

# TSG Foundation - Center for Spiritual Development

## Torkom Saraydarian Lectures Available in .MP3 format

<b>Date</b>	<b>Title</b>
1970_05_10	At the Feet of the Master
1975_01_09	Discipline
1975_01_21	Discipleship in the New Age
1976_12_06	The Future
1977_07_09	Initiation
1977_10_21	The Science of Becoming Oneself
1979_02_23	Service in the New Age
1980_08_16	Heart
1980_08_30	Heroism
1980_11_23	How to Deal with Depression
1981_04_08	Culture
1981_05_31	The Teaching of Christ
1981_06_02	The Rays Initiation
1981_06_09	Seven Rays 4th Initiation
1981_06_14	Christ in the New Age
1981_06_28	New Groups of World Servers
1981_06_30	The Seven Rays
1981_07_07	Humility
1981_07_14	Discipleship in Practice
1981_08_09	Agni Yoga (Three Outlooks on Life)
1981_08_11	Discipleship in the New Age
1981_08_18	Discipleship in the New Age
1981_08_25	Discipleship in the New Age
1981_09_01	Avatars (The Solar Angel)
1981_09_08	Avatars
1981_09_13	Virgo Full Moon
1981_09_29	Avatars (You as an Avatar)

## **TSG Foundation - Center for Spiritual Development**

<b>Date</b>	<b>Title</b>
1981_10_20	Etheric Body
1981_10_25	The Science of Meditation
1981_10_27	Preparation for Scorpio Full Moon
1981_11_08	Teaching of Living Ethics
1981_11_10	Full Moon of Scorpio
1981_11_17	Evening Review
1981_11_22	Teaching of Living Ethics
1981_11_24	Mechanism of Wishes
1981_12_06	Self Exertion
1981_12_08	Dreams (Communication)
1981_12_10	Full Moon of Sagittarius
1981_12_15	Deeper Dreams
1981_12_20	What is the Future of Man
1981_12_22	What Are the Virtues
1982_01_03	Lessons from Bhagavad Gita
1982_01_05	How to Develop Our Hearts
1982_01_10	Full Moon of Capricorn
1982_01_12	How to Develop Our Minds
1982_01_19	How to Develop Our Intuition
1982_01_24	Discipleship in the New Age
1982_01_26	How to Develop Our Willpower
1982_02_02	How to Cultivate Higher Thinking
1982_02_07	Festival of Aquarius
1982_02_09	How Thought Affects Our Life
1982_03_02	Living Ethics (Infinity)
1982_03_07	True Psychism
1982_03_09	Festival of Pisces
1982_03_16	Living Ethics (Hierarchy)

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<b>Date</b>	<b>Title</b>
1982_03_23	Living Ethics (Speech and Silence)
1982_03_30	Living Ethics (Spiritual Tension)
1982_04_04	How to Raise Our Children
1982_04_06	Virtues-Psyche and Psychism
1982_04_08	Festival of Resurrection
1982_04_13	Virtues-Psyche and Psychism
1982_04_20	Virtues-Psyche and Psychism
1982_04_27	Virtues-Psyche and Psychism
1982_05_02	The Teaching of Christ
1982_05_06	Festival of Enlightenment
1982_05_09	Mother's Day
1982_05_11	What Irritation Does to Us
1982_05_18	Etheric Body and Beauty
1982_05_23	The Philosophy of Sleep
1982_05_25	Thought World (Present Thoughts)
1982_06_01	Lessons from Cosmos in Man
1982_06_06	Festival of Christ
1982_06_13	Discipleship in the New Age
1982_07_04	Spiritual Independence
1982_07_06	Festival of Cancer
1982_07_13	Agni Yoga
1982_07_18	Right Human Relations
1982_07_20	Agni Yoga (Teaching Hierarchy)
1982_08_01	Message of Buddhism
1982_08_03	Festival of Leo
1982_08_08	Seven Rays
1982_08_10	Heart (12 Petals)
1982_08_13	AEG's Anniversary

