

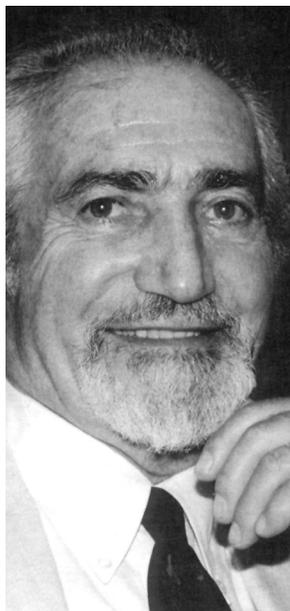
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Outreach

May / June 2005

A Free Bi-Monthly Publication of TSG Publishing Foundation, Inc. International



Thoughts, Wishes & Prosperity

Dear Friends:

During the year 2005 we have been concentrating on the topic of how to have greater abundance and prosperity in every part of our life. We have printed wonderful articles in this year's issues of *Outreach*. Now, we will focus on the mind and the mental conditions necessary to have and enjoy the abundance of the universe.

your mind and your thinking process, we strongly recommend this book. If you wish to know how to stay on track and strengthen your deeper and higher mental processes, you will find that the contents of this book will take you on the path of deeper understanding and appreciation for your precious mind.

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Our mental condition plays a large part in our life in seeking abundance. Many books on prosperity teach about prayer, affirmation, planning and visualizing what we want and so on. These are all very useful and very important. However, the condition of our mind is a very important part of the path of greater abundance and prosperity since our mind colors our wishes, our thinking, and our ability to stay on the right track of our dreams and visions. It is imperative that we have a healthy mind. It is imperative that we know how to think. It is imperative to know what kinds of things to think about and to wish for. It is imperative to know how to eliminate fears and blockages that prevent us from accomplishing our plans and staying on the track of our path. It is imperative to have a healthy, creative mind that becomes a useful tool to actualize our potentials.

In order to be prosperous and have abundance, we need to have a clear idea of what we want from life. We need to be able to formulate the ideas we have. We need to be able to eliminate hindrances from our mind that prevent our goals from materializing. We need to know how to have the highest goals and wishes so that when our wishes are materialized we have just what we wanted in our life. We know that we will receive exactly what we ask for. That is a Universal Law. If our plans, wishes, and dreams are clear and for the highest good, we will receive exactly those kinds of responses from the Universe. If our plans, wishes, and dreams are selfish, mixed up, unclear, and for harmful purposes, the Universe will respond and we will sow the seeds of continued confusion.

I hope you enjoy these excerpts and continue your path to greater and greater abundance.

Gita Saraydarian
President
TSG Publishing Foundation, Inc.



Cancer - Crab
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visit www.tsgfoundation.org

In this issue of *Outreach* we present two very special excerpts from the book *Thought and The Glory of Thinking* by Torkom Saraydarian. If you wish to better

Thought Upliftment

People who have a strong imagination can create a sphere of agony for themselves when fear controls their imagination. Once the imagination is built, the thoughtforms of fear accumulate in it through association.

Thoughtforms of fear are created within our aura every time we do something doubtful and feel insecure or when we see something wrong in others and identify with it. These thoughtforms stand inactive for a time because of the neutralizing effects of certain logic.

They can become active all together when an imagination starts to form under the influence of an event or attack. It is possible that this imagination even attracts the similar fears that certain people have and turns them into a huge thoughtform.

To smash such a thoughtform and release the mind for its proper function to solve problems, you can use the following methods:

1. Visualize events of beauty, victory, and joy. Such thoughtforms have the capacity to destroy accumulated thoughtforms of imagination.

2. Evoke your Inner Guide and ask It to release Its radiation and disperse your fear. You can visualize the Inner Guide as a sphere of blue light with shades of violet which you enter and find refuge.

Sometimes it is possible that through inheritance we have an aura sensitive to fear. If our mother passed through cycles of fear during the time of pregnancy, this fear penetrates into our genes and affects our sensitivity to fears of similar quality.

3. Invoke the help of a great Being, your Master, or Christ. This is the third method to overcome fear. This kind of help can be evoked in the spirit of renunciation by making a solemn pledge to stand and live in light and for the progress and upliftment of humanity. This can be done through prayers, invocations, and pilgrimages to holy places with a firm decision to leave the past behind.

