



# Outreach

Providing practical tools for ethical living: Publishing • Spiritual Education • Meditation

## The Future is Ours... The Fourth Ray of Harmony Through Conflict

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Center for  
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Our purpose is to be a pathway for self-transformation. We offer books, audio tapes and videotapes, classes and seminars, and home-study courses based on the Core Values and Higher Principles of the Ageless Wisdom.

T.S.G. Publishing Foundation, Inc. is a nonprofit, tax-exempt organization.

### Outreach

A bimonthly publication of TSG Publishing Foundation, Inc.

Providing practical tools for ethical living using the Higher Principles of the Ageless Wisdom.

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- Vivienne Pierce
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“A disciple is always working with energies.... A disciple does not work with forms, with matter, with results. Disciples work with energy, with causes, with essences. In order for a disciple to work with energies, he must sense energies; he must recognize and use these energies. He senses these energies with his consciousness. He experiences these energies in his own body and environment and uses them within a plan and a purpose. Every disciple is a conscious operator and user of energies. You operate the system of your energies in the same way that you operate your car or your typewriter.” (Unpublished book, *The Seven Rays*, by Torkom Saraydarian.)

For this reason we need to look carefully at our life and live it as deeply as possible and not just slide through it. Sometimes we think we are living it deeply and all we are doing is putting out fires and accumulating information.

The wisdom given on the Seven Rays is so deep and powerful that as we start understanding it and applying it in our life, we will gain a deeper appreciation for the wonders of Creation.

We need to ask some important questions: Where am I going? How am I getting there? What tools do I have inside of me to keep me progressing on the Path.

All these questionings are ways for us to deal with the enigma, the conflict that invariably arises when we take a step out of our comfort range; when we push the envelope just a little further than we did in the past; when we look at our life and confront the conflict we face daily.

We are taught to stay clear of any conflict. We are taught to bring closure, to solve, to cover-up, to deny, to hide, anything but look conflict straight in the eye and say: “What in the world are you and where did you come from?” Those who look at conflict and deal with it, come out with a new understanding about themselves and about life. Those who look the other way and pretend nothing is really happening, lose an opportunity to grow.

“The Fourth Ray is the Ray of Harmony through Conflict, of beauty, unity, sensitivity, and the arts.” (*Ibid.*)

Although the Fourth Ray governs the field of the Arts, we can create harmony through the conflict of our life by resolving the issues facing us through the use of *beauty*, thinking of *unity*, being *sensitive* to the overall problem and what the conflict is really uncovering for us, and through utilizing our talents and creativity to express artistic works as well as being uplifted by the artistic works of others. Re-

gardless of the field in which you express yourself, you can do it with creativity when the conflicts of that arena are resolved and harmony is manifested.

“It must be remembered that creativity is not limited to the arts, but it expands through all fields of human endeavor.” (*The Creative Fire* by Torkom Saraydarian, p. 60.)

What a fantastic gift to the betterment of all life when men and women equip themselves with the ability to deal with any sort of conflict and resolve it in such a creative way that each field of human endeavor benefits from the results. In truth, when we look at all the wonderful changes that have happened in our lives, it is invariably through the creative resolution of some conflict that was seen, felt, anticipated, or experienced. No one wants to live constantly in conflict; we want to find solutions and get on with life. That is the essence of the problem as well as the solution. If we hurry to resolve conflict, we will do it from whatever level we are in at that moment. If we are fully equipped to resolve conflict, the resolution will be far-reaching. The more equipped we are, the deeper and more far-reaching will be the resolution. The deepest resolutions are the ones that have an impact on the very

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culture and civilization of humanity. Even there, will the changes last a few years or will they have such a systemic impact that hundreds of generations will feel the changes in their lives? We have had such resolutions to conflict; history has recorded them.

True harmony is when the human soul's expressions are tuned into the rhythm of the higher level of consciousness.

"It is a fact that those who create without attunement with inner harmony and inner beauty express their own discords and charge their creativity with negativity and with the force of distortion."

