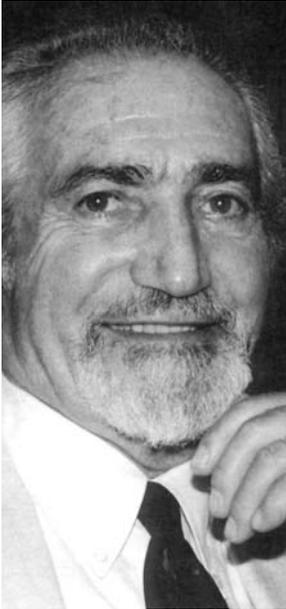


March / April 2005

Practical Tools for Ethical Living • Publishing & Distribution • Spiritual Education

Outreach

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Our Prosperity Potential

Dear Friends: In our second edition of OUTREACH for 2005 we are continuing our focus on the spiritual foundations for success and prosperity. The following article by Torkom Saraydarian discusses how to increase our prosperity potential. For your enjoyment we have also included information regarding the difference between Mediums and Mediators excerpted from the newly released book The Solar Angel, Volume II.

To increase the prosperity potential means to release the Inner Abundance on all levels of our expression. This is what self-actualization is. The Inner Abundance must express Itself as abundance on spiritual, mental, emotional, and physical levels. It must start from the spiritual level: spiritually you must be prosperous if you want to be prosperous on the lower planes and enjoy your prosperity on lower planes.

We can increase our prosperity potential by establishing a contact with the Source of abundance within us and the Universe. This is the first requisite. Unless we establish this contact and prepare our bodies to receive it, we will not be in prosperity and abundance.

How can we have abundance? There are seven main techniques which have been used throughout ages with great success. They are:

1. meditation, which includes affirmation and visualization
2. sacrificial service
3. joy and ecstasy
4. actualizing the virtues and visions contacted through meditation
5. sharing
6. expansion of the field of knowledge
7. perseverance

1. Meditation puts a person in contact with the Source, and eventually he is fused with the source of abundance within himself. Meditation is a search for your Core, a search for what you are, where you are in your essence. Meditation is a transmutation process into your True Self. Once the Self is contacted, man is in abundance physically, emotionally, mentally, and spiritually.

Affirmation is the action of the will to make the subjective manifest into objective form. In affirmation one exercises his divine rights to create and bring the vision into manifestation. At the moment of affirmation, one must stand in his own pure spiritual being beyond the doubts of the lower elementals and their limitations.

Visualization is the ability to impress upon matter higher possibilities. Visualization is a process to build a path toward the future. It is in the act of visualization that the future is translated into the terms of the present need. Also, it is through visualization that the Cosmic effect of our direction is perceived.

2. The second technique is sacrificial service. Nothing can be given to you from the Source of abundance if you do not evoke it by your sacrificial giving and service. In reality Nature does not give anything—it exchanges. Our sacrificial service is the best way to exchange abundance with Nature.

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Taurus - Bull

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Everything we do, speak, and think must carry the fire of Beauty, Goodness, and Truth. This is service.

In sacrificial service you act, you speak, you think as if the One Self were expressing Itself through you to increase Beauty, Goodness, and Truth.

3. The third method is joy and ecstasy. Joy puts us in contact with abundance. Without joy one cannot come in contact with his True Self. Joy is the revelation or release of the light and beauty of the Self. Joy makes you generous and inclusive. Joy uplifts your understanding. Joy creates the needed resonance in your aura to attract abundance from Nature.

Ecstasy is a moment of total contact with the joy of those forces which transmit life, vision, and beauty. In ecstasy, man burns out all accumulations in his aura which hinder his expansion and contact with the essence of beauty. Ecstasy is a moment of resonance with the center of unity beyond all apparent cleavages.

4. Actualization of virtues is a daily effort to live by the standard contacted in your meditation and joy. It is very easy to be holy and beautiful in your meditation, but it needs hard work and determination to be holy and beautiful in the jungles of daily duties and responsibilities.

Actualization of virtues needs watchfulness, concentration, and patience. Unless we actualize the virtues, they cannot be operative in higher realms. Actualization of virtues brings those energies into our life which are absolutely necessary to create and enjoy abundance.

5. Sharing is the ability to make energy circulate and bring life and beauty to all those whom it contacts. Any flow, current, or circulation that is hindered or blocked creates short circuits, congestion, and destruction. The energy must flow, circulate, and purify all impediments.

Sharing is a good way to get rid of all your blocking, selfish, and greedy elements. These elements crystallize in your nature and prepare your future failures, if at the right time they are not dissolved by the fire of sharing.

