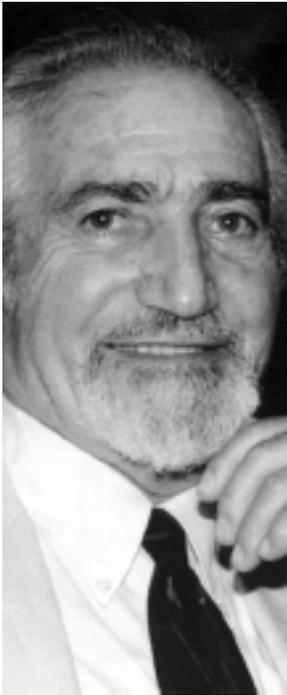


# O u t r e a c h

March • April 2001

THE SARAYDARIAN GROUP  
TSG PUBLISHING FOUNDATION, INC.

Providing practical tools for ethical living: Publishing • Spiritual Education • Meditation



## Mission

*The purpose of T.S.G. Publishing Foundation Inc., and Saraydarian University is to be a pathway for self-transformation. Our work is based on the Core Values and Higher Principles of the Ageless Wisdom. We offer a complete line of spiritual products and services, including intensive spiritual training on site and by correspondence. T.S.G. Publishing Foundation, Inc. is a nonprofit, tax-exempt organization.*

## Editorial staff

Gita Saraydarian  
Vivienne Pierce  
Nurhan Thompson  
Julie Rudzinski

## The Future is Ours...

### Being Aware Not to Distort the Teaching

By Gita Saraydarian

Buyer Beware! In every part of our consumer society, we have ways to determine if a product is good or not, we have ways of returning products we do not approve of, we have all kinds of research materials that will give us all the data needed to make intelligent choices. The roadmap for the Teaching is also available and clearly delineated. Why is it, then, that so many people fall into the wrong teachings? Why is it that this clearly marked roadmap is full of pitfalls, dangers, and charlatans for so many unsuspecting searchers?

Before the information revolution, one had to be admitted into a secret brotherhood, a monastery, or the local church to get trustworthy spiritual information. Fortunetellers and psychics were not respected by thinking people. Their reputations relegated them to the back alleys of life. However, in the last half of the twentieth century, the information revolution has made it possible for anyone and everyone with an idea to sell or for anyone with a business plan to make some quick money, to hitch themselves to the spiritual bandwagon. The problem is that everyone is using the same words, the same catch phrases, the same information and, of course, claiming the same sources to validate their products. Slick advertising and well-packaged products sell anything and everything. When the Teaching became more public in the beginning of the twentieth century, it became available to anyone trained or untrained, well motivated or not to use anything from

these Teachings for any purpose they wished. In the meantime, more and more people began searching for meaning from non-traditional sources.

Traditional places of worship have always set standards, rules, and regulations for the conduct of life. They set specific cultural and personal behavior models as well as specific expectations for their adherents. Today those searching for more meaning in life are challenging these traditional paths from both ends of the spectrum. Those who do not want to work that hard, want no formal ties, and basically wish to have personal salvation without the responsibility it entails want the anonymity of "spiritual" practice that is not too invasive and not too demanding. At the other end of the spectrum, there are those who are truly seeking something deep and meaningful to quench their thirsty and searching souls. They want to go beyond their traditional cultural and religious beliefs without denying the validity of these traditions. They are searching for the esoteric that was not readily available in the past. They are willing to do the hard work; they understand what it takes to be on the path. There are many other types of people who fall somewhere within this spectrum or even totally outside of it.

How do we clear the roadmap?

The most fundamental answer is that karma will pave the way; the heart will eventually lead each of us to the right teacher and the right teaching. No matter how many wrong turns we take and wrong paths we

Continued on page 2

The Future is Ours... Cont. from page 1

travel, eventually we will find the right one. Eventually we will stick to the Teaching like a drowning person gasping for air.

Should we, then, bother to concern ourselves with this issue? Yes. Why? Because all aspirants and disciples alike, all teachers and all students need to be aware of the issues of commission and omission. If we are aware of some of the pitfalls, we can help others to be aware themselves. We can also learn when to guide, when to be quiet. We can know when to correct, when to leave alone. We will know when a person is ready to listen, and when he will not hear us. We will know, most importantly, when we cross over the line and begin mixing the Teaching when we should know better. In short, we have a deep responsibility to communicate the Teaching clearly and truthfully and spread the ideals embodied in the Teaching at every opportunity.

