

# Outreach

Providing practical tools for ethical living / VOL. XVI, September / October 1998

By Gita Saraydarian

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## Outreach

A bi-monthly publication of T.S.G. Publishing Foundation, Inc. Providing practical tools for ethical living using the Higher Principles of the Ageless Wisdom.

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## Dear Friends...

In looking over the contents of twelve binders which hold chapters on various topics on the Teaching written by my Father (Torkom Saraydarian) I noticed an article titled "Delusion." On top of the article was a handwritten note to me by Dad: "Our policy in future."

I read through it with fresh eyes and was once again struck by the importance of its message. We had just completed the publishing of his letters to lecturers titled, *How to Teach the Ageless Wisdom*, and at that time I was deeply moved by his quest for truth and to communicate the Teaching in a way that does honor to these sacred writings. Over and over again, he emphasized staying true to the Principles — not to dilute the Teaching, not to change it to fit our level of consciousness. So many times we are tempted to be "politically correct" and be spiritual revisionists, molding the Teaching to our particular belief systems.

Many times over he warned me, as an editor and publisher of his books, not to judge what I read from my personal level, but to realize that the authors of the True Teachings are at very high levels when they create their work, and that we need to strive to go beyond our level

## Delusion

"Some disciples of the world have the tendency and often attempt to use the Teaching after taking away from it that which is esoteric, that which is related

- to the human soul
- to the Hierarchy
- to Shamballa
- to the Law of Reincarnation
- to Cosmic evolution
- to the evolution of consciousness
- to the Monad
- to the Seven Rays
- to the Chakras
- to the constitution and principles of man
- to the Cosmogogenesis
- to the schemes, chains, rounds, and races
- to the one humanity, etc., etc.

"Some eliminate all such topics for three reasons:

1. They want to sell the Teaching and make followers and money.
2. They do not understand the esoteric side of the Teaching.
3. They are afraid of those who are the enemies of the Teaching.

"We are told that changing or eliminating the essence and the purpose of the Teaching can have drastic consequences:

1. People remain on the same level of consciousness, and because of the power of the Teaching they crystallize and form a barrier between themselves and their future evolution.

2. They do not manifest daring and thus do not receive inspiration and encouragement from the Hierarchy.

3. They argue and humiliate the Teaching, giving only its body without its soul.

4. They lose the opportunity to pass on the Teaching when it is needed.

5. They create frustration in those who come to them to be nourished spiritually but who receive only the outer, adapted crust of the Teaching.

6. They help people to be successful, intelligent, and prosperous, without giving them the purpose for being successful, the purpose for being intelligent, the purpose for being prosperous.

7. Thus they increase the intelligent army of those people who live for their own selfish interests and against the interests of all people.

"The objective of the Teaching is to lead people to the spiritual fundamentals in the light of which they will run their daily life. The objective of the Teaching is to search and help others search for the kingdom of God, and the rest will follow in a

## Q&amp;A



**Q** What is the importance of questions and questioning?

**A** “If the process of questioning and receiving answers is carried on in the right way, it brings integration, fusion, and at-one-ment in our nature. Eventually the questioning one within us fuses with the answering one, and the questioning process ceases in the light....

“Questioning is the path leading the traveler to his Self. Questioning is the proof that omniscience is within the essence of man. Education is the flower of questioning. Nothing can be consciously known except through conscious questioning.

“Just as our organs do not function properly if things go wrong in them or if they are imposed upon by outer forces, the same thing happens with our mind. When our mental equipment is not healthy for certain reasons, it may formulate a right question but disturb and distort the incoming answer and turn it into a wrong answer. This is a mechanism of self-defeat.

“Right thinking is the process of building a communication line toward the Source of light within us. Wrong thinking comes into existence within us when our mental mechanism is used by our glamors, illusions, blind urges and drives; by our hatred, fear, anger, greed, jealousy, and revenge. These are called the main disturbers and forgerers....

“It must be noted here that the answers to our questions are given instantaneously, but due to the conditions in our etheric, astral, and mental atmosphere, sometimes they reach us in one second and sometimes they take years to reach us, if we keep the questions alive in our mind. A question serves as a magnetic pole to attract the radiation in the form of an answer.”

(From the unpublished manuscript *Education* by Torkom Saraydarian.

© The Creative Trust.)

**Delusion cont. from p. 1**

constructive process. But people give ‘the rest’ and do not give ‘the kingdom of God’ first.

