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Outreach

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The Future is Ours... The Seventh Ray of Ceremonial Order

By Gita Saraydarian

In this issue of *Outreach*, we conclude our presentation on the Seven Rays by discussing the Seventh Ray and its particular characteristics. It is fitting that we start the New Millennium with the Seventh Ray since this is the Ray that will make its presence felt more and more in this new period.

The Seventh Ray's complete name is the Ray of Ceremonial Order and Magic. It governs the fields of Finance and Economy as well as Ritual, Ceremony, and Order.

Let us get an overall view of the Rays and summarize what we have been discussing in the last year.

"The Rays are energies which are emanating from a great Source in the Universe. Some Sages think that it is appropriate to call that Source the Heart of the Universe. It is the Heart of the Universe that radiates seven energies toward space.

"These energies pass through constellations and planets, eventually reaching the human kingdom. Upon reaching the human kingdom, two effects are noted: people become irritated and confused more than before; or they become creative due to their ability to assimilate these energies and express them.

"Irritation is caused when people create resistance. For instance, you may have a thoughtform or a posthypnotic suggestion in your mind, or you may have created lots of glamors and illusions within yourself. Being chaotic, unorganized, and disorderly

also creates resistance. Such a state is sometimes referred to as 'freedom,' but when these thoughtforms are in your aura and when the energy comes, it creates great irritation because of the resistances or stimulation of these barriers. Friction is irritation. When there is irritation, a very dangerous poison is produced in your nature.

"When the released energies are not assimilated into our nature, they have dire effects on the health of humanity. We must either assimilate them and proceed through the cycle of evolution at the required speed, or we will degenerate.

"When you know more about the energies but do not apply your knowledge, your knowledge becomes the obstacle of the energies because it is a concrete formulation in your mental body. If you formulate something and make it concrete — by knowing but not practicing, by not releasing and trying to change your beingness — you create obstacles, friction, and eventually poison, all of which hurt your system.

"Look at the results of all our efforts to heal people. Healers are trying to heal, but the result is that we have more sicknesses and more sick people than ever before. It is not outer health that makes us feel really healthy but the assimilation of energy, synchronization with the energy, being tuned with the energy and transmitting the energy in such a way that there is no friction in our nature. That is what makes us feel healthy.

"So what do these Rays have to do with

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us? Can we use them to solve our problems, expand our consciousness, and build better relationships with people?

“It is possible to use these energies very practically if we create those substances which magnetically draw them into our sphere of influence. We can do this by thinking, talking about, and meditating upon these energies because by doing so, we create a corresponding resonance within our system. These resonances create the substance, the matter, within the mental plane which eventually becomes an absorbing center for these energies. For instance, when a person thinks about the Seventh Ray or discusses its characteristics, what it stands for, and so on, he creates thoughtforms in his mind which attract Seventh Ray energy. When that energy hits the mental plane, it creates, through the thoughtforms, those substances which eventually are used as an anchorage for the energy. When we create these substances in our nature, we eventually will conduct the energies into our systems. This alone will make us wise enough to use these energies.” (*The Seven Rays* by Torkom Saraydarian, unpublished manuscript.)

In all Teachings we are continuously asked to be balanced, to practice what we learn, to be careful of developing vices and habits. Why? Because vices, habits, glamors, illusions, and others like them create disorderly patterns in our life. We have so many patterns in our life that determine how we live, what we say, how we think, what we feel, and keep us generally in a chaotic state.

As we look at the main attribute of the Seventh Ray, we see that it is clear, clean, factual, and organized living. As

long as our minds and emotions are in a state of chaos, we cannot communicate properly, we cannot love properly, we cannot live properly. What is the proper way for the disciple? It is to be slowly growing into soul-consciousness and to stop acting as the slave of the elementals of the three bodies.

We all have periods in our lives when we are changeable. Until a time comes that we are solid in our beingness, we change according to the mood of the elemental that is in charge of our life.