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<b>Date</b>	<b>Title</b>
1982_08_15	Stories from Tolstoy
1982_08_17	Heart
1982_09_05	Festival of Virgo
1982_09_07	Temple Teachings
1982_09_21	Temple Teaching
1982_10_03	Festival of Libra
1982_10_05	Agni Yoga Teaching
1982_12_07	Discipline of Life
1982_12_12	The Light That Shines Within Us
1982_12_21	Ceremony of Christmas
1982_12_24	Christmas Eve
1983_01_02	How to Face the New Year
1983_01_11	Thought Energy
1983_01_28	Festival of Aquarius
1983_02_02	Science of Meditation
1983_02_16	What Meditation Does
1983_02_20	What is Beauty
1983_02_23	Dangers of Meditation
1983_02_27	Festival of the Sun in Pisces
1983_03_02	How to Handle the Aura
1983_03_09	How to Communicate with the Soul
1983_03_13	What is Intuition
1983_03_23	Creative Labor
1983_04_03	Easter and Communication
1983_04_06	Etheric Centers
1983_04_10	The Law of Karma
1983_04_13	The Chalice
1983_04_20	Mystery of the Moon Phases

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<b>Date</b>	<b>Title</b>
1983_04_24	How to Blossom Spirituality
1983_04_27	Wesak
1983_05_04	Etheric Centers
1983_05_08	Mother's Day
1983_05_11	The Chalice
1983_05_18	Psychic Attacks
1983_05_22	Upanishads
1983_05_26	Festival of Humanity
1983_06_01	Aura Radiation of Each Body
1983_06_08	Creative Art and Living
1983_06_12	Astral Bodies - Health Emotions
1983_06_15	What Are the Prototypes
1983_06_22	Teaching of St. John
1983_06_26	Sun in Cancer
1983_07_03	Why to Meditate
1983_07_06	Purity of the Body
1983_07_10	Why to Pray
1983_07_20	Purity of the Heart
1983_07_24	Sun in Leo
1983_07_27	Purity of Mind
1983_08_03	Meaning of Gratitude
1983_08_14	The Damage of Drugs on Society
1983_08_17	Why Everybody Must Develop Thinking
1983_08_23	20th Anniversary Celebration and Lecture
1983_09_04	Labor
1983_09_07	Spiritual Saturation
1983_09_11	How to Develop Steadfastness on the Path
1983_09_21	Festival of Virgo

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<b>Date</b>	<b>Title</b>
1983_10_02	What We Teach
1983_10_05	Spiritual Saturation
1983_10_09	The Goal of the Human Being
1983_10_12	The Seven Rays
1983_10_16	What is Vision
1983_10_26	How to Listen
1983_11_02	Essentials of the Life in the Disciple (Part 1)
1983_11_06	How to Conquer Self-Deception
1983_11_09	Essentials in the Life of a Disciple (Part 2)
1983_11_13	Psychological Breathing
1983_11_24	Thanksgiving Day
1983_11_30	The Mystery of Initiation
1983_12_04	Teachings of St. John
1983_12_07	What is Concentration
1983_12_18	Festival of Sagittarius
1983_12_21	How to Accumulate Psychic Energy
1983_12_24	Christmas Eve
1983_12_25	How-to Live-in Christ
1983_12_28	How to Increase Our Love
1984_01_04	Questioning Traveler
1984_01_08	Externalization of the Hierarchy
1984_01_11	Questioning Traveler
1984_01_18	Festival of Capricorn
1984_01_22	Teaching of St. Thomas
1984_01_25	Questioning Traveler
1984_02_01	Christ and His Powers
1984_02_05	The Meaning of Retreat
1984_02_08	How to Deal with Departed Ones