There are many good teachers and great teaching centers in the world. There are very sincere and able disciples who stay true to the Teaching. But there are also many who distort and damage, knowingly or unknowingly. Sometimes the damage and distortion is deliberate. Sometimes it is a result of ego, vanity, illusion, glamor, that are the filters through which the information flows. Sometimes the wording and the message are so carefully organized that it takes a world-class detective to discover the distortions. Sometimes you know something does not "smell" right, but you cannot put your finger on it. You toss it around on your desk, in your mind, and finally you see the problem.

What are the problems?

What can we do about them?

Why bother with them?

We cannot make others change until they want to change themselves. The best that we can do is to be the best examples of students and teachers. All of us have a deep responsibility to make sure that we do not distort the Teaching.

Everywhere we look we see people selling what they think is the Teaching. Some of it is great, some is mixed up, some is totally self-motivated and wrong.

For example, some people are most sincere in wanting to help others, so they offer courses on meditation, massage, healing, color therapy, past life reading, aura reading, instant meditation, DNA restructuring and the like. There are people who are very sincere but ignorant of what they are truly doing; there are others who are interested only in making money, so they offer anything that seems an easy sell; there are still others who know they are wrong but continue to muddy the waters of human consciousness; there are those who are deliberate in their distortion; there are those who are used by obsessing and possessing entities to serve their needs.

We even have people who throw the subtle mechanism of the body around like popcorn: tune up the chakras, raise the fire of the Kundalini, become enlightened, cure yourself of disease and past karma, talk to angels, learn to channel, and so on. The good, the bad, the wrong, and the right are all mixed up and served up to unsuspecting people. The best that people can do if they fall into these traps is to practice them the wrong way and go on with life. If any of these are done with concentration and seriousness, we then get the telephone calls from

people who want help with obsessions and possessions; with chronic depressions; with visions of frightening images; the inability to read, study and concentrate; and much, much more. What happened? People were damaged from ignorant teachers, deliberately waylaid from the true Teaching, taken advantage of, and made part of rampant spiritual materialism.

We get calls and letters and advertising materials daily from those who profess to speak to Sanat Kumara, to speak to Masters, to be themselves Avatars and ascended Masters. We even hear of people who talk directly to Mother Mary and other saints, even though the most saintly of all women, Mother Theresa, never made claims, and no self-respecting church would claim sainthood for their clergy without the merit of scrupulous research and investigation. These materials promise eternal salvation through a few simple lessons and seminars. But the real cost is much higher.

Legitimate teachers everywhere battle the problem of "easy enlightenment" and try to steer their students away from psychics and mediums, away from charlatans, away from "quick fixes." Legitimate teachers are always concerned with the problems of filling the minds of students with information in contrast to encouraging them to strive to transform their lives.

In every great religious tradition the use of mediums, channels, lower psychism, obsessions and possessions is totally discouraged. In the Teaching, any work with lower psychism is forbidden for any student. In the great writings of H.P.Blavatsky, A. A. Bailey, Helena Roerich, and Torkom Saraydarian the dangers of lower psychism are explained in many books and in

*Continued on page 3*

The Future is Ours... Cont. from page 2

great detail. With all the information available, there is no reason whatsoever for serious students not to know the dangers.

Is it my intention to throw this mass of humanity in the garbage pail of life and condemn all of them? NO. It is my intention to have this dialogue to help each of us stay clear of any pitfalls in the way we teach, study, read books and follow teachers, and even approve or disapprove of certain practices. Disciples need to speak the truth and uncover the distortions and lies so that they do not fall into the trap of commission or of omission and, to make sure that they do not fall into the common “new age” traps and palliative statements and pronouncements. In the fast-paced, diverse society in which we live, we become eager to please and want so much not to appear to take any sides that we end up putting all the ideas, teachings, books, lectures into one soup pot and emulsifying them so there is no distinguishing identity left.

What we have here can be divided into two major categories:

1. Bad teachers
2. Distorted aspects of the great spiritual principles

Let us look at the bad teacher category, which includes some of the following:

- The well-meaning person who is taking on the task of teaching pre-maturely
- The well-informed person who has ulterior motives
- The salesman who is selling services and products
- The egotist who believes his/her own lies
- The person who has studied everything, everywhere, is a “master” of this or that, but has no integrated system of thought and gives mixed-up teachings
- The naïve person who teaches everything, anything, hears messages, is full of the “joy” and “wonders” of life, and is not aware of the danger he/she poses to others

This does not mean that we all pack our bags and never teach another class until we are “perfect.” It does mean that we can learn to be more humble, more watchful, more

awake. It means that a good teacher is, first of all, a good student. Such a person meditates, studies, strives to overcome personality habits, and keeps his body clean and pure. A good teacher leads by example and continuously strives to open new petals of perfection in his life. A good teacher learns the factual truths about the Teaching and also strives to transform himself. This is the dual track of the disciple. A good teacher tries to become an example of the Teaching.