4. Fear is also dispelled by helping others overcome their fears and receiving the waves of their gratitude and joy.

5. Another method to weaken fear is to face it and find the real power it has over you. See that it is related to time and cannot be permanent. Two years later it may not even exist; in ten years no trace of it will be left.

Fear exists in time and is related mostly to our body, ego, and possessions. Fear helps us confront the factuality of these three factors and release ourselves from their domination.

Freedom from fear can be achieved when, through battle against fear, we gain victory over it. In such cases the accumulated clouds of fear turn into a precipitation of wisdom and vanish.

6. The sixth method is to be careful not to use our knowledge and power without compassion. Every time we use our knowledge and power without compassion, we absorb the fear waves of others which we create in them. Such imported fear can stick in our aura for a long time and may grow and multiply, preparing a strong attack on our body and mind.

Fear created in others spreads roots in our being. Fearlessness develops in us as we try to eliminate any ac-

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TSG Mission Statement

The purpose of TSG Foundation and The Torkom Saraydarian University (operated under the auspices of T.S.G. Publishing Foundation, Inc.) is to be a pathway for self-transformation based on the Core Values and Higher Principles of the Ageless Wisdom. We offer a complete line of spiritual products and services, including intensive spiritual training on site and by correspondence. T.S.G. Publishing Foundation, Inc. is a nonprofit, tax-exempt organization.

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tion which causes fear in others. The fear we create in others may associate with us when we are trapped in similar fears.

7. Reading the Teaching of Great Ones creates a magnetic field in our aura. This is not mysticism but science. When our thoughts are electrically fused with the thoughts, visions, and revelations of a Great One, a current of energy from the sphere of His thought is created and accumulated in our aura, purifying, transforming, and sublimating it, and expanding the field of its radiation.

It does not matter when His words were pronounced. Higher thoughts of the Great Ones are like an electrical network which persists for ages around the globe. One can tune in or key in with such an electrical sphere just by reading Their words with concentration, with faith, and with heart. As one focuses his whole being in greater concentration within the ideas of the words, greater becomes the flow of energy into his aura.

8. During the inner and outer conflict and battle, you can also raise yourself up above the clouds by reading the life stories of great leaders, their words, and philosophies. In reading about their lives and words, you evoke the rays of courage, fearlessness, and daring hidden or imprisoned in you. Once these rays are released, they attract victorious thoughts from space that strengthen the aura and gradually break the thoughtforms of fear and failure. They also dispel the dark plans floating around the heads of adversaries.

9. The next method to overcome fear is to develop divine indifference, a psychology of so what, by affirming to ourselves that our Inner Core cannot be destroyed by any event, and that time after time it will gain its victory over all conditions which breed fear.

Sometimes imaginative fear is a method of self-punishment through which your inner conscience tries to clear the polluted atmosphere by letting you feel and know the possible effects of your actions.

When you are able to stand above even your faults and keep your consciousness in divine indifference, the clouds of fear do their job and then vanish.

The following mantram is a powerful means to release you from fear, if you sound it with all the concentration of your heart:

May the Sun
within my heart
dispel all my fears,
and may I radiate
love, beauty, and joy.

(Excerpted from *Thought & The Glory of Thinking*, chapter 26, by Torkom Saraydarian. Printed by permission of Copyright Holder, The Creative Trust. All rights reserved.)

Mechanism of Wishes

A pure wish is an impulse projected out from the Core of the human being as an answer or response to the pull of the Cosmic Magnet. When a pure wish passes through the spheres of our irritations, glamors, illusions, hatreds, and greed, it turns into a destructive force.

A pure wish is a longing for

- expansion of consciousness
- actualization of inner potentials
- freedom from the limitations of matter, time, space, and from influences of lower order
- communication with higher forces
- expression of beauty

It is the wish that moves us forward. If we stop wishing, all life eventually will disappear.

We start with material wishes, but a day comes in which we feel tired of wishing and working for matter. Then we continue our wishes on the line of emotions and use our physical and mental responses to actualize our wishes.

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Mechanism of Wishes...Cont. from page 3

We also have mental wishes to know more, to understand more, to organize, to appropriate, etc. Then we have spiritual wishes such as our wishes for expansion, inclusiveness, continuity of consciousness, contact with higher laws or higher Beings, etc.

On all levels it is the impulse of the wish that leads us forward or keeps us constantly busy.

Any wish on any level has a response. This response can be immediate, or it can take a few years or incarnations to reach objectification.

Whatever you want will be given to you, even if you do not really know what the effect will be on you and your life when you receive the things you wished for.