In the New Millennium, we need to make our elementals obey us, the human soul, by working on being soul-conscious — in beingness as well as in consciousness. (See for example *The Ageless Wisdom* pp. 36-43 on a clear definition of beingness and consciousness.) Until we are able to become soul-conscious, we will not be totally integrated human beings and we will not be truly responding to the incoming Seventh Ray energies. We need to recognize the fact that there are deeply rooted patterns in us that force us to behave as a physical elemental or emotional elemental or mental elemental. We are not always integrated but often fractured. Our word is not solid. Our promises are not solid. Our knowledge is nowhere near being practiced. Our relations are always changing, and we are often times aggressive and then passive as our consciousness comes in and out of focus.

The most difficult stage is when a person is becoming spiritually knowledgeable but is yet unable to be the person he needs to be. Esoteric knowledge is powerful, and in the hands of the changeable it can become dangerous. It can be used to manipulate, ob-

sess, and control others according to our vices. The interesting thing is that whatever condition we are in, we attract exactly those people who are in the same condition. And, we deny that we have any of these vices until we are taught valuable lessons exactly by those people whom we attracted!

Let us take manipulation for example. This is incredibly subtle at times. It is so sneaky that often we do not even notice we are trying to manipulate. If you want to see an eye-opening lecture on manipulation, I would recommend the video lecture by Torkom Saraydarian titled “Sun in Libra, Glamor of Manipulation” (9/30/1993). This is a very important topic for all of us to understand, especially when we study the Teachings and we are brought into contact with others.

Manipulating others or allowing ourselves to be manipulated stems from fear and a host of other vices. Fear makes us want to have stability and strength, so we try then to control life and others through bribery, flattery, acting victimized, or using the Teaching with our own interpretations and spins to make ourselves the “experts.” People even try to control others by “speaking to masters” or legitimizing their positions of expertise by relying on discarnate entities and obsessors. Worse yet, people who are full of fears often act aggressive and pretend they are full of virtue, truth, higher consciousness, the “answers” to life’s questions. At the end of the day, a fearful person does not succeed in anything but building more karma for himself. Whereas the true person never shows off, never tries to control, lets people be free, and basically minds his own business.

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How do we make sure we are not being controlled by others or trying to control others ourselves? The key words are integrity and synthesis. Watch behavior carefully. Try to see inconsistency when you see the overall picture. Try to find the patterns in writing, speech, and behavior. See if the patterns are inconsistent. Is there passive and aggressive behavior? Are there emotional outbursts followed by sorrow? Is there a public persona that is different from the unguarded, private one? We can observe our own speech, communication, and behavior. Is it consistent? Do we say wonderful things about someone one day and the next day use subtle and sneaky ways to undermine that person? Do we behave one way in public and another in private? Do we have a face for our public persona and then the mask comes off and reveals the troubling underlayers of our personality when there is conflict?

In order to insure that we are persons of integrity and are able to utilize the synthesizing energies of the Seventh Ray, we need always to remember the most essential in our life and forget the transient values that occupy so much of our life.

In a memorable lecture, Torkom Saraydarian talked about the most essential in the Teaching that basically “blew my socks off” when I heard it. As I sat transfixed in the Sanctuary, Torkom ticked off one topic after another as non-essential. He said, among others, Astrology is non-essential, the Constitution of Man is non-essential, the Seven Rays (even) are non-essential, reading books is non-essential, Cosmogogenesis is non-essential, and so on. As I listened, I said to myself, “If all of this is non-essential, then what

am I doing here and why am I publishing books. Why are books being written even?” Then I heard the answer to my questions. What is most essential? Striving toward perfection. He said that if we strive, everything that we need will be given to us — wisdom, knowledge, books, friends, everything that is needed. This taught me an important lesson and that is not to rely on books, people, information, esoteric explanations about life, but do rely on striving as the way to enlightenment and as the path of discipleship. Discipleship does not rely on knowledge or knowing our Zodiacal planets, Rays, notes, and so on. All this information is a tool for us. If we fill our houses with these tools but do not use them to become better persons, then all the information we learn is actually a hindrance in our life. Strive, and everything we need will be given to us. It will be ours, we will own it, and we will integrate it into our being. The most advanced people in the world are the most simple, the most honest, the most integrated. The most advanced people are embodiments of all the virtues of the Rays and are able to utilize any zodiacal or Ray energy as the need arises. (*The Most Essential in the Teaching*, lecture video by Torkom Saraydarian, 6/20/1995).