In olden days, the Guides of the race advised us to perform sacrificial acts and share our resources with the Invisible Reality. This we learn from the ancient Vedas and the Upanishads. Sacrificial acts were ways to share one's abundance with Nature and with all visible and invisible beings.

Sharing loosens and cleanses all crystallizations on the path of the divine flow of abundance. Learn to share.

6. The sixth technique is expansion of the field of our knowledge. Knowledge is awareness of the laws of the economy of Nature. As we increase our knowledge, we fuse with the divine Mind to a greater degree. We begin to function within the causal side of Nature more than with the phenomenal part of Nature.

Knowledge enables us to cooperate with the laws of Nature and be a better part of Nature. But it is very important that knowledge of Nature not be used to destroy Nature. The knowledge that is used to pollute and poison Nature is the way only to make the life of the planet end itself with all the luxuries that such a knowledge gave us. My mother used to say, "If you take care of your cow, you will have good milk!"

The knowledge of Nature must be used not to increase luxury, but to make people more beautiful, healthy, intelligent, and free. Divine abundance cannot be used to exploit people or allowed to be wasted on our animal pleasures and vices. Divine abundance is there to make us prosperous. To be prosperous means to be free, beautiful, healthy, full of joy, and free from want.

7. Perseverance. Nothing great can be accomplished in the Universe without perseverance. Perseverance is focus, is concentration, is tension, is continuity to

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TSG Mission Statement

The purpose of TSG Foundation and The Torkom Saraydarian University (operated under the auspices of T.S.G. Publishing Foundation, Inc.) is to be a pathway for self-transformation based on the Core Values and Higher Principles of the Ageless Wisdom. We offer a complete line of spiritual products and services, including intensive spiritual training on site and by correspondence. T.S.G. Publishing Foundation, Inc. is a nonprofit, tax-exempt organization.

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break through all limitations. Perseverance is the sign that spirit is taking over matter. Perseverance is the sign that the snow of the obstacles is being melted away by the influence of the divine Spark in man. Perseverance is the sign that man is sublimating his vehicles to enable them to absorb the spiritual Fire and transmit it safely.

It is through perseverance that the willpower is eventually brought into action and the bodies of the vehicles of the Spirit of man are trained, disciplined, and transformed. It is through perseverance that the flow of impressions from higher realms is kept continuous. It is through your perseverance that the Guides of Light recognize you and accept you as a co-worker.

Perseverance makes the abundance of the universe flow through you. One of the greatest laws about which so little is written is the Law of Continuity. Perseverance is an effort to cooperate with the Law of Continuity.

With these seven means you will create the cause of your prosperity. In other words, you will create your karma of abundance; when the cause is created, the result will never fail to appear.

Karma is what you planned in the past for your future. This planning was done consciously or unconsciously. If your thoughts, actions, words, and emotional reactions created a wall to prevent the flow of the blessings of divine abundance, you will fail every time you try a new way to have abundance. Of course, you can change the situation with great sacrificial efforts and planning wisely for the future, but you must know that you reap whatever you sow.

You can build a karma of abundance by organizing your life in such a way that you always give. Give your wisdom, your guidance, your love, your serenity, your money, your labor, your energy, and Mother Nature will give back to you with high interest. This is what karma is. Christ said, "To those who give will be given. Those who do not give, the things that they have will be taken from them."

The Great Universal Computer never fails to record any act of giving, even if it was a cup of water given to a thirsty man.

Divine abundance comes to you in rare moments. For example, a friend of mine had an accident and four people were killed around him, but nothing

happened to him. His karmic bank was full of great sacrificial deeds.

There was a story about an old man who saw a fruit tree half broken. He went home and brought some cloth and wrapped the tree with the cloth and mud. Ages later, the tree was still a tree on the riverbank, and the old man, this time as a child, was swept away by the current. He was desperate and felt that his life was going to end in the deep rapids, when suddenly he hit a branch and grabbed it.

The story says that, exhausted and depressed, the boy slept under the tree. In his dream, a voice came out of the tree and said to him, "My friend, at last I have paid you back for what you did for me two thousand years ago.... Peace be with you."

The boy remembered the dream and the old tree.

Abundance is the result of unity, whether it is psychological or individual unity, group or national unity, or global unity.

Separatism eventually leads into depletion and depression. Unity leads to abundance and prosperity.

