

Psychism is a process of growing toward your essential vision, to the Source from which you were projected. Year after year, you master your physical, emotional, and mental limitations and develop in your vehicles more powers to communicate with the greater existence.

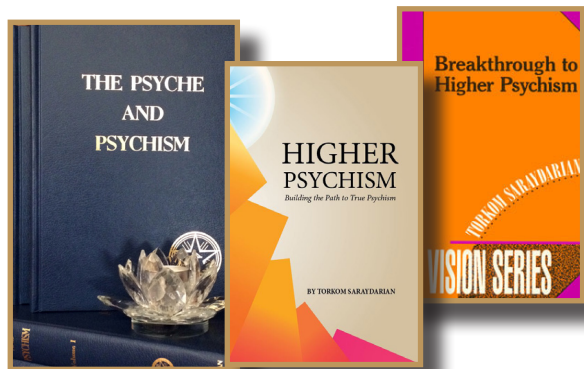
The psyche is the human soul, the real core of our being, the real person, the awareness unit. This unit, the human soul, is a nucleus of possibilities and powers. The process of manifestation of these powers and the actualization of the possibilities and potentials is psychism.

Torkom Saraydarian, *Higher Psychism* (p.11)

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For information about psychism and its dangers, please see the following excellent books by Torkom Saraydarian:

- *The Psyche and Psychism* (2-volume set)
- *Higher Psychism*
- *Breakthrough to Higher Psychism*



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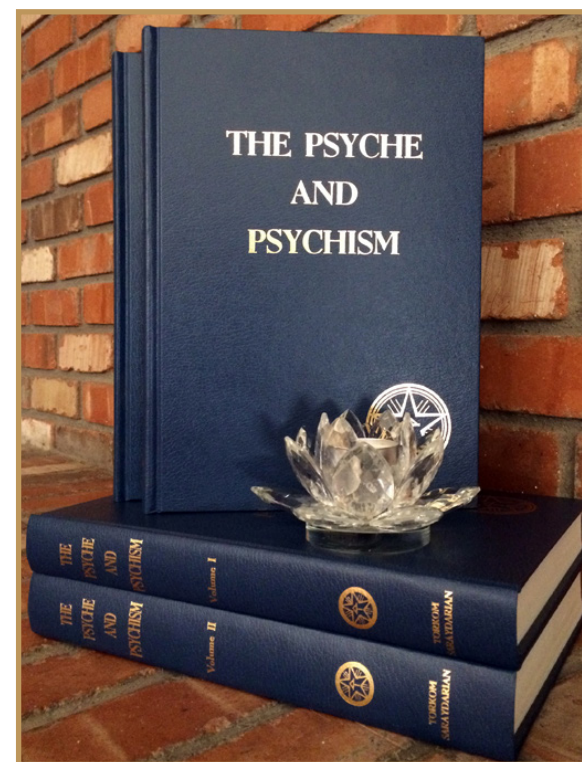
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What is PSYCHISM



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ABOUT PSYCHISM

Psychism is the ability to communicate with life through our physical, emotional, mental, and the senses of the higher bodies. Each of these levels of the human being has special senses that correspond to the five physical senses. These may be used to understand that particular level of existence. For example, our physical senses provide an interaction with our physical existence. The emotional, mental, and higher bodies have similar senses that are used to understand the corresponding levels of existence.

The Ageless Wisdom teaches that there are two levels of psychism and psychic abilities. One is called “higher psychism” and the other is called “lower psychism.”

Lower psychism refers to using our spiritual sensitivities to make claims, tell fortunes, give psychic readings, channel or act as mediums, and so on. Lower psychism originates from the physical, etheric, astral, and lower mental senses and corresponding centers.

Higher psychism refers to using our spiritually advanced sensitivities to help us live a more authentic life, serve, strive to overcome limitations, and cooperate with the demands of life. Higher psychism originates from the senses of the Chalice in the higher mind, the human soul, the guidance of the Solar Angel, and even from senses of the Intuitional, Atmic, Monadic and Divine planes.

BENEFITS OF HIGHER PSYCHISM

Higher psychism enables a person to understand life more fully, from an expanded consciousness, and thus expand and deepen their striving and service. Higher psychism enables an individual to cooperate with the forces of life, understand the process of growth, and understand the human connection to the Higher Worlds.

Higher psychism never make claims and are totally discrete and silent about their abilities. They never give psychic readings, channel, or act as mediums to discarnate entities. These practices are forbidden in the Ageless Wisdom Teachings, as they are in all advanced religious and spiritual practices.

Psychic Powers are the fruits of living by the seven principles of beauty in life, expressing goodness toward all life, being righteous in all dealings, cultivating joy, being free and helping others to achieve freedom, always striving toward greater perfection, and sacrificial service.

Higher psychics let their life work be an indication of their soul advancement.

DANGERS OF LOWER PSYCHISM

Examples of *lower psychism* are channeling, mediumism, giving or receiving psychic advice, aura reading, astral travel, mundane astrology, and so on. These activities open the individual practicing it and the individual receiving such guidance to the influence of those who want to hold power over others, dark forces, discarnate entities trapped in the lower planes, and materialistic forces that work to undermine the unity and dignity of life on earth. Such psychic practices trap individuals into lower levels and either prevent or greatly retard the process of expansion into higher dimensions.

If one continues such practices for a long time and becomes weakened and dependent on such contacts, one is in danger of obsession and possession.

Such individuals are prone to believing in lies, fabrications, fear, and foreboding. They lose control over their capacity to think, to be logical, to believe in facts. They become filled with fabrications, conspiracy theories, and suffer under the control of materialistic thinkers, and especially dark forces. These are very dangerous conditions for individuals, families, groups, and nations. Inhabitants and entities that live in lower levels are not advanced beings, nor do they have anything of value to communicate to humanity. And, our physical/etheric, emotional, and lower mental senses are not clear indicators of truth. They are often veiled by addictions, glamors, and illusions.