

THE SARAYDARIAN GROUP



# Outreach

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Providing practical tools for ethical living

## The Future is Ours...The Third Ray of Active Intelligence

By Gita Saraydarian

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### Outreach

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*Providing practical tools for ethical living using the Higher Principles of the Ageless Wisdom.*

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In this issue of *Outreach* we will discover some qualities of the Third Ray. This Ray is often referred to as the Ray of Active Intelligence, and it energizes the field of communication and philosophy. "When the Third Ray is in manifestation, we see greater communication systems establishing themselves. Greater philosophical systems appear, and as a whole, new polarization to the world of meaning emerges." "...Unless the human mind responds to these energies, there will be very little constructive result for the human kingdom. Cycle after cycle, the great Hand uses these notes alone or in chords, eventually to create the great symphony of the spheres. Each Ray is related to one color, one note, one perfume. Each Ray is related to one of the centers of the planet and each human being. They are related to races, chains, rounds, and schemes. This is why the seven streams of energy stimulate every atom, every cell to reach greater consummation."

(Unpublished book, *The Seven Rays*, by Torkom Saraydarian.)

### The Magic of Real Thinking

Two main streams of thought emerge as we think about the Third Ray: What is philosophy and what is communication? Philosophy is the ability to think deeply and in many

layers to uncover a deeper truth. Our ability to think depends on our depth, our integrity, our honesty, and our ability to look for the truth no matter what the emotional and mental sacrifices need to be. Often the depth of our thinking is hampered because we are not willing to break out of our precious beliefs and molds of feeling and thinking. Often you will hear that there are all kinds of communication styles, that your style is particularly yours, and that is the way you think and deal with others and the world around you. That is fine if we limit ourselves to the physical world and limit our expressions and thinking to the world of our culture and socialization processes. Indeed, the hallmark of a philosophical thinker is one who has what Torkom once called "an elastic mind." This is a mind that can stretch and reach and consider any possibility without fear. When we are mentally and emotionally fearless, then we can start to become philosophical thinkers.

Most of our thinking is the restating of what the "experts" have told us to think. We argue in the same ways that we hear others argue. Our facial expressions, the feelings, the body language all reveal the sources of our "thinking." "People often are afraid to think because they do not want to lose the crystallizations with

which they have identified. It is through thinking with inclusiveness and tolerance that sensitivity is increased and new viewpoints are found. Sensitivity is the increasing magnetism of mental matter which attracts new revelations that create new viewpoints.

"People must learn to stand above all their beliefs and knowledge. This leads to creative freedom in which they can create a new self-image which is more progressive.

"In the thinking process, a time must come in which the thinker will not be able to identify with his thoughts but instead will use them to meet various needs. He must even be able to destroy a former thought and build a new one.

"When we develop the ability to stand above our thoughts, not only will we become better thinkers, but also we will see how ridiculous our thoughts were at certain times.

"If one can discover how ridiculous he was on certain occasions, he can surpass his former level of consciousness. Humor is the moment of discovery of our former ridiculousness, preposterousness, and foolishness. With an attitude of humor, not only can we destroy our own crystallizations but also the crystallizations in others, opening a new life of freedom for them."

*Future is ours...* Cont. from page 1

(*Thought and the Glory of Thinking*, by Torkom Saraydarian, p. 446.) The key to philosophical thinking in its purest form is to form a complete alliance between our mind and our heart. (See *The Flame of the Heart*, by Torkom Saraydarian.)

### **Hindrances to Higher Thinking**

“There are five major hindrances to higher thinking:

1. Imagination controlled and carried on by selfish, separative, and earthbound desires....
2. Pollution found in the brain and the nervous system....
3. A mind in which is found crystallized thoughtforms, vanity, pride, illusions, and fanaticism....
4. Glamors found in our emotional sphere. Glamors distort the rays of impression and make higher thinking almost impossible....
5. Lack of concentration....

“Purification of the mental body and continuous mental discipline eventually bring the mind under the control of the human soul. Higher thinking cannot be carried on in the mental plane until the mental body is controlled and purified.” (*Thought and the Glory of Thinking*, pp. 135-136.)

### **Characteristics of Higher Thinking**

If you want to check yourself and see if you able to think in true philosophical fashion, take a self-test and see if the following seven characteristics exist in your thought process:

- Inclusiveness
- Balance
- Purposefulness
- Inspiration
- Simplicity
- Magnetism
- Powerfulness, fieriness”

(*Ibid.*, p. 137.)