The depression in the world economy is the result of the cleavages between nations and the result of efforts to perpetuate such cleavages. The great Lord once said, "Every kingdom divided against itself is brought to desolation; and every city or house divided against itself shall not stand." (Matthew 12:25)

When you are working through Beauty, Goodness, and Truth, you are linking your physical, emotional, and mental nature to the Source of abundance, to your True Self, the God within you. When God within you releases Itself, It gives energy to your threefold nature and fills you with abundance because Beauty, Goodness, and Truth are three streams of abundance pouring out from the ocean of your divine Self.

It is also important to know that there are many fiery devas or angels who work in close association with those whose lives are dedicated to Beauty, Goodness, and Truth. Through currents of impression and thought they bestow their help to such individuals.

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Mediums & Mediators

If the medium is of a high order or caliber, he must have his Rainbow Bridge built between the lower and higher mental planes. Once he is able to penetrate the higher mental plane, he begins to develop his mental senses, which are

Names of Mental Sense	Correspondence
-Higher clairaudience	-Hearing
-Planetary psychometry	-Touch
-Higher clairvoyance	-Sight
-Discrimination	-Taste
-Spiritual Discernment	-Smell
-Response to group vibration	-Common sense
-Spiritual telepathy	-Intuitive perception

Because of his level of consciousness, his unfolding senses, and the development of his higher centers, such a medium comes in contact with his Inner Watch, Who is generally called the Solar Angel or the Transpersonal Self. Once a medium is able to penetrate into the higher mental plane, he is no longer called a medium but a Mediator.

A Mediator is one who knows how to contact a source, knows the source he contacts, and is able to understand the communication or the message and translate it accurately. One of the great differences between a medium and a Mediator is that the medium pulls down the entities to his physical plane, whereas the Mediator raises himself to the level of the entities living in the higher mental plane.

One may ask whether a person can become a Mediator before he becomes a medium. Many highly developed Mediators were mediums first, or in their past lives, but they never used their powers until they passed through total purification, or through the Transfiguration Initiation. A Mediator must have full experience of the astral and lower mental planes if he wants to help those who are stuck there. Mediators with special protection can enter these planes and serve there without being caught by the dangers present.

One may ask how to discriminate between a Mediator and a medium? There are a few signs to watch for:

1. Observe their lives. Mediators are highly virtuous and have high morals. Mediums generally violate various

laws and ethics. Often many of them are caught by various vices.

2. Mediators have mastery over their physical, emotional, and mental limitations. Mediums serve their own urges, drives, personal interests, vanities, etc.

3. Mediators manifest strong psychic energy. They are capable of working long hours under disturbing conditions. Mediums are weak, non-magnetic, and pale looking. They run away from various duties and responsibilities, although sometimes they become highly violent, using their nervous energy or the energy of the astral entity they are controlled by.

4. Mediators are inclusive. They have a tendency to unify and synthesize. Mediums are generally separative and sectarian.

5. Mediators love beauty and work for beauty. Mediums do not see much difference between ugliness and beauty.

6. Mediators have a very pure sense of responsibility. Mediums in general do not have this sense.

7. Mediators are straightforward, clear, and to-the-point. Mediums are obscure and fuzzy in their thinking. Their messages are often very confusing and contradictory.

8. Mediators deal with the Teaching, with the evolving human soul and his destiny. They are impersonal and highly detached. Mediums occupy themselves with personal problems and personal interests. They like to impose themselves on others and are attached to persons and objects.

9. Mediators have a very beautiful quality of forgiveness and tolerance. Mediums maintain the memory of a painful or hurtful event for a long time, and carry feelings of unforgiveness and intolerance.

10. Mediators share and sacrifice. Mediums try to hold onto material objects, to things, and to make people serve them.

These are outer signs, but the inner signs are more important and they are related to the centers, the senses and their condition, the aura, the Rainbow Bridge, etc. For example, a medium uses his sexual and solar plexus centers. A Mediator uses his heart and head centers.

A medium's etheric body is generally swollen on one side; the Mediator's etheric body is very normal, but his aura extends out for ten to twelve feet. A medium can

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give his astral body for the purpose of obsession, but a Mediator can give his whole personality to be used for tulku. Tulku means a great spirit is using the Mediator's personality, as agreed upon, and during the time of tulku the Mediator is totally conscious of whatever transpires.

Of course, certain mediums imitate such a state and fabricate certain messages, but an intelligent person can easily recognize imitation by the fruits it gives.

To be a tulku is not an easy matter. The Mediator must at least pass the Transfiguration of the personality to be able to allow a Great One to carry out through him a task for the service of humanity. Also, a Mediator must be able to focus his consciousness upon the higher mental plane and consciously work there in the light of his Watch.