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<b>Date</b>	<b>Title</b>
1984_02_15	Sun in Aquarius
1984_02_19	How to Create Right Human Relations
1984_02_22	Is Baptism Necessary
1984_02_29	The Difference Between Personality and Soul Relationships
1984_03_04	The Composition of Man
1984_03_07	Transfiguration - Initiation
1984_03_11	Man and His Future
1984_03_14	Gospel of St. Thomas
1984_03_18	Pisces Festival
1984_03_28	Bhakti Meditation
1984_04_04	What Hatred Does
1984_04_08	Why to Give and How to Give
1984_04_11	What is Jealousy
1984_04_15	Aries Festival
1984_04_18	How to Increase Your Earthly and Subjective Friends
1984_04_22	Easter Sunday Resurrection
1984_04_25	Spiritual Persistence
1984_05_02	Fundamentals of the Secret Doctrine
1984_05_06	Preparation for Wesak
1984_05_15	Festival of Enlightenment
1984_05_16	How to Listen to Music
1984_05_20	Forgiveness
1984_05_23	What Labor Does
1984_05_30	Faithfulness to the Hierarchy
1984_06_03	Agni Yoga
1984_06_06	Externalization of the Hierarchy
1984_06_10	Agni Yoga Teaching
1984_06_13	Festival of Humanity

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<b>Date</b>	<b>Title</b>
1984_06_20	Self Denial
1984_06_24	Agni Yoga Teaching (Co-Workers)
1984_06_27	How to Be One's Own Friend
1984_07_01	How to Worship the Creator
1984_07_08	What is Yoga?
1984_07_11	Zodiacal Influences
1984_07_12	Festival of Cancer
1984_07_15	How to Be a Creative Person
1984_07_29	What Are Angels? (Part I)
1984_08_01	What is Spiritual Life
1984_08_05	Discipleship in Daily Life
1984_08_08	How We Can Develop Tolerance
1984_08_15	Parables of Christ
1984_08_19	The Power of Thought
1984_08_22	What to Look for in the Heart of Your Partner
1984_08_26	The Power of Imagination
1984_08_29	How to Develop Consciousness
1984_09_02	Spiritual Labor and Life
1984_09_05	How to Create Positive Thought-Forms
1984_09_09	Parables of Christ
1984_09_12	Teaching of Hermes
1984_09_23	What is Emotional Purification
1984_09_26	Mind or Heart
1984_10_03	Psychic Energy
1984_10_07	Christ and His Glory
1984_10_10	Festival of Libra
1984_10_14	What is Nirvana
1984_10_17	Seven Rays



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<b>Date</b>	<b>Title</b>
1984_10_24	How to Think
1984_10_28	Challenge of the New Age
1984_10_31	What Are Angels? (Part II)
1984_11_04	How to Increase Our Hope
1984_12_16	How to Face the New Year
1984_12_19	How to Be Born Again
1984_12_24	Christ is Born
1984_12_26	Service in the World
1984_12_30	What to Expect from the New Year
1985_01_02	What We Can Learn from Flowers
1985_01_05	Looking Ahead
1985_01_06	Capricorn Festival (Striving Toward the Heights)
1985_01_08	Disciples of Christ
1985_01_09	How to Love Animals and Why
1985_01_11	What Do We Expect from Life
1985_01_18	How Can We Help to Decrease Pollution
1985_01_27	Last Year's Progress of Our Souls
1985_01_30	Why Joy is Needed (For Us)
1985_02_06	Sun in Aquarius
1985_02_10	How to Protect Our Chi
1985_02_13	Ego – How it is formed and how we can get rid of it
1985_02_17	Preparation for Major Solar Events
1985_02_20	How We Can Shine Our Light
1985_02_27	Discipleship Exercises
1985_03_03	How to Meet Yourself
1985_03_06	Sun in Pisces (The Redemptive Force)
1985_03_10	The Light on the Path
1985_03_27	What is Cold Light

