



# Outreach

Providing practical tools for ethical living: Publishing • Spiritual Education • Meditation

<i>Class Schedule</i>	3
<i>News Briefs</i>	5
<i>Affirmation Poem</i>	6
<i>Sun in Libra and Scorpio</i>	7
<i>Music</i>	8

## Mission

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## Outreach

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## The Future is Ours...

### The Fifth Ray of Concrete Knowledge and Science

By Gita Saraydarian

#### The Practical Nature of the Rays

“People ask, ‘Is the study of the Seven Rays really practical?’ The answer to this question lies in humanity’s great need for right human relationships.

“The whole trouble in human relationships is that we cannot understand each other. We do not even know each other. If we could begin to know each other, we could eliminate ninety percent of our troubles.

“People marry, find friends and co-workers. If they do not know the true nature of these men and women, they will act or react incorrectly toward them. When people know the true nature of those with whom they associate, they have the key to right human relations. Right relations is therefore, the most important science in the world.

“There are two false ways in which people try to establish relationships: one is through force; the other is through personal interests. For instance, if you have some interest in me, you will be nice to me or flatter me. But when your interest in me is finished, you will react differently. When the relationship is one of force, if you are working under someone forceful then you must work whether you like it or not. When the authority vanishes, you will not maintain the same relationship. Relationships based only on interests or force are pseudo-relationships.

“It is so important to create right relationships because the health of the whole Universe depends on them. Right relationship is one science that we must learn. If a man learns right relations and is fifty percent successful with others, with his environment, with all with which he is involved, then he is on the path of initiation. The most advanced people are those who have learned the science and the art of relating to the physical, animal,

vegetable, and human worlds and to the spiritual and divine worlds.

“In studying the Rays, we learn how to relate not only with all human beings, whether they are enemies or friends, but also with all kingdoms as well as all energies and forces. This is the practical purpose behind the study of the Rays.”  
(*The Seven Rays* by Torkom Saraydarian, unpublished manuscript.)

#### What is the Fifth Ray?

“The Fifth Ray is the Ray of Concrete Knowledge or Science.

“...The Fifth Ray is unique in relation to the human race because:

1. It is related to the mental plane into which humanity is entering in increasing numbers.
2. Humanity is the fifth race and is trying to raise itself into the fifth kingdom.
3. The Soul of our planet is Venus, a Fifth Ray planet... ‘[which] is responsible for the coming in of mind in the Earth chain.’
4. ‘Human perfection is carried forward consciously upon the mental plane.’
5. Its purpose is liberation.

“...We are told that the Purpose and Plan of the Deity is concealed in concrete form. It is the duty of the Fifth Ray to reveal them. Purpose is the revelation of the mind of God hidden in His manifestation.

“The Love of God underlies all forms. The Lord of Knowledge must discover it...” (*Symphony of the Zodiac* by Torkom Saraydarian, pp. 303-305.)

The Future is Ours... Cont. from page 1

### Sacred Labors

There are seven sacred labors that every man and woman of culture must be engaged in. We can well speculate that the fifth sacred labor coincides with the work of the Lord of Knowledge.

“The fifth sacred labor is to spread knowledge about Nature, man, Higher Worlds, and higher states of consciousness. All superstitions and prejudices must be eliminated in this labor, and pure knowledge with its scientific basis must be given to everyone. This sacred labor must be carried on to eliminate all false and fabricated claims about mediums, healers, prophets, psychics, and so on. The light of true science must penetrate into every walk of life, controlled and directed by the right motive to find the facts.

“This labor must not be conducted as a labor of denial, but only as a labor of true research. It must be conducted not only in applied sciences but also in the human consciousness and in realities passing beyond the present level of human consciousness.

“In the fifth sacred labor we try to verify facts and scientifically build ways and means to penetrate deeper spheres of consciousness and awareness and then bring them into the light of actualization.

“Science has made unbelievable discoveries, but it did not yet penetrate into the higher domains of reality. For example, it did not yet prove the existence of the soul, the immortal part of the human being. It did not yet prove the existence of Higher Worlds where higher consciousness operate. It did not yet prove reincarnation and demonstrate it scientifically. In the fifth sacred labor we explore such domains. At the present enough knowledge and technology are available to do such a job. Such a labor is necessary in churches and in various kinds of religious groups to eliminate superstitious claims and falsified reports and communications and to bring these institutions under the clear light of the consciousness.