A medium cannot penetrate into the higher mental plane because of the unreadiness of his mechanism and because of the karma he has built by transgressing certain subjective laws and by interfering in the personality problems of his customers.

Thus a Mediator has a great amount of freedom and many treasures to use for the benefit of humanity. Psychic powers gradually develop, life after life, if one does not violate the laws of Nature and misuse his powers. The great Teachers say that we must not use our psychic powers until we pass the Transfiguration Initiation. After that it will be safe, due to the following:

- The psychic has a purified personality.
- His ego has vanished.
- He is not running after his self-interest.
- There is no separatism in him.
- He has full knowledge of the karmic law.

How can a lower psychic or medium progress on the Path and go toward Mediatorship or Masterhood? The steps are very easy:

1. Continuous and regular mediation
2. Evening review
3. Studying the Teaching and scientific matters
4. Sacrificial service
5. Development of enthusiasm, solemnity, and the sense of global responsibility
6. Purification of the heart and motives
7. Concentration on the image of perfection

There are honest and pure mediums. They give something worthwhile to people. But they do not know that they are in contact with their Solar Angel, or telepathically in contact with an advanced disciple.

Such mediums must be educated and trained so that gradually they make better and conscious contact with their Solar Angels, and eventually stand face to face with Them.

It is only after the wisdom of the Solar Angel is assimilated and actualized that a true living Master comes in contact with a medium to convey the plan of His labor on earth. This is why advanced disciples must exercise tolerance and try to educate people who are sincerely devoted to communicating with higher sources of wisdom.

Some trance mediums leave their body and wander in astral or lower mental planes. This is considered very dangerous for the medium because not only does he separate himself from the body but also from his Solar Angel. This is very dangerous because, first, the vacated body can be possessed by certain entities, and the medium's mental body can fall into their control.

Second, the Solar Angel becomes dissatisfied with the trance medium's action and may stay detached or leave the trance medium for a short or a long time or forever. The Solar Angel does not like to live in such conditions.

During sleep the Solar Angel protects the human soul and, if possible, leads him to places where he can learn or serve. He does not like the person to be occupied with astral or mental corpses or disembodied entities.

When mediums receive answers for your questions and problems from etheric entities or ghosts, you must be careful not to build your life on the foundations of those answers. You must remember that the consciousness of the etheric entities is more limited than yours because of the conditions in which they live; they are mostly earthbound and full of violent emotions and plans. You can find a better answer if you approach your Soul, the Inner Guide.

(Excerpted from *Solar Angel, Vol. II*, chapter 18 by Torkom Saraydarian. Printed by permission of Copyright Holder, The Creative Trust. All rights reserved.)

T.S.G. NEWS

☞ **New Book Release:** *The Solar Angel, Volume 2* has just arrived. Our friend Mary Senter lovingly compiled this volume from published and unpublished writings by Torkom. It is a beautiful and wonderful addition to our understanding of the sacrifice and service of the Solar Angel. To order a copy, you can call us, email us, or order online. It is 446 pages, \$35.00 (plus shipping & handling), and available in Soft Cover only.

☞ **Wesak 2005** registrations are now available by telephone, mail, or online. Make plans early for this important event. The entire conference is designed to help in your transformation process from the physical, emotional, mental, and spiritual angles. We use lectures, sacred songs, sacred dance, meditation, and group discussion to have an intense and unforgettable experience. Detailed information is available by mail or online.

Registration Deadline: March 31, 2005

☞ **2005 Seminars:** Gita Saraydarian held a successful seminar in Mexico City on January 29th -30th. Plans are underway for Gita to present a second seminar in Mexico City in May. TSG-UK is planning a seminar in London on September 2-4th.

☞ **Free Books to Libraries** program is still continuing with a total of 54 sets of books mailed to date. If you know of a public or group library that would like to have a set of gift books, please contact us. If you wish to contribute toward this program, please call us. Detailed information is available by mail or online.

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☞ **The 2005 Full Moon Calendar** is online. Contact TSG Foundation for a printed copy.

Resources for Prosperity and Success from Torkom Saraydarian:

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- *Solar Angel, Volume II*
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☞ In 2005, the *OUTREACH* articles will feature the spiritual laws of prosperity and success. We hope that your life will be prosperous and successful in all ways. If you would like to share experiences of success and prosperity, send us your articles by email and we will consider it for publication.



Leaves from My Spiritual Journey

By a Student from the Meditation Course *Challenge for Discipleship*.

Question: How do you radiate joy and demonstrate this toward others? Contemplate accomplishing this as a spiritual service.

