is so beautiful that he wants to hold it. Then he looks back on the path and sees an angel holding a more beautiful flower —and he follows it back to the path. This is conditioning, not force. The Soul never orders. The great mystery reveals itself in percentages. It is not possible to reveal the whole because of the level of human achievement.

Compassion is the greatest magnet in the Lotus, attracting every atom in the Universe toward the center, to transmute each atom and unfold it to its fullest beauty. That inner nucleus, which we call Divinity or the unknown Mystery, is within each atom. And because He is within each atom, as Himself, He is collecting Himself to the center. He is blooming and revealing. That is compassion. It is attraction to the center on a gradient scale, sublimating whatever you are. The Self of the Unchangeable One is compassion. It is Him. Compassion is even higher than the Law of Attraction. Every pilgrim, every atom will eventually find the Path that will lead Home because the One sitting in the Home is calling, attracting, bringing him toward Him.

The Tibetan Master says, "When We say 'Christians,' We do not mean the followers of the Christian religion but all those who sense the love nature of Christ and work and serve for human upliftment. Those who call themselves Christians but do not do as Christ said are not Christians. Those who are Buddhists, Sufis, etc. and are doing what Christ said are the Christians."

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If we have not turned our sensitivity to the higher energies, we cannot absorb them. It is a matter of receptivity, discipline, purity. When the mind is completely pure, there are no destructive or conflicting energies, no patches of clouds of fear or jealousy. And if the emotional body also is pure, radiating love, respect, serenity - only such a nature can be ready to receive such energies.

One day I asked one of my friends, "Why was your shop burned?" He said, "You know, it was the electric wires. When we turned on the electricity, there were some cracks and everything was burned." What was the matter? Spiritually, the energy was passing through the wires, but because of the cracks it did destructive instead of constructive work. If in your nature some high level of energy is entering through you and you have gaps or cracks in your nature, your nature can be destroyed. So, in advanced classes, people must be watched consciously. Is there any little crack in the nature of this woman or man that could be disastrous if the incoming energies are increased?

This group is the very same. We are trying to build it safely. Sanity is the goal. It can be done if the energy is controlled and if, before the energy passes through you, you heal your wounds and cracks. Learn slowly and digest it well. Whatever you are learning, go slow. It takes the acorn centuries to become an oak. Go slowly but surely.

(Excerpted from Chapter 1, "What is an Avatar" from the newly released book *Avatars: Revelations of God* by Torkom Saraydarian, pp. 11-22. All Rights Reserved.)

## Part II: Your Origins

If you are depressed, you should immediately sit and think of your origin. It takes you out of your physical, mental, emotional glamor, and makes you so safe and happy that nothing can shake you or destroy you. Sometimes it happens that if you touch within yourself your real, original Spark (the monadic Spark), you see suddenly that everything is vanity, glamor. Nothing is reality. It is like a dream that comes and passes. But keep your equilibrium. For example, there are cracks in the "I AM" movement. In thinking too much about the origin, you lose your equilibrium in the physical life: "Let my bed stay like that. Who cares?" Your equilibrium is lost.

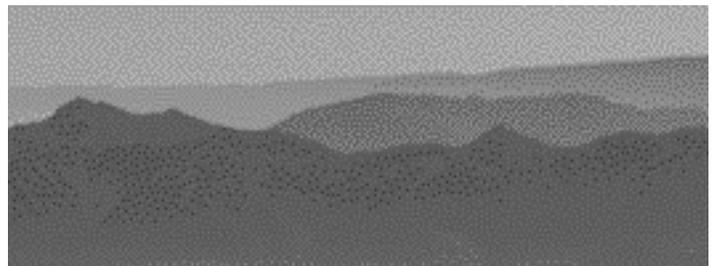
Not too much knowledge but becoming, transforming is the important thing. This is what keeps you healthy and normal. Always be natural. Keep naturalness in yourself. You can see some groups are very serious, very awkward, very cracked. They are one-pointed fanatics. This is not for our groups. We want balanced persons who know how to enjoy everything and see greater meanings in them. This is the balanced life. This takes you into happiness, joy, and bliss. All the fanatic ways have no place in life. This is the monastery — the life. It is a convent, a school. Here you will learn and lead a balanced life.