Breaking Patterns

In a truly striving disciple, we do not see an absence of problems. What we do see is a continuous labor to gain victory over the bodies. We see a consistency where a person rectifies bad behavior and is constantly on watch and observing his own visible and invisible challenges. This is the most essential.

The disciple does not continuously remind others that he or she is a disciple, worthy of respect, but constantly stays on watch for patterns that need to be broken. A disciple does not blame, but takes responsibility.

“One of the rules of advancement and progress is that a person must break the patterns in which he is living and strive for something new. We must break those patterns which exist in our emotional, etheric, and physical bodies and build new patterns. If old patterns continue to exist in the etheric plane, in a person’s nervous system and brain cells, echoing and re-echoing, they reinforce the old structure of his moral, spiritual, and physical make-up and he will never be able to progress. A breakthrough must be made.” (*The Creative Sound* by Torkom Saraydarian, p. 239.)

Manifestation of the Seventh Ray

We have a lot of help coming to us from the Seventh Ray. “The Seventh Ray is one of these very powerful, Cosmic energies found in the Universe. We are told that this Ray has been in manifestation for three or four hundred years and that it is one of the causes for great revolutions going on in the world: revolutions in consciousness, moral revolutions, and creative revolutions. If we are able to draw these energies into our system, use them and charge our thoughts, feelings, and actions, then we grow, bloom, and become creative.” (*The Seven Rays* by Torkom Saraydarian, unpublished manuscript.)

“The Seventh Ray has the impulse and the urge to create, to manifest. To create means to radiate. Light radiates.

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Anyone who increases in light, energy, and power radiates. When a person has this energy in his system, the first signs are these:

“He starts to be creative.

“He starts to organize his life.

“He starts being factual.

“He starts to be on the side of actualization rather than on the side of knowledge.” (*Ibid.*)

How do we become creative, organized, factual, and actualized? By being aware of the energies available for us and organizing our mental life, healing our emotional body, purifying our etheric and physical bodies we create a revolution in our beingness.

“Sometimes thoughts come which depress and control us and use us to their own advantage. Did you know that thoughts can use you? When you think, you create a thoughtform and then that thoughtform uses you. Glamors and illusions are created through intense magnetic desire and thinking, and it is very difficult to control them once they are created. Once you create something that you cannot control, it becomes your master. But if you have mastery over the forms which you create, you are on the path of self-actualization. That is what Seventh Ray is — the urge to manifest the innermost Core of yourself.

“What is going to manifest and who is going to manifest it? If you really watch yourself, you can see that you are not manifesting. Your body functions because of action and reaction — in other words, through stimuli. It is an automatic machine.

“Your emotions act because you are reacting or responding to an event. Your mind is working because you are hungry, because you want sex, because you

have certain needs.

“Where is the real you? You are lost. You know everything. You read books, but you do not unfold because you know too much and you cannot digest it. Putting ten dinners into your stomach at one time can only make you sick!

“This is the danger of knowingness. It creates vanity. When you look into the eyes of these vain people, you can see that they are not there. They think they know everything.

“Can you say that you are yourself? If you can say this and prove it, then people will adore you. This is a point on which we must work. We are going to be ourselves as through expressing our Core. For example, our physical life will be the manifestation of innermost beauty. Our emotional life is going to be the manifestation of that innermost joy, bliss, purity, and understanding. Our mental life will be the creative outpost of that inner creative and radioactive sun. This is what the Seventh Ray does.

“The moment you are touched by the Seventh Ray, you will go to your room and begin to rearrange it. This is the proof. When the Seventh Ray comes to you, you dress differently; your makeup is different; your writing is different; your papers are different; your music is different; and there is harmony between all your actions.

“If you are only repeating yourself, you have stopped contacting that energy. The Seventh Ray contact is a continuous expression of the innermost beauty through your physical, emotional, and mental actions.

“The Seventh Ray does something else. When it touches, it creates tremendous pressure on your Inner Core. All

the filthy things that have accumulated in your nature throughout the ages come to the surface. This is why, in the last three or four hundred years, you can see how humanity is flooded with destructive actions, negative emotions, and with such thoughts that are against its own survival.