The basic distortions of the Teaching are due to many reasons. Some of them are as follows:

- Relying on messages from discarnate entities vs. growing your soul through striving and living the life of virtue
- Confusing the essential with the non-essential
- Mixing the vices of the personality with the message being delivered
- Using the Teaching for spiritual materialism and self-centered reasons such as wealth, power; and using others to gain personal benefit; to gather wealth, homes, cars, travel, adoring followers and so on
- Confusing the basics of the Teaching, such as: the constitution of man, the aura, the Hierarchy and the Great Ones, the soul, angels and Solar Angel, meditation, chakras, healing, and the differences between the lower and higher psychism
- Confusing the real meaning of non-separatism vs. accepting every bit of information coming our way
- Confusion between loving the soul of all men and women and caring deeply for all of nature vs. tolerating and accepting everything without discrimination
- Simple emotional and mental immaturity that results in crises associated with drugs and alcohol, sex, money, and misuse of power (Teachers, students, leaders who have fallen can trace the problem back to one of these.)
- Vices of the personality such as ego, vanity, glamor, illusion, and so on that make the person full of fear, resentment, jealousy, anger, lack of self-esteem, and which become the filter through which they study or teach the Teaching

The Teaching is a name given to daily life practices that lead a person to a closer understanding of his or her role in life in relation to the Divine. The Teaching is a road map

continued on page 4

The Future is Ours... Cont. from page 3

to help all of us perfect ourselves and to be the custodians of everything on this planet. The Teaching explains the world of spirit and its relationship to the world of matter.

How, then, to stay pure in the Teaching? Torkom Saraydarian's deep insights go to the heart of the matter. In this quote from the *Ageless Wisdom* we can find many of the answers:

“People approach the Teaching as if it were a supermarket from which they can buy all that they need for their stomachs and bodies. But the Teaching is given to cause radioactivity and decentralization of self-interest and to make people learn the science of sacrificial service.

“As long as one approaches the Teaching as if it were a supermarket, he will not profit spiritually from it, although he can use whatever he collects from the supermarket to entertain himself and others and thus waste the treasury of the Teaching. Wasting the Teaching can produce sad consequences due to the following reasons:

- a. You lose your magnetism.
- b. You turn into a hypocrite.
- c. You exploit people for your own pleasure.
- d. You blind your inner eye and inner ear.
- e. You accumulate heavy karma.
- f. You fall into isolation
- g. You are born into unfortunate circumstances in your next incarnation.

“Just as people like to collect items of interest for their home, they also tend to collect ideas and information from the Teaching to be added to their mental collections, **whereas the Teaching is only to be used for the actualization of their higher potentials and to cause transformation in their life.** [Emphasis added.]

“The Teaching must be approached also with the intent to learn the following:

- How to love
- How to lose self-interest
- How to serve
- How to increase joy and freedom
- How to liberate people

“The Teaching is not a supermarket but a center for transfiguration and mastery. As yet, most of the places of

worship are not centers where people can learn how to renounce their glamors, illusions, maya, ego, and vanity, or learn how to step on the not-self. They are not yet centers where people enter the path of discipleship. Places of worship are usually places of emotional entertainment and abodes of personal ‘security.’ Some of them are mainly occupied with easing the path of glamor for others or occupied with taking advantage of others through psychic glamors and manipulative techniques. Many still refuse those people who point out their wounds and mistakes; they are still absorbed in the material world for most of their life.”

“People study the Teaching for three main reasons. The first reason is to gain benefit, good health, good business, good relationships with people, good feelings, calmness, creative ideas and thoughts....

“The second reason is to help other individuals, groups, nations, and humanity; to teach others the path of health, happiness, prosperity, and peace; to study and apply the Teaching to lead human evolution forward and bring universal transformation, making transformation reach such a degree that humanity finds ways to communicate consciously with the Higher Worlds.

“Others study the Teaching to insult and slander the Teaching and Teachers, to distort principles, and to present the Teaching to the public in such a way that they evoke rejection and even ridicule. The people in this third category use every available device of intellect to find ways and means to defile the Teaching. Sometimes they masquerade as knowing the Teaching of Great Ones and with subtle hints sow the seeds of doubt and slander.

“There are specialized groups which study the various ways and means to attack with great power the Teachings and the Teachers. It is in these groups that the origin of distortion lies. People begin to believe that the Teaching is really dangerous and harmful. This happens when people do not have access to the right Teaching, and they base their conclusions on the writings and speeches of those who are consciously engaged in distorting the Teaching.

