



Outreach

Providing practical tools for ethical living: Publishing • Spiritual Education • Meditation

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Mission

Our purpose is to be a pathway for self-transformation. We offer books, audio tapes and videotapes, classes and seminars, and home-study courses based on the Core Values and Higher Principles of the Ageless Wisdom. T.S.G. Publishing Foundation, Inc. is a nonprofit, tax-exempt organization.

Outreach

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The Future is Ours... The Sixth Ray of Devotion

By Gita Saraydarian

The Sixth Ray is the Ray of idealism and devotion. It governs the field of religion. Sometimes students of the Teaching think this is not a very “good” kind of Ray to have. But when we look at the particular qualities of this Ray, we see that indeed this Ray has essential qualities that are needed in our nature.

“Each Ray has a specific purpose. Knowing about the purpose of a Ray helps you dedicate your vehicles to that specific purpose with the least resistance.

“We must remember that the Center which uses these Rays has only one Purpose. But, also, He has for each Ray a purpose to accomplish — to make the overall Purpose to actualize.

“The destiny of the Sixth Ray Lord is to create warriors on all fields to carry the battle of light, love, and beauty.

“Devotion is one of the strongest energies to enable a warrior to continue his battle in spite of all difficulties.” (*The Seven Rays* by Torkom Saraydarian, unpublished manuscript.)

What could be more important than the quality of devotion? Where would we be if we do not devote ourselves to our families, our spouse, our group, our nation? Greater still, what about devotion to the Higher Principles and moral values, the Great Ones, and so on? If devotion were lacking in our lives, we would not be able to mature into loving and caring adults. We would be self-centered and selfish. Devotion means to think of something or somebody else. It includes the qualities of love, compassion, and affection. A devoted person has to be one

who understands the frailties of the human condition, who forgives, who lets go and continues to strive no matter what happens. Imagine a mother who is not devoted. Imagine a husband who is not devoted to his family. What would happen to our world if we did not have the devoted men and women who give their time, talents, money, and even life to something they truly believe in?

Devotion does not mean obsessive behavior, “sticky” emotionalism, jealousy, or unbearable protectionism. Devotion means to be one with the human hearts and souls in others and give of yourself to the betterment of others in any way that you can.

Devotion assumes immediately that our heart center is open. It has the inherent quality of the ability to identify with, to understand, to be one with another. It implies that we not judge but love; not use the lower mind to reason but the higher mind to find the essence in each situation and in each person. The best exemplifier of devotion was Mother Theresa. She saw Jesus in every wounded person. She gave love and joy to everyone she saw. She saw the face of the Lord in every situation.

Names of the Sixth Ray Lord

Each Ray is governed by a Ray Lord. The Ray Lords are given descriptive names that have deep meaning.

“One of the names of this Lord is *The Sword Bearer of the Logos*. Another name is *Imperishable Flaming One*.

“This Ray is also called the originator of causes which result in changes on all levels.

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Thoughtforms are causal energies related to the Sixth Ray.” (*Ibid.*)

We can well imagine the unbeatable strength and power of one burning with the passion of devotion to a noble cause. Nothing can stop such a person. Nothing will stamp out the flaming heart of a devoted disciple.

As with all the Rays, the person who has this burning devotion needs to be pure and focused so that his devotion does not become sectarian and misdirected to controlling others instead of helping others. We can go wrong with the energies of this Ray when we have no self-confidence, so we try to control others and become egotistical to cover up our shortcomings. Or, we are full of glamors and try to manipulate others into our own wishes and desires. Or, we are narrow-minded and unable to think in our hearts, so we become separative, domineering, and obsessive.

“Those who are working on the path of the warrior must be extremely careful not to engage in the vices of this Ray:

- Selfish and jealous love
- Over-leaning on others
- Partiality
- Self-deception
- Sectarianism
- Superstition
- Prejudice
- Over-rapid conclusions
- Fiery anger

(*Ibid.*, and A.A.Bailey, *Esoteric Psychology*, Vol. I, pp. 208-209.)

How can we be sure to have the ability to display the virtues of this Ray? Heart, Heart, Heart, and more Heart. See the book *Flame of the Heart* and find out how to think with your heart. If we are able to do this, there is no way on earth we can hurt

others or be fanatical in any way.