Whatever you sow you will reap. There is no escape. One must be very careful about what he asks for or wishes.

People think that little wishes do not count. Sometimes a little wish multiplies in the auric computer more than any big wish. This happens when it tunes in with former similar wishes. Thus, the legend says, a whisper-wish becomes a loud song or a great symphony in the hall of your future.

A wish is a powerful force. Use it carefully, and whenever you wish, make your wish on the principles of Beauty, Goodness, Righteousness, Joy, and Freedom.

Often our wishes are the response to our needs. How careful we should be to know if our wish is a mechanism to meet our need or a trap built by our vanities.

It is important to wish according to our greatest and most lasting need. If we do not enjoy the outcome of our wishes, it is because we do not wish for exactly what we need.

Our uncontrolled wishes are responsible for the destructive action exercised upon Mother Nature. Our wishes have turned into greed, and now we have ever-increasing pollution and the grave danger it presents, plus increasing greed from an increasing population. Pollution is not only a physical health problem, but also it is a problem of mental health and spiritual direction.

Accumulated gases in the atmosphere not only prevent the healing and creative rays of the Sun and stars from reaching us, but they also distort or prevent impressions coming from higher sources. In the years to come, people will act more insanely and lose their sense of direction. Crime will increase, and those who are coming

into incarnation will have a difficult time surviving. But if the Forces of Light take action and, with the power of Their wisdom, sacrifice, and beauty, awaken people to the great danger, the danger can be avoided. With the help of the Great Ones the New Era can dawn on the earth.

Your wishes affect your future lives on higher planes. A life that makes you happy on the physical plane but will make you miserable on the astral and mental planes must be avoided or must be changed. For example, killing a man on the physical plane does not end your problems. In the astral plane you will have a worse enemy who has superiority over you because of your horrible guilt.

Lying and cheating distort your mental body and create paralysis in it. Although you may enjoy for a while the results of your cheating, when you pass to the mental plane you do not have a healthy vehicle in which to travel or function.

You may break the laws of Nature, but as you ascend to higher planes you see heavier storms confronting you as a result of the laws you have broken. Things you do wrong on this plane become enormous obstacles on your path to higher planes.

In the future, the science of living will be given to those who are going to take important roles in human life.

Practical Suggestions for Wishes

1. Change your wishes into spiritual striving. Increase your observation. Have a goal and make all your small wishes orient themselves to that main goal.
2. Develop contentment to avoid overloading your computer with various unnecessary and petty wishes.
3. Start renouncing certain wishes which either do not help or which hinder your progress toward perfection.
4. Learn the art of indifference and use it often in your relationship with others and with the outer objects of the world.

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Mechanism of Wishes...Cont. from page 4

5. Accept whatever life brings you. Instead of rejecting or identifying with it, try to use it for your self-unfoldment, experience, and service. Remember that most of the things you have received are things which you wanted in various ways.

6. Never wish ill on others. Never pity them. You can help them if you want. Any ill wish harms you and the other person. Try not to make negative wishes even when you are physically ill, depressed, or emotionally upset.

7. Never wish for others if they are in a painful state or are unconscious.

8. Start developing an attitude in which you try to develop more of your inner potentials instead of wishing to have more, to collect more, to possess more.

9. Be happy with the things you have, and do not replace them if they serve their purpose. Do not waste anything. Nature will give you whatever you wish, but Nature never tolerates your wasting things. The Law of Economy is a very powerful law.

10. Meditate on the Law of Economy and see if you are economical with what you have in physical, emotional, mental, and spiritual realms. Do not forget to search for the kingdom of God.

11. Instead of wishing every minute to have something new, try to think what you can give to life. Start to be a giver rather than a receiver. The more you give, the closer you go to the Soul of Nature.

12. Try to develop the power to examine your wishes and, if you so choose, to stop them or reverse them. This means to bring your wishes under the control of your intuitional light.

(Excerpted from *Thought & The Glory of Thinking*, chapter 47, by Torkom Saraydarian. Printed by permission of Copyright Holder, The Creative Trust. All rights reserved.)



Leaves from My Spiritual Journey

By Gita Saraydarian

The Path of Prosperity and Abundance:

We all want to have prosperity and abundance in every part of our life. We want the material abundance in the form of a home, clothes, cars, health, family and friends, and the money to afford a comfortable life; we want the emotional abundance of virtues and emotional health and balance; and we want the mental abundance of rich ideas, creativity, mental health, the ability to work and produce, the ability to think and to have rich thoughts. We also want to have spiritual abundance, such as a purpose and direction in life. We want eventually to have a deeper connection with the core of our being. We want to have a field of service and we want to be with other like-minded persons on our path toward perfection. In short, we want inner and outer prosperity and abundance in all parts of our life.

