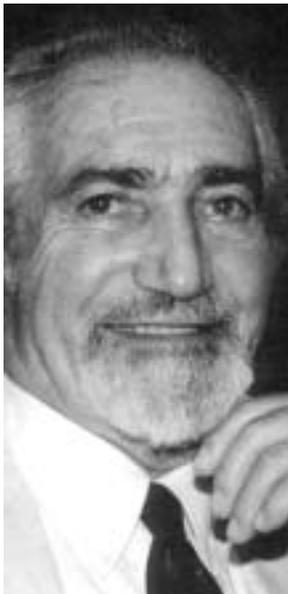


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Outreach

September / October
2003

A Free Bi-Monthly Publication of TSG Publishing Foundation, Inc. USA & UK



Mission

The purpose of TSG Foundation and The Torkom Saraydarian University (operated under the auspices of T.S.G. Publishing Foundation, Inc.) is to be a pathway for self-transformation based on the Core Values and Higher Principles of the Ageless Wisdom. We offer a complete line of spiritual products and services, including intensive spiritual training on site and by correspondence. T.S.G. Publishing Foundation, Inc. is a nonprofit, tax-exempt organization.

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Psychic Mechanisms The Unpublished Archives

Articles from the published and unpublished writings of Torkom Saraydarian

*In this issue of Outreach we are happy to present a chapter from an unpublished book **Initiation** by Torkom Saraydarian titled "**Psychic Mechanisms**." We have also reprinted a beautiful poem taken from **Hiawatha and the Great Peace** as well as an article on psychic protection. We hope you enjoy these articles and find in them much inspiration.*

Aspiration and striving toward greater spiritual values and states of consciousness gradually build in us those psychic mechanisms through which we contact the greater values and new states of consciousness and begin to function through them.

The readings from sacred books, the visions given to us by Teachers create such aspirations and such strivings.

At first these values and states of consciousness are like dreams for us, and sometimes we feel discouraged when we cannot establish a tangible contact with them. But slowly as the psychic mechanism comes into being, we see the gradual actualization of our dreams.

The formation of the psychic mechanism takes a very long time, and many

people may feel exhausted by their own aspirations and strivings. But after contact with new levels of consciousness the psychic mechanism sometimes appears in unexpected moments of our life.

Aspirations and striving never fail. Under the law, the building of the mechanism takes place, and the process of building is under the influence of our perseverance or fluctuations.

Aspiration develops the form of the psychic mechanism. Striving collects the substance with which the mechanism must be built.

Aspiration and striving help the substance in the body go through a process of transmutation. Also, they draw new substance from higher realms. Eventually they build the psychic mechanism (just as our senses were built) and use it on the level of the Soul.

Our whole psychic mechanism is the result of our steady aspiration and striving. Steadiness is the keynote. Steadiness is a kind of concentration of energies into the same direction.

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Psychic Mechanisms.... Cont. from page 1

Aspiration and striving generate various energies not only from human principles but also from the corresponding principles of the planet. But they become useless if the steadiness and continuity of perseverance are not there.

When steadiness is lacking, the accumulated energies in our aura turn into burdens on our whole system, and the agitated substances from our bodies create problems of health.

Every released energy must be used properly so as not to create congestion within our system. The arrow must fly to the target, and the river must flow to its destination. This is why the ancients highly recommended steadiness, perseverance, and concentration.

Energies are collected, increased, and used creatively only if one achieves control over them. One loses his control over energies when he lacks steadiness, perseverance, and concentration.

An uncontrolled energy can devastate our life. It is better not to have energy if the power to control it is not yet achieved.

It is interesting that our aspirations and striving fluctuate. Sometimes they fluctuate to such a degree that our past accumulations disintegrate and melt away, and we often start from the beginning. This fact is responsible for the delay in building our psychic apparatuses.

What may happen in the process of building a temple is that during the day the workmen try to erect the walls, and at night other people take away the walls. Such a labor can continue for years without result. The same happens to those who temporarily aspire and strive and then lose their enthusiasm for a while, and then after a long time start again.

The tragedy is that if this continues for a long time, the builders give up and the destroyers take

over. They not only destroy the remains of the temple, but they also destroy the foundations and the pillars upon which the future temple was to be built.

Rationality is one of the faculties that develops when people persevere on the path of aspiration and striving.

People lose their power of rationality when they lose the power of perseverance. They begin to act in a way in which you cannot see in them any rationality. Their actions and thoughts lose the path of reason, and irrationality controls them.