“People talk about their heart as if it were their property. In the Sacred Teaching of Agni Yoga we are told that the heart does not belong to us; it is given from Above. It is called ‘an international organ,’ ‘a vessel of universal energy.’” (*The Flame of the Heart* by Torkom Saraydarian, p. 68.)

“We are told that there are seven sacred energies which are passing through the zodiacal signs and through our Sun, bringing to our solar system and our globe a flood of light, love, and power. The human heart is the assimilator of these energies, and if the consciousness of man begins to function on more refined levels, these energies will be used as communication lines — between man and the sources of the energies — through the human heart.” (*Ibid.*, p. 29.)

In a lecture by Torkom Saraydarian titled “Healing with Love” (1/31/93) we see how the etheric heart center assimilates the energies of the Seven Rays and expresses them through the twelve virtues of the heart. This is also the psychic energy of our system.

Religious Expression

The Sixth Ray also governs the field of religion. Religious expression is very important in our lives. From time immemorial, human beings wanted to find a way to understand the forces of Nature and wanted to be able to communicate with the Creator. In the process of trying to communicate with the Creator, we created religious institutions that became places of worship, communion, meditation, prayer; places of dialogue with the Almighty Power. Of course, many such institutions in all religions turned into materialism, dictatorial tendencies, and obsessive disregard for the individual need to communicate

directly with the Creator. But essentially, the reason why we have religion and religious institutions is not to control others but to provide a communal way of worshipping, having ceremonies, giving thanks for the abundance in our lives, and developing an understanding with the higher forces that we cannot easily fathom. The religious experience has produced vast amounts of cultural expression in art, music, sculpture, and philosophy, as well as provided, throughout the centuries, a place of learning, training, and spiritual accomplishments.

However, the very devotion and passion that lead a person into total commitment to the spiritual also is his undoing. The crisis that many are undergoing now in institutions of religion is the Crisis of Fanaticism.

“This crisis is found in almost every field of human endeavor. People are not tolerant and often refuse the beliefs and viewpoints of others. Religion has especially struck its note into fanaticism.

“People must believe according to their experience and intuition, not according to what tradition dictates to them or to what certain preachers whisper in their ears.

“We will never transcend our level of consciousness as long as people impose their beliefs, dogmas, and doctrines upon each other.

“If a man has found a certain direction or path leading to a music hall, for example, he cannot say that this is his direction or his path. The direction and the path are there; he is just following them. No one can monopolize the right direction or the real path. Whoever is on the path cannot impose it upon anyone else. And when he sees that someone else

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has found the right path, he should feel happy.

“No one has the right path unless he enters it by himself. If someone else puts you there before you find it by yourself, that path becomes the wrong one for you.” (*Cosmic Shocks* by Torkom Saraydarian, p. 103.)

Response to the Shamballa Energy

We read in the Teaching how at various times in our life, the Heart of the Cosmos sends periodic shocks in order to help all of Nature to continue on its path of evolutionary development. Leaders in each field of human endeavor have an important role to play in the right development of that particular field. It is extremely important that disciples found in all the seven fields clearly understand their role in the mechanism of response to the energies of Cosmos. As the year 2000 approaches, much has been said about all the possible crises that we have to face. Disciples know that if the mechanism of response is learned, fantastic changes can occur in any of the fields of expression. Response in the religious field is sure to put humanity on the track of connecting with the One Self: “In the religious field, if the shock receives response, religion will be a path of cosmic contact — contact with the One Self. A conscious relationship will be established with Higher Worlds and man will step onto the path of transfiguration. However, if people react to the shock, we will see widespread exploitation in the religious field. Fanaticism, bigotry, and fear will prevail and superstition will grow like weeds.” (*Ibid.*, p. 41.)

With response, “religious conflicts will vanish. The existence of the one

God as the source of all life will be emphasized, and training will be given on how to communicate with that Source.” (*Ibid.*, p. 134.)

“If people respond to the incoming energies in the religious field, they will gradually deepen their faith and learn by their experiences to establish pure communication with their soul and with the Souls who are living in the ‘Kingdom of God.’ But if they react to the incoming energies, their religion will exploit humanity, creating fanaticism and separatism and eventually leading humanity to global war, revolution, terrorism, bigotry, and fear....”

“Religions in all parts of the world are passing through crises produced by those who teach religion but do not live according to its precepts. In short, people are reacting to the spirit of religion.” (*Ibid.*, pp. 30-31.)