“Such a work starts within your own consciousness and in your daily relationships. First try not to lie, not to deceive, and not to falsify or fabricate. Learn to be extremely honest. Then when you become a scientist or a teacher, you will have the same honesty in your career.

“In the fifth labor we seek the truth and abide in the truth.” (*Education as Transformation* Vol. I, by Torkom Saraydarian, pp. 203-204.)

We can actually use scientific methods to understand the Creator and the Creation. But, more often than not, in the name of science people deny anything that they cannot see and measure and verify. In the pure philosophy of science, we clearly understand that what is measurable and verifiable is totally dependant on the tools we have at our disposal. These tools are the result of our levels of consciousness which in turn condition the questions that we dare to ask. The tools can be the actual scientific devices used to collect and measure data, or our mental and emotional tools that condition our ability to dive into the unknown worlds and search for answers. A true scientist is a bundle of unending questions and has a thirst to go beyond any boundaries of his mind or his field. Here we see an outstanding quality of a true disciple: fearless to search, fearless to ask, fearless to go to the unknown, fearless to be caught in the limbo of no answers, fearless to ask the same question differently for 5000 times if needed. If we look at the lives of great scientists, we discover this indefatigable ability to persevere regardless of any contemporary thinking or beliefs. This is the hallmark of a true disciple.

“...When we know what the creation is and what the laws are, we can raise ourselves from the primitive ideas and start thinking, ‘...All of my assumptions and ideas are nothing else but a measure of my understanding — of my beingness.’ ” (*One Hundred Names of God*, by Torkom Saraydarian, p. 10.)

“Study the flowers, the rivers, the energies, the forces, the cycles in the Universe. Look at the stars and have a little idea of what the Creator is....Get an idea

of God without forgetting one thing — *all that is given is passed through a human mind, and the human mind is a ‘broken glass’ reflecting the Sun.*” (*Ibid.*, pp.10-11.)

There are twenty-two names given to the Lord of the Fifth Ray and each one reveals a facet of that Great Being. In all great religions and philosophies throughout time, people have tried to understand the Divinity and the Creation by giving identifying names to It. When people give names to the Creator and the Creation, they put a handle on it, a way to touch it and understand it. Thus the language we use to explain the unexplainable is a window into our own souls.

### The Revealer of Truth

“The first name of the Fifth Ray is ‘the Revealer of Truth.’ True science works for the revelation of truth. Truth is the Plan behind phenomena. Truth is the Purpose behind the laws and energies in the universe. The Fifth Ray Lord will pour forth His Light more and more so that in the Age of Aquarius we see the truth and ‘do our whole duty.’ The Revealer of Truth will reveal to us exactly what we are, without any illusion and delusion.” (*Symphony of the Zodiac* by Torkom Saraydarian, p. 307.)

Truth may seem very difficult to swallow. In reality, it is difficult only when we do not want to change or when we are afraid. If a person becomes a true disciple and is willing to see reality, he or she will be willing to face the truth at any given time and will in fact relish it. If we never see the truth and never grow up, what a sad commentary that would be of the imprisonment of our souls.

In the most confusing situations, we can simply ask for the truth to be revealed. We will discover, if we are brave enough to see the truth for what it is, that truth is far easier to deal with than all the fabrications and falsities. Truth in fact sets us free. Clarity, simplicity, honesty are far better in our life than complicated fabrications.

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Continued on page 4

**The Future is Ours...Cont. from page 2**

We will see the truth for what it is only as far as our senses can carry us. We are both limited and unlimited by our senses. Our normal physical senses can take us only so far. What if we develop our very physical senses to such a point of advancement and sophistication that we can hear with the ears of a violinist, see with the eyes of a great painter, touch with the hands of a master sculptor, smell with the nose of a perfumer, and taste with the mouth of a master chef? What happens when we advance to a point when these five senses are able to function in the astral, mental, and higher planes?

The use of the Fifth Ray in discovery and expansion is the best and safest method.