These are all things that I have always thought about in my life but did not apply an organized approach to them. Starting last year, I began to put these thoughts into a systematic plan for implementation. I asked myself: what do I want in life? What is it that can help me fulfill my deepest desires and plans? How do I go about manifesting these plans in a systematic and positive manner? How do I reach for abundance and prosperity in the highest spiritual way that I can find? How can I increase TSG's abundance? How will my prosperity and abundance benefit TSG and the work we do here?

As I began to do this systematic work, I found wonderful guidelines in the books of the Teaching. I found many spiritually inclined authors who gave very useful insights about prosperity and abundance. As I began to practice these guidelines, prosperity increased. I dug deeper into the Teaching and found that the most long lasting instructions and guidelines that form the foundational structure of abundance are found in the Spiritual Teachings of Torkom Saraydarian. These presented a holistic approach to this subject and elevated the

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consciousness so that prosperity and abundance were not limited to having lots of money and lots of material things, but they also included such things as emotional health, mental balance, friends and family, and so on. Material wealth and health are needed, surely, for a comfortable life. When we are prosperous, we can do so much to help others and help implement the Plan of life. Money is needed to implement our spiritual goals. I found that being prosperous and having abundance in every way is the way to prepare for the externalization of the Kingdom of God on earth, as well as a way to grow in soul consciousness and soul expression. It is the path of manifesting our inner potentials into outer expression.

In my search, I found ways to increase our abundance and prosperity and I wanted to share these with you, our readers. Our *Outreach* articles this year have focused on this topic and we are planning a seminar on the topic of *The Ancient Teachings on Total Prosperity* in London in September of this year.

Slowly, I saw the prosperity of my personal life and in TSG's life increase and begin to flow in greater abundance as I practiced what I studied. I read, studied, and applied the Teachings. I stayed vigilant and focused. My joy increased and I began to really understand how prosperity and abundance come to us and in what ways. Sometimes, it is very practical and material such as a comfortable house, good food, a big order, a donation, or a good friend calling just at the right time; at other times it is an inner feeling, a calmness, a connection with the inner values.

Then a very beautiful thing happened. On the morning of March 23rd I was at my desk intently reading the manuscript *The Teachings of Christ* when the telephone rang. I answered it and to my delightful surprise it was a dear friend. Imagine my excitement when she quietly told me that she had decided to give us a Challenge Grant of up to \$25,000. In this grant, she will match, dollar for dollar, what we are able to raise for up to \$25,000. Wow! We now have the opportunity to raise a total of \$50,000 this year! This means that every donation that you give from here on until January 2006 will automatically double! We surely could use increased donations and this was a great opportunity to raise the needed funds.

I was so happy and pleasantly surprised. I knew immediately that our work and plans to increase our prosperity were already bearing fruit. I have so many plans for TSG and TSU, our spiritual University, and like a parent, I want the best for these, my spiritual babies. The living proof of the Teaching was in that telephone call. My immediate response was to give thanks to God, the Source of all our abundance. My second response was to thank the donor for the tremendous spirit of generosity and for responding to the call of her soul. My third response was to make an image of even greater prosperity for TSG. I know that we are not limited to raise the amount offered. We have the capability to raise even more. I affirmed my commitment to continue my inner and outer work of attracting more prosperity and abundance.

For details on the proposed plan of how we will use the Grant and raised funds, please see the enclosed flyer or visit us online.

Friends, begin now to plan and budget your financial gifts to TSG. Save a little every week and send whatever you can afford at the end of each month. Or every time you receive a paycheck, tithe 10% to TSG. Tithing is an ancient way to increase your abundance and the abundance of your favorite organizations that provide spiritual services to you and the community. Once you begin your process of tithing 10% of your income, you will see how you will use your money wisely and goal-fittingly. Your abundance will increase as will your happiness. I know this from personal experience. Tithing increases our prosperity potential because we share the psychic energy that is given to us in the form of money with worthy organizations. Every time we give, we are blessed. Once the psychic energy begins to flow into and out of our life, our life will be blessed with richness of all kinds.

