



T.S.G. Publishing
Foundation, Inc.

Outreach

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Providing practical tools for ethical living: Publishing • Spiritual Education • Meditation

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Mission

Our purpose is to be a pathway for self-transformation. We offer books, audio tapes and videotapes, classes and seminars, and home-study courses based on the Core Values and Higher Principles of the Ageless Wisdom. T.S.G. Publishing Foundation, Inc. is a nonprofit, tax-exempt organization.

Outreach

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The Future is Ours... How to Approach the Teaching

By Gita Saraydarian

In *Talks on Agni Vol. 3* (to be published Fall 2000), Torkom Saraydarian discusses a very important aspect of our relationship to the Teaching. We need to look at this commentary very carefully because it will help us in several ways: One, it will help us understand how we need to approach the Teaching. Second, it will help us understand why we behave in various ways when we are studying the Teaching or we are near the Teacher. Third, it will help us adjust our attitudes and expectations that we have when we approach the Teaching or an esoteric group. So many times we have inner turmoil when we face the Teaching and we start blaming the Teaching, the Teacher, and other people, and do not take the time to look at our inner habits. This excerpt is really tough and hard-hitting. It is vintage Torkom where he does not spare the listener and says the truth as he sees it. Serious disciples cherish this approach and look forward to the revelation of the truth. This entire article is excerpted from *Talks on Agni Vol. 3, Ch. 19*.

Someone will come to you and speak of his desire to approach Agni Yoga. Ask him what prompted him to this decision. He will answer, "I seek proofs." You will think, "He is not one of us." Or he will speak of his sad fate. You will think, "He is not one of us." Or he will speak of his intention to conquer his enemies. You will think, "He is not one of us." Or he will speak of his desire for riches. You will think, "He is not one of us." Or he will speak of earthly privileges. You will think, "He is not one of us." Or he will speak

of his desire for rest. You will think, "He is not one of us." But one will say, "I wish to perfect myself." Ask, "What reward dost thou expect?" He will say, "The approach to the Teaching." You will rejoice, for his spirit has knocked correctly. He can begin to watch himself. He can painlessly eject useless attributes. He will understand that not suffering is needed, but liberation. He will understand that not a miracle is needed, but straight-knowledge. He will understand that not intellectual learning is valuable, but realization and application. Exultant the first day, he will not droop on the morrow. He will walk like an elephant of happiness, pushing aside the brush. He will accept success as the smile of the sun. He will drive away the scorpion of fear. He will accept a gift as the light on the path. He will understand the realization and development of the fires as an attracting magnet. And he will understand that fires grow like plants, unnoticeably. He will understand that the fire burns away the past and illumines the future. And he will understand what attainment means! (Agni Yoga, para. 527)

"...Yoga means to unify, to create wholeness, synthesis. Agni Yoga is spiritual yoga. Agni Yoga synthesizes your intuitional body, your mental body, your emotional body, your etheric body, and your physical body through the fire. The fire is invisible psychic energy that is in your physical body, in your emotional body, in your mental body, and in your intuitional body. When these bodies coordinate with each other, with the fires of your centers, you create synthesis."

“Let us go sentence by sentence. *He will answer, ‘I seek proofs.’* Why are proofs not important? Proofs are not the results of your realization and actualization. You can see something outside and it impresses you very little, but the proofs are inside, as a result of your actualization and realization and attainment and you are ready for the Teaching.

“What does it mean, *He is not one of us?* It means that when he enters into the group consciousness he will disturb people with his activities, with his emotions, with his thinking, desires, and intentions. He will create some kinds of disturbances in the atmosphere of those who are Agni Yogis, who are physically, etherically, emotionally, mentally, intuitionally one, as a unit, synthesized and aligned within themselves.

“Now if you are playing in a great orchestra and you see that one of the instruments is not playing in tune with the rhythm of the orchestra, the whole orchestra is disturbed. It is the same thing in the groups, in the advanced Ashrams. If any bug enters there, it buzzes, it creates trouble. You are going to be very careful to accept in your home, in your group, in your family, in your community, only those people who are really in tune with the motive of perfectment.