**The Great Connector**

Another name for the Fifth Ray Lord is "... 'The Great Connector.' In the Aquarian Age, man will have the supreme experience of being connected with higher sources, Higher Realms. The science of the New Age is the bridge-builder between the objective and subjective realms, personality and Soul, phenomenal man and the Self.

"There are many joys in the world, but the greatest joy is the moment when one meets his Self, touches his Self. That moment is a moment that remains with us forever.

"Aquarian energy will reveal this Self, connecting the consciousness operating in time and space, with realities that exist beyond time and space.

"Connection is worship, admiration, ecstasy and identification. You become one with that which you worship. The object of your admiration transforms you to such a degree that you become one with the object of your admiration. Aquarian energy is the energy which connects you with the One to Whom you aspire and from Whom you draw your life energy." (*Ibid.*, pp. 307-308.)

**Virtues and vices**

Sometimes people think that the particular Rays have virtues or vices. The Rays do not have virtues and vices. They are streams of energy that pour onto the world and into any mechanism that is existing. If the mechanism is able to absorb a Ray's energies and qualify and quantify its particular pattern, then we can say that that person is displaying the virtues of the particular Ray. If the mechanism is unable to absorb the energies and in fact is full of various pollutions, then the person will display the vices of that particular wave of energy.

We are told that the following special virtues are displayed by the person who is able to absorb the energies of the Fifth Ray: "Strictly accurate statements, justice (without mercy), perseverance, common-sense, uprightness, independence, keen intellect." (*Esoteric Psychology*, Vol. I, by Alice A. Bailey, p.207.)

The same person can swing to the other extreme if he is full of vices such as fear, low self-esteem, guilty conscience, ego, vanity, illusions and glamors, separatism, lack of compassion and tolerance for human frailties. Such a person will display the classic symptoms of the vices associated with contacting the Fifth Ray energies: "Harsh criticism, narrowness, arrogance, unforgiving temper, lack of sympathy and reverence, prejudice." (*Ibid.*)

It is important to realize that these vices are not relegated only to the common person but are also present in spiritually striving individuals. What goes wrong? Imbalance, fanaticism, narrowness of vision, use of mental powers to prove one's own point of view occurs in all of us at one time or another.

**Leadership and Seven Rays**

Every field of human endeavor has all Seven Rays represented in it. For example, in the field of leadership, "The First Ray [leader] likes to command, rule, use discipline, and even force if necessary.

"The Second Ray leader uses wisdom, magnetism, education. He leads people in expanding their consciousness to make them see his plans and purposes and cooperate with him. He tries to be harmless.

"The Third Ray leader uses logic, reasoning, manipulation, lectures, advice, showing people where their interest and prosperity lie, and why. He uses also money and offers of employment. Some Third Ray leaders use promises.

"Fourth Ray leaders use the 'divide and rule' technique. They use opportunities to make different sides dependent on the leader. This can then be used to cause harmony between factions, or solve problems.

"Fifth Ray leaders dominate through knowledge and use psychology to handle people or to make people cooperate. Because of their direct access into the scientific field, they gain superiority over others and achieve leadership positions.

"Sixth Ray leaders play with the emotions of people, through religion or through various ideologies, and give to people certain visions for the future. Many of the Sixth Ray leaders are fanatical people with powerful emotions and talents to stir and excite the emotions of others.

"The Seventh Ray leaders are the result of their superior organizational talents. They usually control and lead through money, banking, and wealth." (*Leadership*, Vol. IV, pp. 185-186.)

So, no matter what field you are in, it never hurts to be able to think clearly, to be able to synthesize from collected data, to be orderly, punctual, to be able to manifest the virtues such as "reverence, devotion, sympathy, love, wide-mindedness." (*Esoteric Psychology*, Vol. I, p. 207.)

All of these are the virtues that we can cultivate in order to be able to utilize properly the energies of the Fifth Ray. You can find virtues to cultivate in two wonderful books: *The Symphony of the Zodiac* and *Esoteric Psychology*, Vol. I.

Continued on page 5

**The Future is Ours... Cont. from page 5**

“Whenever we study the Seven Rays, we deepen our realization that all success and failure, creativity and destruction are the result of right or wrong usage of energy. ALL is energy. One day the science of the Rays will be called the Science of Energies. The Great Teacher says that ‘there is nothing in the whole solar system, at whatever stage of evolution it may stand, which does not belong and has not always belonged to one or other of the seven rays.’ Of course what He says applies to the whole Universe....