The cause of irrationality is the accumulated substance and energy in the aura that interact on each other without a plan and without a purpose.

When energy and matter go from one side of a closed barrel to the other side, the barrel loses its balance and makes "irrational" movements. Our mind loses its balance and rationality when it becomes subject to the chaotic energies over which man has no control.

This is why we are told that the unbalanced and irrational people found on the path of religion or on the path of spiritual endeavors are not guided by a higher light.

Irrationality is a state of mind in which there is no permanent direction. The directions of the mind are in the hands of substances and energies existing in the mental body, agitated and moved by outer and inner influences.

Irrationality is a universal problem. Minds that have no firm foundation and one-pointed direction are influenced by the irrationality of the world.

The mental ocean of the world is an agitated ocean with ever increasing contradictory currents. Only those who have strong aspirations and steady striving can sustain their rationality and balance and reach their destination. ❧

The Five Shields

(Excerpted from Chapter 22 of *Obsession and Possession*.)

In the Ageless Wisdom, five shields are mentioned:

1. the shield of the Solar Angel
2. the shield of the warrior
3. the shield of the Master
4. the shield of the Hierarchy
5. the shield of God

A shield protects one from the arrows sent by enemies. Enemies are

- dark forces in a body, or in the astral and lower mental planes, whose intention is to reverse human and global progress
- those caught by the six vipers of hatred, fear, anger, jealousy, revenge, and greed
- those who are conscious agents of the dark forces

The shield protects one from the arrows sent by these sources. Not only are the arrows deflected from the shield, but also sometimes they even bounce back and hit their own source.

1. The shield of the Solar Angel. The shield of the Solar Angel is always present, except when you act against the principles of Beauty, Goodness, Righteousness, Joy, Freedom, Striving, and Sacrificial Service. During the violation of these seven principles, the Solar Angel withdraws Its shield to allow the karma of the person to create balance in his life.

Many of us violate these principles daily, but it is possible to allow the Solar Angel to extend Its shield over us through the following steps:

- a) Regret the occasions in which you violated the seven principles.

- b) Decide and pronounce to your Solar Angel that you will do your best not to violate them again.

- c) For two to three minutes, visualize your Solar Angel spreading Its shield of light five to seven feet all around your body, in a ruby color.

- d) With the palm of your right hand, pass over your solar plexus as if you were patching a hole in it.

- e) Visualize your entire body in light.

- f) Sit silent for two minutes.

This process should be done every day before or after your individual meditation. It can also be done in group formation to help build a group shield.

2. The shield of the warrior. To have this shield is not easy. A warrior must live

- a) a life of devotion

- b) a life of dedication

- c) a life of striving

- d) a life of fearlessness

- e) a life of harmlessness

- f) a life of solemnity

- g) a life of sacrificial service

Such a life changes the atomic structure of the three vehicles so that their atoms become sattvic – rhythmic and luminous. The four ethers also begin to transform the lower ethers. When this is accomplished at sixty percent, the shield of the warrior begins to be built. This shield begins taking form at the Third Initiation and is completed through the Fourth Initiation.

The shield of the warrior acts in the following ways:

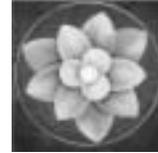
Cont. from page 3

- a) It protects those who are entering the Path, if they are sincere.
 - b) It protects the person from the attacks of dark forces.
 - c) It protects the person from malignant currents of thought and emotion.
 - d) It protects the person from various diseases.
 - e) It protects the person from subconscious eruptions.
 - f) It protects the pure Teaching.
 - g) It protects those who work for the Teaching.
3. The shield of the Master. This shield protects you when you are dedicated to the service of the Plan.
4. The shield of the Hierarchy. This shield protects the group. It is extended to a group when its members live
- a) a harmless life
 - b) a harmonious life
 - c) a sacrificial life
 - d) a life dedicated to group service
5. The shield of God. The shield of God can be worn when all of your karma has exhausted itself. This shield protects you from solar storms, solar winds, and from hierophants of the Dark Lodge. *(Copyright The Creative Trust. By permission of Copyright holder.)*



Zodiacal symbols for Virgo and Libra taken from an ancient Armenian manuscript. Free set of twelve cards included with any order upon request.