“*Or he will speak of his sad fate.* People come and say, ‘My father died, my sister died, my wife left me, so I want the Teaching.’ Many, many people come to the groups for consolation, and when they receive their consolation, when they become happy, they leave the group. Even sometimes they become the enemies of the group because they are not satisfied

totally if they have pain and suffering. You must daily, for twenty-four hours, protect and pity them and love them and talk to them because they have a pain, a suffering, and a defeat. These people come with selfish reasons. They are selfish. They come for themselves, not to give something to the group, not to expand the consciousness of the group, not to bring greater love and greater understanding, but they are selfish. They come and receive their profit and then they disappear. Then you say, ‘He is not one of us.’

“Actually this whole verse is for discrimination. How are you going to know the people around you? These are the signs that they came for their sad fate. You are going to say, ‘You are welcome’ but know that he is not one of us. When you say, ‘He is not one of us,’ you cannot give him responsibilities and duties, high positions, because you know that if he is not one of us, he will create disturbances. A group, a community, a high level gathering is like an instrument of music. It must be always tuned if you want to play very complicated and high level music on it. If it is sharp or flat it does not respond to the spirit of the music. It is very delicate that those who accept you or who want to be accepted, both sides must be very serious that he is ready to function in that atmosphere or you will ask, ‘Is he ready to function with us?’ That is the harmonious instrument in the orchestra. This is the ideal standard of the groups. This is the ideal standard of the families. This is the ideal standard of friendship. You have five, six, eight friends, another man or woman comes and disturbs the harmony, the attunement of the family. You are going to discriminate very highly. Is he one of us or is he not one of us? This is a

supreme lesson for discrimination. Or even you are a single man or a single woman. Who is coming to your life? Is he one of you or is he not one of you? If he is not one of you, you are going to have continuous trouble....”

“*Or he will speak of his desire for riches.* I remember ten, fifteen years ago somebody came to our group and said, ‘I want to be a member.’ I said, ‘Wow, very good. What do you want from the group? What can the group do for you?’ He said, ‘I want to be rich.’ I asked, ‘How can the group give you richness?’ He replied, ‘I am a jeweler. I can be in the group to sell everyone a jewel, to make them rings, to make business with them.’ I asked, ‘Is that your motive?’ ‘Yes,’ he replied. ‘What is wrong with it?’ He is not one of us because his intention is material, materialistic, self-interest. The Teaching rejects every kind of self-interest.

“If you want higher level Teaching, this is it. If you want selfish intentions and interests in the group, you are not fit for the group. He is looking for riches. Of course you can be rich being in the group. You can find a friend. He employs you or if he sees you do not have money he gives you some money. Various kinds of help he gives but that will not be your intention for coming to the group, to the Teaching.

“*Or he will speak of earthly privileges.* You will think, ‘He is not one of us.’ I remember a man came and said, ‘I will give fifty thousand dollars to join the group.’ I asked, ‘What is your intention.’ The man replied, ‘Well, I am a very smart man and my social position is very high. I want to be the president, to be the chairman, to be a manager of the group.’ I said, ‘Take your fifty thousand dollars and good-

Schedule of Events

July and August 2000

Torkom Saraydarian Center for Esoteric Learning

Bookroom: Complete works by Torkom Saraydarian. Also available: incense, essential oils, gift items

Hours: Office and Bookroom open Monday through Friday 9 AM – 5 PM

Location: 28641 N. 63rd Place, Cave Creek, AZ 85331

Telephone: (480) 502-1909

In July and August we will not have scheduled classes at TSG. Students are encouraged to continue with their meditation courses, and catch up with their readings from the wonderful new books that have been released. We recommend the new book *Obsession and Possession*. This is an eye-opening book. Don't miss it!

Help your soul to grow this summer. First, we recommend the seven tapes on soul consciousness by Torkom Saraydarian. See below for details. Second, if you have always wanted to start a meditation course, call us or write to us, and we can send you a package of all the courses available. Or, log onto our website, www.tsg-publishing.com and check out the home study meditation courses available.

We will have Full Moon celebrations in July and August in Sedona, Arizona. These are scheduled for July 16th and August 13th. If you need information, please contact Hamid Sani at 520-282-6858.

Tuesday night classes will resume in September. Watch for new classes and courses that will be offered in the Fall.