Answer: When executives are facing ethical issues about the way they run their businesses, it is difficult for an employee to stay motivated and serve while they are threatened with constant layoffs and the negative vibrations of people worrying about losing their jobs. I do not have the power to tell the people who run my company of their ethical duties.

I can work around the negative vibrations of worried co-workers, angry investors and frustrated politicians. I have the power not to allow their negative energies to affect my force field. I have the Teaching that instructs me on how to protect my force field with higher energies. I have the power to control the way that I practice my work ethic. If I were to get laid off, my work ethic would be a valuable commodity to potential employers. I can apply renewed effort in serving others without expectation of reward. Focusing on the joy of labor will remove the inclination to spend precious time in gossip, malice and slander.

Torkom Saraydarian in *Challenge for Discipleship*, p. 41 stated, "A disciple tries to be respectful at all times, even toward his enemies, even toward those who hurt him. Respectfulness is a very esoteric quality. You cannot be respectful until you raise your consciousness to the level where you start sensing that in each human being there is the One Self."

I want to share on the following passage from Agni Yoga because these paragraphs pertain to my workplace where I find ample opportunities to serve others, work as a team and radiate the joy of labor. To know the joy in labor ensures that one will never lack in low morale. Low morale is a problem in the high-tech workforce.

Labor is one of the ways in which we can apply the Teaching on spiritual service. Spiritual service manifests as practical service on the physical plane.

Agni Yoga, paragraph 347. "People often talk about untiring labor, but in their spirit, they fear it. One cannot name anyone who, without broadening of consciousness, can find joy in endless labor. Only Our people will understand how life is fused with labor, drawing from it strength of achievement. It can be understood that, just as fire is inexhaustible, so also is the energy that is derived from labor. The fulfillment of Agni Yoga begins from the moment of realization of labor. But if the energy to sustain the fire is insufficient, cloudbursts will begin to extinguish it. The tension of energy does not come from a command of the mind, nor does it increase by a command from without. It grows only from within. However, only a free consciousness can transform labor into a festival of spirit..."

I think of my teammates, the people who are working on the project with me as if they are co-disciples by honoring the seed of divinity within them. I practice the Teaching when I recognize the divinity in others.

I would also like to include the following statements from *Challenge for Discipleship*, pp. 38-39:

"A disciple always tries to create opportunities to cooperate with co-disciples. He does not compete with them; he loses himself and finds the Group Self in discipleship."

"In discipleship no one works for himself. No one claims that the work done was done by himself. No one asks recognition for the work done. The completed work shines and gives joy to all co-workers."

"Thus a disciple advances through the steps of self-renunciation. If a disciple works to shine for himself, to show off and feel that he is somebody, to be better than somebody else, he slowly prepares his own downfall."

"A disciple exercises strong control upon his inner and outer tongue, so that he does not encourage his lower self to appear and obliterate his true victorious Self- Who does not need recognition but service and labor, for the good of all."

At this time in my life, I am mindful of the importance of self-renunciation in not expecting anything in return for my goods and services. It is a great opportunity to be of service and make sure my motives for doing so are based on pure selflessness.

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Calendar of Events March - April 2005

Cave Creek Schedule: TSG Foundation Center

- **Sunday, March 27th, Easter Celebration and Sun in Aries.** Full Moon lecture, Communion, and meditation with Gita Saraydarian. 10:00 am to 11:00 am.
- **Saturday, April 23rd, Wesak Meditation.** 8:00 pm to 9:00 pm at the Lutheran Retreat Center. Everyone is welcome to join us.
- **TSU Classes: March 1,8,15, and 22nd.**

Sedona Schedule: The Ageless Wisdom Group
Full Moon and lectures. For information call Damon Catizone: 928-282-3242. ageless-wisdom-group@earthlink.net

United Kingdom Schedule: TSG (UK) Ltd.

Meditation Courses in Edinburgh, Scotland: Contact John Dumigan at 0131-228-9101. jd@tsg-uk.org

Denmark Schedule: TSG (DK)

Meditation Courses in Aarhus and Holstebro ongoing: For schedule, contact Lasse Ljungholm at +45 30227316 or +45 86187316. ljungholm@stofanet.dk or Marianne Secher at marianne@secher.info

Peru Schedule: TSG (PE)

Meditation and Full Moon Courses in Lima ongoing: Contact Gladys Moran at gmoran@terra.com.pe

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"The weakest thing is a drop, but it can drill through rock."
(The Science of Meditation, Introduction by Torkom Saraydarian)



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