### **How to Cultivate Higher Thinking**

If you are interested in cultivating your true thinking powers and putting into active motion the energies of the Third Ray, take a look at this great book — *Thought and the Glory of Thinking*. This book is the quintessential tool for the thinking person. Here are five major means discussed in the book:

- Scientific, occult meditation
- Daily remembering the fact of your Inner Divinity
- Evening review
- Esoteric study
- Keen interest in life and events on the planet” (*Ibid.*, p. 143.)

The life of a true seeker of truth is a continuous striving toward perfection.

### **Soul to Soul Communication**

The field that is energized by the Third Ray is also the field of Communication. At no other time in history has this field had a more profound effect on the lives of everyone in the world. We are communicating every minute of our lives. We communicate in silence and speech. We communicate with our body language, our voice, our clothes, our manners, the way we look at things, the way we smell to others. We communicate when we sleep and when we are awake. If a person is able to “see” with knowing eyes, we communicate with the entire energy patterns of our bodies. Communication then is the continuous message that we send out to others, to ourselves, to our soul in any form. The big question is this: What part of us is communicating?

“Every one of you, within your secret chamber of the soul, is the Word of God that God sent all over the Universe to spread His mysteries, His knowledge, His consciousness. That condensed wisdom, condensed science, condensed power is within you. It is you.

“When you are talking, you are releasing that radioactive atom that is within you and that is you. Talking is radiation. It is radiation of what? It is the radiation of God, radiation of your essence, radiation of the wholeness, the essential beingness

that is within you. Whenever you express, manifest, release that Word within you that is your True Self, you have prosperity, enlightenment, enthusiasm, joy, freedom, energy. Whenever that word is blocked and expressed through layers of pollution, you are not able to manifest yourself, and you create pollution and destruction in the minds, in the emotions, and in the bodies of the people.

“How is that Word blocked? We have layers and layers of pollution around ourselves. What are they? For example, ugly habits are pollution. You have a film in your hand in which there are some destructive pictures, ugly pictures. When the light comes and hits that film, you see on the wall or on the screen the ugliness which is in the film. When the Word, that energy, that Ray is coming through your emotions, body, and mind, it is creating exactly the picture which is within your aura, within your etheric body, emotional body, and mental body. When you start projecting yourself, your pollution, on the wall of the audience, on the wall of intention, on the wall of the consciousness of the people, suddenly you identify yourself with that ugly image which you projected through your bodies. This is the downfall of the human spirit. The human spirit is trapped within its own creation. That is why again Christ says, ‘The things which enter into your mouth do not pollute you, but the things which go out of your mouth totally pollute you.’ Look at the wisdom He is giving you. It is science, not religion....

“You are going to find a way and method, a means first of all to clean your aura, your atmosphere.” (*Teaching the Ageless Wisdom*, by Torkom Saraydarian, p. 8.)

“Whatever you are saying, that talk will be beautiful, that talk will be righteous, that talk will be full of goodness and freedom. You will not be afraid of saying whatever you want to say provided that talk is in the seven rays: Beauty, Goodness, Righteousness, Joy, Freedom, Striving, and Sacrificial Service. When this kind of radioactivity starts flowing into your aura, your aura will be slowly, slowly cleansed and you

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## The Importance of Speech

### How to Speak

“When we speak, our sound affects our seven etheric centers, our seven ductless glands, and the seven ganglia related to them. The effects depend upon the motive behind our words, on the level of consciousness we have at the time of speech, and on the accuracy, purity, and sincerity of our speech.

“The first glands affected are the thyroid and thymus glands, then the pineal gland, the pituitary body, and the carotid glands. Then the solar plexus, the ovaries or testes, and the adrenals are affected. Through every word we utter, these glands receive a constructive or destructive wave of energy.

“If we practice discipline of speech from childhood, our health will be relatively perfect, our body beautiful and strong, and our emotional and mental vehicles healthy, balanced, and creative.

“These glands pass the waves of our

speech to the corresponding chakras, and the chakras release the waves into our aura. Every wave carries into our aura certain elements with specific colors and intensity, due to the character and value of our speech. It is from our aura that our sound passes to the corresponding spheres or planes of the Earth. Thus every word that we speak goes to the Cosmos.”  
(*Challenge for Discipleship*, p. 395.)

### How to Listen

“Some people think that because they have ears, they can sit and listen. But it is not the ear that listens or even hears. One must be a listener to make his ears hear. If the listener is absent, if he is occupied, or if his hearing is obscured, he will never hear, even if you play drums next to his ears.

“Listening and hearing is a science and a great art. One must have the needed equipment, but he must also be able to use

it artistically and creatively.