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bye.' He was surprised because from the earthly viewpoint he was giving something very big, fifty thousand dollars. Because of the fifty thousand dollars you have to bow to him. You have to give the reins to him. He influences you. He destroys your principles. He creates disorder. He brings his vices into the group and your group is polluted because of fifty thousand dollars. Ten years later you do not have a group. You have a bunch of people who fight, gossip, and slander each other. That has happened because he is not one of us. He does not fit to that standard that we are trying to achieve. Everybody who comes with these motives does not strive. That is why they slowly, slowly remain behind. When you stay behind, far away from the standard of the group, then you become the group's enemy. Everybody must achieve, must progress together so as not to create cleavages.

But one is going one hundred miles ahead; the other one is going twenty miles behind. Eventually there will be friction with these two kinds of people because they will follow different kinds of standards. Many churches, many organizations do not know about this. It is very good to read this, to understand how you are going to put your discrimination into action.

"Or he will speak of his desire for rest. I asked, 'Why do you want to do meditation?' 'Oh, it is peaceful. I forget my miseries. I enter into Nirvana. I become happy.' You say, 'He is not one of us.' The intention of meditation is to make you a worker, to sacrifice, to work, to labor, to dedicate yourself to high level labor — physical, emotional, mental — not to rest. Rest is for death. Those who are alive must

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Book News

Obsession and Possession has finally arrived! This is a detailed study of the meaning of obsession and possession and how this topic is very relevant in our life today. Many people are led down the wrong path by people who blur the distinction between lower and higher psychism. This problem is rampant now and every serious disciple needs to be totally aware of it. Sometimes people will engage in all kinds of seemingly harmless activities to help them on the path of expanding their consciousness. Too late they find out that what they were doing has done them and their families harm.

Sometimes seemingly wonderful sounding practices are not based on solid esoteric understanding of the constitution of man and the many subtle energies that exist around us. Long-time students of the esoteric wisdom fall into the same traps as new students. If we look for quick growth and higher contact, we conveniently forget the Teachings given by the great teachers who time and again warn all students not to engage in anything that will prematurely open their centers and push their bodies in a direction that they are not prepared for. We hear admonitions to purify, to serve, not to expect results, to give, and to sacrifice. The results are not what we work for. It needs to be clearly understood by all disciples that any growth and development in our life is not for our personal entertainment but only for the ability to serve others better. If we buy into the glamor of quick fixes, whether they are diet, exercise, spiritual attainment, getting rich, then we build a glamor, an illusion, and later a vanity that

we are indeed doing the right things to get to the result.

We all know it takes time to lose weight, it takes lots of exercise and diligence to get in shape, it takes selfless service and serious meditation to grow in consciousness, and it takes sound financial management to be truly prosperous. Programs promising quick fixes are schemes that, in the end, harm the person who bought into them and, worse yet, take the person off the path of discipleship. As much as we know this information, daily we fall into these traps.

The books *Obsession and Possession* and *Battling Dark Forces* are very important books for us to read. Once these are clearly understood, we recommend the books *Breakthrough to Higher Psychism*, *Aura*, *New Dimensions in Healing*, and if you are willing, go into the various chapters on psychism in the *Psyche and Psychism*. Be vigilant and do not get fooled.

In the next few months we will be going to press with two more books: *Talks on Agni, Volumes Two and Three*. These are fantastic additions to the insightful and inspiring commentaries that Torkom gave on some of the verses from the Agni Yoga Teachings. If you have the first volume, you already know the importance of this topic. We will keep you updated on dates of completion and delivery. We will know more by the next issue of Outreach.

The *Torkom Saraydarian Glossary* is also scheduled to be ready

by the end of summer. This is a huge manual that is a collection of thousands of words along with their definitions as used in Torkom's books. The definitions are taken directly from the text of the books and each entry is referenced. This is a great tool for all serious students. It provides quick reference material, seed thoughts for meditation, and sources for further research and study for teachers. This will be available spiral bound and on CD.

Other books that are getting ready are: *Path to Sirius*, *Avatars*, *Transformation*, and *Dynamics of the Soul*.

A rich and rewarding list of books will be forthcoming in the next few years. We are committed to the completion of Torkom's entire unpublished manuscripts. We depend on your generous donations to help pay for all the phases of book production. Sometimes people think that the only cost involved in releasing a book is the printing part. In reality, a book cannot go to press without being edited, proofed, typeset, and meticulously prepared for the printer. Every phase of the book production requires technical expertise. Please think of our continuous need for publishing funds and keep us on your list of donations.