The latest CD's of Torkom's musical compositions have been released: *Dance of the Zodiac, Sun Rhythms, Tears of My Joy* (\$14.00 each plus shipping and handling)



Free Music Cassettes of Torkom's music are available with any book order.
(While Supplies Last)

Beautiful music that heals and uplifts....

If you wish to explore the topics covered in this issue with more depth, we recommend the following works by Torkom Saraydarian:

1. *Psyche and Psychism* (\$60.00)
2. *Breakthrough to Higher Psychism* (\$10.95)
3. *Obsession and Possession* (\$25.00)
4. *Other Worlds* (\$27.00 & \$38.00)
5. *Hiawatha and the Great Peace* (\$10.00 & \$12.00)

Lectures on audio cassettes (\$8.00 each):

1. *True Psychism* - 3/7/82
2. *Agni Yoga (How to Enter the Fiery World)* 7/1/90
3. *Building our Higher Bodies*, 4/21/96
4. *Psychic Attacks*, 5/18/83

For ordering information, see

www.tsgfoundation.org or Tel: 480-502-1909



Turn to Page 5 for this month's poem

Hiawatha Fights Against

Dark Forces

TSG News

♥Would you like to experience the beauty of taking a **meditation lesson at The Torkom Saraydarian University**? If you have always wondered how seed thought meditation is practiced and the positive effects of having a teacher guide you and work with you, this may be the next step for you to take. We have a series of meditation courses based on fundamental books by Torkom. **When you purchase any of these books, you receive the first lesson free online.** If you wish to continue, you simply sign up online and pay the registration fee and the fees for the lessons starting with lesson two. For details contact us or visit our website.

♥An advanced class will begin on **September 9th on the topic of Higher and Lower Psychism.** This class can be taken on-site at the TSG Center, Online, or by Mail correspondence. We will study Psychic Senses, Mediums, Subtle Emanations and practical steps to the Fiery World. If you are interested please call us for information and needed qualifications.

♥We have books with **slightly damaged covers** in our bookstore for **50% off.** Call us for available titles.

♥**Thank you!** We deeply appreciate everyone who is contributing to TSG. Your generosity is vital in allowing us to continue and to expand our services.

We ask all our readers to consider contributing a monthly tithe to support our work. A continuous flow of donations will guarantee that we will be able to continue to publish, distribute, and preserve the works of Torkom Saraydarian for many generations to come.

♥**Volunteers!** Volunteers are needed at TSG Center. We have a variety of tasks that need to be done, from general office upkeep to computer and manuscript work. Please call us at 480-502-1909 if you are able to help or email us at gita@tsgfoundation.org.

♥**The *International Brotherhood Fund* supports books to libraries around the world. To date, 1700 books and 400 music cassettes have been sent as gifts.** TSG is planning to give thousands more to groups, churches, and libraries. See complete details online at: www.tsgfoundation.org. If you know of a group or Church who would like a set, let us know. Or, you can contribute to the Fund and we will find the recipients.

Hiawatha Fights Against Dark Forces

*One day
when these three friends
were visiting
the villages of the Onondagas,
they heard about
certain fearsome appearances
which occurred,
sometimes at day,
sometimes at night,
causing intense fear
and depression to the people,
in such a degree
that people often
were forced to leave*

*their homes and run away,
to wander in the deserts.*

*The people told Hiawatha
they had seen
hairy heads,
bloody heads of animals
and men,
flying in the air around them
with threatening, fearsome expressions.*

*Sometimes they were in
the forms of serpents,
huge black bears,
and cats.*

*They came suddenly,
passed in front of their eyes,
or tried to attack them.*

*After listening to all these stories,
Hiawatha
secluded Himself with His friends
in a forest
and tried to speak
and communicate
with the Great Spirit.*

*One night when He was still
awake,*

Continued on page 6

Hiawatha... Cont. from page 5

*a human head appeared
in front of His eyes.*

*Hiawatha
sent an arrow of thought
and hit the head.*

*The head fell down
and melted away
in the ground.*

“These appearances,”

*He concluded,
“are the fabrications
of a witch,
a black magician.*

*I must find this person
and free people
from fear
and give them back their sleep
and their joy.”*

*The light of the Great Spirit
guided Him
to a cave*

*where three witches
were burning certain herbs
and chanting certain words.*

*Hiawatha
very carefully
approached their dwelling
and heard their chants.
They were building
thoughtforms of ugly animals
or ugly forms,
ensouling them
with spirits of darkness,*

*and releasing them into the air
to carry fear, diseases,
depression, separatism and hatred
among His people.*