“Let us take the equipment:

1. clear hearing and healthy ears
2. a healthy, sound brain
3. a clear consciousness
4. focus or concentration
5. calmness and serenity in emotions
6. power of memory and recollection
7. hearing with the mind and intuition

“It is known that people listen through the body where their focus of consciousness is. For example, if they are materialistic-physical, they hear things related to their body and that body gives them the final translation of a conversation. If they are emotional, the emotions translate and respond to the discourse. If they are mental, their approach will be mental, depending upon their mental conditions.

“Even our needs, wishes, dreams, and aspirations have a powerful effect on what we hear.” (*Ibid.*, p. 405.) □

### Future is ours... Cont. from page 2

will see how your speech is the best medicine that is helping you.” (*Ibid.*, p. 10.)

### Inner Dialogue

The Teaching tells us that we need to practice listening to our inner voice, sometimes called the Voice of Silence, or the Voice of the Soul. How do we do this?

“You are going to learn an important secret. You are going to go inside yourself before you talk and contact your Core — The Word. That is what true meditation is. What is meditation? Meditation is the radioactivity of your True Self. In popular parlance meditation is to let your real Essence talk to you.” (*Ibid.*, p. 11.)

A word of caution, not everything that “comes to you” is the word of your Core. Sometimes people will say, “This came to me yesterday,” and they are not really saying anything at all. They are letting their bodies, habits, glamors talk. Here are 15 rules for clear communication:

“1. Before you talk first think, and if it is not necessary, not goal-fitting, too

early or late, not appropriate, do not talk....

2. Know why you are talking and choose the best words and clean sentences to pass on your thought....
3. Never talk beyond the level of people....
4. Never deliver a message to the wrong address....
5. Never use your voice, because it is Divine, to deceive people, to cheat people, to mislead people....
6. Never talk about something which you do not know....
7. Listen to the people’s questions intelligently and answer only the questions....
8. Do not shout and panic or fight in your conversation no matter how hard your interlocutor tries to irritate you....
9. Sometimes the best answer to a question is a question....
10. Negative talking creates negative

personality reactions and listeners fall in most cases into their emotional nature. Positive talking brings the focus of the consciousness to the higher levels, to the reasoning, logical, spiritual levels....

11. Never speak on behalf of others....
12. Speak according to the needs of the people, not to the questions....
13. Sometimes try to talk in silence....
14. Avoid idle talk....
15. If someone trusts you and warns you about certain people for your own advantage, never break his trust and never go and gossip about him to the one about whom the warning was given....

“Remember the purpose of conversation, talk, or speech is not to create ugliness, cruelty, hatred, but to build bridges, expand consciousness, and manifest the highest that is within you. Idle or ugly speech wastes your precious energies and creates disturbances in your aura. Healthy people have control upon their words or speech.” (*Ibid.*, pp. 12-14.) □

## Sounds that Heal

Here is more information about music and the aura from the new book *Aura* by Torkom Saraydarian:

“Music not only heals; it is also a source of many mental and moral disorders. The world’s economy is even influenced by music. There is music which leads the economy toward depression, and there is music which leads to prosperity. This may sound insane to those who have never raised their eyes from the earth, but those who are open and intuitively free can grasp the implications.

“We must remember that our aura is a cell in the aura of the planet. The planetary aura is an aggregate of the auras of all forms living on the planet. Your aura is not only related to your body but also to your family, wife, husband, and to humanity. That is why it is a basic truth that man is one with humanity. There is the solar aura and the galactic aura. Man is related to all; all is related to man. This is the foundation of the thought that there is one Unity.

“Just as our aura has its own note, the planetary aura has its own note and color. The Solar Lord is playing His music on twelve planetary notes. The goal of each person is to make that solar music echo in

his own tiny aura and find creative expression through it, until “as above, so below” is realized and actualized.

“Babies must be born in auras that form a symphony to attract an advanced soul. At the time of making love, your aura is visible to those whose time has come for

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*“We are told that sound is the first manifestation.”*

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incarnation. Advanced souls choose those auras which are colorful, pure, and symphonic.”

“Knowing these facts, the ancients stressed that marriage is sacred and that it must be sanctified by meditation, prayers, and the blessings of those who live in high spiritual principles. Ceremonies, prayers, blessings, love, and understanding help

the auras mix and blend and become highly magnetic for advanced souls.” (*Aura* by Torkom Saraydarian, pp. 66-67.)

“The sound of oceans, rivers, waterfalls, or the sounds of trees and birds, all sounds of nature have a very soothing, calming, and energizing effect on the nervous system. In some parts of Asia, nervous and irritable people were taken to waterfalls and were made to stay in the vicinity of the falls for a few months. They were told to listen to the music of nature, the orchestra of crickets, frogs, rivers, waterfalls, waves, bird songs, breezes and so on.” (*Irritation, The Destructive Fire*, p. 40.)