"As you go toward Cosmic Harmony, toward Cosmic Beauty, you create more harmony and more beauty." (*The Creative Fire* by Torkom Saraydarian, p. 106.)

We will be able to express harmony, beauty, unity, sensitivity, and true creativity only when we are able to push out of our comfortable boundaries and, embracing that moment of free falling, we land our consciousness on a higher level of understanding. In every crisis, conflict, misunderstanding, there is an opportunity for growth. In growing toward our essence, we are able to express the harmony, the beauty, the unity, the sensitivity, and the creativity of our soul. We express this step by step, ever slowly growing more and expanding more until we are able to embrace the higher planes of consciousness in our daily life.

"The whole idea of creativity is to relate the parts to the whole, and the whole to the parts.

"The greater the artwork, the greater the relationship it creates among people. Great arts produce communication, unity, and synthesis.

"Actually the greater the artist, the greater the alignment, integration, and fusion with the greater whole." (*The Creative Fire* by Torkom Saraydarian, p. 179.)

"Harmony is peace in action. In harmony the individual talents are evoked, expressed, and added to the common efforts of creative action. Harmony is an agree-

ment between component parts to release the beauty, the inner potentials in each part, and thus create a greater unit to be a part of a greater harmony.

"Your eye is a unit of harmony; each of your glands is a unit of harmony; your heart is a unit of harmony, but all these harmonious units form a greater unit which is the body—the man, the nation, humanity." (*Ibid.*, p. 185.)

"Harmony is related to colors, sounds, forms, and motion in itself and in relation to the environment or other objects of beauty." (*Ibid.*, p. 472.)

### ***Catalysts that cause Harmony***

"There are five catalysts which break crystallizations of the aura and bring in life to circulate within the aura. These five catalysts are

- Beauty
- Joy
- Love
- Gratitude
- Enthusiasm

"In reality most of the virtues are catalysts, but these five are fiery and they bring immediate results." (*Ibid.*, pp. 472-473.)

### ***How to Utilize these Catalysts***

"There should be five stages in using these catalysts:

- "1. Observation of past events of beauty, joy, love, gratitude, and enthusiasm.
- "2. Duplicating or reliving the events as they were at that time of your life.
- "3. Projecting them onto others, as if another person is passing through these experiences of beauty, joy, love, enthusiasm, and gratitude.
- "4. With creative imagination, visualizing events or moments of beauty, joy, love, gratitude, and enthusiasm and through the visualization living them as if they were real.
- "5. Becoming an embodiment of beauty, joy, love, gratitude, and enthusiasm. Visualizing yourself not in an event, but as if you were beauty, walking

joy, radiating love, living gratitude, and fiery enthusiasm.

"Any blockage of the energy of beauty, joy, love, enthusiasm, or gratitude in your system is a source of trouble. It creates various pressures until it is released through creative activities." (*Ibid.*, p. 473.)

### ***Beauty as a Law***

Beauty is the most important focal point of bringing harmony through any conflict. The conflict can be within a person or in relations with others. In any given conflict, if we strive to bring beauty into the situation, we will be harmonizing ourselves with a great natural law. The Law of Beauty is a spiritual law that cannot be violated. When it is violated, the result is "unhappiness, sickness, crime, death, poverty, and misery."

"The ugliness that is going on throughout the world is very powerful. In all fields of human endeavor, you see ugliness facing beauty. Those who are choosing the path of ugliness are violating the path of beauty. Ugliness is expressing itself in the phenomena of crime, violence, murder, unfaithfulness, hatred, exploitation, and in the deformed faces and bodies which are especially shown in movies.

"On the other hand, we have in the world masters of beauty who try to reveal our own divinity through their art, painting, music, dance, architecture, and sculpture. They try through their arts to awaken the sense of beauty in people and inspire them to think, feel, and act in the spirit of beauty. They think that beauty not only gives people spiritual satisfaction but also releases the inner potentials of men, organizes their minds, and inspires them to live a life of beauty.