Many thanks for all **Book Club Members**. What a great service each of you makes by committing yourself to getting each book as it comes off the press, and reading it as soon as it arrives. You are providing a huge assistance to all people who are working to help humanity transform itself. Each book's release is

NEWS

BRIEFS

New Soul Consciousness Lecture Series

For great summer soul growth, listen to the seven lectures by Torkom on Soul Consciousness. The specific topics on these lecture tapes are:

- *Difference Between Personality And Soul (2/29/84)*
- *How People Can Kill Your Soul (4/14/91)*
- *Devotion To The One Soul (11/30/91)*
- *How To Communicate With Your Soul (3/9/83)*
- *What We Did Last Year For The Progress Of Our Soul (1/27/85)*
- *Dying Souls (11/21/91)*
- *Responsibilities Toward Your And Others' Divinity (11/23/91)*

Each of these tapes is priced separately at \$7.00 each, or the whole set is priced at \$42.00, a savings of \$7.00. If you have some of these tapes, you can order the others. We especially recommend that you listen to the two lectures titled

Wesak 2000 - A Great Success!

Wesak 2000 meditation eve and first annual conference were a complete success. We had a beautiful candlelight ceremony and an evening full of sacred songs, readings from various inspiring texts, and meditation at the exact time of the full moon. Then we continued the week with a three-day conference at a retreat center in Carefree, Arizona. We learned and performed sacred dances and songs. We shared our thoughts in honoring the four great Teachers of the 20th Century, we shared thoughts on what is soul consciousness, and we had very creative and inspiring team presentations on the meaning of the rules for initiation. We do have video and audiotapes of the soul consciousness section of the seminar, but they are not the best quality because you cannot hear the

comments and ideas from the audience. If you are interested in this topic, we recommend you take a look at the series of seven tapes on soul consciousness by Torkom since most of the material was based on these seven tapes. We hope that next year we can make available for you good audio and videotapes of the seminar.

Wesak 2001

Our Second Annual Conference is scheduled to be held on May 11th, 12th, and 13th, 2001 at the Lutheran Retreat Center in Carefree. We will be planning it shortly and will give you more details in the coming months. A number of guest rooms will be available. Make your plans early and join us in the beautiful desert as we celebrate our spiritual brotherhood with friends from all over the world.

“Dying Souls,” and “How People Can Kill Your Soul.” These two lectures will give you clear information on what is happening to our modern way of life and how the components of our life are actually killing our souls. The other

lectures will give you the joy and courage to make the decisions and take the steps toward soul consciousness. You can also order the set through our website.

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accompanied by a release of the energies and thoughts and ideals contained in that book. Your reading, sharing, discussing, and thinking of the contents are helping spread these ideals. We encourage all co-workers to join the **Book Club**, share the books, form study groups of two or more students, and spread the Light of the Teaching.

Website Discussions

Visit our website and make your opinions and thoughts heard around the world through our discussion boards.

In the Personality and Soul lecture, Torkom gave many questions that we can think about and answer as personalities and as souls. We have posted these questions on our Website for your benefit and for discussion.

Here are some examples:

1. If you had a million dollars, how would you spend it as a soul and as a personality?
2. If you lost a loved one, how would you react as a soul and as a personality?
3. If you fail at something, how do you act as a soul and as a personality?

We are looking forward to hearing your responses on the discussion boards.

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stay alive and the sign of livingness is enthusiasm. 'One of us' means he is standing for labor, for sacrifice, for donations, for striving, for dedication. That is one of us. You are not looking for rest. 'Today I have many worries and anxieties. Let me go to that group and be in that atmosphere of prayer, of singing, of Teaching. Oh, I will rest.' Then he goes out and says, 'It was a nice feeling.' You will say, 'He is not one of us.' We are not for rest. We are for labor. Demonstrate your labor, what you did for the community, for the nation, for the groups.... I am actually not talking about our group. I am talking about standards. Are you fitting to that standard? What is your proof of meeting the standards?