“The action of the Seventh Ray or the proof that the Seventh Ray is coming in contact with your Inner Core is that you become, first of all, an organized person. The Seventh Ray is called the Ray of Organization for this reason; it is the Ray of Ceremony and Ritual. Without organizing your nature, you cannot manifest the Seventh Ray.” (*Ibid.*)

What you can do

Here are some things you can do if you want to have a creative mind, calm emotions, and pure physical body that is obedient to you:

1. Do scientific meditation to train your mind. Do not complain if you start and it seems hard. Slowly build up to regular, daily meditation. (We have wonderful meditation courses for all levels. Contact us for details.)

2. Put yourself on a regular exercise program. Eat healthy foods. Cut out foods and drink that contaminate your body. To what degree should you do this? Push yourself as much as you can, but do not become a fanatic. On the other hand, do not make excuses. A disciple's focus will eventually be on the most essential, and not on material goodies. We will eventually have obedient, well trained bodies. Remember that a Master is a symphony in motion achieved through self-mastery.

3. Understand the function of the three centers of prana. These are the

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center between the shoulder blades, the center above the diaphragm, and the etheric spleen. The health of these three centers regulates the ability of our bodies to circulate and absorb the prana from space. If these centers are blocked or unhealthy, our health will suffer. If these centers are healthy, we are vibrant and can use the energies transferred to us from space. Remember that healthy thoughts, healthy emotions, healthy foods, water, and air will directly affect these three centers. (For more information, see *New Dimensions in Healing*, Chs. 3, 4 5, 6.)

4. Understand that balance does not mean half bad and half good. Balance means to have equal amount of spirit and matter on a continuously growing level of consciousness. Your measures and points of reference will grow to higher levels as you grow and expand.

5. Take measures to heal your emotional body. In the healing seminars we have had at TSG we have made use of sacred songs and sacred dances to balance and heal our emotional bodies. A healthy emotional body is essential for a disciple, and our emotional body is healed with beauty. (See also *The Creative Sound, Sacred Music, Dance, and Song* for details.)

6. Involve yourself in spiritual striving and study with co-disciples. Being part of a spiritual community feeds our hearts and minds.

7. Involve yourself in beauty in some form on a daily basis. It can be sitting and watching nature everyday, listening to sacred music and dancing to it, watching the sunrise or sunset, saying a prayer at various parts of the day, or involving yourself in creating art, music, or any creative endeavor.

8. If you find yourself in a situation of conflict, manipulation, or other vices, do seek the help of professionals so you can remove the masks and face those conflicts and resolve issues and build integrity. Do not dwell in denial, self-pity, and blame. Use the energies of the Seventh Ray to build synthesis in your life.

Ceremonial Magic

“The Seventh Ray is also called the Ray of Ceremonial Magic and the Ray of Rituals. Ceremony means to organize color, movement, sound, and thought in such a way that the energy finds easy reception and transmission.... Ceremony organizes in such a way that the sound fits the color and the color fits the movement so that these three create a magnetic field to absorb energy, assimilate, and express it.” (*The Seven Rays* by Torkom Saraydarian, unpublished manuscript.)

“The Seventh Ray exercises pressure to bring out the hidden rhythm and symphony that is within you. This symphony must come out. If it comes out, your life will change, your outlook will change, and your relationships with other people will change. The artificiality, the masks you wear will drop off when the symphony emerges. It may be hard to believe, but an average person has two hundred different masks. When these masks drop off, a person becomes himself. For the first time he will feel as if he is acting as himself....” (*Ibid.*)

“Masks can be found in very critical moments. In times of crises or critical moments some masks fall.... When even a small part of a mask falls off, you feel so desperate and you see how

heavily you depended upon your masks. They were life channels for you; they were the languages through which you related to other people. But all of a sudden such a language is lost.” (*Ibid.*)

“Immediately upon discovering a mask, throw it off because it prevents the Seventh Ray from manifesting or causing to manifest through you....” (*Ibid.*)

“The Seventh Ray is the Ray that exercises greater and greater pressure on you to manifest your Divine Essence.... The Seventh Ray must be absorbed and you must feel a certain uneasiness — an uneasiness within you to explode, to bring out the Self.” (*Ibid.*)

The Process is Continuous

When we try to clean up our lives, invariably we face our own built up walls, illusions, and glamors and we feel disgusted. What should we do? Some people give up and go back to their life as it was. Some complain and complain and blame others. Some feel depressed and sad. Some strive on no matter how they feel.