“The ‘kingdom of God’ — which is achieved through all these laws, esoteric Teachings, meditation, purity, etc. — is the consciousness of the soul. It is the Chalice and the twelve virtues of the Chalice. It is the Antahkarana. It is the Hierarchy. It is Shamballa.

“Of course, one must not strip the Teaching from all the above, but also one must not pour all these Teachings into a cup which can hold only one ounce of Teaching.

“The intelligent disciple will prepare his or her lectures and writings for the level of people with whom he is dealing but not dilute the Teaching. For example, instead of pouring a bucket of water down the throat of your students, you can give only two to five drops or a cup, but the same water as was in the bucket.

“Always beware that you do not pass a soulless Teaching to please the contemporary people who approach the Teaching for self-interest, for their health, happiness, and greed. Such people will not be nourished by the Teaching, and they will be only pseudo friends, which the Ageless Wisdom never intended to produce.

“Passing the Teaching, after stripping it of its esoteric glory and stimulating the lower centers of people’s personality will create people who cannot harmonize their life with the advancing spiritual life of the planet. Such people will turn into obstacles in the life that create friction between progress and greed, and the evolution of the spirit will suffer to a great extent.

“The true disciples of the world must prove their sincerity and devotion to the Plan of the Hierarchy and to the Purpose of life, be intelligent, fearless, and not hide what *they believe*.

“For a disciple the worst thing to do is

- To pretend
- To cover himself
- To be a hypocrite
- To deny things he believes

“If he stands on the principles of the Teaching, people will love and respect him more than if they see in him a tendency to cover-up.

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“The success of Buddha was that He was the same inside as outside. There were millions of wise people during His time, but no one else became a Buddha because there were cleavages between the inner man and the outer man.

“The success of Christ was that He spoke about the Father, about the Holy Spirit, about the Kingdom of God — as He knew about Them, and He did this without negotiations, without thinking to please people. Once you have the tendency to please people, you mess up the Teaching and you lose both the Teaching and your future.

“Disciples of the Teaching must approach people with all their sincerity, fearlessness, intelligence, power, knowledge to gain them and then lead them onto the path to the Hierarchy, to the Christ, to the Glorious One.

“I hope that this will help to organize your future labor.



***The disciples of the world must stand behind what they really believe and try to actualize the Teaching through all their relationships.***

**Torkom Saraydarian**



“Lukewarm people are as bad as those who try to sacrifice the Teaching to please others — to please their personality interests, prejudices, superstitions, glamors, illusions, and dark urges and drives.

“The Great Sage warned people about selling the Teaching in the bazaars, about distorting the Teaching for their own interest, or hiding behind the Teaching. The disciples of the world must stand behind what they really believe and try to actualize the Teaching through all their relationships.

“The Teaching as it is must penetrate every layer of life. This penetration is possible when you *live* the Teaching in your heart, mind, and life.

“Sometimes it happens that due to your personality weaknesses you fail to present in your life the standard of the Teaching. But as long as your heart is in the Teaching, your failure in the past will turn into success once you learn your lesson. Remember that you did not fail because of the Teaching but because you did not live according to what you

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*“People are craving for speeches that are based on eternal principles. They want to hear about them through your interpretations. They want to land their mental airplane and are seeking for an airstrip that does not move under them.*

*...You must have devotion and faith in the Teaching, and when you speak about it, people must feel that they are landing on solid ground.”*

(From *Teaching the Ageless Wisdom*, Laws of Successful Communication by Torkom Saraydarian, p. 47. **Now Available!**)

**Delusion cont. from p. 2**

believed, and as a soul you became the victim of your personality.

“In the war I saw a soldier who was shot and sinking in a lake, but he was still holding the banner high on the surface until someone rushed and grasped the banner. Even if you fail, do not take the banner of the Teaching down into the deep.

“Also, discriminate between people who force you to teach them only what they already know or expect. Rather, teach those who are pure, clean, and open to the new Teaching.

“Those who know will use your Teaching to increase in power and matter. Those who are thirsty for the Teaching will be your co-workers.”

(From an unpublished article by Torkom Saraydarian, 1994. © The Creative Trust. All rights reserved.)

**Dear Friends, cont. from p. 1**

to understand these Teachings. We do not “bring down” the Teaching to our level, but raise ourselves out of our mundane boundaries and paradigms so that we can begin truly to understand.

How do we then explain the Teaching so it can be understood and not diminished? It is a great art and science. In the 300 or more pages in *How to Teach the Ageless Wisdom* Torkom gives specific rules to do just that. In this article on “Delusion” he emphasizes, once again, what the Teaching is, how to keep it whole, and how to maintain its integrity when we try to explain parts of it.