“What is the future of these three categories?

“In passing through various psychological crises, the first group of people, those who study to gain benefit, will eventually make a breakthrough and graduate to the sec-

continued on page 6

The Future is Ours... Cont. from page 4

ond group where, through a developing and expanding consciousness, they will handle the Teaching for the good of all.

“It sometimes happens, however, that their egos become so nourished by the Teaching that they turn into fanatics or sectarians and form a separative teaching by themselves with what little they know. Such people complicate and disturb their brains to such a degree that they eventually fall into the third category and become enemies of the Teaching.

“The future of the second category is a glorious one. They meditate, serve, and sacrifice for the good of all humanity. These beings unfold and develop like lotus flowers, and they become more group conscious and inclusive until they eventually fuse with the group consciousness of humanity and the Hierarchy. They become bridges between humanity and the Higher Worlds, transmitting light, love, and energy to humanity.”

“The future of the third category is a dark one. Some will enter into the spheres of incessant suffering and pain. Others will be born with defective brains and bodies. Others will be forced to endure very painful experiences on Earth and in the Subtle Worlds. Their evolution will stop for a long time.

“If a few seeds of goodness are found in these beings, they will find themselves in those places and environments where they will experience intense pain, suffering, restrictions, limitations, and pressures so that the seeds of goodness in them multiply and spring forth.

“A few of them may lose their Guardian Angels; some of them may even lose their human souls and merge into the elements of chaos.

“The Teaching is the Law—the *Dharma*. It embodies the living fire given to humanity for regeneration and transformation....” (*The Ageless Wisdom* by Torkom Saraydarian, pp. 131-137.)

### Letters From Our Readers:

We received wonderful responses to our January/February issue of Outreach concerning the article Torkom's Legacy. Here is a beautiful letter from a “Grandma,” an active disciple despite her advanced age. She wrote:

“... *The Flame of the Heart* is so precious to me in a very personal way because it reflects the work “Heart” by MM—explaining and clarifying much of the subtle Teaching in that esoteric classic. I have studied and studied it, meditated on it and contemplated “Heart” so much that much of my more recent poetry reflects the inspiration and intuitive understanding gained in the study of this book.

“This is one of Torkom's most outstanding talents; being able to interpret, to delve deeply into and convey to his readers (students) what the Great One(s) wanted to teach at any particular time—to suit their need, to wisely guide by keeping the Teaching pure. Torkom was remarkably apt at that. He told it as it was—take it or leave it. But he did so in a kind and compassionate way.

“And most importantly, he presented the Teaching as he had learned and experienced It himself. Another of Torkom's outstanding talents, if not the most pronounced was (is) his unique simplicity. No big hard to understand words or “mind games” or unnecessary intellectual wording, for he spoke in easy-to-understand language so that even the most average intelligence could grasp the meaning he meant to convey.

“His other outstanding virtue was his joy, often expressed in his interesting manner and humorous storytelling; making his works uniquely his; never dull nor protracted. I found the telling of his many experiences gave his readers insights as to the “many sides” of Torkom. It was his outright honesty that was so appealing. And...he made no claims; he did not want to be worshipped, and he came down hard on the hypocrites who claimed they were Masters, etc., and those professing to be tirelessly working for the Common Good, when in fact, they were working for themselves....”

“What did Torkom bring to this era and to the world that will last longer than one lifetime? Synthesis. His works embody the continuation of the Teachings as presented first by H.P. Blavatsky, Alice A. Bailey and Helena Roerich. He synthesized all expounded by these three remarkable souls into his works, synthesizing, verifying, and simplifying the Ageless Wisdom Teaching, molding It into the needs of the New Millennium, so that future seekers, future minds and hearts can grasp, absorb, and utilize the Teaching as presented through Torkom's works in their

Continued from page 6

own lives and for the benefit of all humanity, everywhere in the world.

“He is a good example, a fine example of what a Teacher should be. Often, when people went to him for counseling, if he saw they were not ready, he would tell them so, rather than Leading them around by the nose as so many of the so-called teachers did when I was active in the work. He set a fine example of constant daily self-sacrifice by being at the Center as much as possible, over-seeing the office, often answering the phone himself, and being available to those truly needing help.”