**"The youth are exposed both to ugliness and beauty. If they choose the path of beauty, if they choose to make their lives beautiful, live in a beautiful environment, try to make the lives of others beautiful, they will be the leaders of the New Age. Otherwise, they will disintegrate and vanish into ugliness."** (*The Year 2000 & After* by Torkom Saraydarian, p. 133.)

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## Torkom Saraydarian Center for Esoteric Learning

All classes taught by Gita Saraydarian unless otherwise indicated.

**Tuesday classes:** (\$3.00 donation per class)

**Bookroom:** Complete works by Torkom Saraydarian.

Also available: gift items and correspondence meditation courses.

**Open:** Monday through Friday 9 AM – 5 PM and during class times.

### Fundamentals of Meditation

We will take a pause in July and take a fresh look at our meditation skills. Meditation is an essential practice for a disciple. There are many forms of meditation that are taught. One of the best is the method of concentrated and creative thinking. This method, taught by Torkom and based on the works of Patanjali who taught thousands of years ago, trains the disciple to think clearly and thoroughly. It tells us that when we are able to think about something in various viewpoints, we will be able to understand our life and find creative solutions.

“One of the purposes of meditation is to create a magnetic field around you, charged with psychic energy. It is this field that will eventually serve as a contact mechanism between you and the Higher Worlds.

“When a group of people come together with a spiritual intent, they create such a magnetic field which attracts the attention of

the Great Ones. When this field is organized, highly synchronized, and charged with intuitional substance, it can be used by a Great One to pour His energy or blessings into the world to create improvement and progress.” (*Challenge for Discipleship* by Torkom Saraydarian, p. 371.)

We will have a step-by-step class on meditation. Join us if you can. If you are unable to attend, you can start your own meditation practice by taking one of many of the courses we offer. Call us for information.

“People fail in communicating because they try to learn to concentrate in the physical, emotional, and lower mental realms, whereas real concentration is possible only if a person is able to pass beyond these three realms and focus himself in the higher mental plane or the Intuitional Plane.” (*Ibid.*, p. 372.)

Call us for a complete list of meditation *Home Study* Courses.

### JULY CLASS SCHEDULE

Wear comfortable clothes, eat lightly before you come to class, be alert and rested. Bring a notebook to write in.

<i>July</i>	<i>Time</i>	<i>Subject</i>
6	7:00 – 8:00 PM	<b>Fundamentals of Meditation</b> with Gita Saraydarian
13	7:00 – 8:00 PM	<b>Fundamentals of Meditation</b> with Gita Saraydarian
20	7:00 – 8:00 PM	<b>Fundamentals of Meditation</b> with Gita Saraydarian
27	7:00 – 8:00 PM	<b>Full Moon in Leo</b> , lecture and meditation with Gita Saraydarian

### AUGUST CLASS SCHEDULE

*There will be no classes in the month of August.*

*Our offices will be open the regular hours, Monday through Friday 9:00 am to 5:00 pm.*

★ Special Healing Seminars start **June 26<sup>th</sup>: Healing with Love**. See enclosed flyer for details. ★

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***Creativity and the Seven Rays***

Conflicts, crises, problems create pressure within us to find a solution. This is the stuff that makes us grow. Our creative approaches to life are what make us who we are. We cannot escape.

“All civilizations and cultures are the result of a creative labor to bring greater light and greater beauty. There is an urge in all levels of human endeavor to improve, to reach higher states of consciousness, and to make the beauty of these states available to humanity in creative forms.

“This creative process or urge is the result of a Great Pressure which comes from the Solar Lord and accumulates in the planet as well as in each atom and in each form.

“The great leaders of humanity, in any department of human endeavor, are those people who are under greater pressure of creativity.

“This pressure cyclically increases in intensity and produces ever-advancing cultures and civilizations. This pressure can be built in a form such as a man. It exists in a mental thoughtform full of vision, aspiration, and future. It continues to exist as long as the owner of the pressure charges it with new drives coming from planetary and solar sources.

“Throughout ages, some of the carriers of this pressure advanced themselves to such a degree that they came in contact with the Source of pressure.