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<b>Date</b>	<b>Title</b>
1985_03_30	Karma 3 of 3
1985_04_05	Aries Festival (Festival of Joy)
1985_04_07	Resurrection
1985_04_10	What Discipline Means
1985_04_14	Practical Steps for Striving
1985_04_17	The Dream of Hiawatha
1985_04_24	The Arc of Noah
1985_06_02	Festival of Humanity
1985_06_05	Astral Planes (Senses on Seven Levels)
1985_06_09	Three Joys of Arhats
1985_06_12	The Mental Plane
1985_06_16	Father's Day
1985_06_26	The Intuitional Plane
1985_06_30	Cooperation
1985_07_03	Sun in Cancer Independence
1985_07_07	How Spiritual Teachers Should Work
1985_07_10	Various Stages of Man
1985_07_14	the Mystery of Service
1985_07_17	Imagination and Emotional Nature
1985_07_31	Sun in Leo
1985_08_04	Agni Yoga Teaching (Elevated Thoughts and Righteousness)
1985_08_21	What Are Saints
1985_08_28	Control of Speech
1985_08_30	AEG's 22nd Anniversary
1985_09_01	The Boiling Point of Consciousness
1985_09_04	Chakras
1985_09_08	Excerpts from Dhammapada
1985_09_11	Global Chakras

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<b>Date</b>	<b>Title</b>
1985_09_25	Universal Chakras
1985_10_09	Inspiration
1985_10_13	Economy of Life
1985_10_27	Sun in Scorpio
1985_10_30	Faithfulness
1985_11_03	The Betrayal of One's Higher Self
1985_11_06	Self-Discipline (Part 1)
1985_11_10	Enemies of a Family
1985_11_17	Renewal of Our Spiritual Values
1985_11_20	Self-Discipline (Part 2)
1985_11_27	Festival of Sagittarius
1985_12_01	Goodwill
1985_12_04	Getting Rid of Glamors
1985_12_08	Effects of Meditation on Body
1985_12_11	Getting Rid of Illusions
1985_12_15	The Mystery of Obedience
1985_12_18	What Are Vanities
1985_12_24	Christmas Night
1985_12_25	Christmas Day
1985_12_29	Festival of Capricorn
1986_01_08	Disciples of Christ
1986_01_12	Actualizing Visions
1986_01_15	Heroes
1986_01_19	Solemnity
1986_01_29	The Mystery of Worship
1986_02_02	Toward the Future
1986_02_05	The Seventh Ray
1986_02_09	Spiritual Development

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<b>Date</b>	<b>Title</b>
1986_02_12	The Fifth Ray
1986_02_19	The Fourth Ray
1986_02_23	Festival of Pisces
1986_02_26	The First Ray
1986_03_02	Overcoming the Carnal Self
1986_03_05	Lead Us, O Lord, From Darkness to Light
1986_03_09	The Hierarchy and Christ
1986_03_12	From the Unreal to the Real
1986_03_16	Why Full Moon Observations
1986_03_26	Festival of Aries
1986_03_30	Resurrection
1986_04_02	I Am a Point of Light
1986_04_06	How to Discriminate Between Higher and Lower Selves
1986_04_09	I Am a Strand of Loving Energy
1986_04_13	Upanishads
1986_04_16	I Am a Spark of Sacrificial Fire
1986_04_24	The Festival of Wesak
1986_04_30	I Am a Way Which Men May Achieve
1986_05_04	Equilibrium
1986_05_07	Gradient Meditation
1986_05_11	Meeting Our Duties at Home and Work
1986_05_14	Second Ray of Love - Wisdom
1986_05_18	Punctuality
1986_05_23	Festival of Gemini
1986_06_01	The Intuitional Sphere
1986_06_04	Crime and Pollution
1986_06_18	Developing Creative Imagination
1986_06_22	Sun in Cancer

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<b>Date</b>	<b>Title</b>
1986_06_25	Seven Characteristics of Spiritual Person
1986_06_29	The Reappearance of Christ
1986_07_02	Indifference
1986_07_06	Daily Worship
1986_07_13	Daily Study
1986_07_23	How God Communicates
1986_07_27	Holiness
1986_07_30	The Mother of the World
1986_08_03	The School of Wisdom
1986_08_06	The Lord's Prayer
1986_08_08	AEG 24th Anniversary
1986_08_13	The Effects of Drugs on the Subtle Bodies
1986_08_17	Understanding
1986_08_24	Prayer
1986_08_27	How to Handle Slander
1986_08_31	Clear Thinking
1986_09_03	Sensitivity
1986_09_07	The Merging of the Spiritual Fires
1986_09_28	Threefold Discipline of the Sufis (Part 1)
1986_10_01	Threefold Discipline of the Sufis (Part 2)
1986_10_05	How a Genius Comes into Being
1986_10_08	Higher Education
1986_10_12	Persistence
1986_10_22	Merging of the Fires
1986_10_29	The Threefold Desire
1986_11_02	How to Develop Enthusiasm
1986_11_05	Sexually Transmitted Diseases & Effects
1986_11_12	How to Control Urges and Drives