Levels of Expression

Each Ray can be expressed in its purity, as it manifests itself through a pure and striving vehicle, or it can express itself through a person who is full of vices and emotional problems. We have read much in the Teaching regarding the need for purity as we encounter the forces and energies of Nature. When we respond with purity to the changes and challenges in our life, the Rays that operate in our particular nature or in the particular field in which we work have an unimpeded path with which to express their nature. In the case of the Sixth Ray, we can have a high order or low order way of dealing with the qualities inherent in this Ray.

“A higher-order Sixth Ray type has deep and sincere devotion. He does not have ‘hocus-pocus’ devotion, fanaticism, or a tendency to show off. Most devotion witnessed in churches

and religious organizations is based on business, fanaticism, racism, politics, and so on. These are masquerades and not related to pure devotion. Pure devotion is when your heart unites with the object that you worship.

“Sixth Ray types also are single-minded. If a Sixth Ray person says, ‘I am going to travel to India,’ he does it. When women are Sixth Ray, they are the custodians of culture, the protectors of philosophy and religion. Sixth Ray people have a strong and sacrificial love. Even if you beat them, insult them, or kill them, they love you. High-level Sixth Ray people are tender. They have deep intuition; they ‘feel’ things. They know why you came and why you are shaking hands, for instance. They are very loyal and have a deep reverence for values.

“The lower Sixth Ray person is selfish and has a very jealous love. Jealousy creates poison in that love. He continuously accumulates knowledge and then becomes stuck to it. He leans on others for money, influence, and position. He leans on others physically, emotionally, and mentally. This is his worst side. He is partial because he does not see the whole picture. He deceives himself. In fact, the Sixth Ray person is the best at self-deception. He creates imaginative stories in his mind which he believes exactly. When these stories are related to others, he does not think he has fabricated anything. He is sectarian, very superstitious, and has a fiery temper. Those individuals, groups, masses of people, and nations who are lower Sixth Ray are the cause of many problems because they are so extreme. They are either totally on one side or totally on the other. This prevents them from understanding any other side.

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*May I stand free
And may I set free those I meet
and love
That they, too, may rightly serve.
May the Divine Self inspire me
And the Light of the soul direct.
May I walk in that Light.
May that Light shine upon my way.
May I pour forth that Light on
others.*

9. Visualize a pitcher on the head of a man dressed in silvery blue.
10. Say the Great Invocation.
11. Sound the Om three times, offering salutations to Chohan Jesus and bless the world.
12. Do not move for three minutes, and do not speak for ten or fifteen minutes.

The following seed thoughts may be used for the Sixth Ray mediation:

- 1 *Sacrifice*
- 2 *Devotion*
- 3 *Love*
- 4 *Tenderness*
- 5 *Intuition*
- 6 *Loyalty*
- 7 *Reverence*
- 8 *Gratitude*
- 9 *Gentleness*
- 10 *Strength*
- 11 *Purity*
- 12 *Austerity*
- 13 *Tolerance*
- 14 *Serenity*
- 15 *Balance*
- 16 *Inclusiveness*
- 17 *Desirelessness*
- 18 *Warrior*
- 19 *Crucifixion*
- 20 *Forgiveness*
- 21 *Trust*
- 22 *Suffering*
- 23 *Detachment*
- 24 *Consecration*
- 25 *Path*
- 26 *Master*
- 27 *Self-discipline*”

(*Ibid.*, pp. 92-93.)

Healing Seminar

Our first Healing Seminar, *Healing With Love* was a huge success. We were able to present it in Cave Creek, Los Angeles, and in Sedona. The healing energy of love in group formation is potent and transforming. We need to have the love energy circulating in everything we do. As the Great Teacher stated, love is the underlying energy in Cosmos.

Sometimes we think that all we need is more information in order to transform ourselves. However, striving is the keynote of discipleship. In the lecture, “The Most Essential in the Teaching” (8/20/95), Torkom Saraydarian gave startling insight to all listeners: nothing that we learn from books and lectures is as important as striving. If we strive, all that we need to know will be given to us and we will know all we need to know. As we participate together in these Healing Seminars, we are striving to overcome our habits, glamors, separatisms, self-centeredness and to think in terms of the larger Group Consciousness that will need to permeate our psyches in the New Era.