“Some people can be called creative tensions. They exercise tremendous pressure in all fields of human endeavor to harmonize and synthesize the life of humanity as a whole according to the keynote of the Purpose behind this pressure.

“The spearhead of these ‘creative tensions’ is a great Soul called Christ, Who, from the beginning of the history of humanity, raised Himself toward the Source which He symbolically called His Father.

“Throughout ages great warriors of spirit developed similar pressure, and eventually they, as a group, formed the Hierarchy. Each of Them realized that the Purpose was so glorious that only a greater tension created by a greater number of Liberated Ones would be able to manifest It. Some of the members of the Hierarchy were the flowers of previous schemes, previous solar systems, Who kindled the fire of the Source of man and then left our planet.

“The members of the Hierarchy organized themselves into the seven fields of approach to reality and the seven fields of service for humanity. They imparted knowledge through Their seven fields and helped human beings expand their consciousness and advance their evolution toward the Source, thus developing within themselves the pressure of creativity and responsibility.

“Those who were able to develop enough pressure were qualified to enter into the ranks of the Hierarchy and become the distributors of Goodness, Beauty, Righteousness, Joy, and Freedom.

“The Hierarchy is open to all those who qualify themselves to function under a high pressure.” (*The Creative Fire* by Torkom Saraydarian, pp. 39-40.)

***Creative Efforts***

In order to prepare ourselves to face conflict in a constructive manner and have a creative change in our life as a result, the Teaching gives us three labors that we can do. Watch your life and observe the lives of others. What happens to people when faced with a conflict? What is the first response that you make when you see a crisis coming your way? As spiritual disciples, we are in the business of becoming more conscious and more deliberate in our life. How can we make sure that this is happening? Take a look at the three labors outlined in the Teaching:

“I. The first labor is to reconstruct our physical, emotional, and mental equipment. We must improve our physical body, our manners, the way we dress, walk, and

act. We must improve and change the way we feel, react, or respond. We must change the way we use our speech. We must eliminate all conversation that is not goal-fitting, replacing it with conversation that is full of meaning, beauty, and solemnity.

“We must change the way we think by eliminating the walls and the mechanical processes in our thinking and making it more creative. We must clear away unworthy thought patterns and habits and cast away fears and doubts. We must eliminate as much as possible all the seeds of being a show-off, a flatterer, or a gossip....

“It is important to remember that we build our mechanism through responding to the world from a higher level and from a new point of view. It is our responses that build us. This is such an important statement. As you respond to higher frequencies, great ideas and visions in greater inclusiveness, you build yourself with finer substance and with better engineering....

“II. The second labor is to achieve a level and try to create from that level, without losing its frequency. It is this new frequency that must express itself through all your creative efforts until you raise it higher.

“We know that we have high points daily, weekly, or monthly. In these high points we touch some great beauty, we feel great expansion of consciousness, we see new visions, we see the Plan more clearly, or we move up to a new step on the ladder of our evolution. But often these high points last only a few seconds, and then we come down to our usual level....

“In creating on higher levels, you transmit through the object of your art the same frequency you are in. Those who come in contact with your art feel the creative wave raising them up to a new level of awareness. This is how change occurs in those who come in contact with your higher creative expressions....

“A man can give a lecture and be well-versed in his subject matter, but his lecture

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## T.S.G. News Briefs! The Future is Ours...

### Four New Books

*Woman, Torch of the Future* lays the foundations for educating children from the start how to live a creative and purposeful life. We learn how to choose the right partner, how to have a sacred marriage and family, how to attract wonderful souls as our children, and why the woman is the torchbearer for society. Whether a woman has physical children or not, every woman is a nurturing mother in her heart. When men and women take their roles as partners and parents very seriously, they grow spiritually as souls. A family is the best place to learn all the spiritual skills that we need on our path. We are seeing that there is something seriously wrong in the way we have been treating our children and our families. The results of lack of responsibility in all aspects of society

are now clearly visible to all of us. In view of the terrible crises facing our families and children today, we need the courage to state the obvious: If we are to have sane, loving, creative, and balanced children and families, we need to be present and involved. Problem children are not relegated to poor working parents but cut across all socioeconomic layers. We really need to face the conflict in our own life and see the truth: If a mother and father are available for the children, there is better than 90% chance that the children will grow up and become creative and useful members of society. We cannot give up our responsibilities as parents to the media, to schools, and to teachers. Schools and teachers work with what they have and what is allowed by the parents. Every adult can be instrumental in creating social

changes that will help the mothers and fathers do their best in their families.