Just remember, “...the dawn is just minutes away.” (*The Legend of Shamballa* by Torkom Saraydarian, p. 81.) “...When the pressure of the energies increases in you, trying to manifest your Inner Divinity, it reveals your blockages, masks, glamors, illusions, and inertia that are all around you. This creates a tremendous amount of friction between the inner pressure and the outer walls. This is what creates so many psychological problems.

“When the outer walls are broken, you will see that the outer walls were necessary because they were protecting you from manifesting your trash. But

The Healing Power of Sacred Sounds

“When we listen to music and the voices of people around us, to the radio, television, and even to voices that we cannot hear, they affect us and build certain patterns in our etheric body. These patterns must be broken. New kinds of movement, thinking, and feeling and new kinds of music can create a new pattern in our physical, emotional, and mental realms.

“That is why the unusual, special movements, used in Temple dancing were created. The movements may look ordinary, but when they are combined with music and the right kind of thinking and visualization, a totally new combination results.

“Temple dancing integrates the physical, emotional, and mental vehicles. When these three bodies are integrated by the use of music and dance movements, psychic energy starts to flow without creating any friction.

“One of the reasons for sickness, weakness, and illness is that psychic energy accumulates or creates friction in our nature. This is a fact that new methods of medicine and psychology have not yet observed. When psychic energy accumulates somewhere in the emotional, etheric, or mental bodies, it creates friction unless there is proper circulation. Dance and movement, music and thinking, color and different symbolisms combined together create a flow in the system so that wherever there is congestion, it disappears, taking with it the effect it had on the physical body. When the congestion found in the etheric, emotional, or mental body is removed, the corresponding effect in the physical body disappears.” (*The Creative Sound, Sacred Music, Dance, and Song pp. 239-240.*)

Videos

We recommend the following video lectures by Torkom Saraydarian. All videos are in stock and ready for delivery upon your order. You can place an order by phone, fax or e-mail. The price for all videos is \$25.

Joyful Heart.....	5-7-89
Let the Dead Bury the Dead.....	10-7-90
Other Worlds, Planetary Schools of Wisdom.....	2-10-91
Preparation for the Coming New Year.....	12-29-91
New Group of World Servers.....	12-01-91
How We Must Leave Behind Old Personalities.....	1-12-92
Creativity and Three Energies.....	5-24-92
Healing with Balance.....	12-13-92
Christmas Eve - Dreams of Christ.....	12-24-92
Meaning of Initiation.....	2-28-93
Sun in Libra, Glamor of Manipulation.....	9-30-93
Healing - Striving towards Perfection.....	10-10-93
Healing - Constitution of Man.....	10-17-93
Healing - Etheric Body.....	10-24-93
Basics of Meditation.....	11-14-93
The Other Worlds and Karma.....	7-10-94
Creative Life.....	10-2-94
Vision for the New Year - How to Actualize the Vision.....	1-8-95
The Most Essential in The Teaching.....	8-20-95
Christmas Eve - Nine Months of Birth.....	12-24-95

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whether you like it or not, when the outer walls break, suddenly all you trash will come out and you will say, 'My goodness; I didn't know I was such a filthy person!'

"...You are cleansing, and a man or a woman is lucky when this process is gradient so that he or she can adjust to the new level of orderliness and beauty coming from the Inner Core." (*The Seven Rays* by Torkom Saraydarian, unpublished manuscript)

The Ray of Economics and Finance

The Seventh Ray also influences the field of finance and economy. "What, then, is the relationship between ritual and economics? Economics is a means to organize those things which Nature produces. It is an orderly, ritualistic way to share with everybody. Finance is supposed to organize the distribution of money in such a way that everyone becomes prosperous. Unfortunately, what we now have is often a perversion of economics and finance."