## TSG Foundation - Center for Spiritual Development

Date	Title
1986_11_16	Festival of Scorpio
1986_12_03	The Subconscious Mind
1986_12_07	The Coming New Year
1986_12_10	Education
1986_12_14	The Christ Light
1986_12_17	Festival of Sagittarius
1986_12_21	Holy Communion and Its Meaning
1986_12_24	Christmas Eve Ceremony
1986_12_28	The Future
1987_01_04	A Plan for the New Year
1987_01_07	Ray Types
1987_01_11	Four Ways to the Tower
1987_01_14	Festival of Capricorn
1987_01_18	How the Willpower Manifests
1987_01_28	Education of the Future
1987_02_01	The Divisions of the Human Constitution
1987_02_04	Inner Education
1987_02_08	Light and Dark Sparks
1987_02_12	Energies of Aquarius
1987_02_18	Three Ways of Living
1987_02_22	The Meaning of Devotion
1987_02_25	How We Waste Our Energy
1987_03_04	Activities of Christ
1987_03_08	Buddhism and Nirvana
1987_03_11	How to Observe Oneself
1987_03_22	The Fourth Ray
1987_04_01	Discipleship and the Modern World (Part I)
1987_04_05	Brother's Keeper

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<b>Date</b>	<b>Title</b>
1987_04_08	Discipleship and the Modern World (Part II)
1987_04_12	Festival of Aries
1987_04_15	Discipleship and the Modern World (Part III)
1987_04_19	Easter Sunday - Christ is Risen
1987_04_22	Discipleship and the Modern World (Part IV)
1987_04_29	How the Seven Rays Cooperate
1987_05_03	Why We Must Not Waste Our Time
1987_05_06	Dedication
1987_05_10	Efficiency in Life
1987_05_13	Wesak Festival of Light
1987_05_20	Agni Yoga (Actualization)
1987_05_24	Memorial Day
1987_05_27	Agni Yoga (Cosmic Magnet)
1987_05_31	Three Types of Students of Wisdom
1987_06_03	First Ray of the Will
1987_06_07	How Great Teachers Work
1987_06_17	Cosmic Cooperation
1987_06_21	Father's Day
1987_07_12	Two Ways of Thinking
1987_07_19	Backsliders in Life
1987_07_22	Six Mystic Powers
1987_07_26	Inner Treasures
1987_07_29	Three Kinds of People
1987_08_02	Living with Faith
1987_08_05	The Purpose of Baptism
1987_08_09	Festival of Leo
1987_08_12	Three Poisons
1987_08_16	Treasures

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<b>Date</b>	<b>Title</b>
1987_08_26	New Age Visions
1987_08_30	How the Teaching Affects the Life
1987_09_02	How Mental Health Can Be Secured
1987_09_06	Festival of Virgo
1987_09_09	What is Perseverance
1987_09_13	Three Crises
1987_09_16	What Gossip Does to Your Health
1987_09_23	Cooperation in Light
1987_09_27	How to Help People through Absence
1987_09_30	Lotus Sutra (Buddha's Teaching)
1987_10_03	Why People Reach to Teaching
1987_10_07	Libra Full Moon
1987_10_11	Education
1987_10_28	Blessings
1987_11_04	Scorpio
1987_11_08	An Indian Prayer
1987_11_11	Crisis of Renunciation
1987_11_15	The Most Ancient Mantram
1987_11_18	Crisis of Initiation
1987_11_25	Practical Thanksgiving
1987_11_26	Heroes
1987_11_29	Planetary Chains
1987_11_30	Words of Christ
1987_12_02	What is Goodwill
1987_12_06	Festival of Sagittarius
1987_12_13	What This Past Year Taught Us
1987_12_16	What is Sensitivity
1987_12_20	What are the Deeper Meanings of Parties