For instance, if you are a one-dimensional man eating an apple, you enjoy the apple one dimensionally, just for your stomach. If you are two-dimensional, you enjoy it in greater depth; if three-dimensional, it has greater depth even though you are still eating the same apple. Why did Christ say, "I brought you life more abundantly?" You are a being, a mechanism with seven layers that is going to enjoy the Cosmos with the whole of you.

In Asia, for example, you see a man sitting in a corner meditating for hours, really cracked. And you see another man completely occupied in building his bank account — money, money, money. He cannot enjoy his wife, movies, dancing, reading, sermons, lectures, and music. That money is all. From both sides we must run away. We want balance — like a beautiful body where everything is moving in an orderly, balanced way.

Develop a right relationship with your origin. Then you are building right human relationships. Jesus said, "You cannot love your Father without loving your brother." You cannot love God and hate His creation. You must love all — the birds, cats, dogs, elephants, everybody. He knows how much to love also. God is within you. Love is a sense of unity.

(Excerpted from Chapter 3, "Your Origins" pp. 33-34. All Rights Reserved.)



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## Wesak Conference Journal:

### 2004 Arizona USA

By John Dumigan

Flying over Phoenix at night I could see all the lights of the city like Christmas lights spread out over a wide area below in a large flat plain resting between mountain ridges. I could spy many buildings below as I got closer to Phoenix and I wondered where Cave Creek was? I was very excited, as this was also my first visit to the USA.

I was surprised to meet Gita at the airport, as I was expecting Steve, we drove for forty minutes north of Phoenix to the retreat centre. We talked non-stop in the car and I was safely deposited to the retreat centre and straight to bed and awoke at 5am with the sweet sounds of the birds as my alarm call. I went for a walk to "get my bearings" before breakfast at 8am and met a man near a shop who greeted me, "Howdy!" Yes, this was America.

I was in cowboy country, in the 21st century. It was familiar yet different. Everything was in colour—in bloom; even the cacti had flowers, which the birds were feeding from. The trees had softer, gentler shades of green-yellow flowers with green and lemon yellow leaves, a contrast to the vivid blue sky. There were no clouds to be seen. Humming birds, light grey doves, and vivid red Cardinals were also new to me. Little lizards and road-runners scurried across the paving and into the bushes on my morning walk. It was already getting hot.

At breakfast I met Catriona (from London). It was strange to meet so far from home in idyllic settings. Many times I was so busy talking that I had to hurry and finish breakfast before nine. The food was organic and wonderfully prepared. Thank you Helmut, the wonderful chef. We were sitting amongst many nuns from all over the world who were also having a conference. They wore bright and pastel coloured skirts and blouses and looked relaxed. Yes, they were modern nuns!

The view from the window was fantastic, we looked out across to Black Mountain, over one thousand feet high, rock strewn and rugged, it looked as if some giant had thrown mauve and purple rocks and piled them on top of each other. I spied the rocky surface and thought I would like to climb it. On the other side was Cave Creek and TSG, about fifteen minutes drive from us.

The Lutheran Retreat Centre, a non-denomination retreat centre, was the venue for the conference and also our place of residence. There was an office and reception, chapel, conference rooms, library, outdoor swimming pool, Jacuzzi, residential buildings and canteen. We were a five-minute walk from the shops and the large mall where we had morning coffee and bought our food. My diet was changing with all the good food.

There were many hills and mountains nearby, with shopping malls and many scattered adobe style houses in grey, pink, and mauve shades, scattered and clinging to the hills, matching the colours of the desert. Lasse (from Denmark), Catriona and I arrived on separate flights to Phoenix, arriving a couple of days before the Wesak Conference to rest, overcome jet lag, and spend time with Gita and each other. Lasse arrived very late at night with Steve, Gita's husband.

There was so much chat and discussion amongst us all, meeting Gita for lunch, sometimes breakfast that it is already blurred in my memory. One of my favourite places was sitting under a tree with lemon yellow leaves next to the waterfall in the middle of the retreat centre. This was a favourite place to sit after lunch. The sense of time was different too. It had a timeless quality.

Before others started to arrive at the retreat centre, Lasse and I hiked straight up Black Mountain, not knowing there was an easy path up the ridge to the right. As we were jumping from rock to rock and getting stung by giant cacti needles, Catriona and Gita were receiving treatments from an acupuncturist—I think we received more needles!