*Hiawatha and His friends
slew them
in a sudden attack.
The magic of wizards
could not prevent
the power of Hiawatha.
Hiawatha and His friends
not only
slew the wizards
but also destroyed
all their tools of magic
and buried them in the ground.*

*After this seventh labor,
Hiawatha and His friends
visited the villages
and gave
the good news to the people.
All the chiefs and warriors
were gathered
around
Hiawatha.*

*After a long silence
Hiawatha explained to them:*

*“Every human being
has an enormous power
within his head,
around which there is
a fiery mist,
visible only to eagle eyes.*

*“With his mind
man can form
beautiful or ugly creatures
out of the substance
of the fiery mist
and send them to Space
as beasts,
or as angels of beauty.
These thoughtforms
can serve
as the bodies
of dark spirits.
If they are ugly,
they spread poison,
sickness, fear, and depression.
But if they are beautiful,
they spread
joy and bliss,
creative vision,
friendship, love.*

*“The source of all these
is the human mind,
and those who exercise
evil magic
must not only be forbidden,
but even
must be annihilated.*

*“I advise you
to be careful,
so that black magic
does not grow
among you,
as it serves
as a channel
for all dark forces*

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Hiawatha... Cont. from page 6

*in the sphere
to contact human beings
and destroy not only
the works of their own hands,
but also of their children."*

*After such a speech,
people were
extremely careful
not to contact
or tolerate
all those
who were
occupied
with black arts.*

*In another meeting,
Hiawatha
again emphasized this subject
and said,*

*"Any article belonging
to witches and wizards
must be destroyed,
as any article they touch
is charged by their evil
and dark thoughts;
and sometimes these thoughts
remain with the object
for a long time,
bringing destruction to those
who use it.
But if your heart is pure
and if your thoughts are good
and inspired by the fire
of the Great Spirit,*

*any evil thought
or arrow of ill will
returns to the one
who sent it,
causing great damage to his soul.*

*"Thus,
protect your children
and your wives
from these evils
in any way you can,
because
unless they are stopped
or destroyed,
the human soul
cannot advance
toward the Light
of the Great Spirit.*

*"Now
we have three more labors.*

*"The major one is
to create a five-pointed
star of the confederacy,
as the foundation of unity
of all tribes.*

*"The next one is to compose
the network of rules
of the Great Peace.*

*"The last one
is to impart
certain principles of the Higher
World
to all people.*

*Let the Great Spirit help us
to do our duties..."*

(Excerpted from *Hiawatha and The Great Peace* by Torkom Saraydarian, pp.21-26 by permission of The Creative Trust. All rights reserved.)

Hiawatha and the Great Peace, an epic poem by Torkom Saraydarian, is an inspiring story about a great Indian hero. We read about his life, his belief system, how he approached and overcame challenges and crises, his respect to all members of the community, and his battles against ignorance and evil. We see how he was inspired and led into great Teachings, revealing the Ancient Teachings in his daily life and daily relationships.

*"I wrote this book with deep admiration of the Hero Who was human and Divine and with a deep desire to see similar heroes appearing in the arena of our troubled earth."
(Torkom Saraydarian)*

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Calendar of Events: September & October 2003

Cave Creek, Arizona Schedule: TSG Foundation

TSU Fourth Year Classes: Higher and Lower Psychism: September 9th, 16th, 23rd, 30th, October 7th, 14th. By registration only. Tuesdays, 7-8 pm. Also available online.

Full Moon Celebrations in Cave Creek:

- **Sunday, September 7th**, 10:00 am to 11:00 am, Sun in Virgo. Lecture and meditation with Gita Saraydarian. Donation: Love offering.
- **Sunday, October 5th**, 10:00 am to 11:00 am, Sun in Libra. Lecture and meditation with Gita Saraydarian. Donation: Love offering.

Sedona, Arizona Schedule: The Ageless Wisdom

Group: Full Moon celebrations and lectures with Damon Catizone will be held at the Sedona Creative Life Center (www.sedonacreativelife.com). For more information call: 928-284-3836

United Kingdom Schedule: TSG (UK) Ltd.

The London Seminar is scheduled for September 19-21, 2003. Contact Catriona Nason for details: info@tsg-uk.org / 020-8979-8444

For information regarding meditation courses in Edinburgh, Scotland contact John Dumigan at: jd@tsg-uk.org or 0131 228 9101

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