Our second Healing Seminar, *Healing With Balance* was also a huge success. We had a presentation about the meaning and importance of balance and how to achieve it on increasingly higher levels. We had a presentation on how the emotions cause aches and pains in our bodies and how to use virtues to overcome these pains. We learned sacred songs and dances and practiced for a long time learning how to walk in grace and rhythm. Everyone left feeling the beauty of the sacred in dance and music.

Anniversary Celebration and Third Healing Seminar

On November 20th we will celebrate our 12th Anniversary. We will celebrate this event with the third seminar, *Healing with Sacred Sound and Movement*. We will use the entire seminar learning and experiencing the secrets behind the purpose of sacred sounds and movements.

Participants have left these events with joy, transformation, and emotional healing. It has been stated in the Teaching that 90 to 99 percent of our illnesses are due to etheric and emotional imbalance. Being in group formation and experiencing the healing power of love, sacred movement, and sacred song is a fantastic tool to transform our etheric and emotional bodies. As we heal ourselves individually and in group formation, we, as disciples, can bring peace and harmony to all we touch. Disciples have a responsibility to bring these energies to all humanity. When we sing together, dance a sacred dance together, all hurts and separations melt away. As we face the challenges of the new millenium, we need to do our part in bringing peace and right relations through love, balance, and striving to all we contact.

Full Moon Meditations

This is a very important time of the year. We hear so much gloom and doom regarding the Year 2000, but it is our collective responsibility to see life's challenges as opportunities for growth and expansion, and work to bring the spiritual values that we treasure into daily manifestation. As the year comes to a close, a new millenium is also coming into focus. Let us together meet in meditation at the exact time of the full moons and either follow the meditation given below, or any other that you especially love. Let us together send true Light, true Love, and spiritual Will to all. We have reprinted this beautiful meditation from *Symphony of the Zodiac* by Torkom Saraydarian. This is the meditation that is specifically for the Sun in Capricorn. Because it is so special, we reprint it in its entirety to be used for both full moons.

Sagittarius

Exact date and time: November 23rd, 12:05 AM MST

Capricorn

Exact date and time: December 22nd, 10:32 AM MST

Special Meditation

1. OM OM OM
2. Visualize a pine forest in which you imagine yourself walking toward the summit of a mountain.
3. As you walk, try to hear magnificent music emerging from trees, bushes, flowers, and birds. Walk on.
4. As you come closer to the summit, visualize Christ sitting under a huge pine tree in deep meditation, trying to contact the Soul of humanity.
5. See other pilgrims approaching the summit, forming a circle around Christ. Visualize Him in a pure white garment, in deep meditation, and for a few moments watch His face.
6. Close your eyes and say the Great Invocation.
7. OM OM OM
8. Meditate on His words for ten minutes:

If you love each other, the world will know that you are my disciples.

Then ask yourself the following question: "What can I do to help humanity?" Try to give three answers to your question which are practical, logical, and up-to-date. This should take another five minutes.

9. Say the mantram of Unification:

The sons of men are one and I am one with them.

I seek to love, not hate.

I seek to serve and not exact due service.

I seek to heal, not hurt.

Let pain bring due reward of light and love.

Let the Soul control the outer form

And life and all events,

And bring to light the love

Which underlies the happenings of the time

Let vision come and insight.

Let the future stand revealed.

*Let inner union demonstrate
and outer cleavages be gone.*

Let love prevail.

Let all men love.

10. In your visualization go toward Christ. Let Him put His hands upon your head. Feel a healing energy penetrating into your body. Feel the energy of peace descending into your heart. Feel an enlightening energy penetrating into your mind. See yourself slowly transfigured, purified, and in a glorified state. See rays of blessings radiating out from your Soul toward humanity.
11. Make a solemn promise to Him to stand in the light of purity.
12. Say the Great Invocation.
13. Descend from the mountain. Return to wherever you are sitting; feel your body.
14. OM OM OM
15. After completing this meditation, sit in a relaxed mood for five to ten minutes and then you are ready to go forth and serve the world.

(Symphony of the Zodiac by Torkom Saraydarian, pp. 284-286.)

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Merry Christmas

A Blessed New Year to All

We look forward to the New Millenium with our friends, co-workers, and fellow desciples.



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Audio and video lecture tape lists available. Remember to join us for the healing seminars! See enclosed flyer.**