“The leaders of the future will be like builders. They will know where to use what in the building of society in the world.

“A day will come when people will live scientifically. This does not mean living through what science has offered us. In reality, science has violated the true scientific way of living. Scientific living means to use the laws and energies of Nature for the benefit of all living forms and beings. Science, in most cases, has violated this law and, instead of cooperating with Nature, has exploited it and used its knowledge to disturb and distort Nature.” (*Ibid.*, pp. 189-190.)

**Fifth Ray Manifested**

“In the field of science if there is positive response to the energy, researchers will occupy themselves with solving deeper psychological problems and invent methods to contact those entities living in Higher Worlds. Such a response would

influence scientists to prove the immortality of the soul and to try to solve the problems of sickness, insanity, and war.

“But if scientists react to the incoming energy, they will produce those devices and conditions which will destroy humanity and the planetary life. Science will create widespread pollution and subliminal techniques to control human beings and will act to exploit their inner and outer resources.”

“At present, science is used to assist and uphold our physical existence. In reality all great formulas are given to us to make breakthroughs into the subjective side of life. But we use our most sophisticated computers to make money, to be materially successful, when we should be using them to penetrate into the worlds of spiritual existence, to register subtle impressions, to record expressions of a human being after he passes away, or to prove that he really exists after death. Unfortunately....” (*Cosmic Shocks*, by Torkom Saraydarian, p. 30.)

The good news is that prototypes of very advanced mechanisms exist in the Ashrams of the Great Ones and, as humanity develops goodwill, these will be given to scientists. (See *Olympus World Report...The Year 3000* for forecasts that give great hope for the future.)

Scientific meditation is the surest way to train our mind to expand in the higher levels of the mental plane. Truthful, honest, and principled living are the key partners of a scientific thinker. Good education, discipline, and a love of our fellow man is the best way to express our higher contacts in a timely and useful manner.

**Affirmation**

*In our daily labor, we can say the following affirmation:*

My Lord,  
give me strength  
and inspiration  
to be beautiful,  
to work for the beauty of others;

to be good  
and spread goodness  
all the day;

to live in righteousness  
and spread righteousness;

to spread joy  
to everyone  
and be joyful all the day;

to encourage freedom  
in others  
and be free in myself;

to be harmless  
and not cause suffering  
and pain to others;

to be aware  
all the day  
that Your eyes  
watch me  
and see all that  
I do for others.

Lord, help me  
To stand in Your  
Presence.

(*Education as Transformation*, Vol. I, pp. 192-193.)

**Wesak 2000 Celebration  
Soul Development, Soul Expression**

The Ageless Wisdom teaches about the Shamballa energy that will be released on the Wesak of the year 2000. To celebrate this once-in-a-lifetime event with our co-disciples all over the world,

we have organized a three day conference and celebration of Wesak on May 18<sup>th</sup>, 19<sup>th</sup>, 20<sup>th</sup> in the year 2000. The exact time of Wesak is May 18<sup>th</sup> which will be a day of prayer, sacred music and sacred dance, meditation, and communion. The next two days we will hold an intensive seminar with lectures, workshops, and

sacred sound and movement. A full schedule of events will be released in the November/December issue of Outreach. The donation for the three day event is \$225.00 per person. Partial attendance is \$100.00 per day per person. We look forward to seeing all of you and celebrating this sacred event in group formation.

## Full Moon Meditations

### LIBRA

Exact date and time: September 25<sup>th</sup>, 1999, 3:52 am MST

- ◆ OM OM OM
  - ◆ Salutations to the Lord of the World, the Silent Watcher.
  - ◆ OM
  - ◆ Salutations to the Lord Christ, the Bridge between humanity and the Father of All.
  - ◆ OM
  - ◆ Salutations to all who work for peace.
  - ◆ OM
  - ◆ Meditation seed thought:  
*Sound forth the word creative and raise the dead to life.*
  - ◆ Say the Mantram of Unification:  
*The sons of men are one and I am one with them.  
I seek to love, not hate.  
I seek to serve and not exact due service.  
I seek to heal, not hurt.  
Let pain bring due reward of light and love.  
Let the Soul control the outer form  
and life and all events,  
and bring to light and love  
which underlies the happenings of the time.  
Let vision come and insight.  
Let the future stand revealed.  
Let inner union demonstrate  
and outer cleavages be gone.  
Let love prevail.  
Let all men love.*
  - ◆ Say the Great Invocation.
  - ◆ OM OM OM
- (Symphony of the Zodiac, p.245.)