The main responsibility rests with the parents. This book and its companion (*Sex, Family, and the Woman in Society* to be released by mid-July 1999) are absolutely essential reading for every adult male and female. How can we have a future if we do not face the most important responsibilities and continually disregard and insult and diminish the sacred roles of a mother and a father? **Mothers, Fathers, Grandparents, Teachers of the world, let us face this conflict together and help our children learn, grow, and become responsible adults.**

The two volume set on **Education** is another must reading for everyone. In these two volumes, Torkom gives the

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will carry no energy if it is coming from his store of knowledge and not from the level of his spiritual achievement. When there is no spiritual achievement, his lecture or dance, his music or song comes from his threefold mechanism, not from his Essence....

"True Guidance comes from spiritual levels. Thus true creativity is the externalization of the spiritual man....

"III. The third labor is to create those movements which will awaken people to raise their level and be creative. For example, one can create a new philosophy, a new religion, a new political activity, a movement for higher freedoms, or a new order which will give man the opportunity to contact the creative energies in his nature.

"People create on the mental plane when they think or react mentally. They create on the emotional plane when they aspire, imagine, desire, or react with certain emotions. They create physically when

they build, when they dance, and when they produce offspring. All living Nature creates." (*Ibid.*, pp. 56-59.)

### Ways To Prepare For Change

How does a person prepare himself to face conflicts and create harmony in the highest possible manner and in such a way that that person's particular Ray makeup and talents are utilized?

The answer is given in the seven Higher Principles: make your life full of **beauty** in all its forms; fill your daily life with **goodness**; always be **righteous** in your dealings; have the **joy** in your heart that Hierarchy exists and that you are linked; be **free** from all outmoded thoughts, feelings, and actions; **serve** your fellow man and all of Nature in any way you can; **strive toward perfection** every day of your life.

"When a person meditates, studies, and attends lectures, he develops his intellect and accumulates a lot of knowledge, but these do not serve him unless he changes his mechanism through creative expres-

sions, through practical living, through the higher ideas he comes in contact with during his creative efforts."

"People must not think that higher levels can be achieved only through meditation and contemplation. One can also contact higher levels through sacrificial service, through enjoying great arts, and through great acts of love and dedication. In these moments one can catch the tide, or a gift wave. If he stays on the wave, if he fuses with it for a period of time, he will experience ecstasy, joy, and a taste of the creative fire." (*Ibid.*, p. 59.)

### Connecting with our Solar Angel

Here is a beautiful excerpt about inspiration and the role of our Solar Angel:

"It is during the moment of inspiration that the physical, emotional and mental vehicles of the human being are so energized and stimulated that they draw the energy of the Soul. This energy pours down, circulates, integrates, and aligns the

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requisite topics and requisite qualities that need to be mastered by each adult on the path of discipleship. Real education is spiritual beingness.

The fourth book is *Aura, Shield of Protection and Glory*. Here you will find practical ways to protect yourself and protect your family. You will know the enemies of health and well-being. You will know the kinds of outside activities and life-styles that harm and hinder your progress. You will learn about activities that will help you to build the shield of protection and glory.

### **T.S.G. Book Club:**

#### **...Free Membership**

Your *free* book club membership entitles you to a 20% discount on every new release of books by Torkom Saraydarian. Our membership is growing, and we are so pleased by your response to take advantage of this offer. All you have to do is fax us, e-mail us, or call us and tell us you wish to be a member and preferred method of payment. We will send you each new release within a week of its release with the discount applied. If you do not wish to keep it, you can return it for a full refund. This is a great way to make your Saraydarian Collection complete.