Exploiting people and resources, whether financial, physical, or emotional, whether it is of people or of the environment is a "perversion of the Seventh Ray."

Vices and Virtues

The "perversion" of the Seventh Ray shows in us as vices. They are: "Formalism, bigotry, narrowness, superficial judgments, self-opinion over-indulged." (Alice A. Bailey, *Esoteric Psychology*, Vol. I, p. 210.) But when we start assimilating the energies, certain virtues start to appear in us. We have "strength, perseverance, courage, cour-

tesy, extreme care in details, and self-reliance." (*Ibid.*)

What are the qualities that we need to develop so that the energy of the Seventh Ray is beneficial to us in our life? We need to develop "Realization of unity, wide-mindedness, tolerance, humility, gentleness, and love." (*Ibid.*) These are beautiful characteristics to develop no matter where we are in our life and in what capacity we serve.

Ceremonial Magic?

We often wonder why the Seventh Ray is also called the Ray of Ceremonial Magic. The word "magic" conjures up trickery and slight of hand to entertain people. However, the root word in "magic" is *magus*. When we first hear of this word in our Christian history, it is the three Kings or Magi who go to visit the Child Christ and, wearing beautiful robes of rich colors and fabrics (which in essence were their Robes of Glory, their perfected bodies), take gifts to the newborn Child. "The Magi were very advanced astrologers and were individually called *Magus* which means Master.... They were Initiate Disciples in contact with the Hierarchy.... In all ages such advanced beings visited a great Soul when He was incarnated." (*Christ, The Avatar of Sacrificial Love* by Torkom Saraydarian, p. 52.) Magic then refers to the life and expression of advanced Initiates who have conquered the three levels of the personality and are able to function on the intuitional levels and higher. Magi are able to live as Souls, are part of the Hierarchy, and have communication links with other Great Ones. The Seventh Ray, then, is the door of initiation to the higher levels of consciousness.

Torkom once said that the Law of Economy is the most essential and crucial aspect of our life. If we can only understand what this means, we can live an expansive life. When we honor every single part of our Universe as a living organism, when we honor our human existence and walk the path of discipleship in its true sense, we are able to be on the path of the Great Ones and eventually be Magi ourselves, practicing White Magic, which is the expression of soul consciousness.

"The Seventh Ray can also be used to exploit people. Black magic is a perversion of the Seventh Ray. Anything a person does for selfish reasons makes him a black magician, even if it appears to be the highest. If there is ego behind it, you are a black magician. It is a perversion of the Seventh Ray, and eventually it becomes the greatest obstacle for you; you become your own worst obstacle." (*The Seven Rays* by Torkom Saraydarian, unpublished manuscript.)

In conclusion, we can see that in order to make the best use of this fantastic energy of the Seventh Ray, an energy which inspires us to be economical, non wasteful, respectful, co-measured in our living, organized, clear and measured, fair and righteous, we need to think seriously of the Path of Discipleship. At the end of the day, there is no other path for all aspiring men and women but to take the path of continuous striving toward perfection.

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The Future is Ours... *The Seventh Ray of Ceremonial Order*

Happy New Year!!!

*All of us at TSG wish you
a joyful, healthy, and
prosperous new year.*

*We are looking forward to
seeing all of you at Wesak
2000 - register now so you
can receive your
preparation materials.*

I know a man
who expressed the beauty of the
world
with his pencils.
The wisdom of many years
and many lives flowed
through his hands onto the paper.
It was all done with pencils.
These words of beauty were not for
him,
but for the world;
for Humanity.
Although sometimes
it seems that these words
from these pencils go unread
or are misunderstood;
they nonetheless bring joy

Pencils

to the reader and
enlightenment to the student.
Hopefully, this man, who
writes such beautiful words,
will not look up from his writing
and see an empty room,
but the smiling faces
of millions of Souls
around the world
who are grateful for his sacrifice,
commitment, and love for all man-
kind.

(Written by a student for Torkom's
birthday on November 11, 1996,
after reading "Me" in the book
From My Heart by Torkom
Saraydarian.)

Contact us for information and a free catalog of books and music.
Audio and video lecture tape lists available. Remember to join us for the healing seminars! See
enclosed flyer.