As we approached the Wesak Conference there was a growing need in me for silence and retreat and to relax in nature. I began to participate in early morning meditation classes and then escape to secret hiding places to read a book in the shade.

The other students began to arrive at the centre, some were from Phoenix, while others travelled from southern California; some from Boston, Kansas City. Others arrived later on in the week.

Friday was a day of preparation. We were preparing the lecture venue in a beautiful small chapel. It had large glass panel windows, which framed the landscape and the large Saguaro Cactus. Steve and his daughter Meg organised the video camera and lighting, Lasse was in charge of the audio equipment and the rest of us or-

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Wesak...Cont. from page 5

ganised tables, flowers and books, leaflets and the general set up. Martine and Tonia were to be at the desk. We anticipated the two new books from the publishers— hot off the press: *Avatars: Revelations of God* and *Initiation: the Path of Living Service*, which arrived on time!

Saturday morning was busy. We met everyone at breakfast. All was set. We begun with a candlelight service and a pledge followed by two lectures by Gita: "Expansion of Awareness at Wesak" and "What is an Avatar?" based on the new book, followed by a guided meditation called "Group Worship," which I led with Gita.

After lunch we broke into discussion groups, reading assigned chapters in "Avatars" then practised singing. I sounded good in group but not so good alone! It was difficult to follow but we all persisted, I was not used to singing and my voice strained. We followed Heather's guidance and instruction as best as we could.

We sang "Asatoma," "Beloved Lord," "Lead Us O Lord," "O Living Flame," "Om Mani Padme Hum," "I Longed For You." Following the singing was the rehearsals for the dancing. Gita was in her element organising the different steps, the different movements in group formation. I could spot the former dancers, Gita, Catriona and Petal with their graceful steps. We finished with a simple group ritual called "Worship of Light."

By Saturday night I was tired. I think the energy of Wesak was building. Some of us attended a "Celebration of Dance" in Phoenix, organised by Gita's sister Helena with a few others and met Helena and also Gita's mum.

On Sunday, Steve took the group photograph before the morning lectures. The first was by Vivienne on a difficult and obtuse teaching "Five Kinds of Avatars." Vivienne had a very gentle lecturing style, she stood quite still as she presented the ideas as they gradually unfolded in their complexity. Gita followed that by the lecture "Avataric Appearances" and gave some examples throughout history, this was followed by a guided meditation which I gave from the book "Christ: Avatar of Sacrificial Love," called "Meditation to Contact Christ." Sunday followed the same pattern in the afternoon, building on what we had practiced before, ending in a ritual called "End of Day Ritual."

Most nights became quieter, with time for rest and relaxation and in bed by nine, sometimes earlier. I wasn't sure if it was because of the heat and climate, Wesak, or perhaps due to the dark night. Dusk was about 8pm.

Monday morning, I felt refreshed. I promised myself that I would dive in the pool right after the singing and dancing in the afternoon! The temperature was in the high nineties to one hundred degrees by the early afternoon and I wanted to cool down and have some fun!

Starling gave a lecture, which was a very different style since it involved the group's participation and discussion on the subject of "Avatars in History" reading paragraphs from "Avatars: Revelations of God." I noticed that there was an increased group integration through the singing and dancing and the various discussions.

Tonia followed this with the lecture "The Avatar that is You" which was a challenging idea.

I finished the morning in the chapel with a blessing exercise, "Blessing Oneself" exercise, one of my personal favourites, which was powerful, enjoyable and appreciated by many.

We finalised the singing and dancing for Wesak, moving in groups singing the various sacred songs as we formed circles, triangles and other geometrical forms, thinking of the meanings of the forms and the songs and the invocative power this had during the sacred ceremonies. On Monday evening, Starling organized a group discussion on the semantics and linguistic aspects of "The Great Invocation." It was very educational to see how these series of seemingly simple words can be packed with deep meaning on many, many levels. All of us were deeply involved in the discussion and analysis that Starling provided. I liked the idea of different students sharing their wisdom and understanding to the group, encouraging each other to do the same.

Tuesday was Wesak. This was the day we had all prepared for. We started with a group ritual called "Sunrise worship" facing east. Then we performed the group sacred dances and sacred songs. We were all dressed in white, or black and white for the men. It was beautifully done. It went very well. I was proud of the group, proud that we had left our personalities behind and acted in unison, achieving group integration and unity. Then

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Wesak...Cont. form page 6

each group in turn presented their ideas to the whole group about their readings and discussion on Avatars.