### SCORPIO

Exact date and time: October 24<sup>th</sup>, 1999, 2:03 pm MST

- ◆ Say the following mantram:  
*May the power of the One Life  
pour through the group of all true servers.  
May the love of the One Soul  
characterize the lives of all who seek  
to aid the Great Ones.  
May I fulfill my part in the One Work  
through self-forgetfulness, harmlessness  
and right speech.*
  - ◆ OM OM OM
  - ◆ Visualize an eagle soaring at a high altitude with a five-pointed star on its head.
  - ◆ OM OM OM
  - ◆ Meditation seed thought:  
*Warrior I am, and from the battle I emerge triumphant.*
  - ◆ Find three hindrances in your life which must be dealt with and surpassed.
  - ◆ What does the term "warrior" mean to you?
  - ◆ Where is the battleground for you?
  - ◆ What does "victory" mean to you?
  - ◆ Visualize three streams of light in different colors creating any beauty of your choice; then say:  
*In beauty we are united.  
With beauty we pray.  
Through beauty, we conquer.*
  - ◆ OM OM OM
- (Ibid., pp. 259-260.)

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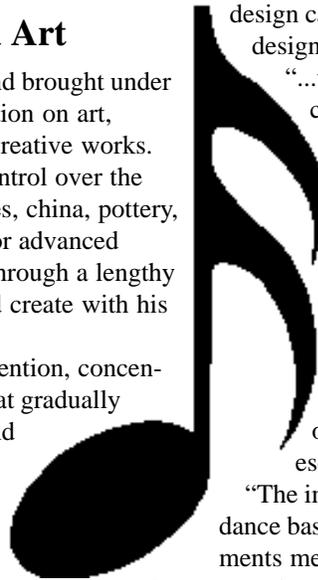
## The Future is Ours... *The Fifth Ray of Concrete Knowledge and Science*

### Healing Power of Sacred Art

“The etheric body can be disciplined and brought under the total control of the mind through concentration on art, music, dance, movements, painting, and other creative works. Throughout ages, spiritual groups developed control over the etheric body through the art of making tapestries, china, pottery, works of brass and gold. In many Sufi schools or advanced esoteric schools, a member is required to pass through a lengthy training and show that he can carve, sculpt, and create with his hands.

“All this must be done with intense attention, concentration, and focus. It is through these methods that gradually the person gains control over the etheric body and brings the physical body into alignment with the etheric and mental bodies.

“The weaving of oriental tapestries or rugs was originally a concentration exercise with intense creative expressions. You can find many mystical and abstract ideas in the designs of oriental rugs in which a great teaching is imparted through a symbolic language based on color and design. Some rug specialists agree that the unique designs of oriental rugs have deep meanings. They say that a



design cannot be translated completely unless the color of the design and the symbols are taken into consideration.”

“...the purification of the etheric vehicle places you in contact with higher levels of consciousness and makes your centers unfold and bloom.” (*New Dimensions in Healing* by Torkom Saraydarian, pp. 74-75.)

### The Healing Power of Dancing

“This may surprise you, but rhythmic dancing has a great influence on health and happiness. Your dancing need only take five to ten minutes, or even only three minutes, but choose a nice dance and dance in your own room or office whenever you have a few minutes to escape.

“The important thing in such dancing is to create your own dance based on the music you choose. Try to make your movements meaningful, rhythmic, and beautiful and give your whole attention to them. Such dancing will bring greater joy into your life and greater vitality into your body. You will be more positive and happy.

“Dancing releases those energies in your nature which respond to rhythm and motion.” (*Ibid.*, pp. 203-204.)

Contact us for information and a free catalog of books and music.  
Audio and video lecture tape lists available. Remember to join us for the healing seminars! See enclosed flyer.