When a new book is released, a tremendous energy is released with it. We can effectively ride the waves of that energy by reading the new book individually or in our groups and thus broadcast the thoughts contained into the Universe. **Our thoughts count. Participate in the vision for the Future of humanity.**

**Prayer for World Unity** by Torkom is now said at each full moon meeting by people all over the world. For your copy, send us a self addressed, stamped envelope with \$1.00 per card. For international requests, please send \$2.00 per card and it will be airmailed to you.

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whole personality. Thus the Soul makes its spiritual gifts accepted, assimilated, and then creatively expressed by the personality.

“It is through such a process that the Hierarchical influence pours down into the personality via the human soul and makes the human being a dispenser of the treasure that he receives from the Hierarchy.

“To have true inspiration, therefore, one needs to contact his Soul through meditation and sacrificial service. It is through meditation and sacrificial service that the path toward the Soul is opened and conscious communication established. When conscious communication is built, one can be sure that one will be inspired by his Master, by the Hierarchy, or by Shamballa.

“Some people may say that they have an inspiration, but they may be deceived. One must use the sense of discrimination to avoid being caught by those who serve dark forces through such ‘inspiration.’

“True inspiration leads to more sacrificial service, to honesty, nobility, and success and to an inclination to serve humanity and other kingdoms of Nature with self-forgetfulness, harmlessness, and right speech. True inspiration also never flatters

the personality or makes claims that it is ‘the only way to fly.’

“We usually think that crises are synonymous with pain, suffering, self-pity, complications, and problems. This may be true in general, because of the reaction of the personality. On the other hand, a crisis can be a joy-bringing event for which we wait with elevated expectancy because we feel in our heart that the crisis is an opportunity, the wave we have been waiting for to ‘surf’ upon. Such an approach to a crisis is the result of a response to, and an assimilation of, the energies which bring in the treasures of the Higher Worlds.

“In an atmosphere of joyful expectancy, crises become opportunities, moments of enlightenment and initiation, moments of great opportunity to demonstrate all our aspirations to serve and sacrifice.

“In the coming age, people will learn to obliterate their personal crises through understanding gained in a global crisis. A great crisis can truly make a person human, in an international or universal sense.

“As a shock hits the planet, we will see the appearance of greater and greater crises, as well as the appearance of people who will demonstrate how to use these shocks with confidence and for the progress of human evolution.

“Inspiration is an electrical life-energy coming from the center where the Will of God is known. It is this life-energy, charged with purpose, that comes to us via our Souls to enlighten us. Enlightenment then is the flower of inspiration, the intuitive understanding of the purpose of life.” (*Cosmic Shocks* by Torkom Saraydarian, pp. 137-138.)

We see from this discussion that the Fourth Ray inspires us and challenges us to break through our limitations. The creative artist feels deeply the conflict in his life, and creates a painting that shows the conflict in his heart and the resolution. The musician recreates the conflict in the arrangement of notes and places the resolution within the musical arrangement. The same with writers, poets, dancers, philosophers, thinkers of all kinds. They show us a picture of life and they show us their answers. If their creative piece shows the depth of the conflict and the resolution in terms of infinity, we call such a person a true hero, a Great One, a Wise One. In our life experiences, we are given daily opportunities to express our beingness so that eventually, we surpass our limitations and become our True Self. The Fourth Ray leads us from Darkness to Light, from the Unreal to the Real, from Death to Immortality, from Chaos to Beauty.○

## Full Moon Observances and Meditations

We encourage all students of the Teaching to observe full moons with the appropriate observances and meditations. We can all link up together all over the world and ready ourselves to be inspired with the energies of each sign. *The Symphony of the Zodiac* by

Torkom Saraydarian has specific recommendations for the meditation to be done. We have printed many of these and if you need to see them again, we refer you to that wonderful text.

### The Sun in Leo

Exact date and time (July 28th, 1999, 4:26 am MST USA)

The Sun is in Leo approximately from July 23rd to August 23. "The energy transmissions increase from the new moon to the full moon, when for twelve hours the downpour of energy is strongest." (*Symphony of the Zodiac*, p.199.)

