

*Wayfarer, friend, let us travel together.
Night is near; wild beasts are about,
and our campfire may go out. But if we
agree to share the night watch, we can
conserve our forces.*

*Tomorrow our path will be long and
we may become exhausted. Let us
walk together. We shall have joy and
festivity. I shall sing for you the song
your mother, wife and sister sang.
You will relate for me your father's story
about a hero and his achievements.
Let our path be one.*

*Be careful not to step upon a scorpion,
and warn me about any vipers.
Remember, we must arrive at a certain
mountain village. Traveler, be my friend.*

Agni Yoga Society,
New Era Community, Preface.

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Achieve spiritual resilience
in the face of constantly changing and
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TSG Foundation
Center for Spiritual Development

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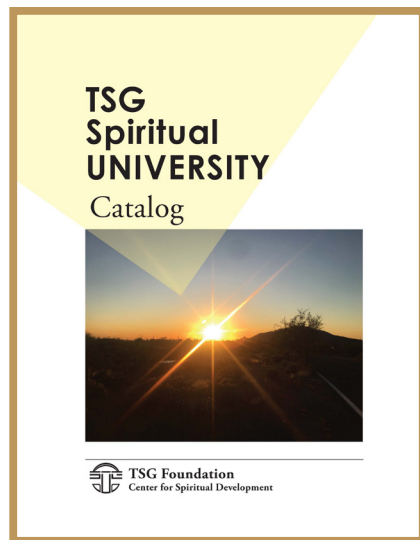
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COURSES & TRAINING

See TSG Website/Courses and also TSG Spiritual University Catalog.

Courses offered:

- Pre-Meditation Course
- Meditation Courses
- Introduction to the Ageless Wisdom
- Stepping Into the Teaching: Undergraduate and Advanced Programs
- Change Your Life with Joy & Healing
- Special Topics Study Courses



See Gita's full lecture list on TSG Website, see also Gita's video library on YouTube.

www.tsgfoundation.org



SPIRITUAL COUNSELING

Building bridges to your True Self through Spiritual Counseling



Gita Saraydarian offers spiritual counseling and mentoring services, to uplift and guide individuals seeking to make choices in their life in order to improve and deepen their spiritual practices.

These services will also provide help with finding tools with which to support and enhance the journey to achieving their goals and aspirations.

Spiritual counseling is intended to help the individual with spiritual direction: how to utilize our books and courses, how to learn the spiritual practices of study and meditation, and how to find healthy and balanced spiritual practices.

Spiritual counseling is not psychological, psychiatric, child, family, marriage, or pastoral counseling. It is not intended to give medical or health advice. For all such needs, please see your personal professional health or pastoral practitioners.

Call or email for an appointment.

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ABOUT GITA

Gita Saraydarian is the Founder and President of TSG Foundation and TSG University. She has established a worldwide audience as a lecturer and teacher of the Wisdom Teachings. As an educator of progressive ideas, transformation and goodwill, Gita writes and speaks on a range of topics that show contemporary life issues through the prism of the Ageless Wisdom Teachings.

Gita's educational background includes a Master of Arts degree in Law and Diplomacy; a Master of Arts degree in History; and a Bachelor of Arts degree in Cultural Anthropology and Linguistics. She also taught and studied in Taiwan. Gita's multi-disciplinary academic training, travels and studies abroad combined with her family background give a cross-cultural quality to her entire philosophy, approach to life, and her approach to the Teaching.

Inspired by her love of the spiritual Teachings, Gita founded TSG Publishing Foundation in 1987 for the purpose of publishing Torkom Saraydarian's books. The work expanded to include seminars, weekly classes, workshops, meditation and spiritual training programs. She is also an ordained Minister in the Ageless Wisdom tradition.

She has presented hundreds of courses on a broad range of topics to many American and International audiences. She currently presides over the work of TSG Foundation and TSG University, which enjoys a worldwide connection of spiritual seekers. She continues to publish Torkom's books, and manages all copyright and translation activities.