It is *truly* an art and science. I urge you to read this article carefully and, if you can, read the book containing his letters.

Students and teachers of the Ageless Wisdom must maintain the integrity of the Teaching. We must be careful not to fall into vanity, ego, glamors, and illusions and be “spiritual revisionists” — bending with each wind of “political correctness” so that we are accepted. People want the true Teaching, not temporary band-aids.

The Great Ones spoke the Truth. They never compromised. That is the strength of Their Words.

Stand tall and true. Stand in the Teaching as it is given — and your soul will resonate with the Greater Soul.

With love,

Gita Saraydarian

**Review:*****Joy and Healing*  
Meditation Correspondence Course**

The following is from the final meditation course report from a student who had studied the *Joy and Healing* course through T.S.G. When I read it I felt that others could benefit from the learnings expressed here and asked if this person would be willing — anonymously — to share the perspectives with other students. The following is printed with permission:

“About 11 years ago when I first read *Joy and Healing*, I remember being afraid that I could not be a joyful person. I had great difficulty remembering seeds of joy and recalling any childhood joys. I was aware of happiness, but could not locate this joy within me. Now, it is readily accessible to me, and for this I am very grateful. I try to make use of it in all my relationships, in dark moments; daily, I contact joy and try to share it with others. I now see more ways of being joyful, of expressing it, and experiencing it — it can be quiet and solemn as well as noisy and jubilant.

“Through the exercises in this book, moments of great joy from my past have been unlocked. I can see how they

were mixed with other things and had gotten crystallized. This one activity was so beneficial, in and of itself.

“The seed thoughts in the lessons have been very interesting. They evoked esoteric as well as tangible learning about joy and its properties....

“I put joy into my activities more now than ever before and have decreased the element of “everything is wonderful” — which I now see as a kind of false joy. Everything *isn't* wonderful. Life is challenging, and there are plenty of times when I don't feel like even being joyful. But I realize now that I can change my outlook, can be more helpful to others, be an agent for change in my own family and home by coming in contact with things that evoke joy from within me. Things don't have to be wonderful to do that; that can happen in spite of any difficulty. It's not about being happy, but finding those moments in which I feel close to God, close to Beauty, close to the best within me. That for me is joy....

“I think that everyone who wants to increase their productivity and energy, the success of their relationships, and their enthusiasm for life should take this course — both the course and the book are fantastic.”

Thank you,

A Student

## Sun in Virgo

**Keynote: "I am the Mother and the Child, I God. I matter am."**

### Meditation at Virgo

- |  |   |  |   |
|--|---|--|---|
| <p>1. OM</p> <p>2. Salutations to the Virgin in heaven, the great constellation of Virgo. Salutations to the Holy Mother of Buddha, Krishna, and Christ. Salutations to all who shield, nourish, and reveal beauty.</p> <p>3. OM OM OM</p> <p>4. Say <i>The Great Invocation</i>:</p> <p><i>From the point of Light within the Mind of God<br/>Let light stream forth into the minds of men.</i></p> | <p><i>Let Light descend on Earth.</i></p> <p><i>From the point of Love within the Heart of God<br/>Let love stream forth into the hearts of men.<br/>May Christ return to Earth.</i></p> <p><i>From the center where the Will of God is known<br/>Let purpose guide the little wills of men —<br/>the purpose which the Masters know and serve.</i></p> <p><i>From the center which we call the race of men<br/>Let the Plan of Love and Light work out<br/>And may it seal the door where evil dwells.</i></p> | <p><i>Let Light and Love and Power restore the Plan on Earth.</i></p> <p>5. The meditation seed thought is:</p> <p><b>Christ in you, the Hope of Glory.</b></p> <p>Think how we can shield, nourish, and reveal Him.</p> <p>6. Say the Mantram of Unification:</p> <p><i>The sons of men are one and I am one with them.<br/>I seek to love, not hate.<br/>I seek to serve and not exact due service.<br/>I seek to heal, not hurt.</i></p> <p><i>Let pain bring due reward of light and love.</i></p> | <p><i>Let the Soul control the outer form<br/>and life and all events.<br/>and bring to light the love<br/>which underlies the happenings of the time.<br/>Let vision come and insight.<br/>Let the future stand revealed.<br/>Let inner union demonstrate<br/>and outer cleavages be gone.<br/>Let love prevail.<br/>Let all men love.</i></p> <p>7. OM OM OM</p> <p>(From <i>Symphony of the Zodiac</i> by Torkom Saraydarian, pp. 229 – 230)</p> |
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## Sun in Libra