"But one will say, 'I wish to perfect myself.' Really? Why do you want to perfect yourself? A medical doctor came and told me, 'I wish to perfect myself.' 'All right,' I said. Four days later I asked, 'Why are you occupied with nonsense, gossip?' He resigned because he was not looking for perfection. If you are looking for perfection your Teacher will be able to tell you that you have dirt in your nose, wipe it away. If you resign for that reason, you are not one of us. He will say that you are gossiping, you are showing off, and you become angry because you are not looking for perfection. If you are looking for perfection you will endure when your Teacher tells you that this way of functioning is not right for you. That is a very great sign. You can see some people who are doing many, many kinds of wrongs. You say, 'You are doing wrong.' 'If I am doing wrong,' he says, 'I will not stay with the group.' Then why did you come here? Your intention is to be perfect....

How will a stone be a statue if it does not tolerate you to chisel it? ... These are the signs that you are not ready for discipline, for honor, for nobility, to be something, somebody in your spiritual nature. When in the slightest suggestion you rebel, you are not seeking perfection.

"Ask, 'What reward dost thou expect?' He will say, 'The approach to the Teaching.' Why? The Teaching will change you, sublimate you, transform you, transfigure you. That is it, because you are looking for perfection. You are not looking for channels, for mediums, you are not looking for people to cherish you, cover your obnoxious nature. You are looking for somebody to reveal you to yourself. That is very painful. You need daring people around you who tell you how obnoxious you are. If you cannot stand that kind of test, you are not one of us. Do not misunderstand 'us.' I am not talking about us. It is very important. These things must be spoken, that people realize what a responsibility they are taking over them when they are entering into the Teaching. The Teaching is not for the self-seeking. The Teaching is for perfection. Every minute, every month we must see or the standards must see that those people who are approaching to the Teaching are changing, changing, changing. We had gossiping people. We had every kind of teacher, every kind of people, but in these people you can see one thing. They are trying so hard to improve because they are seeking perfection so that if they become perfect they become perfect servers, sacrificers. This is the right approach to the Teaching.

"You will rejoice, for his spirit has

knocked correctly. Knock, Knock, Knock correctly. There was integrity in his answer, there was power in his answer, there was synthesis in his answer, there was enthusiasm in his answer. He is seeking perfection; he is not looking for entertainment.

"Someone came here two years ago and said, 'I will never come to these meetings at all.' I asked, 'What is wrong?' He said, 'Nobody hugged me.' Really, nobody hugged you? Why will they hug you? Your mouth smells. You are not even clean in your clothes. What do you expect from people?... Is there no other way to express your love? I give a smile to you. That is my love. Why are you forcing people to hug you? They may hug you. They are free to hug you or not hug you. Why are you insisting that because you visited a group everybody must hug you? How nice. So if I need hugging I will go to nice beautiful groups and hug every girl there. That is your satisfaction?... They want to be praised like that. That is why they are coming. They are sick. They do not have inner potentials that they depend upon. That is why they are seeking different aids from outside. Stand on your own nobility, power, beauty, creativity, and people will love you. You do not even need people's love. What you need is that you must give your love and not expect any love from outside. 'Nobody praised me in that group.' Why will they praise you? Do you see how selfish it is, how self-oriented it is?

"You will rejoice, for his spirit has knocked correctly. He can begin to watch himself. It is the first step that that man, when you accepted him with the right answer, will manifest one signal. What

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is that signal? He will *watch* himself, how he is walking, how he is behaving, how he is talking, what he is feeling, how he is thinking. Does he criticize us, belittle us? Is he obnoxious? How does he behave? He watches himself and if he did something wrong he leaves his old standard. He will say, 'I wish I did not walk like that. I must walk that way. I did not behave that way,' so he watches himself."

"He can painlessly eject useless attributes. Painlessly, without somebody criticizing you, scolding you, making hints, you change yourself painlessly. 'Yes, I am acting like a joker.' Okay stop it, instead of somebody coming and hitting your head and saying, 'Do not be a joker' Painlessly you change many attributes.

"He will understand that not suffering is needed, but liberation. Suffering is not needed. The pressures of other people, criticisms of other people are not necessary because you are for liberation. Liberation means to make yourself free from everything that is ugly, not goal-fitting, not to the standards. That is it. Liberate yourself.