This was a solemn and joyful day. Gita gave the final lecture "What is our response to Avatars?" followed by the Wesak meditation. The meditation was profound and deeply moving.

Gita had a chalice of red grape juice and wafers, which were blessed by the group after the meditation, which I thought was beautiful, then we had Holy Communion. The beauty was in the group blessing, each person participating in that act of purity, blessing, and transformation.

I felt silence during Wesak and didn't want to speak. Soon after this we began to organise all the equipment to take back to TSG where Gita's mum Elisabeth had made a beautiful lunch for everyone. I still remember the beautiful yoghurt drink with fresh mint.

The group sat around a large banquet table enjoying their meal and chatting. I thought that this is what is important for a group to be successful; unity, friendship, support, encouragement, love, brotherhood, sisterhood. In my mind's eye I thought of the Last Supper. I remembered that the Last Supper was also a symbol of unity and sharing, global brotherhood and sisterhood.

Many were buying books and I was signing my prints of paintings. Soon friends were parting, saying their goodbyes, new friendships were formed, many renewed.

This was the first truly International group at Wesak. The group was of many nationalities, of different ethnic origins, from Europe and South America, and different parts of the USA. My dream, the prayer of my heart was for the Teaching to spread to different parts of the world and touch other hearts. I wondered who would be sitting here next year?

I thought the group of students and teachers as a leadership group that could be strong in supporting each other with the pool of talents and abilities available. This is already happening and I believe will continue.

After Wesak, Steve took Lasse and me north to Sedona, on a boy's day out; we drove toward Sedona and climbed in altitude to the red sandstone cliffs and mountain beauty. One cliff was large and bell shaped and we could see planes landing on Sedona Airport runway on a mountain plateau. We visited the old Aquarian Educa-

tional Group building then went hiking up mountains and sandstone cliffs.

This was a place of great natural beauty. We climbed through a pine forest in the heat and met cooler mountain air near the summit. It was one of the memorable moments from many. My mind took mental snapshots of many experiences to remember.

On return to Scotland, before landing, the plane met a grey blanket of cloud. It was raining on my return, yet part of me was still in Arizona. I remember with deep gratitude the friendship and the hospitality of Gita and Steve and everyone else. I hope that some day I can take Steve and others hiking in the Scottish Highlands.

In gratitude

John Dumigan

Edinburgh

Scotland

18th of May, 2004

### Epilogue

During Wesak I asked myself "Is there a revelation, or an insight to help me?" "Is there something I need to know to understand about the Plan of my life?" My introspection led me to the conclusion that I was on the right path in life. There was no bolt of lightning, sudden flash of insight, but a deep confidence that all was well.

In my experience, the energy at Wesak received in group formation, enabled me to move further on my path of unfoldment and self-actualisation, by helping me to overcome habits, increase my willpower, determination, and dedication to my life of service. I have also shouldered more responsibilities and life is leading me in new and unexpected ways. The path of discipleship is full of surprises and challenges, who knows what the future will bring?

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-Enclosed is a flyer regarding our two new books, *Avatars: Revelations of God* and *Initiation: The Path of Living Service*. Please visit us online or contact us for ordering information

-The 2005 Wesak Conference is scheduled for next April. Detailed information will be released in the November / December issue of Outreach

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## Calendar of Events July - August 2004

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### Cave Creek Schedule: TSG Foundation Center

- **Sunday, August 1st, Sun in Leo.** Full Moon lecture and meditation with Gita Saraydarian. 10:00 am to 11:00 am.
- **Sunday, August 29th, Sun in Virgo.** Full Moon lecture and meditation with Gita Saraydarian. 10:00 am to 11:00 am.
- **Summer Schedule:** Our offices are open 10am to 5pm weekdays. Private classes are available in July and August by appointment only. TSU will resume in September.

### Sedona Schedule: The Ageless Wisdom Group

For Full Moon and lecture information call Damon Cati-  
zone: 928-282-3242

### United Kingdom Schedule: TSG (UK) Ltd.

Meditation Courses in Edinburgh ongoing: Contact  
John Dumigan at 0131-228-9101. [jd@tsg-uk.org](mailto:jd@tsg-uk.org)

**Spanish language meditation courses are now available—Contact us for details.**

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