“We are told that sound is the first manifestation. When energy and matter create friction, we have sound. Sound is the creative principle, the son aspect.

“But sound is on different levels. We have sound on the physical plane and also sound on the emotional, mental, and on the four higher Cosmic Etheric Planes. Eventually, we are going to hear the sound on these planes, or the sound of those who function on these planes. All these registrations of sound will give us a greater ability to contact the greater whole.” (*The Psyche and Psychism*, p. 54.) □

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### ***T.S.G. News Briefs! Cont. from page 5***

the books will be given the donor’s name so you can get the confirmation that your gift arrived. We have sent thousands of books all over the world, and they are hugely appreciated.

**Prayer for World Unity** by Torkom is now said at each full moon meeting by people all over the world. For your copy, send us a self addressed, stamped envelope

with \$1.00 per card. For international requests, please send \$2.00 per card and it will be airmailed to you.

**Have you seen our new web site?** We are constantly improving it. As we grow and have the funding, we will make it even more beautiful and full of information to help you in your spiritual journey. If you have any ideas for improvement or information you would like, please contact us through the webmaster. We love to hear

from you. *Outreach* is now on the web site, so are order forms.

**Essential Oils:** Our essential oils are of the highest quality. We now have pure **rose oil, lavender, eucalyptus, peppermint, wormwood, sandalwood, rosemary, and Siberian fir needle.** A brochure is available on the various aromatherapy uses of the oils. Our web site also has information that may be helpful. The oils are available in various sizes. Call us or check the web site for details. □

# The Sun in Gemini

Exact date and time (May 30, 1999, 11:41 p.m. MST USA)

**Keynote: Goodwill leads to right human relations, to peace on earth, to glory to God**

## Meditation

1. Say the first verse of the Great Invocation  
*From the point of Light within the Mind of God,  
Let Light stream forth into the minds of men.  
Let light descend on Earth.*
2. The symbol of this verse is a rising sun behind the mountains. Visualize the sun within your head, a very small sun which is getting bigger and bigger, penetrating all the cells and atoms of your personality, releasing their latent light, while the whole personality is entering a process of transfiguration.
3. Meditation seed thought: "Let Light descend on Earth."
4. OM
5. Say this mantram:  
*Let the Forces of Light bring illumination to mankind.  
Let the Spirit of Peace be spread abroad.  
May men of goodwill everywhere meet in a spirit of cooperation.  
May forgiveness on the part of all men be the keynote at this time.  
Let power attend the efforts of the Great Ones.  
So let it be, and help us to do our part.*
6. OM OM OM
7. Say the second verse of the Great Invocation:  
*From the point of Love within the Heart of God,  
Let Love stream forth into the hearts of men.  
May Christ return to Earth.*
7. Visualize a river, the symbol of life more abundant.
8. Say: "Salutations to the Masters of Wisdom. Salutations to the Christ, the Head of Hierarchy, the Teacher of the Aquarian Age."  
Meditation on seed thought: "Our love is the path on which Christ will reappear."
9. Say the mantram of the **New Group of World Servers**:  
*May the power of the one life  
pour through the group of all true servers.  
May the love of the one Soul  
characterize the lives of all who seek  
to aid the Great Ones.  
May I fulfill my part in the one work through  
self-forgetfulness, harmlessness, and right speech.*
10. OM OM OM

(Symphony of the Zodiac, pp. 170-171.)



# Sun in Cancer

Date and time: (June 28th, 1999, 2:38 p.m. MST USA)

**Keynote: I build a Lighted House and Therein Dwell**

## Meditation

1. Relax your body. Calm your emotions. Clear your mind.
2. OM OM OM
3. Say the Great Invocation in full.
4. Meditation seed thought: "What kind of house am I going to build and for what purpose?"
5. OM OM OM
6. Bless the world.

(Ibid., pp. 196-197.)

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## The Future is Ours... *The Third Ray of Active Intelligence*

### *The Voice*

His voice was like the elixir of life.

His voice was like  
colors of wonderful  
and fragrant flowers.

His voice was the  
healing breeze  
of my heart.

Through His voice  
I saw my God.

Through His voice  
I saw my future.

Through His voice  
I felt wholesome;

Through His voice  
I reached to the stars.

It was a human voice,  
so clear, so sincere,  
so harmonious that  
even when He scolded me,  
I felt the cracking  
of the walls  
of my prison.

His voice brought to me  
light,  
wisdom,  
beauty.

His voice tuned up  
my harp,  
and brought me  
the chalice of joy.

From *The Ageless Wisdom* by Torkom Saraydarian, p. 161.

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