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<b>Date</b>	<b>Title</b>
1987_12_24	Christmas Eve Services
1987_12_27	What Our Plans Can Be for the New Year
1987_12_30	Forecasts for the Future
1988_01_15	Agni Yoga (Irritation)
1988_01_17	Agni Yoga (The Teaching)
1988_02_14	Deeper Layers of the Great Invocation
1988_05_04	Hardships of Life
1988_06_01	Festival of Goodwill (Love)
1988_07_20	Happiness
1988_09_28	Agni Yoga (Beautiful Thoughts)
1989_02_08	Time and Speed
1989_03_05	Agni Yoga (Synthesis)
1989_05_07	Joyful Heart
1989_05_21	Festival of Taurus (Crisis)
1989_05_28	Higher Values
1989_09_10	How to Be Beautiful
1989_11_26	What is the Cause of Carelessness
1990_03_25	Agni Yoga (Purity of Heart)
1990_05_20	Agni Yoga (Beauty)
1990_06_10	Sun in Gemini (7 Realities of Life)
1990_07_01	Agni Yoga (How to Enter the Fiery World)
1990_12_16	Vision for the New Year
1991_02_10	Other Worlds: Higher Schools of Learning
1991_02_20	Personality (Integrating the Bodies)
1991_04_21	The Law of Reincarnation
1991_05_05	Secret Doctrine Fundamentals (3 Laws)
1991_06_16	Father's Day (Dharma of Fathers)
1991_10_20	Creative Forces of the Universe (7 Cosmic Rays)

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<b>Date</b>	<b>Title</b>
1991_11_20	Festival of Scorpio
1991_12_08	Toward New Actualization (Manifestation of Inner Urges)
1992_01_05	Looking to the Future (7 Considerations to Build the Future)
1992_02_02	Beauty as a Path to Self
1992_03_01	Agni Yoga (Intention-7 Laws in the Mental Plane)
1992_03_22	How to Cultivate Our Hearts
1992_06_07	One Hundred Names of God
1992_08_09	Healing Lecture (Esoteric Science Behind)
1992_08_23	Healing Lecture (Five Bodies and Their Relationships)
1992_11_29	Ability to Talk
1992_12_27	Preparation for the New Year (Finding Balance)
1993_01_31	Healing Through Love
1993_03_21	Living Ethics (Short Term-Long Term Goals)
1993_05_05	WESAK Festival of Taurus
1993_05_16	Enthusiasm (Concentration)
1993_10_10	Healing - Striving Toward Perfection
1993_10_17	Constitution of Man
1993_11_14	Basics of Meditation
1994_01_09	Self Image - More Radiant than the Sun
1994_04_24	Festival of WESAK - Communication with Cosmos
1994_08_14	Universal Principles and Planes
1994_08_21	Sun in Leo (Utilization of Full Moon Energies)
1994_09_04	Spiritual Labor
1994_09_11	Divine Gifts
1994_09_18	Festival of Virgo (Glamours of Virgo)
1994_10_02	Creative Life (Manifesting the Concealed Divinity)
1994_10_09	What is Actualization
1994_10_20	Festival of Libra (Creative Balance in Our Nature)

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<b>Date</b>	<b>Title</b>
1994_10_23	Shift of Consciousness
1994_10_27	How to Lecture
1994_12_11	St. Sergius
1994_12_18	Sun in Sagittarius (Glamours of Sagittarius)
1994_12_24	Christmas Eve
1995_07_16	Spiritual Responsibility
1995_08_06	Self-confidence
1995_08_20	The Most Essential in the Teaching
1995_11_19	Deeper Layers of Ego
1995_11_26	Blessings