**Keynote: "I choose the way that leads between the two great lines of force."**

### Meditation at Libra

- |   |  |  |   |
|---|--|--|---|
| <p>1. OM OM OM</p> <p>2. Salutations to the Lord of the World, the Silent Watcher.</p> <p>3. OM</p> <p>4. Salutations to the Lord Christ, the Bridge between humanity and the Father of All.</p> <p>5. OM</p> <p>6. Salutations to all who work for peace.</p> <p>7. OM</p> <p>8. Meditation seed thought:</p> <p><b>Sound forth the word creative and raise the dead to life.</b></p> <p>[Ask yourself — What is truly life and how do I bring</p> | <p>more life into my daily activities?]</p> <p>9. Say the Mantram of Unification:</p> <p><i>The sons of men are one and I am one with them.<br/>I seek to love, not hate.<br/>I seek to serve and not exact due service.<br/>I seek to heal, not hurt.</i></p> <p><i>Let pain bring due reward of light and love.<br/>Let the Soul control the outer form<br/>and life and all events.<br/>and bring to light the love<br/>which underlies the happenings of the time.<br/>Let vision come and</i></p> | <p><i>insight.<br/>Let the future stand revealed.<br/>Let inner union demonstrate<br/>and outer cleavages be gone.<br/>Let love prevail.<br/>Let all men love.</i></p> <p>10. Say <i>The Great Invocation</i>:</p> <p><i>From the point of Light within the Mind of God<br/>Let light stream forth into the minds of men.<br/>Let Light descend on Earth.<br/>From the point of Love within the Heart of God<br/>Let love stream forth</i></p> | <p><i>into the hearts of men.<br/>May Christ return to Earth.<br/>From the center where the Will of God is known<br/>Let purpose guide the little wills of men —<br/>the purpose which the Masters know and serve.<br/>From the center which we call the race of men<br/>Let the Plan of Love and Light work out<br/>And may it seal the door where evil dwells.<br/>Let Light and Love and Power restore the Plan on Earth.</i></p> <p>10. OM</p> <p>(From <i>Symphony of the Zodiac</i> by Torkom Saraydarian, pp. 244 – 245)</p> |
|---|--|--|---|

## Effects of Music & Song

“Ancient ones also used rhythmic singing and chanting, knowing that the rhythm of sound could attract the fire of Space, which can be used to eliminate obstacles standing on the path of spiritual progress and spiritual service. These rhythmic prayers, chanting, and singing will slowly be given again to humanity to establish a method to draw psychic energy and fire.

“But, of course, to contain the psychic energy and fire, the participants must have the attitude of self-denial and striving toward greater spiritual achievements as a foundation for their prayers, chanting, and singing. It is only through purity and through such a lofty attitude that the contact with psychic energy and fire will be immensely regenerative, creative, and uplifting.

“Rhythmic prayers, chanting, and singing make the aura sensitive, magnetic, receptive, and safe to the energy waves of Space. But every individual or group must be informed of what

rhythm to use to harvest the maximum benefit. The rhythm changes from person to person, from group to group, from location to location, from one level of beingness of people to another.

“To use this energy for evil purposes is the shortest way to commit suicide.

“Also, to accumulate such energies and not share or use them for constructive ends is equal to self-destruction.

“Psychic energy and fire produce the best logic and reasoning as well as the highest creativity, which expands the consciousness, advances it, and brings healing effects to the life forms. In addition, psychic energy builds the bridge between man and the higher centers of inspiration and impression, the energies of which, when assimilated, turn into energies of resonance and regeneration of culture and civilization.”

(From *A Commentary on Psychic Energy* by Torkom Saraydarian, pp. 13 – 14)

## T.S.G. News Briefs!

**DONATIONS UPDATE: The Torkom Saraydarian Book Publishing Fund** now contains a grand total of \$59,302.18! This has brought us to 60% of our 1998 fundraising goal. These dollars go directly to the editing, typesetting, and printing of new books and are affording us the luxury of a very busy production schedule. Currently, five titles are in various stages of typesetting, and several more are right behind them in the editing stage. Love and thanks to all the contributors who are helping to bring these fine books to humanity. We are confident that our goal of \$1,000,000 to publish all of the remaining manuscripts in ten years will be reached thanks to your generous hearts.