"The result of the Leo energy is very simple. It urges us to get closer to our essential Self. We go through many stages of development, conquering identifications with physical, emotional, and mental worlds. Through this energy the triple vehicles of the personality are aligned and integrated." (*Ibid.*, p. 200.)

There are seven stages of consciousness that we go through and which Leo directs:

- "1. collective to individual consciousness;
- "2. the I to Self;

- "3. the individual to the group;
- "4. the will-to-dominate others to the will-to-self-mastery;
- "5. personality sensitivity to Soul awareness. (here he starts to lose his separative self);
- "6. self assertion to the selfless assumption of true leadership and the sacred trust of right relationship. (Here he is the Self as the manifestation of individuality);
- "7. he is the Self infused with the Self of the universe, lost as a note in the symphony." (*Ibid.*, p. 207.)

We can use these ideas as seed thoughts in our mediation during the month of Leo, asking ourselves, **"Where is my level of consciousness, how is it operating, and where do I need to go next"?**



### Sun in Virgo

Date and time: (August 26, 1999, 4:49 pm MST USA)

The sign of Virgo is in the approximate period of August 23rd to September 23rd.

"Virgo is called the womb of time in which the seeds of great values are planted, shielded, nourished, and revealed. It is the labor of Virgo that eventually brings forth into manifestation the Christ principle within the individual, and within the race of men. Every idea, plan, individual or group that comes in contact with the energy of Virgo eventually develops universality and a deeply sacrificial nature." (*Ibid.*, p. 216.)

"Virgo is giving birth to Divinity. This is the symbol of Holy Mary Who gave birth to Christ. This means that Spirit appropriated Itself to the personality so that a Perfect Man, a perfected expression of Divinity was born." (*Ibid.*, p. 218.)

During the month of Virgo, we can meditate on the following: **"How do I shield, nurture, and reveal the Divinity within others and within myself?"**

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## ADDRESS SERVICE REQUESTED



## Music

In the new book *Aura, Shield of Protection and Glory*, Torkom discusses the various notes and chords that correspond to people in terms of zodiacal signs, centers, bodies, and colors. There is a great science behind music. Make beautiful music a part of your everyday experience. Let the beautiful sounds heal you and help you integrate yourself. Here is a beautiful discussion about music:

“Man must not only play music with his three bodies, using them as part of his orchestra, but he must also slowly attract higher atoms to his sphere of energy, building higher vehicles and making them part of his orchestra.

“A master is a great symphony because he knows the science of sound and has the ability to use the AUM or OM in harmony with the plan of God. Let us remember that man in his essence is a SOUND.”

“At present, music is used in healing patients in mental hospitals. In the future, scientists will be able to isolate the original note of each human organ and through that note regenerate the organ. When the organs and all vehicles are in harmony, we then have health and the joy of living and creating.

“It is interesting that when all our vehicles are in harmony, a communication line forms between all of them which links them together and makes them a unique symphony. Organs, as a harmonized system, become receptive to the music of higher forms of existences or levels. By functioning under the law of resonance, man becomes a transmitter of a more abundant life.

“In the future, we will be able to find the principle notes of our own vehicles; the notes of our physical body, the notes of

our emotional and mental bodies, the note of our Soul, and so on. Once we know the notes, we will be able to use the sound or music to energize them, to cleanse them, or to gradually raise their vibration and change their notes. It is very important to know that the notes of our bodies change as we progress. This means that we must be very careful to observe ourselves and use different notes as we change, to continue our progress and not hurt our vehicles.

“Human beings must strive to accumulate higher substances and then build higher vehicles through which they can contact higher worlds. Thus man will eventually know the seven notes of his seen bodies and create his own music in space. This means he will be able to use the Sound of manifestation through AUM, or toward liberation through OM.” (*The Psyche and Psychism* by Torkom Saraydarian, pp. 832, 833, 834.)

**The first seminar “Healing with Love” in the Spiritual Healing Seminars series is Saturday, June 26th from 10 AM until 3 PM. Sign up today for this spiritual event.**