We have so many friends who receive *Outreach*, both printed and via email. If every one of you sends a small donation each month, or sends a tithe of 10% every month, we will be able to accomplish all our goals. It takes courageous and generous men and women who sacrifice a little bit every month to make the work of the Teaching grow and continue to thrive in the coming years.

The spiritual laws of abundance are this: If we want to receive, we need to give. Whatever we give, we

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will receive in return. To activate your own prosperity potential, first give and start the energy of abundance moving into your life.

I promise to do my part of bringing prosperity and abundance into every part of my life and the life of TSG and to all the people we serve. I will share my findings and parts of my journey with you, our friends and supporters.

All of us at TSG send you our blessings and gratitude for your continuous generosity. May you be blessed abundantly in every part of your life.

With love and deep appreciation,



Gita Saraydarian

President

TSG Publishing Foundation, Inc.

The Torkom Saraydarian University

(Gita Saraydarian will present a seminar on *The Ancient Teachings on Total Prosperity* in London, UK September 3-4th. Additional seminars will be presented in other locations. Check online at our US and UK websites or call us for details.)

Resources for Prosperity and Success from Torkom Saraydarian:

Books

- *Thought & Glory of Thinking*
- *Dynamics of Success*
- *Spring of Prosperity*
- *Solar Angel, Volume II*
- *Prayers, Mantrams, and Invocations*
- *Daily Discipline of Worship*
(available in English and Spanish)

Lectures - CD (\$10.00) or Cassette (\$8.00)

- What is Real Success? 1/22/1995

Video (\$20.00) PAL (\$25.00)

- What is Real Success? 1/22/1995 (#233)

— T.S.G. NEWS —

✚ **TSG London Seminar 2005:** TSG-UK is holding a seminar in London on September 2-4th. Gita Saraydarian will present the Teachings that will guide you to have the life you have dreamed of having. We often forget the wisdom of the Ancient Teachers and feel that a life of poverty and lack is the one ordained for us by God. Nothing can be further from the real truth. God wants us to be successful and have abundance in every way. The Ancient Wisdom Teachings show us the path of this success and abundance.

For more information please email info@tsg-uk.org or visit www.tsg-uk.org or visit our website www.tsgfoundation.org

✚ **Future Seminars.** Plans are underway for Gita to present a seminar in California and as well as the East Coast. Please sign up for the Seminar Interest email list at www.tsgfoundation.org or send us an email at info@tsgfoundation.org

✚ **Free Books to Libraries** program is still continuing with a total of 55 sets of books mailed to date. If you know of a public or group library that would like to have a set of gift books, please contact us. If you wish to contribute toward this program, please call us. Detailed information is available by mail or online.

✚ **Spread the Teaching:** Send free printed or electronic copies of *OUTREACH* to your family and friends. Just call us or email us and we will do the rest. You can also register unlimited number of recipients online.

✚ **Free Wisdom** is a monthly bulletin that is available free online only. Registration is available on our website. Forward this wonderful service to anyone in your email list. Every month, lovely and colorful nuggets are emailed to all our participants. You will read free chapters, get updates on new products and services, and receive inspirational resources to further your spiritual transformation.

✚ In 2005, the *OUTREACH* articles will feature the spiritual laws of prosperity and success. If you would like to share experiences of success and prosperity, send us your articles by email and we will consider it for publication.

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Calendar of Events May - June 2005

Cave Creek Schedule: TSG Foundation Center

- **Sunday, May 22nd, Sun in Gemini.** Full Moon lecture and meditation with Gita Saraydarian. 10:00 am to 11:00 am.
- **Saturday, June 17th, Sun in Cancer.** Full Moon lecture and meditation with Gita Saraydarian. 10:00 am to 11:00 am.
- **TSU Classes: To be scheduled.**

Sedona Schedule: The Ageless Wisdom Group
Full Moon and lectures. For information call Damon Cati-
zone: 928-282-3242. ageless-wisdom-group@earthlink.net

United Kingdom Schedule: TSG (UK) Ltd.
Meditation Courses in Edinburgh, Scotland: Contact
John Dumigan at 0131-228-9101. jd@tsg-uk.org

Denmark Schedule: TSG (DK)
Meditation Courses in Aarhus and Holstebro ongoing: For schedule, contact Lasse Ljungholm at +45 30227316 or +45 86187316. ljungholm@stofanet.dk
or Marianne Secher at marianne@secher.info

Peru Schedule: TSG (PE)
Meditation and Full Moon Courses in Lima ongoing: Contact Gladys Moran at gmoran@terra.com.pe

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