**STRATEGIC PLANNING TEAMS AT T.S.G.:** At the end of May, a strategic planning session was held at T.S.G. The meeting was attended by 15 people who volunteered their time and energy to help envision the future direction of the business and to answer the question: “How do we publish all of Torkom’s books and globally distribute his work to spread the Teaching?” Three teams were established and each is responsible for a different aspect of growing this vision.

Great ideas and directions have come from this questioning process, and progress is already visible. If you wish to be involved in the implementation of our plan, contact us for more information. Watch for updates of our team work in future issues of *Outreach*.

### Two ways you can participate in this work:

◆ **Prayer:** Every morning between 5 and 7 AM, the entire Strategic Planning Team and Editorial Advisory Board say *The Great Invocation* and ask for guidance to fulfill our vision. You can join us wherever you are by saying *The Great Invocation* in your home or office and sending the teams your love and blessings.

◆ **Over the Internet Wires:** If you have access to the Internet, T.S.G.’s Internet site needs volunteers to help build, monitor, and maintain the Internet web-site. Whether you have very basic skills, advanced technical skills, or anything in between, you can help — right from your own home and for whatever

amount of time you can give. Contact Ray Boone at [webmaster@tsg-publishing.com](mailto:webmaster@tsg-publishing.com) for details.

### LEARNING CENTER NAME CHANGE:

**The T.S.G. Center for Learning is now officially called the Torkom Saraydarian Center for Esoteric Learning.** T.S.G. Publishing Foundation, Inc. is still the name of the publishing arm of the business and the organization through which orders for all items can be placed.

### TO FURTHER CLARIFY WHO WE ARE:

◆ **T.S.G. Publishing Foundation, Inc.,** the parent company, publishes and distributes all of Torkom Saraydarian’s books. T.S.G. offices are open for business Monday through Friday, 9 AM to 5 PM for publishing work and for the processing of orders to bookstores, distributors, learning institutions, and individuals like you. *Outreach* is also a function of T.S.G.

◆ **The Torkom Saraydarian Center for Esoteric Learning** is devoted to teaching and training in esoteric studies. Weekly classes are held (still at T.S.G.’s Cave Creek office building) Tuesday evenings from 7 PM to 8 PM. Seminars and special class series are held at various times throughout the year.

◆ **The Creative Trust** was established by Torkom Saraydarian in 1989 for the express purpose of housing every creative output by him — music, writing, speeches, and so on. All the Creative Works released before and after that date are now copyrighted by The Creative Trust. Gita Saraydarian, Trustee has recently appointed a five person Editorial Advisory Board to oversee the scheduling, archiving, and supervising of all the Creative Works. The entire release process is being re-evaluated and standardized. These five men and women include the best from the legal, business, and academic areas. Our goal is to keep the sacredness and integrity of all the Creative Works for eternity.

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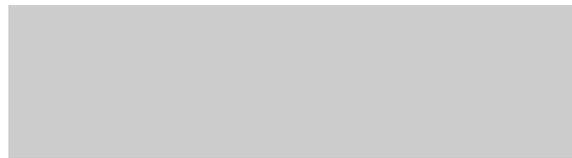
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ADDRESS SERVICE REQUESTED



**Inside: *Delusion* and *Learn the Art of Soul to Soul Communication*. See enclosed flyer.**

## ☞ For You ☜

*I am now able  
to see  
exactly  
what you are,  
to see  
under what pressures  
and forces  
your mechanism  
is running.*

*Now  
I am able  
to hold a vision  
for you  
in my soul  
and leave it there  
as a magnet  
for your steps.  
This magnet  
in my soul  
will provide  
for you*

*all the inspiration  
and courage  
you will need  
in the future  
to transcend yourself.*

*I will not  
limit your ascent  
nor plan for your steps,  
but I will  
provide for you  
an anchorage  
for inspiration  
and challenge  
until  
the agitation and storm  
of your ocean  
is over,  
until  
the echoes of your deeds  
fade away,  
until the shadows  
in your mind  
clear away.*

*Then the magnet  
of my heart  
for you  
will turn into  
a distant call  
to open your sails  
and direct your steps  
toward the open seas.*

**Wesak, 1982**

(From *From My Heart*, Volume I, by  
Torkom Saraydarian, pp. 169 – 171)

In the next  
*Outreach ...*

- Interviews with Torkom Saraydarian
- 11th Anniversary Issue

Contact us for a free catalog of books and music and for information regarding The T.S.G. Center for Learning. Audio & video lecture tape lists available for a nominal fee.