"He will understand that not a miracle is needed, but straight-knowledge. What is straight-knowledge? This is very much repeated in the Agni Yoga Teaching and people think that straight-knowledge means intuition. It is not. Straight-knowledge is immediate knowledge that comes from your Soul, from your chalice, from your Master, from a great Being. Immediately comes great knowledge. Your Soul teaches you what is the truth, what is the way you are going to act, and everyone of you has that straight-knowledge, but not everyone of you listens to it. When straight-knowledge

comes, you must obey to increase its flow. In straight-knowledge suddenly your heart says, 'Help this man.' Your heart says to sacrifice something. Your heart says to visit some sick people. Your heart says to help that family. These are straight-knowledge. Directly they come. They are not the result of your logic and reasoning. They are there. Like an arrow they come and tell you. But if you listen to it then the Source of straight-knowledge fuses with you and your mind becomes the reservoir of straight-knowledge. You have the answers at the moment you need them because you listened to them.

"He will understand that not intellectual learning is valuable, but realization and application. You think that you can learn everything in the books. ... If you open your mouth suddenly they have the answer, but when you look to their life, it is miserable. It is realization, not learning that is important. Realization means the Teaching is accepted, worked upon, and is really changing your nature — your physical, emotional, and mental nature is changed. This is realization. Something that is real above becomes real in your actions, in your emotions, in your thoughts. You learn in the Teaching that thoughts must be pure, like a diamond. Actualization is that you take that instruction and make your thoughts as diamonds.

"Exultant the first day, he will not droop on the morrow. The other day a gentleman called on the telephone. He asked to whom he was talking. I said, 'It is T.' 'Oh, wow, I have the honor to talk with T.' I said, 'What is the big deal?' He came here; he bought lots of books and then disappeared. He never

came back again. It happens. Exultant for a few minutes, enthused. Why did it happen? It is because the aura, the influence, the atmosphere excites them. They are excited, but excitement is nothing. Continuous education, study, meditation, attendance, devotion is necessary to change your life.

"He will walk like an elephant of happiness, pushing aside the brush. What is the brush? It is the non-essentials. When you see a man who is really dedicated to the Teaching, slowly, slowly he puts aside non-essentials, things that do not relate anymore to the quest of perfection, like an elephant of happiness.

"He will accept success as the smile of the sun. He will not say, 'I did all these things. I am so successful.' There is no sun there, the smile of the sun. You do not have success if success is not given from the highest. That is the success. If you think you are successful, that is your failure. Your success is your failure because your success is going to be your own grave. But when the sun shines, that is yours. God said to Moses, 'Go and hit that rock in my name so that water comes to you.' Moses said, 'I want water.' Water came but God's voice said to him, 'You will not see the promised land because you did not respect me.' Do you understand the depth of it? It is not you. You are nothing, even if you become Moses. You are nothing in front of God. Only God will be glorified which means total selflessness.

"He will drive away the scorpion of fear. Real devoted, dedicated people have no fear."

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The Future is Ours...*How to Approach the Teaching*

Temple Dances and Patterns

“People may not believe that our thoughts, emotions, and actions reduce themselves into micro-patterns in our aura that become either harmonious or antagonistic to the original patterns. Crystallization in the aura occurs when imposed patterns of energy block the flow of the energy circulation of the natural patterns.

“Dance and movement can be formulated upon natural patterns or upon imposed patterns. If a movement or dance is the expression of artificial, imposed patterns, then man crystallizes his aura more and more until he no longer has any opportunity to expand and grow. Such a crystallization blocks the relationship of natural patterns with the pure global and solar patterns. The interruption of the relationship makes man lose his sense of direc-

tion. The sense of direction assists man to follow the energy threads leading to the Central Magnet in the Cosmos.”

“Low order patterns can contaminate the auras of other people, impressing them with similar patterns. In the olden days the aura was spoken of as being a seamless cloth or robe. Its purity must be kept immaculate. This is why as one advances he tries to keep away from people and locations where many negative, anti-survival, and destructive patterns exist.”

“It is not easy to break these attachments and exercise detachment, but it is possible if one has a strong will and disciplined thinking. Dance can help us destroy such patterns and let the natural patterns reveal themselves.”

The Creative Sound, pp. 278-279

Contact us for information and a free catalog of books and music.
Audio and video lecture tape lists available.