

## A FEW WORDS FROM THE PUBLISHER

In 1989 Torkom Saraydarian embarked on a progressive project whose objective was to start building, within the existing group, a specialized group of students who would be trained in deeper esoteric responsibility. But first, they had to learn how to be group conscious and strive to overcome basic life problems.

A small number of participants were invited to attend these meetings, and the requirements were to read and study materials that Torkom provided.

The plan was to start an esoteric group that studied fundamentals, and then slowly advanced into more intense esoteric training and esoteric leadership.

The group began on January 25, 1989 and ended on July 4, 1990.

Torkom created and disbanded many such groups throughout his life. He knew that this process was an experiment and that it may not bear fruit at that particular time. He also believed that any effort to organize and train students was never lost and that there will come a time in the distant future that small, trained, dedicated groups will be formed and will function as centers of



light, connected to the Hierarchy, and able to translate the Ageless Wisdom Teachings in all fields of human endeavor.

“The ultimate result of our learning, preparation, and discipline will be to lead people into greater light and beauty. Whether you like it or not, you are preparing yourselves for future leadership. You must understand that you are sitting here because karma brought you here. Regardless of anything, you are future leaders. Why neglect this vision? Start now to create it. This is where you are going.” (p. 30)

After several sessions of guidance on the path of discipleship and the importance of group consciousness, the group moved to a study of an excerpt from *Letters on Occult Meditation*, by Alice A. Bailey, focusing on pages 259-273. This excerpt deals with what Masters are and how and why to build a relationship with Masters and Ashrams.

Each class was recorded. The transcriptions from these classes form the contents of this book. The chapters are organized in date order. We have taken the liberty of organizing the discussion into a coherent system that is easy to read and follow.

This book is important for the following reasons:

1. The contents of this book demonstrate Torkom’s passion to guide, teach, and train the leaders of the future.



2. Torkom demonstrates the importance of group work and how to grow in group consciousness.

3. The book demonstrates what kind of labor is needed to create a truly Ashramic Group, and how to go about it. This will help all group members and group leaders to strive to become part of an Ashramic Group or an advancing group.

4. It shows the amount of effort, patience, and diligence needed from a group leader and from group members if a high-level advancement is desired.

5. Torkom demonstrates how a leader begins and continues the work regardless of the amount of advancement of the group. He or she will always remember that anything built now is not the end but is a progressive advancement toward the future.

6. The contents demonstrate how an ideal may be started at a specific period in time and space, but how, many years later, it bears fruit in a different setting. The group leader and participants are not necessarily the ones who carry the final torch but are necessary torch-bearers in the succession of group work.

7. The contents of this book show clearly how the group members respond to a topic, what kinds of questions they ask, what their level of understanding and insight is, as well as their challenges as they resort to their particular issues, stories, and proclivities. It is amazing how dearly we hold onto our agendas even



when a high-level opportunity is presented to us! There are deep lessons embedded in these pages.

In reading this manuscript, I was greatly inspired by Torkom's vision and diligence. I learned how he dealt with striving students, how he answered seemingly inconsequential questions, how he stayed on track, and how to know when it is time to end a program whose time has not yet come. And, in the meantime, to remain full of hope and faith and continue working and serving to anchor the Ageless Wisdom into our Planet's daily life.

Disciples are needed in every field of human endeavor. Thoughtful individuals, global thinkers, expansive and faithful intellectuals and creative persons are needed at every corner and level of our human life. Such individuals are cultivated through their own individual striving, meditation, service, and group commitment. This book lays a solid foundation for what that journey entails.

As you read through these pages, you will see multiple levels of wisdom that you will gain from every page. Transport yourself to sit with Torkom and listen to his comments, answers, questions, and guidance. The experience will uplift you and enrich your life and will make you wonder and ask: What do I need to do in my life so that I grow in group consciousness, and become a dispenser of the light of the Great Ones?

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