“Torkom Saraydarian was truly (is) a great Soul, a great Being who emphasized the principles (like none before him) of Beauty, Goodness, Righteousness, Freedom, Joy and Culture. He saw beauty in everything and everyone. He practiced goodness, humility, patience, allowing others complete freedom to BE. Few Teachers there are who allow others to be themselves. And Joy, Joy, Joy, he was the most perfect expression of joy in a person I have ever known. Joy in the *Science of Becoming Oneself* is the most beautiful of all the chapters in his books. Through his eyes and profoundly simple words I found the true meaning of joy....”

“I know I have talked at length, but I have wanted to let you know how much, how deeply I love him, not only because of his ability to help, teach and guide me through many dark, muddy waters and extremely difficult circumstances, but mainly because of Who and What he was (is).”

\* \* \*

We appreciate your thoughts and opinions. Share your ideas, feeling, book reviews with your co-students. If you have a favorite book, a profound change in your life because of the Teaching and would like to share it with our readers, please send your letters to us. If you can, e-mail would be preferred. With the approval of our editorial board, we will reprint it in part or in whole in one of the issues of Outreach. We will keep your name anonymous.

### What to Expect in the New Millennium?

Several lectures were given by Torkom Saraydarian in 1991 and 1994 on the topic of the New Millennium. Let us take time to look at some very serious discussions concerning our duties and responsibilities in this new era. A wonderful little booklet was published last year titled *Entering the New Millennium* which talks about these issues. We encourage all our readers to study this booklet along with *Olympus World Report... The Year 3000*, and the book *The Year 2000 and After*.

### The Three Major Full Moon Festivals.

It is time to prepare ourselves for the Three Major Festivals of Aries, Taurus, and Gemini. This is the time that disciples at all levels prepare to begin the spiritual new year.

*“The Aries full moon is related to the resurrection of life that is in every form. We are advised to start the annual process of resurrecting our nature at this full moon.... We try to focus ourselves within our True Self.”*

*“The next important full moon is the full moon of Taurus, or the Festival of Enlightenment. Enlightenment is the ability to understand your path, your future, and your destination.... The Sage DK says that it is the greatest point of opportunity for people to take initiations, contact Great Ones, and eventually penetrate into Ashrams and the Hierarchy. Nothing is more important during the year in relation to your expansion of consciousness and spiritual progress than this full moon.”*

*“The third major full moon is the full moon of Gemini, or the Festival of Humanity....it is also called the full moon of Christ....of the Great Invocation or right human relations.... Someday this festival will be celebrated all over the world. All humanity will celebrate the concept of one humanity and one world....”*

(From *The Wisdom of the Zodiac* by Torkom Saraydarian, unpublished writings.)

### Back issues of Outreach

For other articles on topics covered in this issue, please see the following back issues of Outreach on our website

- March/April 2000  
“A Covenant with the Teaching”
- May/June 2000  
“The Role of the Teacher”
- July/August 2000  
“How to Approach the Teaching”
- September/October 2000  
“The Path of Service”
- November/December 2000  
“New Group of World Servers”
- January/February 2001  
“Continuing the Legacy in the New Millennium”

T.S.G. PUBLISHING FOUNDATION, INC.  
PO BOX 7068  
CAVE CREEK AZ 85327-7068 USA

NONPROFIT ORG  
U S POSTAGE  
PAID  
CAVE CREEK AZ  
PERMIT NO 192

# Outreach

TEL: (480) 502-1909 • FAX: (480) 502-0713 • E-Mail: [info@tsg-publishing.com](mailto:info@tsg-publishing.com) • Web-site: [www.tsg-publishing.com](http://www.tsg-publishing.com)

---

RETURN SERVICE REQUESTED



---

## ***The Future is Ours...Being Aware Not to Distort the Teaching***

---

### **The Importance of Communicating With Sacred Dance and Music**

“Music and dance are languages. If a person speaks nonsense all day long, or uses words and sentences without meaning, his mind will eventually degenerate. The mind is programmed for meaning; it is built like a calculator. If it is misused or damaged, it does not calculate properly. It is here to serve a specific purpose. It is created for Good. We are in the same relation to the planetary and solar Minds as words and sentences are to our mind.

“Dance and music were originally offered as gifts to humanity. They were created to advance the evolution of humanity, linking the human body, emotions, and mind to higher rhythms to higher ideas, visions, feelings, and geometrical formations. They were an effort to integrate humanity and align its consciousness with the consciousness of the planetary life and solar system.” - *The Creative Sound* by Torkom Saraydarian, p. 251

*Sacred Singing and Dancing will be taught at the Wesak Conference*

---

**Contact us for information and a free catalog of books and music.  
Audio and video lecture tape lists available.**

---

*All quoted materials copyrighted by The Creative Trust, by permission of copyright holder. All Rights Reserved.*